

**SAFE HUNTING RULES.**

Ever since the hunting season has opened the newspapers have contained many accounts of serious gunning accidents, which for the most part could have been avoided by observing well known precautionary measures in the use of firearms. Prof. H. A. Surface, State Economic Zoologist, offers certain "Safe Rules" to be followed while hunting. It will be observed that almost every recorded accident is due to ignoring one or more of these rules:

1. Always keep the gun pointed from yourself and other persons.
2. Carry a gun with the end pointed either upward, toward the sky, or downward, toward the ground. Never sweep the horizon with it. If accidentally discharged while in the former position no harm is likely to result, but if discharged while held horizontally it may result seriously.
3. In getting over logs or fences always see the gun first put over and in a solid position where it will not fall. Then go to another place to climb over, and pick up the weapon with the end pointing where it should be.
4. Never pull or draw a gun toward yourself by the muzzle, especially in wagons, boats, over fences, logs, etc.
5. Do not load the gun until after leaving the house, and draw the loads (or remove the caps, if a muzzle loader, and watch that no percussion is left on the tube) as soon as leaving the hunting grounds.
6. Never keep a loaded gun around the house or tent, and do not leave a loaded weapon where it may be knocked down by dogs or children.
7. Do not carry the gun cocked excepting when alert for the game to rise.
8. Do not shoot into moving bushes or in the direction of a noise without being sure the desired game is there and seeing it for certainty. The movement or noise may be caused by some person or by domesticated stock.
9. Watch the muzzle of the gun that no mud, snow, or other material fills it; and do not load as heavily with white or nitro powder as with black powder. This may prevent accidents from bursting.
10. Do not start a fire in the woods without first providing against its spreading, and do not leave it burning under any circumstances.
11. Do not wound game and leave it to suffer and die of its injuries. Better to spend an hour searching for a wounded bird than to let it remain and suffer for a day or two before relieved by a merciful death.
12. Do not hunt for "anything." This generally results in nothing. Different kinds of game are to be found in different places and at varying times of day, according to the species sought. Decide before starting out as to the kind of game to be hunted and the region to be visited.
13. If fences are knocked down in climbing over them take time to fix them up properly. Leave gates and bars just as they were found. If open, leave them so, as that is evidently what the owner wants, but if closed be sure to close and fasten them as before.

**WON'T STAND FOR DICTATION.**

The Harrisburg Telegraph comments on the late election results in this district and calls it the worst blow that the reorganization Democrats have had. It says:

The overwhelming victory of W. D. B. Alney of Susquehanna, a friend of State Treasurer C. F. Wright for Congress, has simply demonstrated the fact that the people of Susquehanna, Bradford, Wyoming and Wayne are Republicans when it comes down to a fight. Congressman Palmer made every effort to elect O. H. Rockwell, a Democratic-Keystoner, in order to show the trend of affairs in Pennsylvania, and both he and Blakslee visited the county and forced their ideas on the Democrats. They imported Woodrow Wilson, Congressman Palmer and others and the result was that Alney carried every county and had a majority of 2798.

This is the worst blow that the reorganization end of the Democrats have had and shows plainly that the claims of strength, based on last fall's upheaval, were vain indeed. Furthermore, the Democrats of the Fourteenth district will not stand for dictation.

**THE COUNTRY WEEKLY.**

Oh, the little country paper, so modest, thin and small;  
 'Mong all the great big dailies I love it best of all,  
 And cheerfully unfold it, and read each item through;  
 How they fill my heart with gladness though they simple seem to you.

Bill Hogan's got the measles and Aunt 'Liza's got the grip,  
 And Ben Davis and his daughter's on an automobile trip.  
 How many great big 'taters was raised on Hogan's farm,  
 And how little Mandy Starbird is singing like a charm.

How Bill Barker's awful busy a-fixing up his shed,  
 And Dan Duffy's old horse Nero is numbered with the dead,  
 How Jake Horn and his son Willie's yarding in the logs  
 And Ned Hudson's still a-drinking and going to the dogs.

And I see the Chester homestead has passed to other hands  
 And the children, all that's left of them, now live in other lands.  
 There was one among their number that was once quite dear to me,  
 And I used to think—Well, never mind, I found 'twas not to be.

Oh, the coming from the old home of that little weekly prize,  
 Though sometimes it brings a sadness and a teardrop to our eyes,  
 How lovingly we read along each item to the end,  
 An echo from the old home, so like an oldtime friend.

How useless seems the struggle for stocks and bonds and cash,  
 Oft times they lose their luring and all the lot seems trash,  
 How freely we would give them all to be a boy once more  
 And come in again to mother, in through the open door.

