

# How Mothers may Help their Daughters into Womanhood



Every mother possesses information of vital value to her young daughter. That daughter is a precious legacy, and the responsibility for her future is largely in the hands of the mother. The mysterious change that develops the thoughtless girl into the thoughtful woman should find the mother on the watch day and night. As she cares for the physical well-being of her daughter, so will the woman be, and her children also.

When the young girl's thoughts become sluggish, when she experiences headaches, dizziness, faintness, and exhibits an abnormal disposition to sleep, pains in the back and lower limbs, eyes dim, desire for solitude, and a dislike for the society of other girls, when she is a mystery to herself and friends, then the mother should go to her aid promptly. At such a time the greatest aid to nature is Lydia E. Pinkham's Vegetable Compound. It prepares the young system for the coming change, and is the surest reliance in this hour of trial.

The following letters from Miss Good are practical proof of Mrs. Pinkham's efficient advice to young women.

### Miss Good asks Mrs. Pinkham for Help.

June 12th, 1899.  
"DEAR MRS. PINKHAM:—I have been very much bothered for some time with my monthly periods being irregular. I will tell you all about it, and put myself in your care, for I have heard so much of you. Each month menstruation would become less and less, until it entirely stopped for six months, and now it has stopped again. I have become very nervous and of a very bad color. I am a young girl and have always had to work very hard. I would be very much pleased if you would tell me what to do."—MISS PEARL GOOD, Cor. 29th Avenue and Yesler Way, Seattle, Wash.



**The Happy Result.**  
February 10th, 1900.  
"DEAR MRS. PINKHAM:—I cannot praise Lydia E. Pinkham's Vegetable Compound enough. It is just simply wonderful the change your medicine has made in me. I feel like another person. My work is now a pleasure to me, while before using your medicine it was a burden. To-day I am a healthy and happy girl. I think if more women would use your Vegetable Compound there would be less suffering in the world. I cannot express the relief I have experienced by using Lydia E. Pinkham's Vegetable Compound."—MISS PEARL GOOD, Cor. 29th Avenue and Yesler Way, Seattle, Wash.

**\$5000 REWARD** Owing to the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National Bank, Lynn, Mass., \$5000 which will be paid to any person who can show that the above testimonial is not genuine, or was published before obtaining the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

### Blacksmithing Without a Fire.

A blacksmith's shop without a forge seems a novelty, indeed, but there are several in operation, declares the Chicago Inter-Ocean. In these shops there is applied a patent horseshoe made of a special steel which is soft enough to permit of its being hammered and shaped, as far as may be necessary, without heating. There are anvils here, and hammers are used, so that these time-honored accessories of the blacksmith's shop still remain here, but there is no fire, no bellows, with a grimy, swarthy, stalwart blacksmith swaying on the handle with one hand, while he gently pokes the burning coal in the forge with the other. There is no smoke here and no flying sparks, nor is there the long familiar odor of the burning hoof when the hot shoe is laid up against it. These places are horseshoeing parlors. One of these horseshoeing shops occupies a long room that was designed for a store in a building that stands on a corner. The shop proper, occupying the greater part of the space, opens on the side street. The office, or reception room, of the horseshoeing parlor, at the front end of the store, occupies a square of space of the width of the building, and running back about 20 feet, where an office railing is placed, dividing the reception room from the blacksmith shop.

All the flowers of the Arctic region are either white or yellow, and there are 753 varieties.

### Beware of Ointments for Catarrh That Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system whenever it enters the system, beware of such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure to get the genuine. It is taken internally, and is made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists; price, 75c. per bottle. Hall's Family Pills are the best.

Two British ships, each over a century old, were still sailing the seas last year.

### Best For the Bowels.

No matter what ails you, headaches to a snore, you will never get well until your bowels are put right. Cascara helps nature, cure you without a gripe or pain, produce easy natural movements, cost you just 10 cents to start getting your health back. Cascara Candy Cathartic, the genuine, put up in metal boxes, every tablet has G.C.G. stamped on it. Beware of imitations.

It is a noteworthy fact that farm wages run highest in Scotland, where schooling has long been better than elsewhere.

It requires no experience to dye with PUTNAM FADELESS DYES. Simply boiling your goods in the dye is all that is necessary.

