

Painful Periods

are overcome by Lydia E. Pinkham's Vegetable Compound.

Fifty thousand happy women testify to this in grateful letters to Mrs. Pinkham.

Menstruation is a severe strain on a woman's vitality. If it is painful something is wrong which

Lydia E. Pinkham's Vegetable Compound

will promptly set right, if excessive or irregular write to Mrs. Pinkham, Lynn, Mass., for advice.

Evidence abounds that Mrs. Pinkham's advice and medicine have for many years been helping women to be strong. No other advice is so unvaryingly accurate, no other medicine has such a record of cure.

WOMAN'S SECOND GROWTH.

Her Most Beautiful and Fruitful Years Are Late in Life.

Since woman is in the main but a bundle of paradoxes, it is not so surprising to hear that a normally healthy woman is younger, mentally and physically, at 60 than at 40. The reason is somewhat recondite, but still one to be rendered in plain words. This rejuvenation comes from a sort of second growth of nerve tissue, or, more accurately, a new arrangement of nerve cells, which takes place commonly in the decade between 35 and 45. The rearrangement is somewhat analogous to the root-making of a rose or a flowering shrub. Almost every one has noted how the riotous vitality of the vernal impulse wreaths rose trees in blossom up to the period of midsummer. Then, though the blooming continues laggardly, the flowers are poor and small, as though the tree were tired of fashioning them and fretful beneath the strain. By and by, as August yields to September, the flowers, though they may be fewer, swell to more than the glory of spring. They are truly royal, loose-leaved, long-stemmed, heavy-headed blossoms, full of every virtue—size, fragrance, color and endurance. Then the gardener tells you it is because in the height of the warm weather the rose struck new roots, and is full of the rich juices of a second growth. It is somewhat the same with fruit trees—which, indeed, occasionally blossom and let fall crops of young fruit. Invariably they make new wood, which, if only it harden sufficiently, is the best of all wood for either cuttings or grafts—because, say the orchardists, "it has more life in it." Grape vines, too, have a trick of putting forth new blooms in the fall. If they chance to be very abundant, new wine in the cask which has ceased fermenting often begins again to hiss and bubble.

Senator Hoar's Reading. Senator Hoar of Massachusetts, when asked recently what he had been reading of late, replied: "For serious work, 'David Harum'; for light reading and amusement, I've been going through Gibbon again."

What Shall We Have For Dessert? This question arises in the family daily. Let answer to-day. Try Jell-O, a delicious, healthful dessert. Prepared in 2 min. No need of baking! Simply add a little hot water & set to cool. Flavors: Lemon, Orange, Cherry and Strawberry. At grocers. 10c.

It is said that salmon, pike and goldfish are the only fish that never sleep.

To Cure a Cold in One Day. Take LAXATIVE BREAD CRISPS. All druggists refund the money if it fails to cure. R. W. GROVE'S signature is on each box. 25c.

A permanent automobile exhibition has been opened in Berlin.

THE UNIVERSITY OF NOTRE DAME, NOTRE DAME, INDIANA. Classes in Letters, Economics and History, Journalism, Art, Science, Pharmacy, Law, Civil, Mechanical and Electrical Engineering, Architecture, Preparatory and Commercial Courses. Ecological students at special rates. Rooms Free. Junior or Senior Year. Collegiate Course. Rooms to Rent, moderate charge. Mr. Edwards's Hall, for boys under 16. The 57th Year will open September 4th, 1900. Catalogues Free. Address REV. A. MORRISSEY, C. S. C., Pres. P. M. U. 80. '00.

FREY'S VERMIFUGE cures children of WORMS. Removes them effectively and without pain or annoyance. 60 years' unbroken record of success. It is the remedy for all worm troubles. Entirely vegetable. Sold at druggists, country stores or by mail, H. & N. FREY, Baltimore, Md.

DROPSY NEW DISCOVERY: gives quick relief and cures dropsy. Sold by mail, 10c. per bottle. Dr. J. C. AYER, Lowell, Mass.

