

## Sharp Pains

Darting from one point to another, stiff and swollen joints, inflammation, intense suffering, are characteristic of rheumatism. All these painful symptoms are cured by Hood's Sarsaparilla which purifies the blood and neutralizes the acid which is the cause of rheumatism. Why continue to suffer when you may be relieved by

### Hood's Sarsaparilla

America's Greatest Medicine. Price \$1. Prepared by C. I. Hood & Co., Lowell, Mass.

Hood's Pills cure all Liver ills. 25 cents.

The barbers in Cuba make you get up and wash your own face after a shave, as they did in this country 50 years ago.

### Don't Tobacco Spit and Smoke Your Life Away.

To get tobacco easily and forever, be magnetic, full of life, nerve and vigor, take No-To-Bac, the wonder-worker, that makes weak men strong. All druggists, 25c or 50c. Pure guaranteed. Booklet and sample free. Address: Sterling Remedy Co., Chicago or New York.

At Charlotte, N. C., H. M. Oates, who operates a hosiery factory, is to put in a spinning plant to make his own yarn.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by W. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. Cheney & Co., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

We have not been without Pisco's Cure for Consumption for 20 years. LUTHER PERKINS, Camp St., Harrisburg, Pa., May 4, 1894.

### HEALTH AND BEAUTY.

Do not begin a long journey until some breakfast has been eaten. After taking a warm drink do not go immediately out into the cold and do not drink anything hot immediately as you come in out of the cold.

To soften nails, rub the following preparation well into them each night and sleep in gloves: Lanoline, one ounce; vaseline, half-ounce; olive oil, ten drops. The hands should always be washed in warm water and the nails polished with a leather.

The upper part of the arms of a woman should be large, full and rounded. The forearm should not lie too flat. A dimple at the elbow is very desirable. Correctness of form is not the most necessary thing for a good arm. The owner should also possess the power of expression and here is a word of advice—the slowest movements are always the prettiest.

People are most likely to catch cold in the back than they are generally aware of and if neglected may prove a serious matter. The back, especially between the shoulders, should always be kept well covered and never lean with your back against anything that is cold. Never sit with your back in a draught and when warming it by the fire do not continue to keep the back exposed to the heat after it has become comfortably warm. To do so is debilitating.

The woman who wishes to retain the beauty of her face should forego the use of the smelling bottle. Stand in front of a mirror and inhale the pungent odor from a smelling bottle and notice the number of lines which form about the eyes, nose and mouth. Each sniff taken from the bottle causes the same screwing up of the face and each time the unbecoming lines deepen. Remember, also, that it is an unpleasant experience which has called up these wrinkles. Those caused by laughing and talking are bad enough, but wrinkles formed by the use of smelling salts gives an absolutely undesirable expression.

### Be Knew It.

The Good Man—Do you know that there are breakers ahead of you? The Wicked One—Ye-hic—yes. I s'pose my-hic—wife and her mother'll break my-hic—head when I get home.

### TUMOR EXPELLED

Unqualified Success of Lydia E. Pinkham's Vegetable Compound.

Mrs. ELIZABETH WHELOCK, Magnolia, Iowa, in the following letter describes her recovery from a very critical condition:

"DEAR MRS. PINKHAM.—I have been taking your Vegetable Compound, and am now ready to sound its praises. It has done wonders for me in relieving me of a tumor.

"My health has been poor for three years. Change of life was working upon me. I was very much bloated and was a burden to myself. Was troubled with smothering spells, also palpitation of the heart and that bearing-down feeling, and could not be on my feet much. "I was growing worse all the time, until I took your medicine.

"After taking three boxes of Lydia E. Pinkham's Vegetable Compound Lozenges, the tumor passed from me. "My health has been better ever since, can now walk quite a distance and am troubled no more with palpitation of the heart or bloating. I recommend your medicine to all sufferers from female troubles."

It is hardly reasonable to suppose that any one can doubt the efficiency of Mrs. Pinkham's methods and medicine in the face of the tremendous volume of testimony.

## THE REALM OF FASHION.

### A Necessity For Winter.

A necessity for the winter's wardrobe is the shirt waist of fine French flannel, the choice of patterns in this serviceable fabric being large and varied.

As here illustrated, by May Manton.



