

What Doctors Think of Wearing Rubbers.

Here's the first law of health—Keep your feet dry. We all know it. We all know that pneumonia and consumption always start with a cold, and that the shortest cut to a cold is a pair of wet feet. But it's so important a matter that we can't be reminded too often, especially when the reminder carries the weight of authority.

Dr. Wendell C. Phillips, one of the most distinguished physicians in New York, was recently giving a lecture on "Colds, and How to Prevent Them." It was a rainy night, and he began:

"How many persons here were rubbers to-night? Hands up."

"Not half of you. Now, that is what I thought. Every one of you should have rubbers on a night like this. To go without them is to invite colds, bronchial trouble, catarrh and pneumonia. It is astonishing how people neglect their feet. Rubbers are fifty cents. You can save a lot of money on the investment—perhaps a ten days' doctor bill, to say nothing of medicine."

The doctor might have made it still stronger and said that a fifty-cent pair of rubbers would not only save doctor bills and medicine bills, but often life itself. Don't try to save on rubbers; it's the most expensive economy in the world, especially just now when everybody is getting the grip.

The Vervain Plant.

The plant known as vervain, which is not distinguished for its beauty, and which grows now-a-days utterly disregarded, was so sacred to the Druids that they only gathered it for their divinations when the great dog-star arose, in order that neither sun nor moon should see the deed.

Good Digestion

Waits on appetite, or it should do so, but it can be only when the stomach is in a healthy condition. Hood's Sarsaparilla so cleans and strengthens the stomach that it digests food easily and naturally and then all dyspeptic troubles vanish.

Hood's Sarsaparilla

Is America's Greatest Medicine. Price \$1.

Hood's Pills cure Liver Ills. 25 cents.

Don't substitute black tea for green because the purchaser is color blind.

No-To-Bac for Fifty Cents.

Guaranteed tobacco habit cure, makes weak men strong, blood pure. 40c. All druggists.

"Let It Pass."

A photograph of the czarina nursing her baby recently appeared in an English newspaper, and when it reached the Russian censor the latter was a much puzzled official. He consulted with the minister of the interior, who was equally perplexed and decided to consult with the czar. "The best thing I can do," said the Russian emperor, "is to show this to the czarina and let her decide." In a few minutes, according to the story, the czar returned and said, with a smile, to the minister of the interior: "Her imperial majesty finds nothing in the picture contrary to law. Let it pass."

Perfectly Wonderful.

Hattie—"Then we went to Scotland. It's perfectly wonderful the way they talk the dialect." Uncle George—"Why, wonderful?" Hattie—"I should think they'd forget now and then and drop into English. I often do when I'm reciting Burns or playing golf."—Boston Transcript.

PERIODS OF PAIN.

Menstruation, the balance wheel of woman's life, is also the bane of existence to many because it means a time of great suffering.

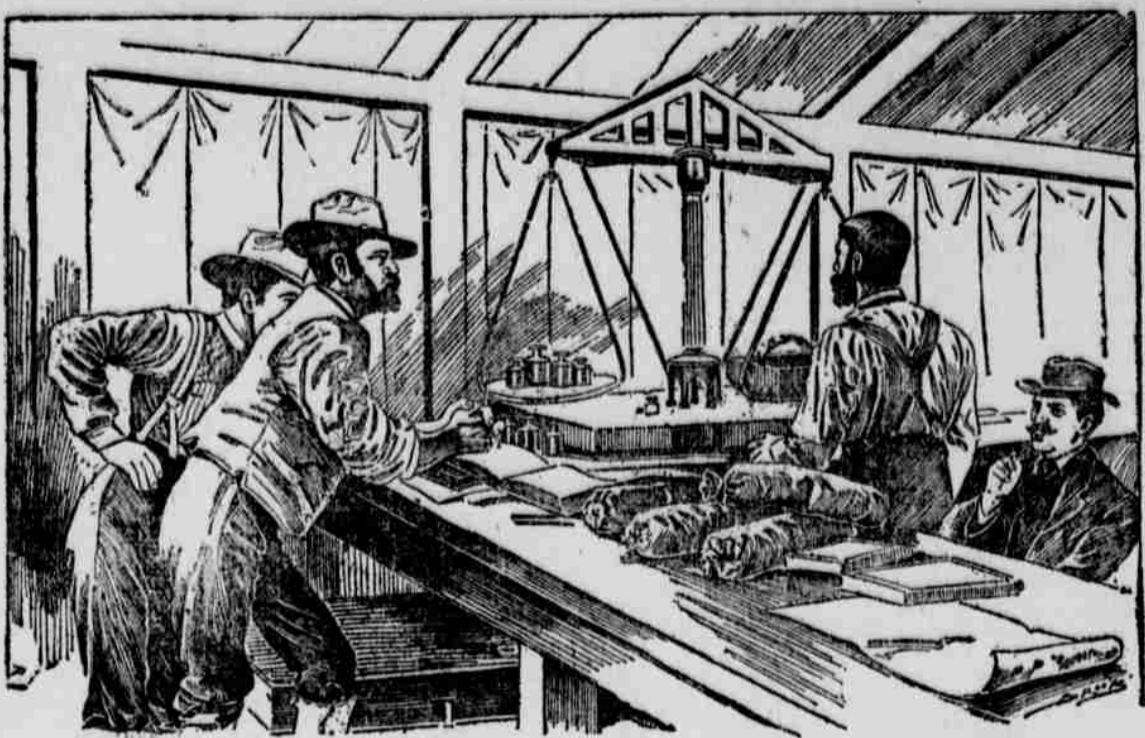
While no woman is entirely free from periodical pain, it does not seem to have been nature's plan that women otherwise healthy should suffer so severely.

