

THE STAR--Supplement.

Christmas!

Leave your order at

Rhodes' - Market

For your Christmas

TURKIES and CHICKENS.

He handles First Class meats, including home-made lard, home-made mince-meat, sausage, pickled pigs' feet, etc.

Unusual Bargains

in

Holiday Goods.

Don't Fail to Call

And See the Fine Line of

FINE PICTURES,
FINE JARDINEERS,
VASES,
MIRRORS,
TOYS,
DOLLS, &C., &C.,

at

L. E. WOODWARD'S.

They are the Leaders.

W. T. Gox & Son.

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Groceries, Flour,
Feed, Salt,
Baled Hay,

All kinds of Grain and Oil
Meal.

Jobbers in Fertilizer.

No. 125 Main St.

Weekly - Reminder!

If you want to give a Christmas present that the receiver will not forget during the entire year, subscribe for

The ★ Star.

for your friend.

\$1.00, Cash in Advance.

MINERAL WATERS.

Why and How They Benefit Those That Drink Them.

When a patient reaches a mineral water health resort, he is examined by the resident physician and ordered to drink certain quantities of the water at certain times during the day. These are increased from day to day until the maximum quantity needed is reached. He is ordered to drink one or two glasses upon rising, two or three glasses between breakfast and dinner, the same quantity in the afternoon and a couple of glasses before going to bed. The patient is urged to take it whether he wants it or not. He may say that he is not thirsty, but that makes no difference; he must take it as a medicine. The quantity is increased until we have known 30 glasses per day to be taken.

A part of the benefit derived is because of the rest and change of scene. A part, perhaps, is from the small quantity of the salts and other bases contained in these waters (we are not speaking of cathartic or chalybeate waters), but the benefit from this source is very slight. The secret of the cure is in the quantity of water taken. If the water be pure, free from organic matter, and taken in sufficient quantity, the results will be substantially the same, regardless of the "traces" of lithia and small quantities of sodium chloride and other salts. You can perform these cures at home with the ordinary drinking water, if of good quality, if you will require the patient to take it in the same quantity as at the springs. It is very easy to add lithia if desired, but you must not lose sight of the fact that the quantity of water (not lithia) taken is the important thing. It acts by flooding the kidneys, by washing out the bladder with a copious, bland and dilute urine, by unclogging the liver and clearing the brain. The patient feels better from day to day; he is better. Irritable bladder is relieved, the kidneys act freely—are "washed out"—and many effete substances are carried out with the flood. This clears the way for the liver to act freely and normally, for there is an intimate relation between the liver and kidneys.—New York Ledger.

Elephant Flesh an African Delicacy.

The flesh of the elephant is eaten in its entirety by several of the African tribes. A detail of the process of butchering the animals is not pleasant reading. The tools used are the assagai and hatchet. The rough outer skin is first removed in large sheets. Beneath this is a subcuticle, a pliable membrane, from which the natives make water skins. The elephant yields large quantities of fat, used in cooking the natives' sun dried biltong, or dried strips of the elephant's flesh, and also in the preparation of vegetables. African explorers of the Caucasian race agree that one part of the elephant's carcass, when properly cooked, is a succulent dish that will regale the most delicate taste. This part, very strangely, is the first joint of the leg below the knee, which one would suppose to be the toughest portion of the animal. To prepare the joint a hole three feet deep is dug in the earth, and the sides of it are baked hard by means of large live coals. Most of the coals are then taken out, and the elephant's foot is placed in the rude oven. The hole is then filled with dirt, tightly packed, and a blazing fire is built on top, which is kept replenished for three hours. The foot is thus evenly baked, and when done, instead of strong, tough meat fiber, it is of a gelatinous consistency that may be eaten with a spoon.—Philadelphia Lanest.

Laying Bricks.

A bricklayer can lay about 1,500 or 1,600 bricks in a day of 10 hours where the joints are left rough, about 1,000 per day when both faces have to be worked fair and not more than 500 a day when carefully jointed and faced with picked bricks of a uniform color.—Exchange.

Go to **W. M. Burge,**

West Reynoldsville, for

Candles, Nuts,

Holiday Goods,

Groceries,

Dry Goods,

Shoes,

Rubber Goods,

or anything in

**GENERAL MERCHANDISE
LINE.**

Call and be Convinced.

THREE - TONS

OF

Gandy for Christmas

AT

ROBINSON & MUNDORFF'S.

Nobby Suits!

If you want a good fit, up-to-date tailor made suit of clothes, drop into

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tailoring establishment, next door to Hotel McConnell.

Good Material,

First-class Workmen and

Reasonable Prices

is what gives them a large trade.

HOTEL McCONNELL,

REYNOLDSVILLE, PA.

FRANK J. BLACK, Proprietor.

The leading hotel of the town. Headquarters for commercial men. Steam heat, free bus, bath rooms and closets on every floor; sample rooms, billiard room, telephone connections &c.

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First class in every particular. Located in the very centre of the business part of town. Free bus to and from trains and commodious sample rooms for commercial travelers.

A Very Merry Christmas to all our Patrons and Friends.

What helps to make Xmas a time of gladness? Presents!

What is the best possible present?

A piece of Furniture, useful and ornamental.

Where should it be bought?

At the BIG STORE OF PRIESTER BROS., OF COURSE.

They lead in furniture, stoves, house-furnishing goods, carpets and window shades. They broke the record on prices.

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Surplus, \$5,000.

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