

Farm and Garden

FOXGLOVE GROWING.

Medicinal Plant Promises Fair Return on Cost and Labor of Production. Foxglove has for some years been cultivated as a commercial drug plant in several European countries. It is a fairly hardy perennial plant. It is of easy culture, growing best in rich well drained garden loams, but does not thrive to advantage in wet soils or barren, sandy ones. Seeds and leaves both contain medicinal virtue, but the latter, carefully dried in the shade to preserve the natural green color, form the only product that is now marketable. The current price ranges from 11 to 12 cents per pound, dry weight. The most reliable estimates of yield do not exceed 600 pounds dried leaves to the acre, says Rural New Yorker. Foxglove promises a fair return for the cost of growing, but any considerable acreage grown in this country could quickly overstock the market. The present drug requirement that the leaves be only picked from plants of two years' growth at the commencement of bloom greatly increases the cost of production. It is best to use the typical purple flowered form of Digitalis purpurea, which may be had from most seeds-



Photo by United States department of agriculture.

FOXGLOVE.

The seeds are very small and need little covering. They may be sown directly in the field at the rate of two pounds to the acre in rows two feet apart to admit of horse cultivation or twenty inches apart if hand culture is intended. The ordinary garden seed drill has been found effective, but it is best to remove all covering treatments, first setting the drill plow open a furrow not more than one-half inch deep. Enough fine soil will work in the furrow to cover the seeds to the needed depth. Plants may also be raised in a seed bed like tobacco plants and transplanted in June during dull weather to the field, setting them twelve or fifteen inches apart in rows two or three feet apart. Whether sown in field or nursery, the seeds should be put in at the best practicable moment in spring so that the soil can be in good condition, as they are slow in germinating. It is good practice to drop an occasional radish seed in the rows, as they will quickly come up and indicate rows so that cultivation and consequent weed destruction may begin before the tiny foxglove seedlings appear. The soil should be well enriched, worked, and put in fine tilth for cultivation and weed elimination throughout the growing season. In field culture the plants should be thinned to stand not over fifteen inches apart in the rows, as soon as they can be well distinguished. At the approach of severe freezing weather a mulch of strawy manure or other free from seeds of troublesome weeds will lessen the danger of winter-killing. The plants bloom in June the second year, when the leaves should be stripped and cured for market. Foxglove should be grown as a biennial or two year crop. Individual plants occasionally live several years, but so many die after blooming that it is scarcely possible to maintain a stand the second year.

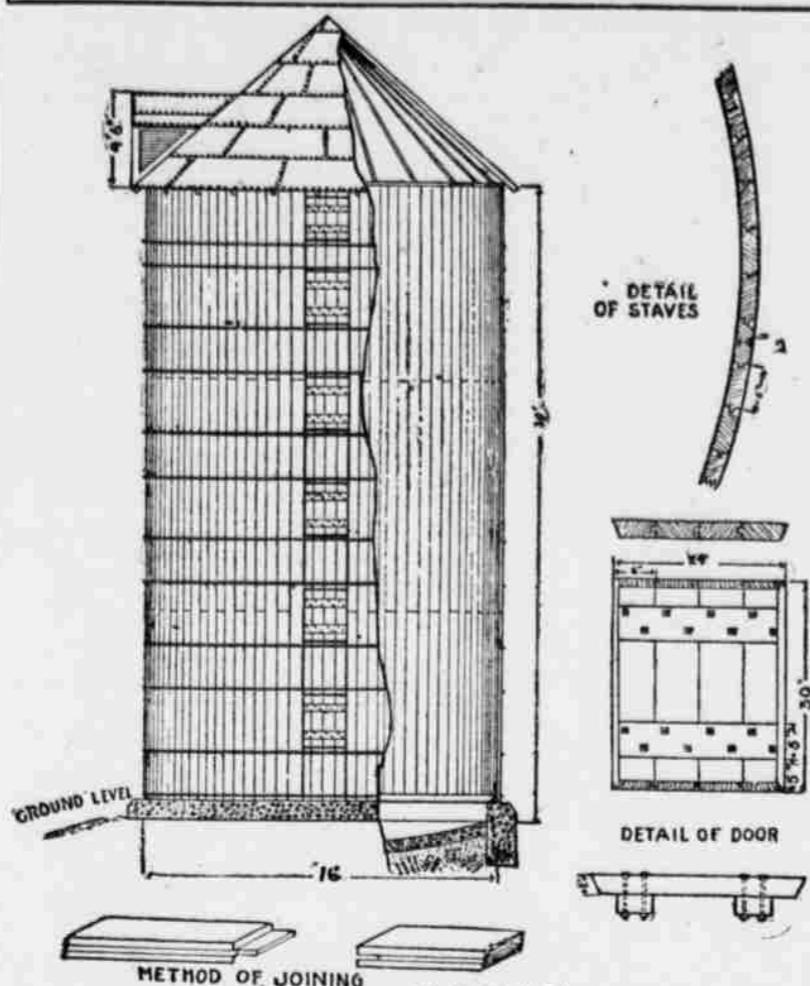
The home is often taken to represent the prosperity of the farm upon which it stands. If your home does not do the farm justice build another as soon as possible that will reflect credit upon the farm and show the enterprise of the manager.