It is estimated that rural free mail delivery is increasing the value of land in Colorado, where it is in operation, \$5 an acre.

To Cure a Cold in One Day. Take LAXATIVE BROMO QUININE TABLETS. All druggists refund the money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

The distance from Liverpool, England, to Halifax, N. S., is 2,450 miles.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900.

The prairie chicken, it is predicted, will soon become extinct in Kansas.

The Best Prescription for Chills and Fever is a bottle of GROVE'S TARTARUM EMETIC. It is simply iron and quinine in a palatable form. No cure—no pay. Price 50c.

A watch will tick 160,144,000 times in a year if it is kept continuously running.

Drugs have their use, but don't store them in your stomach. Heumann's Peppin Gum aids nature to perform its functions.

Paris consumes more than 2,000 tons of snails annually.

## THE MARKETS.

PITTSBURGH	
Grain, Flour and Feed.	
WHEAT—No. 2 red	68 00
Hyd. No. 2	66 00
CORN—No. 2 yellow, ear	40 41
No. 2 yellow, shelled	46 47
OATS—No. 2 white	27 1/2
No. 3 white	26 1/2
Flour—Winter patent	3 90
Fancy straight winter	3 70
HAY—No. 1 timothy	15 00
CUTTER No. 1 timothy	13 25
FEED—No. 1 white mid, ton	18 50
Brown middlings	15 75
Bran, bulk	16 00
STRAW—Wheat	8 25
Oat	8 00

BUTTER, Etc.	
Butter—Eight creamery	27 00
Ohio creamery	24 1/2
Fancy country roll	19 1/2
CHESSE—Ohio, now	11 1/2
New York, now	12 1/2

Fruits and Vegetables.	
BEANS—Navy, per bushel	2 00
POTATOES—Fancy white, 4 bu.	45 20
CARROTS—per barrel	90 1 00
ONIONS—per bushel	50 65

BALTIMORE.	
Flour—No. 2 red	71 1/2
CORN—mixed	22 1/2
OATS	24 1/2
EGGS	24 1/2
BUTTER—Ohio creamery	24 1/2

PHILADELPHIA.	
Flour—No. 2 red	71 1/2
CORN—No. 2 mixed	41 49 1/2
OATS	25 1/2
EGGS—Maryland fresh	23 25

NEW YORK.	
Flour—Patent	3 80
WHEAT—No. 2 red	70 1/2
CORN—No. 2	46
OATS—White western	27 1/2
BUTTER—Creamery	16 1/2
EGGS—State and foreign	19 24

LIVE STOCK.	
Central Stock Yards, East Liberty, Pa.	
Prime heavy, 1500 to 1600 lbs.	5 50
Prime, 1300 to 1400 lbs.	5 20
Medium, 1000 to 1200 lbs.	4 35
Pat heifers	3 65
Butcher, 500 to 1000 lbs.	3 50
Common to fair	3 00
Oxen, common to fat	3 25
Common to good fat bulls & cows	2 50
Milk cows, fresh	20 00
Extra milk cows, fresh	35 00

SHEEP.	
Prime medium weights	5 15
Best heavy wethers and medium	5 12
Good to choice packers	5 05
Good plus and light wethers	5 10
Skimp plus	3 50
Frams heavy hogs	6 35
Common to fair	4 65
Bought	3 00
Stags	3 60

SHEEP.	
Extra, medium weight wethers	4 00
Good to choice	3 65
Medium	3 00
Common to fair	1 50

LAMB.	
Lamb, extra spring	5 25
Lamb, good to choice, spring	5 10
Lamb, common to fair, spring	4 25

CALVES.	
Veal, extra	7 00
Veal, good to choice	6 00
Veal, common to fair	4 75
Veal, common heavy	3 50

### TRADE REVIEW.

Prices Going Upward—Manufactured Goods Marked Up Very Generally—Activity in Iron and Steel.

