

HEALTH CONGRESS AT BUFFALO WILL BE AN IMPORTANT EVENT

Will Discuss Pernicious Conditions In Public Schools of the United States.

Conference Takes Place Aug. 25-30, Under Patronage of President Wilson.

THE most important health conference that has ever been held in the United States will take place in Buffalo, N. Y., Aug. 25-30, when the fourth international congress on school hygiene meets in that city. It is the most important conference, because educational experts have come to realize that the most potent factor in dealing with the health problems of any nation is the education of the people to know and understand the laws and influences which govern individual and public health.

Many important public health and hygiene conferences have been held in this country and abroad, but heretofore all these have dealt principally with adult or infant life. When the individual has reached adult life he has attained an age when health education has to be forced upon him, while in infant life the individual is too young to receive a lasting impression. It is with the school children, then, that the most effective and lasting work can be accomplished in dealing with the health problems that confront humanity. Therefore the assertion that the fourth international congress on school hygiene will be the most important health conference ever held in the United States will find few to contradict it.

The Importance Realized.

The congress is being conducted under the patronage of the president of the United States and is being supported by practically every civilized government in the universe; showing that at last we are coming to recognize the value of having a proper foundation upon which to build and support the health of the individuals who form or support the various governments.

For the period of time within the recollection of any one living at the present date the health of the armies and navies of the world has been provided over by the most effective corps of medical and health experts possible to secure. It is but recently, however, that the governments of the world have begun to learn that those who are to be their future citizens should receive the same care and consideration that is given the armies and navies.

The health of the school child is, indeed, far more important to the nation than that of its fighting men—in the next generation at least. Many governments, like our own, make it compulsory for children within certain age limits to attend school, but until the recent past little thought or consideration was given to the conditions which surround the public school children of the country from the health standpoint, except that which was exerted by the boards of education in the different communities.

Tuberculosis In Schools.

It is only when such startling reports as the following from the Michigan state board of health become current that the governments, municipal, state and national, become active in dealing with these problems:

"In making a study of the occupational relation to tuberculosis one cannot help being impressed by the frequent occurrence of tuberculosis among

schoolteachers. A careful study of the following table will give a very comprehensive idea of the situation:

"Over a period of years 32.4 per cent of the deaths among schoolteachers between the ages of twenty-five and thirty-four were due to tuberculosis, while only 25.8 per cent of the deaths among all persons in Michigan between the ages of twenty-five and thirty-four were due to this disease. Among schoolteachers of all ages 27.6 per cent of the deaths were due to tuberculosis, while among all persons of all ages only 14.4 per cent were due to this disease.

"This is a matter which should engage the active attention not only of teachers, but of the patrons of the public schools. It would appear from our data that the conditions under which public school teachers labor are conducive to tuberculosis. This is, in a great many instances, an easily established fact. Now, this ought not to be. The schoolteacher, who should be considered as the most valuable factor in the establishment of an efficient citizenship, should not be required to work under conditions which are relatively more conducive to the occurrence of tuberculosis than other professions.

Precautions Necessary.

"Extreme precautions should be observed by school commissioners and boards of education to prevent teachers who are affected with tuberculosis from continuing in the service. This should be done in the interest of the teacher and in the interest of the pupils. The solution of the situation, however, should not rest simply with the attempt to prevent infected teachers from being employed. The school officials and the patrons of our public schools should be united in an effort to remedy the existing conditions, that the public schoolroom can in no sense be considered as a place in which one's health is subjected to unfavorable conditions. A more active interest in considering the principles of proper construction, warming, ventilating and lighting of school buildings will go a great way toward remedying this situation."

Mouth Hygiene Instruction.

The above is one of the strongest pleas for teaching mouth hygiene that has been published by the health department of any state in the Union. The writer has also contended that the public schoolteachers of the country are not paid salaries which are commensurate with the obligations that are placed upon them in the fulfillment of their duties.

If practically three times as many schoolteachers are dying from tuberculosis in this country as are people in other walks of life, because of the conditions which surround the teachers, what must be the effect produced upon the schoolteachers of this country by the various other germs which are just as readily transferred from individual to individual as are the germs which produce tuberculosis? And what must be the influence upon our boys and girls who are compelled by the various governments to attend school from six to twelve years under the same conditions and surrounded by the same influences that surround the teaching profession?

EUGENIC MARRIAGE FAILS.

Husband Accuses Bride and Companion of Kicking Him Out.

"Eugenic marriages are a failure," according to Edwin Ferron of Lynn, Mass., the first eugenic husband in Massachusetts, who nursed a badly bruised face while he denounced his assailant and his wife. Ferron was married about a month ago, both parties producing physicians' certificates as to their fitness to marry.

Ferron told the police that he returned home to find his house in darkness. He said that when he entered his room a strange man who was with his wife kept at him and hit him, knocking him downstairs. His wife and the stranger fled, according to Ferron.

Ferron said he and his wife had quarreled frequently.

"I thing eugenic marriages are a failure," reiterated the eugenic husband to the police.

PREPARE FOR NEW FLOOD.

Natives of Panama Are Building an Ark, Imitating Noah.

