Stomach **Troubles** In Spring

Are THAT BILIOUS FEELING, bad taste in the mouth, dull headache, sleeplessness, poor appetite.

No matter how careful you are about eating, everything you take into your stomach turns sour, causes distress, pains and unpleasant gases, Don't you understand what these

symptoms-signals of distress-mean? They are the cries of the stomach for help! It is being overworked. It needs the peculiar tonic qualities

and digestive strength to be found in Hood's Sarsaparilla

The best stomach and blood remedies known to the medical profession are combined in the medicine, and thousands of grateful letters telling its cures prove it to be the greatest medicine for all stomach troubles ever yet discovered.

Where Jeff Davis Courted. When Gen, Zachary Taylor was In command at Fort Knox, near Vincennes, Ind., Jefferson Davis, afterward provident of the southern confederacy was a Benteaant in the army, and was with his company at the fort. Tradition has it that Davis and Miss Taylor, whom he afterward married, took strolls upon the prairie near the fort, and that they often seated themselves upon a large stone which lay on noll some distance away. It is said that while scated thus one day Davis proposed marriage to Miss Taylor and twas accepted. Davis and Mins Taylor were married at Vincennes, and themselves told of the courtship on the stone. To commemorate the romantic incident Mrs. H. J. Rabb of Vincennes has caused the stone to be removed to the house where it is now to be seen -New York Sun.

Woman's

Refuge

when sick is Lydia E. Pinkham's Vegetable Compound.

No other medicine in the world has done so much

No confidence has ever been violated.

No woman's testimonial was ever published by Mrs. Pinkham without special permission.

No woman ever wrote to Mrs. Pinkham for advice without gotting help. No man sees these letters. Her advice is free, and her address is Lynn, Mass. She is a woman, you can tell her the truth. No living person is so competent to advise women. None has had such experience.

She has restored a million sufferers to health. You can trust her. Others

Ledia E. Pinkham Med. Co., Lynn, Mass.

What do the Children Drink?

Don't give them tea or coffee. Have you tried the new food drink called GRAIN-O? It is delicious and neurishing and takes the place of coffee.

of coffee.

The more Grain-O you give the children the more health you distribute through their systems.

Grain-O is made of pure grains, and when properly prepared tastes like the choice grades of coffee but costs about ½ as much. All grocers sell it. 15c. and 25c.

Try Crain-O!

Insist that your grocer gives you GRAIN-O scept no imitation.

If you have got the FILES, you have not need Daniels Sons Pils Cuss. or you would not never them now. sed Curs. No detention from thou, no optim or morphins. So, or w and box of outment neither half, send for book of values Piles, FREE, whether you not. ANIELS SURE PILE CURE CO.

FREY'S p. N. Wilt, Same, Ry, says:
Frey's Vermitige is the best
worm destroyer I have ever found, a lease
Fread hie some fight sway.

Mrs. B. C. Svinan, Gordonsville, Va.;

Mrs. B. C. Svinan, Gordonsville, Va.;

Mrs. B. C. Svinan, Gordonsville, Va.;

best one I have ever used. I write
best of have ever used. I write
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THE MARKETS.

PITTSBURG.		
Crain, Flour and Feed		
WHEAT—No. 2 red. WHEAT—No. 1 new CORN—No. 2 yellow, ear. No. 2 yellow, shelled. Mixed shelled. OATS—No. 2 white No. 3 white FLOUR—Winter patent Fancy straight winters flye—No. 2 HAY—No. 1 temothy.	70/6 66 48 45 45 45 20% 3 65 3 66 5 00 8 75	71 68 49 46 44 4 31 30 4 3 60 3 60 56 2 15 25
FEED—No. 1 white mid., ton. 19 Brown middlings. 11 Bran, butk. 19 BTRAW—Wheat.	8 00 5 25 6 25 7 75 7 25	15 50 15 73 16 75 8 00 7 75
BUTTER—Eigin creamery Ohio creamery Fancy country roll. CHEESE—Ohio, new New York, new	21 22 17 1234 13	29 28 20 13 13/4

Poultry, etc.	13	1876
ENS—per pair	3334	70 14 13
EANS—Green & backet	4 00 m 50 2 00	4 25 55 2 65 2 2)
BALTIMORE		
GOUR	3 65@ 65% 41%	8 85 60 41% 31 12%

SUTTER-Ohm creamery	22	28
PHILADELPHIA		
LOUB	计 22排	3.75
ORN-No. 2 mixed OATS-No. 2 white	449ζ	7216 40 34
GGS-Pennsylvania firsts	12	$\begin{array}{c} 20 \\ 213 \end{array}$
NEW YORK.		
LOUR-Patents	月 65年	3 9)

WHEAT—No. 2 red.
CORN—No. 2.
OATS—White Western.
BUTTER—Creamery.
EGGS—State and Peno.