Roots For Dairy Stock.

By care in preparing the soil and sowing the crop, from fifteen to twenty tons of roots, like mangel, rutabaga or stock carrots, can be grown on an acre. They can be stored under the eaves or in a pit outside of the barn at very little expense. Twenty tons of roots will supply ten cows with ten pounds per day each for 200 days and can be grown and harvested at a cost of less than \$40. The nutrient contained in twenty tons of roots worth \$50 when bran is worth \$20 a ton, so the feeding value of the roots is sufficient to pay for the cost of production, besides the additional advantage of their supplying the succulence needed by the animal.—Home and Garden.

How the Stave Silo Is Made

Designed by W. E. M'COY, College of Agriculture, Ohio State University

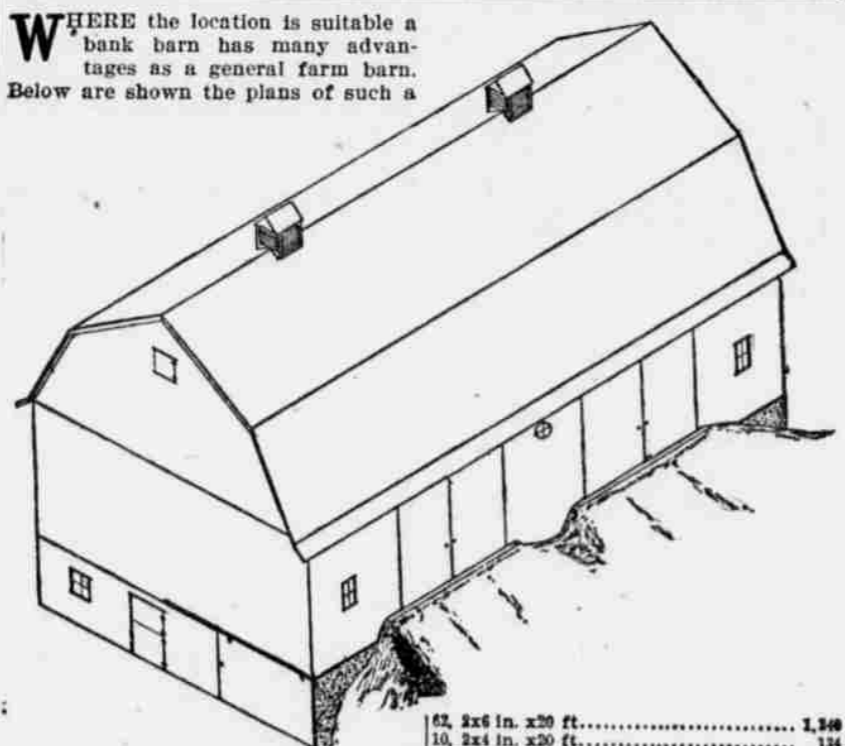


THE stave silo is perhaps the most popular type of silo. This one is sixteen feet in diameter and thirty feet high. The following bill of material will be found useful:

Boils, 90, 3/4x5 in.....	4.80
Nails, penny, 15 lbs.....	.85
Ventilators.....	.25
Frame, 1, 2x4 in. x10 ft.....	.25
Siding, 1, 1x6 in. x20 ft.....	.30
Lattice windows (3)—	
1, 18x18 in., triangular.....	1.00
2, 24x24 in., square.....	2.50
Staves, 152, 2x6 in. x20 ft.....	\$92.20
Rafters, 25, 2x4 in. x14 ft.....	7.02
Roofing paper, 625, sq. ft.....	15.62
Furlin, 2, 2x4 in. x20 ft.....	1.20
Hoops, 12, 3/8 in. x17 ft.....	30.75
Lugs, 28.....	9.00
Total.....	\$126.06

