LESSONS IN FIRST AID

A TRAINED NURSE TELLS ABOUT QUICK REMEDIES.

Treatment of Dislocations and Sprains How to Place & Bandage-An Improvised Tourniquet What to Do In Cases of Nosebleed and Burns.

She was a very capable little woman and usually "sized up" to any occasion, but the care of those children was likely to prove a little too much for her. When she married a widower and un-

dertook the care of his five boys she knew that she would have to face many unexpected situations, and braced herself to do her best. She was not pre pared, however, for what she called the "breakage" in the family. The constant risk to life and limb that five active, sport loving boys were capable of was a w feature in ber young life, and she felt that she was in danger of losing her head unless she prepared herself to meet the different calls upon her motherly

In her extremity she appealed to her friend, the trained nurse.

"Can't you give me some points," she said. "Tell me of the proper things to do before the doctor comes in case of certain accidents-won't you? Then there are many little things-bruises and burns and things that I could attend to myself without sending for a doctor if I only knew how. Do help me out. Suppose, for instance, one of the boys fell and broke his arm, what should I do before the doctor came?"

"If I were you, I would do nothing but wait, unless the surgeon was delay-In that case I would simply place the limb in between a folded pillow, fastening the pillow firmly together, thus making a sort of splint.

"You will very likely have a sprain or two to deal with. You can either apply cloths saturated with ice water un til the swelling disappears, or you may use very hot water with vinegar in the same way. After the swelling has dis-appeared you had better bandage the limb and let the little patient rest it on a level nutil it gets strong."
"But I den't know how to apply a

bandage," was the forlorn reply.
"Then it is about time that you did,"
said the trained nurse. "Give me a

piece of muslin and your bare foot, and I'll show you how.'

Then the nurse took the piece of mus-lin and tore it into strips of 3 inches in width. Then saying, "Always begin at the extremity of a limb and work toward the center of the body from left to right," she placed one of the ends of the strip at the instep and made a turn around the base of the toe. Then she carried the band diagonally over the foot, across the point of the heel and back from the other side, until it coincided with the first turn. This was then covered and carried a second turn around the heel half an inch higher than the first. She then continued to make alternate turns under the sole and behind heel, crossing over the instep until the entire foot was covered. In finish-ing the bandage she split the last quar-ter of yard of the strip through the middle, wound the ends in opposite direc-tion around the limb and tied them in

Then the band was all unwound again, and the pupil, trying her hand, was delighted to see what a "firm bandage" she could make after two or three

"In case of dislocation," continued the nurse, "there is always need of instant action. Muscular tension increases rapidly and its reduction becomes more

difficult with every hour that passes.

"Fingers and thumbs can be set by pulling in place, but be careful not to use too much force. A joint is always weak-er after an accident and should be strap-

ped in place until strong again.

"Freddie's nose bled awfully the other day and frightened me so because I could not stop it. It stopped itself after awhile, but what should I have done?"

"It is a good thing to press gently the facial artery at the base of the nose and place cold applications to forehead and place cold applications to forehead and neck. I suppose you had him lean his head over a basin. Yes; most people do, and that is just the worst attitude possible. You should have made him stand erect, throw his head back and elevate his arms, while you held a cold, damp sponge to his nostrils. If you have an occasion like that again, and the bleeding continues after what I have told you to do has been tried, you had better syringe with salt and ice cold water or a solution of iron.

"In the case of burns or scalds, if they are very bad send for your physician, but slight ones you can very well attend to. The first thing in such cases is to exclude the air. I find that baking sods and sweet oil make a soothing.

is to exclude the air. I find that baking soda and sweet oil make a soothing, bealing application. If you can't get that conveniently, beat up the white of an egg and apply that with a bandage."
"Will you tell me how to stop the flow of blood in case of cut, and then I'll let you go?"
"Find the artery that is cut and tie a handkerchief around the limb just over where it bleeds. Tie the handkerchief tightly; then make, say, three hard knots. In the last knot insert a piece of stick with which you must twist the handkerchief antil it is tight enough to stop the flow. The handkerchief and etick make as good a tourniquet, as we call it, as any one would wish."—Philadelphia Press.