Central Stock Yards, East Liberty, Pa-

CATTLE.				
Extra, 1450 to 1690 ibs	5 4 4	40 m 30 15 85 40 90	5554	61 40 40 80 80 80
Hogs.				
Medium	5	00 70 00	0	75 75 2)
EXCEPT				
Prime 25 to 130 lbs	6	53	6	55

Heavy Roughe and stags		70		75
ESCRETA				
Prime, 25 to 110 lbs. Good, 85 to 50 lbs. Fair, 70 to 80 lbs. Common. Veal Calves.	5 5	53 25 40 40 03	0.5	51 50 90 50 50
LAMBIL				
Choice to extra	7 6	00 50 73 00	8 7	10 60 50 25

REVIEW OF TRADE.

Buyers Awail Lower Prices in Iron Trade-A Big Week for Dry Goods-Wheat Exports Increased.

R. G. Dun & Co.'s "Weekly Review of Trade" says: Iron furnaces in blast April 1 produced 289,482 tons weekly, against 202,043 March 1, but unsold stock increased 2,280 tons. A mistaken inference is that stocks held by consum-ing concerns must be running down. As they contract for their supplies months ahead and such supplies, whether delivered and consumed or waiting their orders at furnaces, would not be reckoned in unsold stocks, the surplus owned by consumers may be heavy. New business in finished products is reported as "frightfully small," owing to belief that high prices can not be maintained. With No.1 anthracite \$3 lower, refined bars \$4 and steel plate: \$11 per ton lower than in December, i can hardly be called impossible for prices to yield, though many are so far firmly held. Pittsburg reports a num-ber of the plate mills shut down, and five Pennsylvania and Ohio furnaces have stopped, perhaps for repairs, more than balancing five which started in March, two in Tennessee, adding 2,500 March, two in Tennessee, adding 2,530 tons weekly. The exports of wheat from both coasts continue larger than last year, though much of the gain is at Pacific ports, not directly affecting Atlantic supplies. Flour included, Pacific exports in two weeks have been 1,518,254 bushels, against 564,562 bushels last year, but Atlantic exports have been 1,02,887, bushels against a 66,000. els last year, but Atlantic exports have been 3.912.857 bushels, against 3.960.380 last year. In spite of all reports of exhaustion of supply and injury to growing wheat, western receipts continue larger than last year, in two weeks 6.764.640 bushels, against 5.863.665 last year. Corn receipts also continue heavy. 8.917.267 bushels, against 4.637.613 last year. Failures for the week have been 193 in the United States, against 188 last year, and 41 in Canada, against 22 last year. against 22 last year.

Sheldonism Denounced.

The New York conference of the Methodist Episcopal Church Tuesday, after a lively discussion, voted by a large majority to strike out of the report of the committee on periodicals derogatory references to Rev. Mr. Sheldon's recent essay in journalism, and to Rev. R. S. MacArthur's work as re-ligious editor of one of the local papers. Rev. James M. King, delegate-elect to the general conference, speaking to the motion regarding Mr. Sheldon.

'It is an aw il mistake for any man odit a daily paper or any other paper, assuming to know what Jesus Christ would do. I think that it is nothing less than blasphemy—unintentional blasphemy, maybe, but blasphemy all the same. I for one protest against that style of Christian work."

United States Consul Hay, at Pre foria, has responded to the inquiry from the State department respecting ex-Consul Macrum's charge that the official mail of the consulate was tampered with. Mr. Hay reports that, after careful search, he has failed to find in the files of the consulate the slightest evidence to support the statement. He reports that there is absolutely no interference, so far as he has been able to ascertain, with any of the official communications, either telegraphic or mail, which pass between the department and the consulate. No Eritish Interference.