Word lately arrived in Panama from Penonome, a town in the interior of the republic, that Segundo Sanchez, a native of that section, has proclaimed himself the Messiah.

He has predicted the destruction of the world by a deluge in a short time, and some of his eighty adherents are engaged in building an ark, while others are busy collecting in pairs animals of all species found in their region.

His followers also have armed themselves, and in view of this fact the Panama government is taking steps to avert possible trouble by them.

Temperance

(Conducted by the National Woman's Christian Temperance Union.)

WHAT INJURY ALCOHOL DOES

Overworks the Heart, Stretches the Blood Vessels, Injures the Lungs and Paralyzes the Nerves.

To the Heart.

Overworks it. Makes it tired. Loads it with fat. Softens and destroys it.

Blood Vessels.

Hurries the blood through them. Stretches the small arteries and makes them unfit for work.

Poisons the blood in the hairlike blood vessels (capillaries).

Lungs.

Makes them work too fast. Heats and inflames them. Hardens the walls of their air cells. Keeps out the poisonous gas.

Keeps out the good gas (oxygen). Weakens them and makes them diseased.

Nerves.

Takes away their moisture and paralyzes them. Takes away their power to control the muscles. Makes them unfit to carry messages to and from the brain.

Brain.

Fills or congests the blood vessels with impure blood. Collects in it and paralyzes it. Hardens the albumen.

So hurts it as to cause insanity and death.

ENGLAND'S BIG DRINK BILL

Increase of About \$25,000,000 In Year 1911 Over That of 1910—Cost in America.

The drink bill in Great Britain, according to the statistics assembled by the secretary of the United Kingdom alliance and published in the London Times, was about \$25,000,000 greater in 1911 than in 1910. It amounted to about \$800,000,000.

For the United States, it is reported in the American Grocer, the cost of alcoholic beverages in 1911 was very nearly twice that of the United Kingdom, being estimated at \$1,568,470,514. Very nearly \$1,000,000,000 was paid for beer alone. From 1871 to 1880 the average per capita consumption of beer was 8.79 gallons per annum; in 1911 it had risen to 20.66 gallons.

The total value of the nonalcoholic stimulants consumed in America during 1911 is estimated at \$256,549,634. The per capita consumption of coffee is 18.56 gallons, or very nearly that of beer.

STARTLING FACTS ABOUT BEER

Beverage Made From Malt Has Become Extinct and Now Manufactured of Deleterious Matter.

Who ever saw a beer advertisement which did not claim beer to be the product of barley alone? Yet the brewers themselves, before the joint committee on food standards of the Association of State and National Food and Dairy Departments declared: "Malt beer has become extinct in America, so why resurrect it?"

"Beer," says the National Consumers' league, "is often made of glucose, sugar, rice, rotten corn, starch, preservatives, beer-coloring, etc." "The use of coloring matter and preservatives in beer," says the National Food Magazine, "is rapidly and steadily increasing."

FLAVOR OF ALCOHOLIC DRINK

From House and Lot, or Horse and Cow to Little Children's Tears Are Quaffed Over Bar.

Some queer things are drunk over the bar. Sometimes it is children's dresses and wives' bonnets; sometimes it is a horse or a cow; sometimes even a good-sized farm is soaked up and swallowed at the bar. Often it is a man's truthfulness, his sobriety, his good sense, that goes into the cup and is gulped down; yes, the man's very life may be in the fatal glass. Little children's tears, a wife's heartache, a mother's heart-break—these are quaffed with the whisky and beer passed over the saloon bar. Who fancies the flavor?

Less Drinking, Less Crime.

It would appear to be difficult for publicans in the Bakewell district of Derbyshire, England, to get a living through selling intoxicants. The town, which is the center of a population of 35,000, has undergone a great change with regard to the drinking habits of inhabitants. Local landlords are complaining bitterly of the lack of customers, and lately at one public house it was stated that not a shilling's worth of liquor had been sold. For the past several weeks there have been no cases of drunkenness before the local bench, and serious crime is almost unknown.

Train Temperance Teachers.

In the great city of Birmingham, England, a course of Saturday morning lectures is being given by professors at the University for the training of school teachers, who give instruction to children in the common schools on the subject of alcoholism. Similar instruction is also being given in Cambridge, England, under the auspices of the Cambridge County Council. Both these new departures are an advance along the right lines in promoting the cause of temperance in England.

GENUINE ECZEMA REMEDY.

New Remedy That Heals Eczema Quickly.

Pell, the druggist, has sold hundreds of jars of Hokara, and although he offers to refund the purchase price to any dissatisfied purchaser, not one jar has been returned.

While this is surprising in itself, yet the most marvelous thing is the reports of chronic cases of eczema that have been cured by this simple skin food. People who have suffered with scales, scabs and even bleeding itching have found relief in Hokara.

No matter where the eczema, pimples or other breaking out occurs, whether on the face, hands, legs or body, the application of Hokara should give quick relief, and even the worst or most chronic cases should be cured in a short time.

You can buy a liberal-sized jar today at the very low price of 25c, and with every package goes Pell's guarantee to refund the money if it is not satisfactory.