That Little Book For Ladies. By Alice Mabon, Rochester, N. Y.

FOLLOWING THE BAND.

Life was a joy when I was a boy, In the days of long ago, When the eye and the ear could see and hear. But the kind old earth so glad with mirth, And pictures bright and glad, Seems stale and tame since I became Too big to follow the band.

Yet I dare say earth holds to-day About as much or more Of joy and cheer, right now and here, Than ever it held before. But by our pride we'll now deride Good girls on every hand; We've grown too proud to follow the crowd, Too big to follow the band.

I'd like to stow in a careless way Through the broad, green fields of youth, And wander back along life's track To the helpful springs of truth, I'd like to trade my woe, self-made, And the curse that came to me, For the keen delight of a boy's glad right To follow the band again.

—Simon Waterman.

HUMOR OF THE DAY.

"She's such a gossip," "Hears everything, does she?" "Oh, no; just the inventive kind, you know."—Chicago Post.

"The tie that binds," remarked Hawkins, "are not the neckties a fellow's best girl buys him."—Philadelphia North American.

If you and I and we and eye And you and eye (dear me), Were all to be spelled a and I, How mixed up we would be.

—Cornell Widow.

Tommy: "Pop, what's a counter-part?" Tommy's Pop: "Didn't you ever notice the way in which the young salesmen in the stores wear their hair?"

"Julia, I think I'll give you furniture for your birthday present." "How lovely, Harry! I'll take a piano, a sewing machine and a lady's writing desk."—Detroit Free Press.

"Bifkin's wife is such a worrying woman. What's she got to worry about?" "Bifkins is such a good husband that she's afraid it won't last."—Cleveland Plain Dealer.

Now that the busy little boy Got revolver or a gun And miss the English sparrow—so Those birds have lots of fun.

—Chicago Record.

"Didn't I promise you a whipping if you disobeyed me?" asked his mother. "Yes; but I'll release you from the promise, ma," replied Johnnie, diplomatically.—Philadelphia North American.

Smith (excitedly): "Say, old man, I got the cutest baby in town! What do you suppose he called his nursing bottle this morning? Jones (sarcastically): "Goo-goo?" Smith: "No; 'rubberneck'!"—Puck.

"There's a suit, my friend," said the dealer, "that will wear like iron." "I guess that fellow was no liar," said the victim two weeks after. "The dash-binged suit is rusty already."—Indianapolis Press.

"Do you know anything at all about drilling?" asked the sergeant. "Faith, I know all about it," replied the raw recruit. "I worked in a quarry for noney years before I joined the army."—Philadelphia Press.

"I have noticed that marriage seems to make a man more content," said the Sweet Young Thing, with the air of one waiting for an answer. "Yes; there is nothing like knowing the worst," said the Savage Bachelor.—Indianapolis Press.

"Can't you set a date for the payment of this little bill?" asked the collector. "I could if it weren't for one thing," answered the debtor. "What is that?" "I want to sustain my reputation for truth and veracity."—Chicago Evening Post.

There was a piece of cold pudding on the lunch table and mamma divided it between Willie and Elsie. Willie looked at his pudding—then at his mother's empty plate. "Mamma," he said, earnestly, "I can't enjoy my pudding when you haven't any. Take Elsie's."—Life.

Everywhere were men with newspapers devouring with feverish eagerness the foul details of this horrible murder. "Morbid curiosity!" we naïvely sneered with indignation. "No, we are qualifying ourselves to sit as jurors!" they protested, and sighed wearily.—Detroit Journal.