WOMAN ON THE BIKE

Rules That the Fair Sex Should

Follow in Riding. One of the first requisites, whether the rider be delicate or strong, is moderation. Riding for speed subverts the very end of the exercise-it is like rowing or running or doing anything else for speed, it finally conquers the conqueror-and the most sickening, harrowing sight is the continuous race. The association of wheelmen should do all in their power to suppress these public exhibitions of human idlocy. Another essential, especially for women, is an appropriate dress, and there is no law against a gentleman also being appropriately dressed. I never could understand why it was necessary that a man should wear the garb of a circus clown in order to ride a wheel. In the past year or two the women have come nobly to the rescue in the matter of genteel dress. The short hair, the bloomer, and the chewing gum have well nigh disappeared. The plain cloth, medium length, medium width gown is no hindrance, and has the further advantage and economy of being a good rainy day gown for walking. Another essential is to learn how to ride. Many are riding without this knowledge. There are few mechanical principles to be observed. One is to the gearing so arranged as to have the pedals on a level with the foot when the foot is extended. Another is to have the saddle so placed as to bring the weight of the body directly over the pedal when the latter is at its lowest point. Still another is to lower the handle barn sufficiently to allow the body to bend forward slightly from the hips-not stooping from the shoulders, thereby compressing the lungs. Nearly all beginners bend the spine backward from the hips. As a rule, young children, if the gearing is correct, take the normal position. Finally the rider should sit, as in a chair, upon the bones or tuberosities of the pelvis, and should, on no account, allow the weight of the body to rest upon the tissues situated between these bony prominences. Indeed, the danger of serious injury resulting to children and adults from riding a saddle constructed in ignorance of correct anatomical principles is so great that it is always wise to refer the saddie question to a competent physician. Besides the very important question of saddle is that of the wheel itself. It must be thoroughly well made, of the best material, and it must not be too light. Too light a wheel gains no momentum to speak of, while the jarring and vibration are very disagreeable, if not injurious, There must be a certain weight and solidity. Finally, the wheel by its economy of money and time permits the rider to avail himself of new scenes and places, giving pleasurable sensations, the absence of which in exercise for the sake of beaith alone is the reason why health perfunctory exercise. The heart is not

in it.-Leslie's Weekly.

A Novel Fence. It is said that in Yellowstone park there is a fence which is composed entirely of the horns of the elk, and includes over three hundred selected specimens. None of them has less than twelve and very many have fourteen points. They were gathered in June, 1895, by a party of gentlemen who found them during a four days' hunt, all of them within a radius of ten miles of the Mammoth Hot Springs Yellowstone Park contains nearly three thousand elks. They shed their horns in March, and during this time are very shy and quiet.

soon as you can.

hat's

According to a German newspaper there are at present in Europe 71 mar-ringeable princesses, and only 47 mar-

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hail's Catarrh Co.e.
F. J. Crasser & Co., Props., Toledo, O. We, the undersigned, have known F. J. Ches hey for the in. til years, and believe him perfectly honorable in all business transactions and financially able to early out any obligation in de by their firm.

WEST & TRUAK, Wholesale Drugglats, Tolede, Oh O.

Oh o. Val. Ding, Kinnan & Manvin, Wholesale Druggigta, Toledo, Ohio.
Hall's Catarrh Cure is taken internally, setting directly upon the blood and mucous suraces of the system, P. ice. 75c. per bottle. Sold yall Druggists. Testimonials free.
Holl's Family Pills are the bost.

The great wealth that lies in the

To Cure a Cold in One Day.

Take Laravive Shame Quinner Takers. All
druggists refund the maney if it fails to cure,
K. W. GROVE's signature is on each box. 25c.

British government expenditure unning now \$7,000,000 a week be ond revenue.

Mrs. Winslow's Southing Syrap for children teething, softens the gums, reduces inflamena-tion, allays pain, cures wind colle. Se a bottle.

At one of her banquets Cleopatra nade Antony drink a pearl valued at \$10,000.

The Best Prescription for Chills

and Fever is a bottle of t TUR'S TARYBLESS CHILL TONIC. It is simply to a and quintine in a tasteless form. No cure—no pay. Price 50c. The Belgian State railways have or-dered 12 locomotives from Philadelphia for September delivery.

Jelt-O, the New Dessert, Pienses all the family, Four flavors:— Lemon, Orange, Raspherry and Strawberry. At your groeers. Il ets.

The Japanese House of Representatives has passed a bill to prohibit boys under 20 years of age from smoking.

