

## What They Are For

## Biliousness

dyspepsia sick headache
when these conditions are caused by constipation; and constipation is the most frequent cause of all of them.

One of the most important things for everybody to learn is that constipation causes more than half the sickness in the world; and it can all be prevented. Go by the book.

Write to B. F. Allen Company, 365 Canal street, New York, for the little book on Constipation (its causes consequences and correction); sent free. If you are not within reach of a druggist, the pills will be sent by mail, 25 cents.



Com'r of Health, New- York City

\section*{9} | What He Wonid Do, |  |
| :---: | :---: |
| Lord Aberdeen one left London | $\begin{array}{c}\text { Large CoHtection or Bminit Books. } \\ \text { The largest collection in existence }\end{array}$ |


 lordship replied that he was tolera
bly well to do. May 1 ask, ", con.




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Bear in Mind That "Hod Helps Those Who Help Themelves." Self Help Should Teach You to Use
SAPOLIO YOUNGMENBOYY:YOUNELADES

## Consumption

## Scott's Emulsion


will effect a cure quicker known specific. Scott's Emulsion pro-
motes the making of healthy lung-tissue motes the making of healthy lung-tissue,
relieves inflammation, overcomes the excessive waste of the disease and gives vital For Coughs, Oolds, Weak Lungs, Sore Throat, Bronchitis, Oonsumption, Scrofula, Anamia, Buy only the genuine with our trademark on salmon-solored wrapper.