Lydia E. Pinkham's Vegetable Compound is the most thorough female regulator known to medical science. It relieves the condition that produces so much discomfort and robs menstruation of its terrors. Here is proof: DEAR MRS. PINKHAM:—How can I thank you enough for what you have done for me? When I wrote to you I was suffering untold pain at time of menstruation; was nervous, had headache all the time, no appetite, that tired feeling, and did not care for anything. I have taken three bottles of Lydia E. Pinkham's Vegetable Compound, one of Blood Purifier, two boxes of Liver Pills, and to-day I am a well person. I would like to have those who suffer know that I am one of the many who have been cured of female complaints by your wonderful medicine and advice.

—Miss JESSIE B. MILES, Leon, Wis.
If you are suffering in this way, write to Miss Miles did to Mrs. Pinkham at Lynn, Mass., for the advice which she sends free of charge to all women.

Dr. SETHARNOLDS' COUGH KILLER
WHEN

A SKETCH IN THE BANK OF BRITISH NORTH AMERICA, DAWSON CITY.



The above sketch represents the office of the Bank of British North America, the pioneer bank in the Klondike. It is an interesting fact that until suitable premises could be secured the manager of this bank actually commenced business on the 19th of May last in a tent. The sketch is an excellent representation of the primitive methods of the first banking facilities afforded in Dawson City. The gentleman standing near the scales is Mr. D. Dolg, the sub-manager; Mr. E. O. Finlaison, the accountant, being seated beside him.

THE EMPIRE OF CHINA.

WHERE INTERNATIONAL INTERESTS MAY CLASH.

The Native Is Absurdly Simple—A Journey Through the Country Is as the Passage of a Crittle Through a Fairy Tale.

To travel through China, even as China is today, is as the passing of a crittle through a fairy tale. There are uses for the pruning knife, but the subtle delicacy of the local spirit impregnates the mind in such a way as to render excision impossible. There is infinite wealth of color in the gorgeous background, and infinite disappointment. The people in the phantasms which the idea of China has conjured to the mind have been endowed with such vitality that comparison establishes an impossible travesty. The Chinese are hopeless, but their signal state originates a genuine fascination. They meander across scenes that are replete with personal interest, and they show no comprehension. They do not care, they do not think. The Chinaman is content when he exists. He is indifferent to Americans and Europeans because he finds no use for them, save where they are disturbing factors in his life, and then he hates them. His cupidity is only the cunning of a mind that never exerts itself unless to suit a purpose of its own. It is customary to consider the character of a Chinaman complex, whereas it is absurdly simple. He mistrusts where he does not understand, and he dissimulates because the sentiment of the one is the initiative of the other.

The Chinaman in China has little resemblance to the cross-breeds that are found in America, Australia, New Zealand, or anywhere. The Chinese servant abroad eliminates the picturesque quality of his character for the deleterious substitution of the conglomerated vices of civilization. He is an admirable laundryman in America, a painstaking market gardener in Australasia and an expert thief everywhere. In China, if his objections are removed, he makes an industrious but dirty retainer. Treated decently, his character registers a vague probity which exerts itself to the benefit of his master against the crowd.