A Morning Monologue.
For a long time after he had succeedin inserting himself through the door,
I a. m., she regarded him in silence.
At length she spake.
Also she spake at length,—Indianapo-

Monarchy and Republic

If the greatest objection to a monarchy is that a nation may thus run the risk of being ruled by a fool or a scoundrel, the being ruled by a fool or a scoundrel, the greatest objection to certain forms of democracy should be that a nation may thus run the risk of being governed by 500 of such. A great English lord was one day confidentially informed that his steward robbed him. "I know it," he replied, "but my steward sees that no-body else robs me." That English lord was a wise man. And, as for costs, I believe that enough money is spent and enough business is stopped during a presidential campaign in America to keep all the crowned heads of Europe during the four years of the president's time of office.—Max O'Rell in North American Review.

A Little Particular,

"I had such a lovely dream last night," cried Eleanor, "I dreamed that I was married to a man who looked like Lucien, talked like Jack and had Charlie's good qualities."

"Then at last you were suited? What a pity you couldn't merge the three into one in some such fashion. It would set-

tle your mind for you."
"Ye-yes, I suppose so," said Eleanor
hesitatingly, "only I would like him to
be able to sing like Harold too!"—Chicago Times-Herald.

An Important Item.

Do not waste your money on vile, watery mixtures compounded by Inexperienced persons when W. B. Alexander, sole agent, will give you a bottle of Otto's Cure free of charge. If you have coughs, colds, asthma, consumption, or any disease of the throat or lungs, a few doses of this great guaranteed remedy will surprise you. Hold a bottle of Otto's Cure to the light and observe its beautiful golden color and thick, heavy syrup. Samples free; large bottle 50e.

A Chance For the Inventor.

With the vast increase of population in our cities and larger towns, and the increase of railroad train, steam engines and electric cars, has come a vast in-crease of noise in our streets. We think the man or woman who can invent and patent something easily placed over the ears of the sick and those who want to sleep, and which shall temporarily shut out noise, may obtain a fortune and the thanks of multitudes who now suffer.— Our Dumb Animals.

A Unique Business

Berlin has a shorthand writer with a unique specialty. He attends all funerals of prominent persons and takes down verbatim the addresses of the officiating clergyman. Then he prepares highly or-namented copies of the addresses and sells them to the friends of the eulogized

Shiloh's Cure is sold on a guarantee. It cores incipient consumption. It is the best cough cure. Only one cent a dose, 25cts., 50cts. and \$1.00. Sold by J. C. King & Co

It is handy to know just where to get the best assortment of SHOES at prices that are right.

The Live Shoe Man, has them. Come and see his line and get his prices.

Ladies' fine dongola, in button or lace, patent tip, sold at \$1.50, now 1.12.

Ladies' Liona kid, the latest style, sold at 2.25, 1.55.

Fine line of warm lined shoes, a big drive, sold for 1.75, 1.25.

Ask to see the latest narrow square toe Tokio. It is a beauty.

Men's fine dress shoe, congress or lace, worth 1.50, for 1.15.

Fine line of men's lace, worth 2.00, 1.48.

Call and see our cork sole in congress or lace, formerly 3.00, for 2.23.

Large line of school shoes, formerly 1.25, 98c.

Carpet slippers 20c.

We handle the celebrated Latrobe shoe, sold all over for 3.00, at 2.48.

Don't wait but call and see for yourself.

Gilblom's Live Shoe House.

and Door from Pentoffice.