Ask Your Dealer for Allen's Foot-Ease. A powder to shake into your shoes, rests the feet. Cures Corne, Bunious, Swollen, Sore, Hot, Callous, Aching, Sweating Feet and In-growing Nails, Allen's Foot-Ease makes new or tight shoes easy. At all druggists and shoe stores, 25 cts. Sample mailed FREE. Address Allen S. Olmstead, LeRoy, N. Y.

Stone street was the first street i New York City paved with cobble stones, hence its name. The paving was done in the year 1657.

What Shall We Have For Descert This question arises in the family daily. Let us answer it to-day. Try Jeli-O, a delicious and healthful dessert. Prepared in 2 min. No boiling! no baking! Simply add a little hot water & set to cool. Flavors: Lemon, Orange, Raspberry and Strawberry. At grocers. 10c.

It is stated that coal is leaving Phila delphia at the rate of 1,000 tons Mediterranean ports, ostensibly fo railway fuel

It is illegal in Great Britain for a pawnbroker to accept the Victoria Cross as a pledge under any circum-

I am sure Piso's Cure for Consumption saved seldom responds to the call of such my life three years ago. - Mas. Thos. Ron-gins, Maple St., Norwich, N. Y., Feb. 17, 1900

The British and Foreign Bible Soci

The Washington Mutual Mining Investment Co., Mutual Life Bidg., Seattle, Washington, guarantees 0 per cont. Inferest on all invest-ments, and equal participation in profits made in mining in Alaska and elsewhere. Great advantaces to small investors. Write for circular. Highest references.

The Chinese are said to have used clocks 800 years before the Christian

Carter's Ink.

Ever have "the blues"? Then you

know how dark everything looks.

You are completely discouraged

and cannot throw off that terri-

ble depression. A little work

looks like a big mountain: a

little noise sounds like the roar

of a cannon; and a little sleep is all

you can secure, night after night.

That's

Nerve Exhaustion

The truth of the matter is, your nerves have been poisoned and weakened with the impurities in your blood. The

thing for you to do is to get rid of these impurities just as

You want a blood-purifying medicine, - a perfect Sarsapa-

rilla,-that's what you want. You want a Sarsaparilla that

"The only Sarsaparilla made where the personal supervision of three graduates: a graduate in pharmacy, a graduate in chemistry, and a graduate in medicine."

\$1.00 a bottle. All draggists.

"During last year I was suffering from nervous prostration. For weeks I grew worse, became thin, could not sleep, had no appetite, and was in a wretched condition. After taking several kinds of medicines without result, I took Ayer's Sarsaparilla with more than pleasing results. My appetite returned, I alept toundly, my strength and weight increased, and now I am well and strong without the slightest trace of my old trouble. Indeed, I would hardly believe it possible for medicine to bring shout such a change in any person."—CLARA MEALEY, Winter Hill, Somerville, Mass., Dec. 21, 1899

is the strongest and best nerve tonic you can buy, too.

Goodink is a necessity for good writing. Car-ter's is the best. Costs no more than poor ink-

Irish mayors are exempted from duty



Before starting on a "run" a refreshing wash with Ivory Soap gives new energy. It lathers quickly in any kind of water and does not cost more than common soap. The luxury of being clean is not realized without using Ivory Soap. You need not fear alkali, or other injurious ingredients found in many soaps. Ivory Soap is nothing but pure materials, combined to make a soap that will clean and rinse quickly, thoroughly, satisfactorily.

IT FLOATS.

A MAN'S PLAINT.

Clothes That Are Injured by Contact

with Sofa Pillows. 'Kindly remove the sofa cushion," stid the Man, languidly, as he sat down on the couch beside the Woman. "The last time I was in its immediate vicinity it behaved very bady, indeed, filling my coat with a soft, cottony juzz that it took two hours of good, hard brushing to remove, so I've determined to have nothing more to do with it. D'ye know I'm getting so that I don't feel at all like putting on my good clothes when I go to call on women nowadays; all on account of these villain pillows, which are everywhere, and which seem to be filled with tiny, fluffy feathers that escape and cling to one with gluelike persistency? That reminds me to remark that on account of one of Eve's fairest daughters my dress suit is now reposing at the cleaner's. No, she didn't spill a plate of ice cream on me, nor did she do anything awkward of that sort; all she did was to use in my presence of those absurd fans made of ostrich feathers that some women affect. It was a pink fan, and, candidly, I think it was a little moth-eaten, but at any rate she's a nice girl and I like her, so I was a good deal with her at the german. Gradually 1 noticed that the fan seemed to be losing plumage and I seemed to be gaining it When I was a fine fluff almost from my head to heals. I went up to the dressing room and got the man to brush me off, but as the needle to the pole those feathers were to me. Back they'd come merrily as soon as he'd cease agitating them, and settle even on my hair and in my mouth. A thousand kind friends came up to me during the evening and