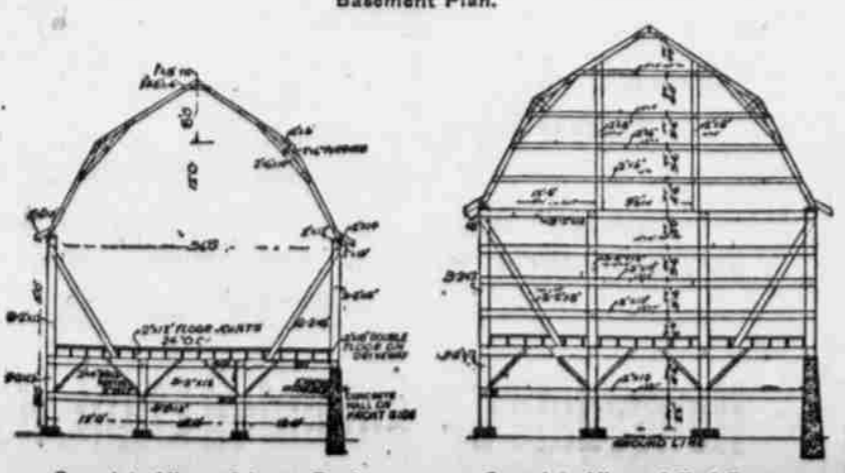
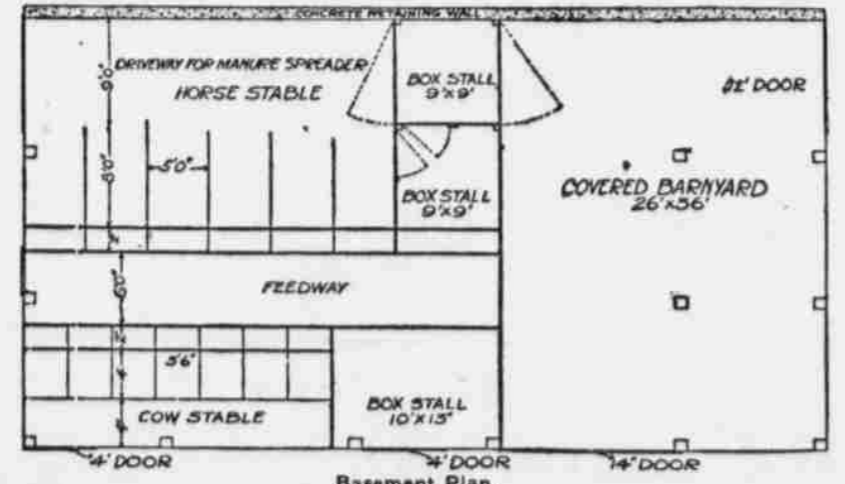
A General Farm Barn

Designed by J. W. RAY, College of Agriculture, Ohio State University



WHERE the location is suitable a bank barn has many advantages as a general farm barn. Below are shown the plans of such a structure, which can be built at an estimated cost of \$1,148, not including inside fixtures. The bill of material for this barn is as follows:

Board feet.....	21,772
Shiplap siding, 4,550 board feet, \$30 per 1,000.....	155.50
Slate roofing, 29 square, \$7.....	273.00
Door track, 136 feet, 5c.....	9.30
Door hangers, 11 pair, \$1.....	11.00
Hinges, 6 pair, 50c.....	3.00
Windows, 10 ft.....	20.00
Concrete wall, 25 1/2 yards, \$5.....	142.50
Total.....	\$1,148.00



A BALD-HEADED WOMAN.

Shorn of Her Crown of Beauty, Loses in Love and Marriage.

Hair is certainly most necessary to woman. Who could love and marry a bald-headed woman? What charms could one array to offset such a disfigurement?

A woman's goal is usually love and marriage. Her crowning glory is her hair. The loss of her hair mars her beauty, happiness, and success. Yet there are thousands of women who are neglecting or injuring their hair to such an extent that it is only a matter of time when it will be utterly ruined.