We are pleased to inform you that we have received the sole agency for Otto's Cure, the great throat and lung healer. Otto's Cure is the great leader of all proprietary preparations for the cure of coughs, colds, asthma, bronchitis, consumption, etc. We will guarantee Otto's Cure to cure you and if you will call at our store we will give you a bottle of this great guaranteed remedy free of charge. Otto's Cure instantly relieves croup and whooping cough Don't delay. Samples free. Large bottle 50c. at W. B. Alexander's, sole

How Icelanders Take Souff.

A peculiarity concerning the use of snuff in Iceland may be of interest. The snuff is made into bars after the manner of plug tobacco, and is sold in that shape to the natives, nearly all of whom are addicted to its use and prefer it thus prepared. The Icelander allows the nail on the right hand thumb to grow long for the purpose, and when using the snuff scratches it off the bar with this nail on the back of the left hand and applies it to the nose.

Anxious to Comply.

Professor (to student)—You should have written on this subject, sir, so that the most ignorant of your audience could understand all that you have to say on the subject.

Student-What part of my production is not clear to you, sir?-Boston Commercial Bulletin



KO NO The Favorite TOOTH POWDER Sold by J. C. King & Co.

ADMINISTRATOR'S NOTICE

In Re Estate of Ellen Carey, deceased, late of the Borough of Reynoldsville, Pa.

Notice is here by given that letters of administration upon the estate of said decedent have been granted to the undersigned. All persons indebted to said estate are requested to make payment, and those having claims or demands against the same will make them known without delay to C. Mitchell, of Reynoldsville, Pa.

Jas. M. Mansu, Administrator.

ESTRAY NOTICE.

Came trespassing on the premises of the undersigned in Winslow township, about the 20th of November, 1895, one red buil about eighteen months old. The owner is requested to come forward, prove property, pay charges and take him away or he will be disposed of according to law. secording to law. Sykesville, Pa., Dec. 2, 1895.

Will Sell All

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and Ghildren's

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Come and see for yourself.

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Miscellaneous.

E. NEFF.

JUSTICE OF THE PEACE And Real Estate Agent, Reynoldsville, Pa-

C. MITCHELL,

ATTORNEY-AT-LAW. Office on West Main street, opposite the commercial Hotel, Reynoldsville, Pa.

DR. B. E. HOOVER,

REYNOLDSVILLE, PA. Resident dentist. In building near Metho-list church, opposite Arnold block. Gentle-less in operating.

JOHN W. REED. GORDON & REED.

ATTORNEYS-AT-LAW, Brookville, Jefferson Co., Pa. Office in room formerly occupied by Gordon & Corbett West Main Street.

W. L. MCGRACKEN, MCCRACKEN & MCDONALD.

Attorneys and Counsellors-at-Law, Offices at Reynoldiville and Brookville.

REYNOLDSVILLE LAUNDRY, WAH SING. Proprietor,

Corner 4th street and Gordon alley. First-class work done at reasonable prices. Give the laundry a trial.

DR. R. E. HARBISON,

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THE MECHANICAL CURE.

The greatest boon ever given to suffering man. It cures impotency, Drains or Emissions, and the Nervous Diseases of Men as if by magic. After using it all trouble vanishes immediately and you are a man again. It doubles sexual power and increases size of parts. It is a specific for young, middle-aged and elderly men who are weak from any cause. It is a wonderful and scientific treatment discovered by a physician, binself a sufferer and after be had nearly ruined himself with poisonous drugs. It is, harmless and at once relieves the disease. Money returned where cure is not effected. Bank references given as to return of money. One package warranted to cure any case. Sent in a plain package with full instructions. Price \$5.00. Address

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ADVERTISING

Is a good thing in its way, but gets credit for a good deal more than it's entitled to. It takes merit to win lasting recognition. This store advertises freely, but doesn't bank on it for success-does it more to invite investigation; makes rather strong claims sometimes, but never one it can't substantiate. We claim this store does the dry goods business. The character of its goods and the prices will save you money, no matter who you are or where you come from, at least the throng of customers from a distance warrants this assertion.

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