

Heart and Stomach Both Cnused Trouble Cured on
 Hood's Cures



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 Authore Mathakes About the Moo










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 An mist BEECHAM'S PILLS

## What They Are For

|  | $\begin{aligned} & \text { ouve } \\ & \text { ouct } \\ & \text { Mo } \end{aligned}$ |
| :---: | :---: |
| digestion sallov |  |
| pepsia bad taste in the mouth |  |
| sick headache foul breath torpid li |  |
| bilious headache loss of appetite depression of |  |
| when these conditions are caused by constipation ; and con. stipation is the most frequent cause of all of them. <br> One of the most important things for everybody to |  |
|  |  |
| learn is that constipation causes more than half the sick- |  |
| learn is that constipation causes more than half the sickness in the world; and it can all be prevented. Go by |  |
| ness in the world; and it can all be prevented. Go by the book. |  |
|  |  |
| York, for the little book on Constipation (its causes consequences and correction); sent free. If you are not within reach of a druggist, the pills will be sent by mail, 25 cents. |  |
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## Don't Blame the Cook

If a baking powder is not uniform in strength, so that the same quantity will always do the same vork, no one can know how to use it, and uni rmly good, light food cannot be produced with it. All baking powders except Royal, because improperly compounded and made from inferior materials, lose their strength quickly when the can is opened for use. At subsequent bakings there will be noticed a falling off in strength. The food is heavy, and the flour, eggs and butter wasted. It is always the case that the consumer suffers in pocket, if not in health, by accepting any substitute for the Royal Baking Powder. The Royal is the embodiment of all the excellence that it is possible to attain in an absolutely pure powder. It is always strictly reliable. It is not only more economical because of its greater strength, but will retain its full leavening power, which no other powder will, until used, and make more wholesome food.

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| for sponges in the Mediten | the sponge-fishers the direct effect |
| :---: | :---: |
| mean is done chietly by divers, |  |
| thouzh inferior kinds are got with a |  |
| trawl. The flinest divers are the |  |
| eks, who ko for the purpose all | Faggot purties are a now enter |
| editerranean in their naw | ent in Tueson, Arkona Terri |
| Uve boats. The industry is very ar | tory. Kach invited guest brings ? |
| - | stick of woun and burns th in the tire |
| age hand can manage twenty fathous | place while he tells a story. All the |
| undre | wood that is left over goes into the |
| kes an exceptionally kood man |  |
| (one hun |  |
| nd |  |
| three fathoms is the limit. The pres sure of the water at this depth is at | an's fare as a sutstitute for her ucse. |
|  | She |

Unlike the Dutch Process



"A Mandful of Dirt May to a Moussful of Shame."


