## PLANS TO STOP TIDE TO CITIES

Rudolph Spreckels Has Project For Prospective Farmers.

### WOULD ENLIST CAPITAL'S AID.

idea is to Have Wealthy Men Buy Up Desirable Land, Then Resell It on Long Payments So One Crop Failure Will Not Entail Loss of Farm-Says Capitalists Should Form a Fund.

Rudolph Spreckels, leader in the San Francisco anti-graft crusade, in addition to ideas for civic reform, has a plan for stemming the tide of the wave of population flowing toward the American cities with such alarmmg rapidity.

"The trouble with the back to the farm propaganda today," Mr. Spreckels says, "is that, while it distributes a lot of free advice to the residents of congested sections in our cities, it offers comparatively little aid of a substantial sort. I think that it is not because city dwellers prefer the cities to the country that they remain in a state of industrial dependence, but because they have not the capital required to buy a farm and the stock and implements necessary to make it a paying venture.

Thinks Fund Should Be Formed.

"I believe the capitalists of the United States should form a fund so that they could buy tillable land and then resell it to prospective emigrants from the cities at actual cost, with provision for easy terms of payment. These payments could be so arranged as to extend over a period of fifty or even seventy years, so that there would be little question that the purchaser or his family would eventually own the land.

"As it is, many hesitate to leave their urban homes because farming is a great deal of a risk. They would be compelled to place heavy mortgages on their land, payable in a few years. Under this plan a series of unfortunate seasons would be fatal to the farmer, who would be unable to meet the demands of the incumbrance on his land and would thereby forfeit his holdings, together with the money he had expended in getting started.

Calls It Mistaken Plea.

"The plea to the man of the city to emigrate to the frontier to bow out a bome for himself where land is cheap is mistaken. Pioneer life necessarily entails many hardships, which the city dweller and his wife cannot endure because they are not inured to them. To a man who has been reared on a form it is difficult enough to transform a stubborn prairie or a heavily wooded land into tillable land, but for the mexperienced farmer, recruited from the congested cities, it is almost impossible. After a few years he will get discouraged and return to his old home and work,

"Here is the difficulty, however. To embark on a farming venture in a district which is already cultivated and settled to some extent requires a big outlay of capital, whereas in pioneer regions land can be obtained either free or for a nominal sum. And this is where the capitalists should extend a helping hand,

Europe's Plan Succeeds.

"In many parts of Europe the plan of long payments for land is in operation and is proving a great success. When the settlers are assured that in case of crop reverses they are not in danger of losing their homes and that If they fall to pay for their homes even in a lifetime their sons can continue the payments they do not hesitate to leave the bench of the wage earner for the plow and the reaper. I understand, too, that this plan has been undertaken in various parts of the United States on a small scale and that efforts along this line have been the source of great satisfaction to those who have supported them.

"It is a great problem, this back to the land movement. It will be the great problem of the future, as it is the problem of the present. Our cities are certain to increase in population immensely for many years to come. As the number of mouths to feed grows the number of actual producers on the land must increase or development must cease."

### FRENCH HEELS RUIN FEET.

Spinal Curvature Another Phase, According to Minneapolis.

Dr. Charles H. Keene of Minneapells in a public statement says that the high French heels which high school girls wear are the cause of de formed feet that have to be cured by physical culture, and therefore such heels are to be barred from the school.

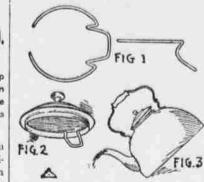
Dr. Keene will have the physical instructor in the high school find out how many girls have curvature of the spine. He has found many boys in the Minneapolis schools so afflicted. He attributed the prevalence of curvature of the spine to bad posture, both in sitting and standing, and to faulty enstoms and to improper footwear, such as French beeled shoes,

To Dam Grand Canyon.

Engineers are figuring on erecting a dam 700 feet high in the Grand Canyon water to produce 1,500,000 horsepower. | rold.