The untutored native in China, more particularly where foreigners are scarce, takes himself very seriously. He assumes matrimony with laborious intensity, and even his babies are prodigies of gravity; so much depends upon their smile that it is attended almost with serious consequences. A Chinese baby, as such, never frolics—that is permitted only when she has achieved that pinnacle of immortality which is the distinguishing feature of the dancing girl. The dancing girl frolics, and her frivolity is but the thin disguise of those women who, while not of easy virtue, are not difficult to approach. At the inn, when a traveler arrives, she is pushed forward, but her beauty is unhappily not of that high order which pays a compliment by reason of its presence. From Peking, where she smells come from, to Si-An-Fu, whence they spread themselves over Europe, from the new order back to the old, the pity is that the morality of the country is so susceptible. There is a self-sufficiency about these particles of Chinese life that is singularly human. The soldier, with his length of gas pipe, is the embodiment of that dignity which considers itself the protector of an empire. These martial ciphers are merely emblematic, and for practical purposes, they have been too long in idleness. If they were properly drilled and equipped, there is scope in their physical development for obtaining the nucleus of an army. Whatever power protects China eventually, the military rabble throughout its empire will provide her with an im-

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"No, I do not think she will marry again. She vowed on the day he was buried she would." "Ah! Thinking about it already, was she?"—Cincinnati Enquirer.

HYPNOTISM AS A DRINK CURE.

It is Now Employed to Abate the Sin of Intemperance.

Many and varied are the so-called cures for that curse to humanity—habitual drunkenness. The latest treatment, and possibly one of the most effective and successful methods employed, is hypnotism. Naturally the habitual drunkard is considered harder to cure because he is in a state of perpetual intoxication, while the dipsomaniac is only periodically drunk, but men versed in the knowledge of suggestive therapeutics say with the former drunkenness is a habit and with the latter a form of insanity. A habit can be cured by suggestion, while the patient is under a hypnotic influence, as is every day being manifested, while insanity is rarely cured by a like treatment. Therefore the average cures effected by hypnotic suggestion number 80 per cent, the remaining 20 usually being cases of long standing dipsomania and people who really do not care to be cured. The patient must work with the hypnotist, who is usually a registered physician. He must want to be cured and do his best to relax entirely the mind and body and to go to sleep as he is told when the magic hypnotizer of silver is held before his eyes. When he is asleep he is told that he will not care for liquor when he leaves the place, the physician speaking in a soothing monotone. The desire to be cured, the confidence in the healer, the perfect rest for the nerves, together with the physical exercise practiced and the nutritious food provided, stimulate the heart and stomach until the patient forms the habit of going without liquor. Then he goes away cured, the treatment having lasted from ten to twenty days. The stronger the patient's mind the sooner he will be cured, for the greater will be his determination. This method of curing the liquor habit by hypnotism and suggestion is now being practiced by eminent physicians all over the country, and is being taught in one of the leading medical colleges of Chicago. It is strictly "professional," for not one of the instructors will teach the art outside the medical profession.

Lightning Reveals a Tomb.

Lightning recently brought about the discovery of an Etruscan tomb near Volterra. It struck an old pine tree on a hillock, and in cutting down the remnants of the tree the workmen found the top of the sepulchre under the roots.

TOLD BY FIGURES.

The costliest building of modern times is the state capitol at Albany, N. Y., which has already had spent upon it the immense sum of \$20,000,000.

The dimensions of the capitol at Washington are: The length, 751 feet 4 inches; breadth, from 121 to 324 feet; it covers 153,112 square feet. From base line of building to the tip of statue, 287 feet 11 inches. The height of the dome above the base line on the east front is 287 feet 5 inches.

The deepest lake in the world, so far as known, is Lake Baikal in Siberia. While 9,000 square miles in area, or nearly as large as Lake Erie, it is 4,000 to 4,500 feet deep, so that it contains nearly as much water as Lake Superior. Its surface is 1,350 feet above the sea level and its bottom nearly 3,980 feet below it.

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Julius Hines & Son

Dept. 305 BALTIMORE, MD.

The monkey wrench gets its name from its inventor, Thomas Monkey of Bordentown, N. J.

To Cure Constipation Forever. The Cascarets Candy Cathartic. 10c or 25c. If G. C. fail to cure, druggists refund money.

German courts have just decided that the place where a newspaper editor shall be tried for libel must be the place where the publication office of the newspaper is situated, and not any place where the newspaper may chance to be sold. The point was decided by the refusal of a Berlin court to assume jurisdiction in the case of an alleged libel printed in a Breslau newspaper.

To Cure A Cold in One Day. Take Laxative Bromo Quinine Tablets. All Druggists refund money if it fails to cure. 25c.

Oberammergau is making ready to perform the Passion play in 1900, though the consent of the Bavarian Government has not yet been obtained. Most of the parts will be taken probably by the persons who acted them in 1890. The managers count on a very large attendance from visitors to the Paris Exhibition.