NOTICE.

The Commissioners of Wayne county will receive bids for carpenter work in toilet room at the Court House. They will also receive bids for plumbing work in toilet room.

Bids received up to noon Tuesday, September 2, 1913.

Plans and specifications for above work can be seen at the Commissioners' office, at the court house.

JOHN MALE,
EARL ROCKWELL,
NEVILLE HOLGATE,
Commissioners.

Attest:
T. Y. Boyd, Clerk. 65eol3

AUDITOR'S NOTICE.—Estate of

John Kuhbach,

Late of Honesdale, deceased.

The undersigned, an auditor appointed to pass upon the exceptions to account and to report distribution of said estate, will attend to the duties of his appointment, on

Thursday, Sept. 11, 1913, at 10 a. m.

at his office in the borough of Honesdale, at which time and place all claims against said estate must be presented, or recourse to the fund for distribution will be lost.

E. C. MUMFORD, Auditor.
Honesdale, Aug. 9th, 1913. 65w3

NOTICE is hereby given that the partnership legally subsisting between W. K. Hittinger and Wm. H. Ham of White Mills, Wayne county, Pa., under the firm name of Hittinger & Ham, General Insurance, was dissolved on the 31st day of July, 1913, by mutual consent.

All debts owing to said partnership are to be received by Wm. H. Ham, who continues the business and any demands on said partnership are to be presented to him for payment.

—Have The Citizen sent to you.

SHERIFF'S SALE OF VALUABLE

REAL ESTATE.—By virtue of process issued out of the Court of Common Pleas of Wayne county, and State of Pennsylvania, and to me directed and delivered, I have levied on and will expose to public sale, at the Court House in Honesdale on

SEPTEMBER 12, 1913, at 11 A. M.

All the defendant's right, title and interest in the following described property—viz:

All the surface or right of soil of and in all that certain piece or parcel of land situate, lying and being in the town of Brownsville, Clinton township, Wayne

County, Pennsylvania, designated as 50x30 feet of the westerly portion of lots No. 9 and No. 10 in Block No. 16 as described on the map of building lots of the town of Brownsville, being eighty feet on the easterly and westerly boundaries and fifty feet on the northerly and southerly boundaries and bounded easterly by portions of lots No. 8 and No. 10, owned by Joseph Scubix, southerly by lot No. 8, westerly by lands of the Hillside Coal & Iron Co.; and northerly by lot No. 11; being fifty feet on the westerly end of lots which Gregor Scubix granted and conveyed to Joseph Scubix by deed dated Aug. 13, 1908, and recorded in Deed Book No. 10, page 12. Also a free and uninterrupted use, liberty and privilege of a passage six feet in breadth by fifty feet in depth, extending from the south-east corner of land herein conveyed east fifty feet along the southerly boundary of land still owned by Joseph Scubix to land of Anthony Drashler, where connection is made with the alley to the street. Excepting and reserving as excepted and reserved in the hereinbefore recited deed to Joseph Scubix, being the same land granted and conveyed by Joseph Scubix to Frank Koenig by deed dated Aug. 31, 1910, and recorded in Deed Book No. 101, page 305.

Property above described improved with a two-story frame dwelling house.

ALSO all the surface or right of soil of and in all that certain piece or parcel of land situate in the town of Brownsville, Clinton township, Wayne county, Pennsylvania, distinguished as 100x30 feet of the westerly extremity of lots No. 9 and No. 10 in Block No. 16 as described on a map of building lots of H. W. Brown in said town of Brownsville, being eighty feet on the easterly and westerly boundaries, and bounded easterly by portions

of lots No. 8 and No. 10, sold to Anthony Drashler; southerly by lot No. 8; westerly by land of the Hillside Coal & Iron Company; northerly by lot No. 11. Being the same property granted and conveyed to Joseph Scubix by Gregor Scubix by deed dated Aug. 13, 1908, and recorded in Deed Book No. 10, page 12. Excepting and reserving as excepted and reserved in last mentioned deed. Also excepting and reserving therefrom a lot 50x30 feet which was granted and conveyed by Joseph Scubix et ux. to Frank Koenig by deed dated Aug. 31, 1910, and recorded in Deed Book No. 101, page 305.

Improved with a two-story frame dwelling house.

Seized and taken in execution as the property of Joseph Scubix at the suit of E. A. Bloxham. No. 63 June Term, 1913. Judgment, \$1700. Attorneys, Gardiner & Mumford.

TAKE NOTICE—All bids and costs must be paid on day of sale or deeds will not be acknowledged.

FRANK C. KIMBLE, Sheriff.

Adv. 65 3w

NOTICE OF ADMINISTRATION,

Estate of

Warren Akers, late of Dreher township.

All persons indebted to said estate are notified to make immediate payment to the undersigned; and those having claims against said estate are notified to present them, duly attested, for settlement.

H. M. JONES, Administrator.

Newfoundland, Pa., July 15, 1913



White sheep give more wool than black sheep—there are more of them

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OPEN SATURDAY EVENINGS FROM 7:30 TO 8:30 O'CLOCK