A. M. T.  
 Hampden, Me., November 14.

**MEDICAL SOCIETY GIVES FREE ADVICE.**

**Preventative Measures For Dread Diseases Outlined by State Department.**

Cancer of the Breast resembles the cancers discussed in the earlier of these articles in being fairly superficial and easily detected in the early stages. As is well known, cancer of the breast is frequent in women, though it does occur in rare instances in men. Disasters due to ignorance of the importance of early warning symptoms are seen more frequently in the case of cancer of the breast than in any other organ. In this country hundreds of cases with very advanced cancers of the breast apply to surgeons only when all hope of cure is gone. Nearly every such patient will admit that she noticed the first danger signal in the form of a small, hard lump in the breast six months, a year or even two years previously, and she will frequently admit that she did not apply for treatment before simply because she was ignorant of the importance of the first small lump that she noticed and thought that no harm would come of it if it was left alone.

As a practical consideration every small lump in the breast of a woman over thirty-five should be considered to be cancer from the start and should be treated as such at once. It is true that in young women and even sometimes older women lumps that are not cancers may appear in the breast. In such cases the practical need for treatment is just the same. Such a lump is an abnormal foreign substance and even if it is not cancer it is very liable to become one and it should be removed without delay.

The popular idea that a growth can not be cancer because it does not cause pain and because it does not effect the individual's general health, causes more trouble here than in any other region in the body. Many women will say for instance, that they noticed a small growth in the breast a year or more before but they did not think it was at all serious because the lump did not pain them and they felt perfectly well.

There are few more harmful fallacies in connection with cancer than this one. Pain and impairment of health never came until the more advanced stages of the disease. If a woman applies for treatment when she first notices a small lump it can almost certainly be cured by a very simple operation. Each month's delay always increases the severity of the operation required and there may be no help whatever for the woman who is unfortunate enough, either from ignorance or timidity, to wait until a lump in the breast hurts her and has impaired her health before she applies for treatment.

The high mortality from cancer in all regions and especially in the breast, in the great majority of cases is entirely unnecessary and is not due to the cancer itself but to the fact

that people in general do not know what are the signs and symptoms which indicate the presence of a cancer in its early curable condition. The disastrous results of neglect and delay are especially unnecessary in the case of the breast because the small lump that is the beginning of cancer can easily be felt at a very early stage and in this stage it can easily be cured. If women would heed the simple warning "have any lump removed from the breast just as soon as it is noticed" extensive operations would rarely be necessary and the mortality from breast cancer would almost disappear. The warning signal in cancer of the breast is a new little lump. This lump will never do any harm if it is removed at once. It can cause trouble only if it is neglected and allowed to spread.

**FARMER IS UNDERPAID SAYS THE FAMOUS DR. WILEY.**

**Chief Government Chemist Says Agriculturist Should Have More.**

Claiming that the farmer should get more for his products and the consumer should pay less than at present, Dr. Harvey W. Wiley, chief of the bureau of chemistry, Department of Agriculture, urged that the State take over the distribution of food supplies while at Bloomsburg the other day.

"We are living in an age of transition," declared Dr. Wiley. "New

ideas are taking the place of old. To-day the world is facing the most important problems since the French revolution. The social unrest which we see everywhere bodes no good, however, if it is not well directed. There is no use trying to ignore them. They will not die."

"The actual price of food on the farm is but little higher in most instances than formerly, and in many cases it is even lower.

"The present farmer doesn't get enough for his products. He can't afford to raise wheat for 80 cents a bushel or cattle on the hoof for 5 cents a pound. He is playing a losing game. The farm must be made more attractive and more remunerative. What are we going to do? We can't keep things up forever."

The speaker here advocated a closer study of political economy and scientific management.

"Take the system of delivering milk for instance," he continued. "The milk men distribute from house to house in all parts of the city. Their wagons cross and recross continually. This means that time is wasted—that the wagons are worn out sooner, and somebody has got to pay for this waste. I believe that the state should step in. Some say I am a socialist because I advocate this move."

Dr. Wiley then took up a discussion of the problem of the children of the nation. He declared they should be taught that manual labor is not a disgrace.

He also declared children should learn obedience. "Teach the children to obey when they are children and they will obey when they are men and women. The shame of the country is from disobedience of the law. In no country in the world do we find so many lawbreakers, so many murderers, so many lynchings, so many thieves."

The speaker then told of the numerous deaths occurring from preventable diseases. He predicted that the day was not far distant when tubercular patients and typhoid patients would be isolated the same as persons having smallpox.

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