A Chinese Greeting. On meeting a friend, in China, the form of greeting is for a man to clasp both his own hands before him, make a slight bow and say, "Tsing, tsing," which means "Hall, hail," and is equivalent to the American "How do you do?" Another form of greeting consists of words which mean "Have you eaten rice?" to which the answer is, "I have eaten enough." Besides these, there are many other forms of salutation to be used in keeping with the rank of the person greeted. The highest form is the "San-kin-kin-kao," which means thrice kneeling and nine times knocking the head on the ground. The Emperor and heaven are worshipped by this salutation. It was the refusal of the first American and English Ministers to China to perform this abject ceremony which caused much delay in securing treaty rights.

A Deluge of Dragon Flies. Antwerp, Belgium, has been invaded by such swarms of dragon flies that the people in the streets and public parks, and especially the soldiers in their barracks, have been nearly driven crazy, and the dock laborers and other workmen in the port have been unable to continue their work.

Gets Its Share Though. The earth receives not more than one thousand-millionth part of the total radiation of the sun's rays. If any considerable portion of this heat was concentrated upon the earth it would not only become uninhabitable, but speedily be consumed.

THE MARKETS.

PITTSBURGH.

WHEAT—No. 2 red.....	74 1/2	75
Do—No. 2.....	68	64
COB—No. 2 yellow, ear.....	49	49 1/2
No. 2 yellow, sheath.....	45	45 1/2
Mixed ear.....	45	45
OATS—No. 3 white.....	30	30 1/2
No. 3 white.....	29	29
FLOUR—Winter patent.....	4 50	4 40
Spring straight winters.....	4 10	4 15
HAY—No. 1 timothy.....	15 00	15 25
Clover, No. 1.....	12 50	13 00
FEED—No. 1 white mid., ton.....	18 00	18 50
Brown middlings.....	16 00	16 50
Brain, bulk.....	16 25	16 40
STRAW—Wheat.....	7 00	7 50
Oat.....	1 00	1 50

Dairy Products.

BUTTER—Eight creamers.....	22	20 1/2
Ohio creamery.....	18 1/2	19
Fancy country roll.....	15	14
CHEESE—Ohio, new.....	10 1/2	10
New York, new.....	9 1/2	11

Fruits and Vegetables.

HENS—per pair.....	80	90
CHICKENS—dressed.....	13	14
EGGS—Pa. and Ohio, fresh.....	12 1/2	13

BALTIMORE.

FLOUR—No. 2 red.....	4 10 1/2	4 20
COB—Mixed.....	43 1/2	43 1/2
OATS.....	30 1/2	31
EGGS.....	13 1/2	13 1/2
BUTTER—Ohio creamery.....	20	22

PHILADELPHIA.

FLOUR—No. 2 red.....	4 25 1/2	4 7 1/2
COB—No. 2 mixed.....	75 1/2	75 1/2
OATS.....	40 1/2	40 1/2
BUTTER—Creamery, extra.....	31	31 1/2
EGGS—Pennsylvania fresh.....	15 1/2	15 1/2

NEW YORK.

FLOUR—Patents.....	4 00 1/2	4 50
WHEAT—No. 2 red.....	82 1/2	82 1/2
COB—No. 2.....	45 1/2	45 1/2
OATS—White Western.....	20 1/2	21
BUTTER—Creamery.....	17	19
EGGS—State and Penn.....	11	13

LIVE STOCK.

Central Stock Yards, East Liberty, Pa.

PRIME HEAVY, 1400 to 1500 lbs.....	5 40	5 45
PRIME, 1200 to 1400 lbs.....	5 25	5 43
MEDIUM, 1000 to 1200 lbs.....	4 75	5 03
FAT HEIFERS.....	4 40	4 55
BUTCHER, 800 to 1000 lbs.....	4 50	4 85
COWS, common to fair.....	4 10	4 50
Oxen, common to fair.....	3 50	4 50
Common to good fat bulls and cows.....	2 50	4 00
Milch cows, each.....	15 00	30 00
Extra milch cows, each.....	35 00	40 00

BEER.