R. G. Dun & Co.'s "Weekly Review of Trade" says: Prices of commodities advance almost without exception, and all the changes in manufactured goods are in the direction of firmer quotations. The smallness of stocks of goods carried is a feature of our reports from most of the leading centers. Scarcity of labor gives manufacturers in the Middle States great concern. Activity at iron and steel mills steadily increases, and there is an equally uniform advance in quotations. The gain has been more general this week than at any previous time this season, pig iron moving up 25c a ton and corresponding gains appearing in bars, billets, plates and structural materials generally. Instead of the recent agitation for cheaper steel rails, there is now talk of an advance to \$8, owing to the further rise in steel billets. Orders come forward in the best volume since last spring, when there was severe inflation of prices, and requests for quick delivery are general. The report of pig iron production on November 1 shows a weekly capacity of only 215,304 tons, the smallest since September, 1898, but the reduction of 29,000 tons from October 1 in furnace stocks is most encouraging. These figures, with the activity in all branches of the industry, indicate that there will be no further reduction in output, but the December statement will probably show more than 200 furnaces in blast. A temporary flurry in the wheat market on Monday took the December option above 80c. Publication of the weekly statistics had a depressing effect, particularly the enormous exports from Russia, which were a contradiction of earlier statements that the crop was short in Northern Europe. Liverpool selling was large, and realizing soon made a decline of over 2c, which exceeded the previous advance. Failures for the week were 217 in the United States, against 219 last year, and 33 in Canada, against 20 last year.

A fierce gale swept over the English channel Tuesday night, causing a number of wrecks. The ketch Georgia was lost off Hayling island. All on board were drowned.

Cost of Mail Service. Postmaster General Smith will ask about \$121,000,000 for the entire postal service for the fiscal year ending June 30, 1902, including \$3,500,000 for rural free delivery. By the close of this fiscal year 4,300 rural free delivery routes will have been established, and the general extension contemplated next year will involve 4,500 additional routes. The postmaster general is investigating the feasibility of putting the service in operation at every point not reached by the regular free delivery service in operation, in the cities.

### Defects in Public Schools.

The public school authorities are compelled by circumstances to proceed on the theory that what is good and sufficient for one child is good and sufficient for all children, says Joel Chandler Harris in the Saturday Evening Post. There is practically no remedy for this in our common schools, which are made up of a conglomerate mass of humanity, seething and various—a mass which must be dealt with in haste and on the run. In these schools the child is taken up, taught with the mass of pupils, and compelled to conform to the "grades" which have been invented for the convenience of the teachers; and its present thrust out and sent about its business, knowing how to read and write, indeed, but possessing only the vaguest ideas in regard to the fund of knowledge which education is supposed to impart and preserve.

But a specially devised system of training and education should be contemplated to give a different and a better account of itself. If it cannot be made adjustable to the individuality, the disposition and natural bent and tendency of each child that is to partake of its benefits—if it cannot be extended or modified to fit the demands of each and all—then it is not only not scientific, it is absurd. The special beauty of childhood and youth, the captivating mystery of humanity, consists mainly of the infinite, the endless variations of personality, individuality, tendency, temperament—the qualities and characteristics that are native to each individual and to no other—and if these special devices, which are not forward so confidently, do not conform to, and aid in bringing out and developing the most promising tendencies of the individual, they are unworthy of serious consideration.

### Must Learn the Life Spots.

The first task of a Chinese medical student upon entering the Imperial college at Shanghai is to learn the 300 "life spots" in the human body. A "life spot" is supposed to be a place through which a needle may be passed without causing death. The Chinese believe firmly in demoniacal possessions, and their doctors do a great deal of staving and prodding to make holes for the purpose of letting out the evil spirits that are causing the sickness. I was called in to see one poor fellow who was dying of jaundice, and counted over eighty punctures in his chest and arms. The Chinese practitioners had furnished the demon with plenty of exits, but he declined to depart. When a criminal is executed the native doctors are nearly always on hand to secure sections of the body to use in counteracting their medicines. A powder made of the thigh bones is believed to be a specific for the disease known to science as "miner's anaemia," which is caused by a parasite and easily controlled by proper remedies.—New Orleans Times Democrat.

### London Has Gates Forbidden Gates.

There are two gates in London which it is an honor equal to the star of an order to be allowed to drive through. One is the gate in the arch of the Horse Guards, and the other is that of the Marble Arch. The Horse Guards' arch is guarded by a stalwart trooper, who stands in the way of any carriage that attempts to go through, and should the occupant not have the right to pass, turns it back. The Bishop of London, it may be remembered, was stopped once by a sentry, who did not know that his lordship is one of the privileged persons. When there is any disputed claim, if the occupant of the vehicle wishes to go through the arch has patience enough to wait, he can remain until one of the high court officials has given his decision according to immemorial custom.—London Telegraph.