### HINTS FOR THE **BUSY HOUSEWIFE**

Simple Device For Holding Lid on the Teakettle.



The loose kettle lid that is always falling from its place every time the contents are poured is a cause of much annoyance which can be done away with by the use of a simple wire retainer, as shown in the sketch. The retainer is made of a piece of heavy wire seventeen inches long bent as shown in Fig. 1. The wire is fitted on the inside of the lid, as shown in Fig. 2. The spring of the wire will keep it in place. Fig. 3 shows how the contrivance works. The bend of the wire passes under the top of the kettle and prevents the lid from falling off .- Popular Mechanics.

Cream Fillings.

Chocolate Cream Filling. - One-half cake chocolate grated, two-thirds cupful milk, one-half cupful sugar, one tablespoonful butter, pinch of salt, one teaspoonful extract vanilla. Boil gen-

Cocoanut Filling .- One cupful grated cocoanut, one cupful sugar, one cupful milk, two eggs. Cook all together five minutes

Cream Filling .- Two cupfuls milk, two eggs, three tablespoonfuls sifted flour, one cupful sugar, flavoring. Cook ten minutes.

Cream Filling.-Two cupfuls sugar, three cupfuls milk, three heaping tablespoonfuls cornstarch, yolks of five eggs, one tablespoonful butter, two teaspoonfuls extract vanilla. Scald milk in double boiler, add cornstarch dissolved in little cold milk, stir till smooth. Add sugar and cook ten minutes. Add egg yolks and cook four minutes. Take off and add vanilla.

Pour over a cup of fat salt pork, en tirely free of lean or rind, chopped as fine as to be almost like lard, half pint of boiling water, one pound raisins chopped fine, one pound currants, one pound citron shaved fine, two cups sugar, one cup molasses, four eggs one teaspoon saleratus rubbed fine and put into molasses. Mix these all together and stir in sifted flour to make the consistency of common cake mixtures, then stir in one ounce cloves, two ounces cinnamon, one ounce nutmeg. Be governed about the time of baking by putting straws into it. When nothing adheres to straw it is done. It should be baked slowly.

Creote Baked Apples.

Core and pare the apples and put them into a baking dish with a little snear, water and b until tender, but not broken. Remove to a serving dish, fill the centers with jelly or marmalade and pour the liquid from the baking dish over them. Beat the whites of two eggs till dry and add gradually two tablespoonfuls of powdered sugar, one-fourth of a teaspoonful of lemon extract and half a teaspoonful of vanilla. Put this meringue on top of the apples and bake in a moderate oven eight minutes.

Fried Mush.

Have the hominy well cooked, then pour into a square or brick shaped pan rinsed in cold water, or use cocoa cans Let it stand at least ten hours, then cut in even slices. Bent one egg with two tablespoonfuls of milk and dip each slice of mush in the egg, then into flour, making sure that the surface is well coated. Have the fat deep and smoking hot and fry in a basket not more than four slices at a time. Two minutes will be long enough for the cooking. Serve with maple sirup or honey

Vienna Chocolate.

To prepare the foaming chocolate beverage that is characteristic of restaurants in Vienna scald three cupfuls of milk and one of cream and stir in three heaping tablespoonfuls of grated chocolate, two tablespoonfuls of cornstarch and the same of sugar. Stir until the mixture is smooth and then cook six minutes longer. Have ready the stiffly beaten whites of two eggs beaten with a little sugar and add a little to every cupful as it is turned.

Cornmeal Cakes.

One cupful of sour milk, one cupful of sweet milk, one egg, one-half teaspoonful of salt, two-thirds teaspoonful of soda and one and a half cupfuls of cornmeal. Deat the eggs, dissolve the soda in a little warm water, mix all the ingredients and bake on a hot greased griddle.

Baked Apple Sauce.