Prime medium weights.....	5 10	5 55
Best heavy weights.....	5 50	5 55
Good to choice packers.....	5 50	5 55
Good pigs and light weights.....	5 45	5 50
Skip pigs.....	3 50	4 25
Heavy hogs.....	5 45	5 50
Common to fair.....	5 25	5 45
Louche.....	4 25	4 75
Stags.....	3 00	4 25

SHEEP.

Extra, med. weight wethers, a.....	4 00	4 25
Good to choice.....	3 75	4 00
Medium.....	3 25	3 50
Common to fair.....	2 00	2 50

LAMBS.

Lambs, good to choice, spring.....	4 75	5 50
Lambs, common to fair, spring.....	4 75	5 50
Extra, spring.....	5 50	6 00
Good to choice.....	4 25	4 50
Medium.....	3 25	3 75
Common.....	2 50	3 00

CALVES.

Veal, extra.....	6 10	6 75
Veal, good to choice.....	6 00	6 50
Veal, common to fair.....	5 50	6 00
Veal, common heavy.....	3 00	4 00

REVIEW OF TRADE.

Business Conditions Likely to Fall Off With Wage Scales are Fixed for the Coming Year.

R. G. Dun & Co.'s "Weekly Review of Trade" says: "Not much beyond waiting is probable until wages for the coming year can be settled. The halt in the great iron industry necessarily affects business. There has resulted more willingness to sell wool, especially where warehouses are not plenty, and prices average fully two cents lower than in February, but manufacturers are inquiring more earnestly just now to find out what goods they can sell than where they can get materials. The sharp fall of two cents in wheat and four cents in corn appears to reflect public conclusions after hearing much evidence, official and unofficial regarding the extent of injury to both grains. The shipments go on at a quiet and moderate pace. In three weeks from Atlantic ports they were 5,651,501 bushels; wheat, flour included, against 6,505,393 last year."

Bradstreet's "Review" of the New York stock market says: "The stock market has been strong in the face of dullness and of the current Chinese situation and other adverse factors of external origin. The renewal of gold exports and the appearance of hardening tendencies in money caused, however, a somewhat weaker tone to prevail in the last few days. The declines which were occurring in Russian and other governmental securities, as well as those of China, have again unsettled the foreign markets and led to London being a heavy seller of stocks here. Our market is certainly inclined to regard the gold exportations without fear, particularly in view of the large influx of the metal from Alaska and the news of heavy specie shipments in progress or in prospect from Australia to San Francisco. The news from Peking on Friday indicating the safety of the American and other ministers there had a favorable effect on the market at large and caused advances throughout the list, with a strong tone at the close. Business failures for the week number 202, against 221 last week; 174 in this week a year ago; 188 in 1898; 220 in 1897, and 280 in 1896."

Chinese Want to Fight. Telegrams from San Francisco say Ho Yow, imperial consul general of the Chinese empire, is officially preparing to receive passports for himself and his attaches. He said: "The Chinese in this State are, to a man, heart and soul against the Boxers. I have just attended a meeting of the leading Chinese merchants of San Francisco at which it was decided that they would immediately close their business here, if necessary, and offer their services to the United States as volunteers to go to China and fight under the United States flag with the allied powers."

TENANTS OF DUMPS.

Tribe in Washington More Pictoresque Than Bagpiper.