# Coated

Look at your tongue. Is it coated? Then you have a bad taste in your mouth every morning. Your appetite is poor, and food distresses you. You have frequent headaches and are often dizzy. Your stomach is weak and your bowels are always constipated. There's an old and reliable cure:



Don't take a cathartic dose and then stop. Better take a laxative dose each night, just enough to cause one good free movement the day following. You feel better the very next day. Your appetite returns, your dyspepsia is cured, your headaches pass away, your tongue clears up, your liver acts well, and your bowels no longer give you trouble.

Price, 25 cents. All druggists. "I have taken Ayer's Pills for 25 years, and I consider them the best made. One pill does me more good than half a box of any other kind I have ever tried." Mrs. N. E. TALBOT, March 20, 1899, Arrington, Kans.

Prepared with Thompson's Eye Water

# FADED IN HER YOUTH

Pretty faces and graceful forms of young women! Why is it they are so soon replaced by plainness and lankness? It is because the young girl just entering into womanhood does not know how to take care of herself and has no one competent to instruct her. It is not necessary that there should be anything weakening or wearying about the functions of a female organism. Parents of young girls should inform themselves and prevent their dear ones from making costly errors.



That young woman has a just cause of complaint, who is permitted to believe that great periodic suffering is to be expected, that severe mysterious pains and aches are part of her natural experience as a woman. These things are making constant war on her health, her disposition and her beauty. It is a wanton sacrifice, absolutely unnecessary and cruel. It is more—it is criminal.

## Dr. Greene's NERVURA for the Blood and Nerves

Dr. Greene's Nervura blood and nerve remedy, is the right medicine for every young girl who is just entering the first stage of womanhood. It prepares the system in every way to act normally. It enriches the blood supply, and keeps the nerves calm and steady. Fortified with this great medicine, all the womanly duties may be undertaken and experienced without the slightest jeopardy to health. It preserves the gifts of nature and assists their development into glowing, healthful beauty.

Mrs. MARY FRANCES LITTLE, of 2 Hunter Alley, Rochester, N. Y., says: "I was very pale and delicate—had no color. I took Dr. Greene's Nervura, blood and nerve remedy, and now I am well and strong, my face is plump, and cheeks red, and my complexion pure."

Mrs. WILLIAM BARTELS, 235 East 67th St., New York City, says: "Dr. Greene's Nervura made a wonderful improvement in my health, and that dark, sallow look left my face. My friends hardly know me. I have gained flesh and am, like a different person."

The nervousness in women which invariably comes with pain is of itself certain to stop the development of beauty in face and figure. Excited nerves make sharp lines and hasty speech. The beautiful curves which make women so attractive are not possible when the female organism is out of order, as it surely is when discomfort and pain are always or even periodically present. It is only necessary to look in the faces of young women everywhere to see that this must be so. Else why are they so pale and thin?

### GET FREE ADVICE FROM DR. GREENE

Real beauty is rare. It belongs to perfect health. It is possible to every woman who takes the matter in hand intelligently. Get advice from Dr. Greene, the great specialist in these matters. He will tell you why all this is so, and show you how to avoid the stumbling blocks that bar woman's way to happiness. You may consult Dr. Greene without cost by calling or writing to him at his office, 35 West 14th Street, New York City. Don't throw away your beauty. Write to Dr. Greene to-day.

### An Imperial Trophy.

Captain Potts, of the Maxim Company of the Hongkong volunteer corps, has just secured an extraordinary trophy of war—nothing less than the Order of the Black Eagle, set with precious stones, which the German emperor sent out by Prince Henry to the emperor of China. He has also the ambassador letter from the kaiser which accompanied the decoration.