Dr. Seth Arnold's Cough Killer invaluable as a Cough Remedy. Effect magical.—LIZZIE J. JUNK, 448 West 25th St., N. Y., Dec. 11, 1897.

London's County Council has decided on the municipal control of the water supply of the metropolitan district and will try to get a bill through Parliament to enable it to purchase, "by agreement or by compulsion," the properties of the eight companies that are now providing the water.

Beauty is Blood Deep. Clean blood means a clean skin. No beauty without it. Cascarets, Candy Cathartic clean your blood and keep it clean, by stirring up the lazy liver and driving all impurities from the body. Begin to-day to banish pimples, boils, blotches, blackheads, and that sickly bilious complexion by taking Cascarets,—beauty for ten cents. All druggists, satisfaction guaranteed, 10c, 25c, 50c.

Chestnuts dried and ground into flour are made into bread and used for food by the mountain peasantry of France.

Fits permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. 25¢ trial bottle and treatment free. Dr. R. H. KLINE, Ltd., 363 Arch St., Phila., Pa.

DYSPEPSIA

"For six years I was a victim of dyspepsia in its worst form. I could eat nothing but milk toast, and at times my stomach would not retain and digest even that. Last March I began taking CASCARETS and since then I have steadily improved, until I am as well as I ever was in my life."
—DAVID H. MCPHUP, Newark, O.

CANDY CATHARTIC

Cascarets

TRADE MARK REGISTERED

REGULATE THE LIVER

Pleasant, Palatable, Potent, Taste Good. Do Good. Never Sickens. Weakens or Grips. 10c, 25c, 50c.

CURE CONSTIPATION.

Berling Remedy Company, Chicago, Montreal, New York.

Established 1780.

Baker's Chocolate

celebrated for more than a century as a delicious, nutritious, and flesh-forming beverage, has our well-known Yellow Label on the front of every package, and our trade-mark, "La Belle Chocolatiere," on the back.

NONE OTHER GENUINE.

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DROPSY NEW DISCOVERY

Give quick relief and cures worst cases. Blood purifier and tonic. 10 days' treatment Free. Dr. R. H. KLINE'S GREAT NERVE RESTORER.

WANTED—Cases of bed health that Dr. R. H. KLINE'S GREAT NERVE RESTORER will not benefit. Send 4 cts. to Hignans Chemical Co., New York. For 10 samples and 1000 testimonials.

"One Year Borrows Another Year's Pay." You Didn't Use

SAPOLIO

Last Year. Perhaps You Will Not This Year.

Do Not Dilly Dally With Croup. But use Hoxley's Croup Cure at once and prevent membranous croup. No opium to stupefy, no ipecac to nauseate. 50 cts.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

I can recommend Piso's Cure for Consumption to sufferers from Asthma.—E. D. TOWNSEND, Ft. Howard, Wis., May 1, 1894.

It takes 27 specially constructed and equipped steamers to keep the submarine cables of the world in repair.

Don't Tobacco Spit and Smoke Your Life Away. To quit tobacco easily and forever, be magnetic, full of life, nerve and vigor, take No-To-Bac, the wonder-worker, that makes weak men strong. All druggists, 50c or \$1. Cure guaranteed. Booklet and sample free. Address Sterling Remedy Co., Chicago or New York.

Nearly all of the new freight equipment, ordered by Receivers Cowen and Murray of the Baltimore & Ohio Railroad during the past few months, will be delivered by January 15th.

The orders consisted of 3,000 standard box cars, from the Michigan Peninsular Car Company; 1,000 box and 1,000 gondolas from the Pullman Company; 2,000 box cars from the Missouri Car and Foundry Company; 1,000 steel coal cars of 100,000 pounds capacity from the Schoen Company, and five 50 foot modern mail cars from the Pullman Company.

Each of these cars is equipped with the Westinghouse air brake and M. C. B. automatic couplers.

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NEVER IMITATED QUALITY.

THE EXCELLENCE OF SYRUP OF FIGS

Is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP Co. only, and we wish to impress upon all the importance of purchasing the true and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP Co. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALIFORNIA FIG SYRUP Co. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guaranty of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not grip or nauseate. In order to get its beneficial effects, please remember the name of the Company—

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LOUISVILLE, KY. NEW YORK, N. Y.

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RHEUMATISM CURED—One bottle—Positive relief in 24 hours. Postpaid, 25c. ALEXANDER REMEDY CO., 346 Greenwich St., N. Y.

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