The work of socializing the lowlands, where once stood famous Berry's row—the Gospar of missionaries and the nightmare of the police—goes merrily on, and from the city's waste grows up, like the famed phoenix rising from its own ashes, the most unique village ever found by an anthropologist, says the Washington Post. Here on the bare stretch of ash waste exists a tribe more picturesque by far than the Paris ragpickers, famed in story, and the adored model of the amateur artist in the Latin quarter. Right within sight of the capitol and the historic part of Washington is the most unique village, peopled by the most unique inhabitants to be found on the globe. The Digger Indians, the Moundbuilders, nor, in fact, any of the queer people of this or other countries, can compare with these. Their life and their occupation prove beyond doubt that there is a use for everything on the face of the earth, save the city founding. A company for the promotion of tenement districts could not draw a quarter of a cent dividend off the tenants of the dumps. They pay neither rent nor tax, nor yet is the reservation allotted to them by the government. They just pitch their tin houses where they like, and while the only signal for Sunday is the cessation of carts and tumbledown wagons backing up, there is yet a profound respect shown for the rights of each inhabitant. There may be no lock on the door or fence about the yard, but every man can depend upon his pile of scrap iron, old bottles, rags, and so on remaining intact without a bulldog tied to it. There is always a scurry like unto a football contest over every load of ashes, but once the contest is won, every fellow respects the champion's rights. No one could well calculate the revenue from this part of the city's waste, but it is large, men, women and children all plying the trade with a vengeance. The men sell all that they rescue from this source, while the women work to keep their children warm and maybe also do laundry. The children toil back and forward, their little backs forever bent under the burden of the bag, or groping and scratching among the refuse. Many of them warm whole families in this way, while almost the entire colored population in the vicinity of the dump depend upon it for fuel.

Pink Pearl Turns Green. Seattle (Wash.) Spc. Chicago Tribune: When Lieutenant Whipple, while at dinner at the Waldorf Astoria bit into a pearl of wonderful size concealed in a big oyster, he recovered a gem that has since puzzled the lapidaries of the country. That pearl has recently betrayed Irish tendencies which are unaccountable. When first brought to public view it was of a pale pink hue. This color was supposed to be the result of the baking process to which it had been exposed. But since then it has gradually turned green, until now it looks not unlike a brilliant green pea.

Big Bonanza. This is a famous mine that is sometimes referred to as the Consolidated Virginia. It has had an enormous output, being one of the richest silver mines in America. It is located at Virginia City, Nev., and has the record of having produced \$10,000,000 of silver within a year.

FUSS SAILED AWAY.

West Aboard a Steamship and Made Himself Quite at Home.

If there is anything in the popular superstition among sailors that "a cat brings good luck," the voyage of the British steamship Thalia will be a pleasant one, says the Savannah News. A fine, large Maltese cat went aboard the day before she sailed, and comported herself up on the heavily upholstered crimson sofa in the officers' saloon, and when the vessel sailed she was a contented passenger.

"She is an old traveler," said the steward, as he stroked her soft fur, "and this is not her first voyage. Cats like a change, and they will visit one vessel and then another in port until they find one that suits them; and they are knowing animals, and seem to have some intuition when a vessel is going to sail.

"Do I think a cat brings luck? Oh, yes. It's good luck to have a cat come to you. Why, that's not a superstition of sailors alone. Didn't you ever see a landlubber that didn't believe it? That cat will have the best treatment on board; besides, there's no end to the rats on board, and the cat will be useful as well as lucky for us."

Wolsley's Escaping Run. The following incident in Lord Wolsley's military career is recorded as having taken place when he was in his twenties, and had been in the British army three years. He speaks of it himself as the most exciting experience of his life.

It was in Burma, and Wolsley was in charge of a small detachment. During the advance he had the bad luck to fall into a deep hole, and when he crawled out found himself on the enemy's side. As he emerged, he was met with such a shower of bullets that he slid back in short order. After a few minutes he came out again, and amid a vigorous volley, ran for his life. He was nearly two hundred yards from the British line, and was hit three times before he reached a place of safety.

Senator Hoar's Reading. Senator Hoar of Massachusetts, when asked recently what he had been reading of late, replied: "For serious work, 'David Harum'; for light reading and amusement, I've been going through Gibbon again."

W. H. Griffin, Jackson, Michigan, writes: "Suffered with Catarrh for fifteen years. Hall's Catarrh Cure cured me." Sold by Druggists, 75c.

There is promise in Oregon of the largest fruit crop ever harvested.

Did You Ever Run Across an old letter—ink all faded out? Couldn't have been Carter's Ink for it doesn't fade.

Cuba has 15,000 square miles of unexplored forest area.