told me how funny I looked, and the owner of the fan herself laughed a bit, but, frankly speaking, I wasn't amused. day, and I hope he'll be able successfully to pluck it. I don't mind finding on coming home from a dance that my sleeves are whitened by contact with sundry fair arms or that some powdery substance decorates my lapels. but I draw the line at feathers, hence -take away the cushion; I'll have none of it, an' if my Tuxedo gets full of them I'll have to retire to private

A TIP ABOUT USING STAMPS. Something Which a Great Many People

Do Not Know.

life for an indefinite space."-Pittsburg

"Wait until I have washed off the postage stamp on this envelope, spoiled in the addressing," said a man, according to the Washington Star. "It is not necessary to do that," said a lawyer. "You may take your scissors and cut out the adhesive stamp and stick it fast to your new envelope with mucilage, notwithstanding the adhering piece of the old envelope. It does not look nice and may become detached in the mail, but if the stamp is a genuine, unused adhesive stamp it is not questioned. The government, when it sells an adhesive 2-cent stamp, undertakes for such consideration to transport and deliver to destination the letter to which it is affixed. The fact that it has with it a piece of envelope to which it was formerly attached, does not relieve the government from executing its part of the contract when the letter is deposited for mailing, the stamp being otherwise perfect."

MIKE DONOVAN, Instructor of boxing at the New York Arbitals a series of twenty illustrated boxing leasons in Gro.Lux Houns. This will offer its readers the same privileges as those we althy enough to being to a fachionable club. Ask your newsdealer for Got.Luxu Houns N., 648, or send of for special ubseription covering the les ons to Got. is Houns 24 and 25 Vandewater Street, New York

TS Permanently Cured by OR. KLINE'S OREAT NERVE RESTORER NO Principles of the Bull freeling at the Control of the Bull freeling at t

fle-"Would you scream if I were to take you in my arms and kiss you?" She-"What good would that do? Papa and mamma are away, and the walls and floors and ceilings of this flat are all deadened."-Chicago Times-Her-

HAVE IT READY

Minor accidents are so frequent and such hurts so troublesome no household should be with-out a bottle of



ALABASTINE Is a durable and natural coment-base wall coating. in 5 lb. paper packages, made ready for use in white and fourteen beautiful tints by mixing with cold water. It is a cement that goes through a process of setting, hardens with ago, and can be coated and recoated without washing off its old coats before renewing.

ACHES

various kalsomines on the market, being durable and not stuck on the wall with glue. Alabasting sustomers should insist on having the goods in packages properly labeled. They should reject all imitations. There is nothing "just as good."

Prevents much sickness, particularly throat and lung difficulties, attributable to unsanitary coatings on walls. It has been recommended in a paper published by the Michigan State in a paper published by the Michigan State Board of Health on account of its sanitary features; which paper strongly condemned kalsomines. Alabastine can be used on either plastered walls, wood cellings, brick or canvas, and any one can brush it on. It admits of radical changes from wall paper decorations, thus securing at reasonable expense the latest and best effects. Alabasine is manufactured by the Alabasine Company of Grand Rapids, Michigan. Instructive and interesting booklet mailed free to all applicants.

DO NOT SEND US ANY MONEY! A PRESENT FOR YOU



No. 362, 2 Subles and 2 Pearls.
The beautiful ling will addre your hand without any cost to you. Bout send its any money, judyour name and address. We will send you Postpaid by of our Large, Handsome Boiles, different designs. Self them to your Family and Friends at 100 and, send in the \$1.0 and we will send you by return mad the beautiful Ring.
We ofter FREE, Serling Silver Bracelets, Gold Flated Bracelets, Gold Rings, Nethers le Silver Brace Lets, Gold Fina the Record Handle, for selling our Handsome Bothes.
White Sure To-MAT, TOUR SUCCESS IS CERTAIN.
F. A. REED & CO., Jewelry Dept., 100 Studson Microt.

W. L. DOUGLAS \$3 & 3.50 SHOES WAIDE



P. N. U. 16, '00.