Many women destroy the beauty of their hair through thoughtlessness or ignorance of certain facts. They use curling irons over-heated, or to excess, which destroys the natural oil of the hair, causing it to split, break and come out. They do not shampoo their hair often enough, or too often. They use soaps or preparations which contain ingredients positively harmful to the scalp and hair.

As a result of such treatment, dandruff is created, the hair loosens, loses color, falls out, and baldness commences, unless proper and prompt precautions are taken in time. Then again, microbes and certain diseases bring about unhealthy scalp and hair conditions.

Almost any woman may rid herself of dandruff and diseased scalp and hair if she will but use the right remedy. We have that remedy, and we will positively guarantee that it will either relieve dandruff and baldness or it will not cost the user anything.

That's a pretty broad statement, but we will back it and prove it with our own money. We will return your money if you do not find that Rexall "93" Hair Tonic is an entirely satisfactory remedy that will promote hair growth and overcome scalp and hair troubles; that it will grow hair even on bald heads, unless all life in the hair roots has been extinguished, the follicles closed, and the scalp is glazed and shiny. It gets its name from the fact that it grew hair in 93 out of 100 cases, where it received a thoroughly hard, impartial, and practical test.

We want you to try Rexall "93" Hair Tonic at our risk. You surely cannot lose anything by doing so, while you have everything to gain. You had better think this over, and then come in and see us about this offer. You will be well repaid for your visit to our store. Remember, you can get Rexall Remedies in this community only at our store—The Rexall Store.

A. M. LEINE.

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Livery.

LIVERY.—Fred. G. Rickard has removed his livery establishment from corner Church street to Whitney's Stone Barn.

ALL CALLS PROMPTLY ATTENDED TO. FIRST CLASS OUTFITS. 75yl

W. C. SPRY

BEACHLAKE.

AUCTIONEER

HOLDS SALES ANYWHERE IN STATE.

D. & H. CO. TIME TABLE---HONESDALE BRANCH

A.M.	P.M.	A.M.	P.M.	STATIONS	P.M.	P.M.	A.M.	P.M.	A.M.	P.M.	
SUN	SUN	10:00	4:30	Albany	2:00	10:50			SUN	SUN	
8:20	10:00		6:05	Binghamton	12:40	8:45			9:00		
10:00	2:15	12:30	2:15	Philadelphia	4:09	7:14	7:38		7:14	7:38	
8:15	7:10	4:40	12:30	Wilkes-Barre	8:35	2:55	7:25		12:55	10:05	
4:05	8:00	5:30	1:19	Scranton	8:45	9:15	6:30		12:05	9:12	
P.M.	A.M.	P.M.	P.M.	Lv	Ar	A.M.	P.M.	P.M.	P.M.	P.M.	
5:40	8:45	6:30	2:05	8:45	Carbondale	8:05	1:35	5:50		11:25	8:27
5:50	8:55	6:30	2:15	8:55	Lincoln Avenue	7:54	1:25	5:40		11:14	8:17
5:54	8:59	6:34	2:19	8:59	Whites	7:50	1:21	5:34		11:10	8:13
6:11	9:18	6:52	2:37	9:18	Farview	7:33	1:03	5:18		10:53	7:54
6:17	9:24	6:58	2:43	9:24	Canaan	7:25	1:06	5:11		11:45	7:47
6:26	9:32	7:07	2:52	9:32	Lake Ladore	7:17	1:09	5:06		10:37	7:39
6:32	9:37	7:13	2:57	9:37	Waymart	7:12	1:04	5:01		10:32	7:32
6:35	9:39	7:16	2:59	9:39	Keene	7:09	1:02	4:55		10:29	7:30
6:39	9:43	7:20	3:03	9:43	Steene	7:05	1:00	4:51		10:25	7:26
6:43	9:47	7:24	3:07	9:47	Portonia	7:01	1:02	4:47		10:21	7:22
6:46	9:50	7:27	3:10	9:50	Seelyville	6:58	1:00	4:44		10:18	7:19
6:50	9:55	7:31	3:15	9:55	Honesdale	6:55	1:05	4:40		10:15	7:15
P.M.	A.M.	P.M.	P.M.	A.M.	Ar	Lv	A.M.	P.M.	P.M.	A.M.	P.M.



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