The stomach has to work hard, grinding the food we crowd into it. Make its work easy by chewing Beeman's Peppin Gum.

There are 10,000,000 working people in the German Empire.

I do not believe Piso's Cure for consumption has an equal for coughs and colds.—JOHN F. BOXER, Trinity Springs, Ind., Feb. 15, 1900.

Indianapolis has a negro hod carriers' union.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

The Kansas Sixth Congressional District hasn't a newspaper.

Indianapolis furniture-makers are to establish a permanent exhibit.

Ladies Can Wear Allen's Foot-Ease, a powder for the feet. It makes tight or new shoes easy. Cures swollen, hot, sweating, aching feet, ingrowing nails, corns and bunions. At all druggists and shoe stores, 25c. Trial package FREE by mail. Address Allen R. Olmsted, Le Roy, N. Y.

More than 1,000 kinds of rubber shoes are made in the United States.

File permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. 25 trial bottles and treatise free. Dr. R. H. KLINE, Ltd., 361 Arch St., Phila., Pa.

Nearly all the shoes worn in Japan are made of straw or wood.

Jell-O, the New Dessert, Satisfies all the family. Four flavors: Lemon, Orange, Raspberry and Strawberry. At your grocers. 10c.

There are 7,300,000 men in Prussia earning less than £21 per year.

The Best Prescription for Chills and Fever is a bottle of GIBSON'S TARTARIC CHILL TONIC. It is simply iron and quinine in a tasteless form. No cure—no pay. Price 50c.

The South is to have turpentine plantations.

STARVED

Slow growth of hair comes from lack of hair food. The hair has no life. It is starved. It keeps coming out, gets thinner and thinner, bald spots appear, then actual baldness. The only good hair food you can buy is—



Ayer's Hair Vigor feeds the roots, stops starvation, and the hair grows thick and long. It cures dandruff also. Keep a bottle of it on your dressing table. It always restores color to faded or gray hair. Mind, we say "always."

\$1.00 a bottle. All druggists. "I have found your Hair Vigor to be the best remedy I have ever tried for the hair. My hair was falling out very fast, so I thought I would try a bottle of it. I had used only one bottle, and my hair stopped falling out, and it is now real thick and long." NANCY J. MOUNTCASTLE, July 25, 1898. Yorkton, N. Y.

Write the Doctor. He will send you his book on The Hair and Scalp. Ask him any question you wish about your hair. You will receive a prompt answer free. Address, DR. J. C. AYER, Lowell, Mass.

SUNSTROKE



The summer's awful heat will kill those not fit to resist it—those whose bodies are full of poison because they have neglected their bowels.

The victims of sunstroke, or of any of the other terrible dangers of summer—diarrhoea, dysentery, cholera morbus—are always those who have been careless about keeping clean inside, and as a result have their blood full of rotten filth breeding disease germs and their bodies ready with weakness to succumb to the hot spell. Dizziness, heat headaches, sick stomachs, sticky oozing ill-smelling sweats, restless nights, terrible pains, gripes and cramps in the bowels, sudden death on the street, all result from this neglect.

Keep yourself clean, pure and healthy inside, disinfected as it were, with CASCARETS CANDY CATHARTIC, the greatest antiseptic bowel tonic ever discovered and you will find that every form of summer disease will be effectively

PREVENTED BY
Cascarets
CANDY CATHARTIC
THIS IS THE BEST FOR THE BOWELS.
10c. 25c. 50c. ALL DRUGGISTS

CASCARETS are absolutely harmless, a purely vegetable compound. No mercurial or other mineral pill-poison in CASCARETS. CASCARETS promptly, effectively and permanently cure every disorder of the stomach, liver and intestines. They not only cure constipation, but correct any and every form of irregularity of the bowels, including diarrhoea and dysentery. Pleasant, palatable, potent. Taste good, do good. Never sicken, weaken or gripe. Write for booklet and free sample. Address STERLING REMEDY CO., CHICAGO or NEW YORK.