The lucky captain obtained this remarkable relic of war in a quite hazardous fashion. Recently at Tien-Tsin he came across some Russian soldiers who had been present at the looting of Peking. One of the Russians had the rarely bestowed order among his share of the loot, but he was too ignorant to recognize its great value. Captain Potts had no difficulty in arriving at the correct conclusion when he set eyes on the insignia and the Emperor William's letter, and for a trifling sum he secured possession of the two. When the captain arrived at Shanghai and exhibited his prize the German consul said that he must take charge of it, but Captain Potts declined to part. He said that he was not at all anxious to sell, and put a fabulous price on the trophy.

The consul immediately cabled to Berlin for instructions, and Captain Potts is now calmly awaiting the reply.—London Daily Mail.

### Politics is Now a Trade.

In modern politics I have many times known of more money spent in a single ward for the election of a councilman than the entire amount contributed in 1860 to carry the Pennsylvania election in October that gave the Republicans absolute victory in November, says Colonel A. K. McClure, in the Saturday Evening Post. There is not an earnestly contested legislative district in this city that does not cost thousands of dollars to run the campaign and pay the party workers; and a recent contest for nomination in one of the senatorial districts of Philadelphia cost the opposing factional leaders not less than \$100,000.

Under our present system political leaders make politics a trade, and every ward and precinct have a host of men who live by politics and who refuse to give political service of any kind unless liberally paid. In 1860 there was not an attempt made to buy a vote for Gerritt in the entire State, and, excepting in rare instances where special and unusual service was required, the entire work of that great battle, that revolutionized a Nation, was willingly performed without pay as a matter of patriotic duty.

### Rich Antiquarian Find in Turkey.

At the village of Anhar, near Erpil, close to the ancient town of Iconium, a sarcophagus has been uncovered entirely composed of marble, on which flowers, animals and figures of warriors are sculptured, says a foreign correspondent. The period to which the relic belongs is not yet known, but the workmanship is exquisite, and is said to be superior to anything of the kind in the Stamboul Museum, which contains the sarcophagus of Alexander the Great. The newly discovered monument weighs 30 tons.

The supreme court of the Illinois has just decided by a unanimous vote that hard cider is an intoxicating drink.

Fits permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. R. H. Kline, Ltd., 301 N. 3rd St., Phila., Pa.

In Zululand the atmosphere is so clear that objects can be clearly seen by starlight at a distance of seven miles.

Mrs. Winslow's Soothing Syrup for children's teething, soothes the gums, reduces inflammation, allays pain, cures wind colic, etc. See a bottle.

The florists say that London expects \$5,000 a day upon cut flowers.

Safe, sweet cure for all throat and lung troubles. People praise Dr. Bull's Cough Syrup. Quick, sure results. Refuse substitutes. Get Dr. Bull's Cough Syrup.

# LIBBY'S Premier Soups

TEN CENTS

Libby's soups are as good as soups can be. Some cooks may know how to make soups as good. None can make them better—none so cheaply. Six plates of delicious soup for 10 cents—and think of the bother saved!

Oxtail, Mulligatawny, Chicken, Mock Turtle, Tomato, Vegetable, and Chicken Gumbo.

At your grocers, in cans ready for instant serving—just heat them.

LIBBY, McNEILL & LIBBY Chicago

Write for our booklet, "How to Make Good Things to Eat."

VERMIFUGE D. N. WIL, Sams, Ky., says: "Freys' Vermifuge is the best worm destroyer I have ever found. I have used it on my children and it has cured them." Mrs. J. C. Swan, Gordonville, Va.: "I find Frey's Vermifuge the very best I have ever used. I write you direct as I must have this remedy." A perfect tonic and health builder. At all druggists. Booklet free. Write to R. L. GILBERT, CO., La Crosse, Wis.

### Don't Stop Tobacco Suddenly!

It induces nervous system to do so. BACO-CURO is the only cure that really cures. It is a guarantee that three boxes will cure any case. BACO-CURO cures thousands, it will cure you. At all druggists or by mail, price, \$1.00. 2 boxes, \$2.00. Booklet free. Write to R. L. GILBERT, CO., La Crosse, Wis.

### DROPSY NEW DISCOVERY

Give you relief from all the swellings of the body. Book of testimonials and 10 days' treatment free. Dr. R. E. KELLEN'S 5028, Box A, Atlanta, Ga.

P. N. U. 47, 1900.

PISO'S CURE FOR CONSUMPTION