LADIES' SHIRT WAIST.

brown and mode shades formed a fancy bayadere stripe, and the fronts are closed with smooth shining brass buttons almost as large as ten cent pieces. At each side of the narrow box plait in centre front are five backward turning side plaits that overlap each other at the neck, and cause pretty fullness across the bust. Overlapping plaits at the waist line arrange the fronts in a becoming pouch that is decidedly up to date. The back is

completed with pointed cuffs that flare over the hands.

The lower edge of gown is shaped low and round in front while short in centre back. The graduated lower portion of flounce being quite narrow in front and extending to half the length of skirt in back. The flounce is made with a narrow heading and the foot is trimmed with three evenly spaced rows of black satin ribbon.

To make this gown for a lady of medium size will require eight and one-half yards of material thirty-six inches wide.

### The Collar For the Shirt Waist.

The turn-over linen collar has a firm hold on popular favor, but the latest designs are cut to turn up in the back and down in front and on the sides. These will be worn with the silk shirt waists of the winter. These waists are simply made with clusters of corded tucks. A model always popular has three box-plaits down the front, but this season the plaits are made of corded tucks. Prune and yellow seem to be the popular colors for shirt waists; yellow, trimmed with rows of mauve or purple velvet ribbon, is lovely.

### Beautiful Lace Knots.

Cascade knots of lace, dotted with crimson or gold spangles, are new and very beautiful.

### Graceful and Generally Becoming.

This style of skirt is exceedingly graceful and very generally becoming to stout as well as slim figures. As here illustrated, gray poplin was the material used, gathered satin ribbon in the same shade edging the flounce and foot of front, while jet passe-



LADIES' HOME GOWN.

arranged at the top in seven small evenly spaced box plaits that are graduated to taper perceptibly at the waist line, where they are grouped closely together.

The top is joined to the lower edge of a pointed yoke which can be made with or without a centre seam as preferred. Shoulder seams join the yoke to the fronts and single under-arm seams join the fronts to the back. A collar band finishes the neck over which may be worn a stock or white linen collar with bow tied as here shown. The shirt sleeves have become fullness gathered at the top and the small openings at the wrists are edged with a plaiting of silk or ribbon.

The straight cuffs have rounded ends in latest style and a belt of ribbon with fancy metal clasp is worn around the waist.

To make the waist in the medium size will require four yards of twenty-seven-inch material.

### A Simple But Stylish Gown.

A very simple but stylish gown is illustrated in the large engraving in figured French flannel, showing wavy black lines on a very blue gray ground. Narrow black satin ribbon is used in decorating and a half girdle of wider ribbon is tied in a graceful bow with ends at the front. The graduated gathered flounce that forms the lower part of skirt is one of the most popular modes introduced this season. The gown has a Princess back correctly fitted with curved centre seam, side-back and under-arm gores, that complete the close adjustment. The fronts have easy fullness gathered at the neck and close in centre front with buttons and buttonholes, the ribbon girdle inserted at the under-arm seams confining the fullness at waist line. The standing collar that finishes the neck is topped with a circular turn over portion that ripples becomingly. The two seams sleeves meet the requirements of size as decreed by fashion for this season, the trimming of velvet at the top being arranged to meet that on front of waist. The wrists are

menterie forms the attractive decoration.

The skirt has a narrow front gore and two wide circular portions that meet in a seam at the centre back. The placket may be finished in centre back or be made at the left front seam under the flounce. Short darts fit the top closely over the hips and the fullness in back is laid in backward turning plaits at each side of the centre seam, where passementerie loops and olives unite them according to the prevailing mode. The skirt is of fashionable length and measures about four yards at the foot. The circular flounce is applied over the lower edge and ripples slightly at the front edges, where it is graduated to very narrow width at the top. The front gore presents a panel effect that is exceedingly stylish. The skirt may be suitably made of any reasonable material in silk or wool, and a charming effect is produced when the front



LADIES' SKIRT WITH CIRCULAR FLOUNCE EXTENDING TO WAIST IN FRONT.

gore is of a contrasting fabric in harmonious coloring. The decoration may be as plain or as elaborate as desired, the variety of trimming this season being almost unlimited. To make this skirt for a lady of medium size will require six and three-quarter yards of material forty-four inches wide.

### OUR UNCROWNED RULERS.

Give the children roasted apples to eat frequently and as many oranges as they want.

How long should a child remain in a bath? This must, of course, depend upon circumstances; the time must be varied according to the age of the child. For the first four or five weeks of an infant's life it should not be kept in beyond three or four minutes, and the duration must be gradually prolonged as the child grows older until it extends to a quarter of an hour, a period which may be allowed after it has attained the age of 3 years.