Peel and slice apples enough to fill a half gallon stone jar or bean pot. Add half a cupful of sugar, a quarter of a teaspoonful each of soda, ground cloves or cassia buds. Shake the jar, put in the oven and cook slowly for of the Colorado to impound sufficient five or six hours. Turn out and serve

The leather factories of Eagler have a gross annual output of \$35,000.

Sawdust is widely utilized in Germany for the manufacture of chec; blotting paper.

The Frieburg silver mines of Sax ony have been closed after have a been worked for 700 years,

A big Siberian bloodhound own: 1 by a Boston business man is said to be the biggest dog in the United States. Old engines are much sought after by horseshoers of Nantes, France, wh prize such metal highly for horse-

About 10,000 lobster traps will have to be rebuilt to comply with the new regulations in Canada relating to lobster fishing.

The equal suffragists in Oklahoma have translated woman suffrage liter ature into the Choctaw, Chickasha and Cherokee tongues,

Clockwork apparatus to automatical y light and extinguish gas street lamps has been invented to save the expense of lamp lighters.

Many Norwegian families spend two months each summer in the mountains or along the fiords fishing and bouting. Many use portable cottages.

A solution of gum camphor in alcohol will remove ink lines from tracing cloth and leaves it in better condition than if mechanical crasers be used. Knives, forks and spoons so shaped

that they may be handled comfortably only when held correctly have been invented by a Philadelphia man for the instruction of children.

The coal mines on the arctic island of Spitzbergen have been sunk to such a depth that it was possible the past year for the first time for the miner to work in the coldest weather.

In Holland the average cost of keep ing and feeding a cow for dairying purposes per year is about \$60, the amount realized from each cow for the same period being about \$88.

It is predicted that the cultivation of the larger baciendas in Spain will be revolutionized by the introduction from Germany of electric plows, one of which does the work of twenty ord! nary two horse plows.

Tolstoy's presentiment of death calls

to mind the fact that his brother Nicholas had a similar experience just before his death. Nine hours before he died he had a presentiment of his end and, asking to be undressed, went to bed and succumbed soon after. A municipal councilor of Paris has

introduced a proposal to tax all cats in the city. The proposal has not me with popular approval. A large num ber of women who own cats have written to him threatening to make things unpleasant for him if he per-

While only a small percentage of the population of Mexico is capable of purchasing fine and stylish men's furnishing goods, in all Mexican citie there is an increasing number of me who dress as well as those in any country and who demand the lates styles and best makes.

The gospel according to Mark has recently been translated for an Indian tribe in Paraguay. The word eighteen appears as Sohoge-mek-wabethiamok sminik-antanthlama. Literally this means, "Finished my hands, pass to my other foot, three," for fingers and toes are used as units in counting

The pensioner Levy, who for fifteen years stood before the massive front door which leads to the sarcophagus of Napoleon the Great, has retired from his post, being too old to stand on dutfor the seven hours during which the tomb is open to the public. He was one of the last of the pensioners of the Crimean war.

A curious discovery recently made in Crete leads archaeologists to believe that Faust and Gutenberg may not have been the real inventors of printing in Europe. A disk of clay has been un earthed at Phacotos which bears upon its two sides the figures of men, ani mals and trees, not engraved, but most evidently stamped with a punch or die

The new game ordinance in Uganda. which came into force last June, has caused a considerable amount of dissatisfaction among officials in the protectorate and big game shooters in particular. Formerly a ten pound + ticense entitled the holders to kill two elephants, two rhinoceroses and ten + antelopes, while now for this privilege £40 has to be paid.

In the will of Franz Botor, a rich bachelor who died recently at Varadin. Austria, Botor explains that he never married because modern women are utterly ignorant of the principles of cooking. He leaves his entire fortune to the municipality for the purpose of establishing a cooking school in order that young girls may be taught how to prepare food in a civilized manner.