When the baby pokes an inquiring finger into the fire or tumbles against a hot steam radiator a quick way to relieve his shrieks is to cover the burned surface with baking powder till a preparation of equal parts of linseed oil and lime water can be applied and covered with soft cloths. If the burn is slight covering with the white of an egg or pure lard will relieve the agony. Burns caused by lime or lye or an alkali of any sort should be treated by vinegar or lemon juice; burns caused by acid should be treated with water and moist earth.

There are households in which the children are scarcely permitted to speak above their breath. This is not at all right. In the home there should be freedom of speech. Children should be encouraged to express, in a modest way, their opinions before their parents and to come to them for advice and counsel in all their difficulties and dilemmas. If this course is pursued they will not be likely to take any serious steps in after life without either consulting the old folk at home or applying the home standard of propriety to whatever enterprise they may have in view.

### ODDS AND ENDS.

A cycling firm in Cologne has patented a new bicycle bell, in which is concealed a kind of revolver, which is to serve the double purpose of frightening away vicious dogs and cheeky tramps. By merely pressing a button attached to the side of the bell ten cartridges can be fired off in succession, these giving such a loud report that obnoxious persons and animals would not think twice of beating a hasty retreat.

Machines for treating coffee, used in Brazil, are made in the United States, but require improvements in view of local conditions. Thus the coffee driers are very unsatisfactory, and the inventor of a thoroughly effective drier would reap a fortune in Brazil. Driers as now made use too high a temperature, and the product is not uniform. It seems the solution of the problem would lie in the use of comparatively low temperatures and of an exhausting pump.

A student of Spanish annals has added an interesting chapter to the history of prices by revealing from the archives of the Escorial what it cost to discover the new world. The stipends of the discoverers, at all events, did not amount to much. The pay of an able seaman was only, it seems, 10 francs a month, while a captain drew only 80 francs, or about 3 guineas, a month. As for Christopher Columbus himself, his earnings were at the rate of 1,600 francs, or \$320, per annum. Even in Spain salaries have risen since those days.

### Poe Not Expelled from College.

William H. Browne writes the following letter to the Baltimore News: "I see a paragraph going the rounds of the papers to the effect that it is remarkable that Edgar A. Poe should be honored by a bust erected in the university from which he was expelled. It has been shown again and again that Poe was never expelled from the University of Virginia. Mr. J. H. Ingram, the author of a well-known life of the poet, wrote to Mr. William Vertenbaker, secretary of the faculty, to inquire about Poe's conduct and standing, and that gentleman, who was librarian during Poe's residence and knew him well, replied, not from memory only, but after searching the records, that 'at no time did he fall under the censure of the faculty.' Mr. Woodbury, another biographer, says that during Poe's residence 'he did not come under the notice of the faculty, which is stated to have been at that time unusually watchful and strict.'"

Advice is about the only thing the average man will give freely without money and without price.

To Cure Constipation Forever. Take Cascara Candy Cathartic. 40c or 50c. If C. C. C. fail to cure, druggists refund money.

The town of Teztlatlan, Mexico, has been lighted with acetylene gas.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The French river Woolen Mills, at Mechanicsville, Conn., are running day and night to complete a government contract.

No-To-Bac for Fifty Cents. Guaranteed tobacco habit cure, makes weak men strong, blood pure. 50c. All druggists.

There isn't a house in Santiago with a glass window, but the windows have inside shutters, besides heavy iron bars outside.

IF THE DAMP AND CHILL PENETRATE, LOOK OUT FOR AN ATTACK OF SCIATICA. BUT DEEP AS THE SCIATICA NERVE IS ST. JACOBS OIL WILL PENETRATE AND QUIET ITS RACKING PAIN.

OUR UNCROWNED RULERS. Give the children roasted apples to eat frequently and as many oranges as they want. How long should a child remain in a bath? This must, of course, depend upon circumstances; the time must be varied according to the age of the child. For the first four or five weeks of an infant's life it should not be kept in beyond three or four minutes, and the duration must be gradually prolonged as the child grows older until it extends to a quarter of an hour, a period which may be allowed after it has attained the age of 3 years. When the baby pokes an inquiring finger into the fire or tumbles against a hot steam radiator a quick way to relieve his shrieks is to cover the burned surface with baking powder till a preparation of equal parts of linseed oil and lime water can be applied and covered with soft cloths. If the burn is slight covering with the white of an egg or pure lard will relieve the agony. Burns caused by lime or lye or an alkali of any sort should be treated by vinegar or lemon juice; burns caused by acid should be treated with water and moist earth. There are households in which the children are scarcely permitted to speak above their breath. This is not at all right. In the home there should be freedom of speech. Children should be encouraged to express, in a modest way, their opinions before their parents and to come to them for advice and counsel in all their difficulties and dilemmas. If this course is pursued they will not be likely to take any serious steps in after life without either consulting the old folk at home or applying the home standard of propriety to whatever enterprise they may have in view.

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OVER-WROUGHT NERVES OF WOMEN. Extracts From Letters Received by Mrs. Pinkham. "I am so nervous and wretched." "I feel as if I should fly." How familiar these expressions are. Little things annoy you and make you irritable. You can't sleep, you are unable to lift ordinary burdens, and are subject to dizziness. That bearing-down sensation helps to make you feel miserable. You have headache and pains low down in the side, pain in top of head, later on at base of the brain. Such a condition points unerringly to serious uterine trouble. If you had written to Mrs. Pinkham when you first experienced impaired vitality, you would have been spared these hours of awful suffering. Happiness will be gone out of your life forever, my sister, unless you act promptly. Procure Lydia E. Pinkham's Vegetable Compound at once, and begin its use, then write to Mrs. Pinkham, at Lynn, Mass., if there is anything about your case you do not understand. You need not be afraid to tell her the things you could not explain to the doctor, your letter is seen only by women and is absolutely confidential. Mrs. Pinkham's vast experience with such troubles enables her to tell you just what is best for you, and she will charge you nothing for her advice. Mrs. JENNIE BIERLY, Youngdale, Pa., writes: "DEAR MRS. PINKHAM:—Will you kindly allow me the pleasure of expressing my gratitude for the wonderful relief I have experienced by taking your Vegetable Compound. I suffered for a long time with nervous prostration, backache, headache, loss of appetite, a heavy bearing-down feeling, also burning pains in the groins. I could not sleep, was tired all the time, had no ambition. Life was a burden to me. The pains I suffered at times of menstruation were something dreadful. I thought there was no cure for it. I saw your advertisement in the paper, and my husband advised me to try your medicine. I took five bottles, and now I am well and happy. Your medicine saved my life."

▲ Million Women Have Been Benefited by Mrs. Pinkham's Advice and Medicine.

"Knowledge is Folly Unless Put to Use." You Know SAPOLIO? THEN USE IT.

TASTES GOOD CHILDREN LIKE IT. Dr. SETH ARNOLD'S COUGH KILLER CURES WHEN OTHERS FAIL. ALL DRUGGISTS. Send Postal for Premium List to the Dr. Seth Arnold Medical Corporation, Worcester, U. S. A.

FREE We give every girl or woman one rolling gold dollar. Send name and address to: FREE ROLLING GOLD DOLLAR. Send name, age, mail gun. When sold send money; we will mail ring; few you tell it from genuine diamond. Send gold. Last week GARFIELD GEM CO., Dept. 21, Knoxville, Pa.

Farms for Sale! Send stamp, get full description and price of 40 cheapest farms in Ashtabula Co., O. Best state in the union, best country in the state. H. N. HANCOCK, Jefferson, Ashtabula Co., Ohio.

PENSION JOHN W. MOHRER, Washington, D. C. Successfully Prosecutes Claims. Late Principal Examiner U. S. Pension Bureau. 2 years last war, 15 adjudicating claims, city since.

MONEY Rep or substitute, wanted every where. No Profit. No Risk. No Security required. Either cash or book of testimonials and 10 days' treatment. Dr. H. H. GREEN & SONS, Atlanta, Ga.

WANTED—Case of bad health that R-T-A-N-E will not benefit. Send 5c. to Ripley Chemical Co., New York for 10 samples and 100 testimonials.

RHEUMATISM CURED—One bottle—Positive relief in 24 hours. Postpaid, \$1.25. ALEXANDER REMEDY CO., 246 Green which St., N. Y.

AGENTS WANTED Gentle business, pays needed at once. HOWARD HIGGS, Buffalo, N. Y.

PISO'S CURE FOR GOUT WHEN ALL ELSE FAILS. Don't touch Opium. Don't touch Lead. Use in time. Sold by druggists.

The Best Holiday Gift. One that will bring a pleasant monthly reminder of the giver is a subscription to the NEW AND IMPROVED

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