Emperor Nicholas will present to Zaandam, in Holland, a statue of Peter the Great. It was in this village. it will be remembered, that Peter learned shipbuilding for the benefit of his country. The house in which he lived has long been a place of pilgrimage for foreigners visiting Holland. It was restored and inclosed for its preservation by Emperor Nicholas grandfather.

By a vote of the London county council blind persons are to be carried free hereafter on the cars operated by the council. The persons who benefit are required to have the indorsement of some institution for the blind and to carry a certified photograph of themselves. This philanthropic plan is due to a recognition of the growing dangers of London streets on account of the increase in motor vehicles.

## TIMELY HINTS FOR FARMERS

Keep the Colts Growing.

The colt makes its greatest growth suring its first year. This should be kept in mind when planning the feeds for the growing colt. It should be pushed right along and kept growing from the time it is born. Some of the best horsemen feed skimmilk to the growing colts as a part of their regular ration. This is introduced into their feed when they are about four months old and continued until they are yearlings. At first about two quarts are given and the amount gradually increased until they will receive five or six quarts per day. Sometimes trouble is experienced in teaching the colts to drink skimmlik. In this case dampen the oats or ground feed with a little milk to begin with and gradually increase the amount until the grain is fed in the form of a slop composed of grain and milk. By this time a taste will have been acquired by the animal, and no further trouble will ob met. If this ration is continue through the winter the colt will favariably come out in fine shape in the spring, and there will be no setback incident to weaning, as is usually experienced

Ration For a Young Bull. It is a common practice to let a sire have all the clover hay be will consume and then enough of the cats corn, bran and oilmeal to keep him i good physical condition. A mixture consisting of 300 pounds of oats, 300 pounds of oa pounds of bran, 200 pounds of cer chop and 50 pounds of oilmeal would go very nicely with the clover hay We would not feed him enough of the concentrates to get him fat, but just enough to keep him in a good thrilly condition.

Silage is not considered a very good feed for the sire, but a very small allowance is not objectionable.-Honrd's

Handling the Ram In Winter. The ram should not run with the ewes during the winter. He will wor ry them, and one bunt might kill lamb. He should have a box stall not large, with a good strong yard at tached, where he can be out of door

on all fine days. Never leave him out in a storm a that his fleece will become wet, as it might mean death. Feed him regularly and enough to keep him in good thrifty condition.

Trees Around the Pasture. When doing the tree planting do no forget to put a few trees in a corner of the pasture fields if there is such a thing as a fenced pasture on the farm Protect these a few years, and they

## CARE OF THE SHEEP FLOCK IN WINTER.

will protect the stock for many more

Animals Repay Liberal Feeding. Points on Breeding.

fifty sheep on his place. He can get flock of grade ewes at a comparative ly small cost, writes a corresponden of New England Homestead. Then he cen buy a full blooded ram to head the fock. The first thing he should IT THE YEAR ROUND

Every farmer ought to keep at least

do is to pick out some good, strong ewes of good type that show good wool characteristics. Let the ewes be short legged and of good bone, with wide back and not too long neck Such will prove the best milkers When most farmers get a ram they buy any old grade, and in that they make a mistake. Buy the very best ram that is to be found and do not think so much of the price you have to pay. In selecting a ram, get one that is short legged, with good, wide shoulders and back, short neck and a good fleece. Lambs from such selections will more than pay the extra expense the first year.

Farmers do not take as good care of their sheep as they should. Sheep should have a little grain once a day perhaps one-fourth pound per head. The lambs will be enough better to pay for the grain, and the ewe will shear more wool than she would other Do not forget to raise a few roots for the sheep. Roots will keep them healthy and in good condition.

Wealth. "It isn't what a man earns that makes him rich," mused the philoso

"No," agreed his friend; "it's usually what his father saved."—Philadelphia Record.

Considerate. "Why do you keep announcing that you are to be married to an heiress? Does it gratify your vanity?"

"No," replied Baron Fucash, "but it cheers my creditors." - Washington

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