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LOCAL MENTION.

—The boycott seems to be the universal favorite when it tackles high price meat.

—The milk route formerly served by Mr. Grimestone, will be in charge of John Smith, of Bethany, who has purchased same.

—Messrs. Krantz and Sell have purchased the interest of their former partner, Jno. Smith, in the firm of Krantz, Smith & Co.

—Mrs. John Heinicke is laid up with a fractured wrist, having fallen on the ice Sunday morning. Dr. Neilson and McConville reduced the fracture.

—Marriage licenses have been granted to the following: J. Harry McWade of Jersey City and Genevieve Sweeney, of Honesdale; Edward Neubauer and Florence Riffe of Honesdale.

—The following letters remain uncalled for at the Honesdale post-office: Mr. Lewis Bush, Mrs. D. E. Drake, Mr. Oscar Frisch, Mr. Chas. T. Kohler, Mr. Charles F. Martin, Miss Edith Sherman.

—Rev. Thomas Hanley, of St. John's Catholic church, exercised his influence with the officials of the Maloney Home, Scranton, and procured admittance of Mrs. Catherine McNulty of our borough to that institution.

—By special request the choir of the Methodist church will repeat their Christmas music next Sunday evening, consisting of anthems, solos, soprano and tenor duet, and male quartette. The public is very cordially invited to attend.

—August Schpaden, of Hawley, is one of Sheriff Braman's boarders, having been sent there by commitment of Justice of the Peace Ammerman of Hawley, on the charge of being insane and dangerous to be at large.

—Arthur Brisbane, Hearst's editorial writer, and Senator Tom Grady, Tammany's chief spokesman, met at a banquet the other evening at the Waldorf, and chewing the rag is a mild way of reporting what was said and done these celebrities.

—The comet is now the attraction. All eyes are pointed toward the western sky, searching for the new visitor in the heavens. It can be seen very faintly just west of Venus, in the west, just after sunset. As the comet nears the sun it will be more plainly visible.

—The Erie engineer, Albert Bepher, who had a narrow escape from death on the Wyoming division, is a brother-in-law to Cashier Emery of the Farmers' and Mechanics' Bank. Bepher was quick enough to jump from the engine as it started to roll down the bank and thus escaped injury.

—Mrs. Charles E. Mills contemplates to leave here in a few days to visit a number of her relatives in the west. She will first visit her nephews, Charles, Edward and Benjamin Bunnell at Buffalo, and then go to Detroit where she has another nephew. From Detroit she will return home by the way of New York City.

—The annual inspection of Co. E was held Thursday evening, at their hall on Seventh street. The visiting officers were Capt. Taggart, inspecting officer of the Third Brigade, Lieut. Stayer, of the regular army, and Major Conrad. After the inspection Capt. C. J. Kelley entertained the visiting officers and the members of his company at Taubner's.

—Revival meetings will begin in the M. E. church, Bethany, Feb. 6. The pastor will be assisted by Mrs. Bessie B. Larkin and Miss Clara Boyd, of Philadelphia. All who heard Mrs. Larkin last winter agree that she is very successful, both as a preacher and singer. No doubt Miss Boyd is one of the strongest of lady preachers. No one will be disappointed by attending these meetings and listening to their messages. Everybody heartily welcome. 2t.

—Peter Bishop, "one of the old guards" of the Delaware and Hudson canalmen, called at our office Wednesday. Although eighty-five years of age, he is an excellent specimen of manhood, having good health and a robust constitution. He was one of the men who, in 1846, helped to build the aqueduct which spans the river at Lackawaxen. Previous to that the canal boats wound their way around into the Delaware river to a point about where Holbert's hotel now is, and from there the mules and horses were ferried across to the other side of the Delaware river, to continue their journey to the Hudson.

—The Alerts will hold a masquerade ball in the hall next Wednesday evening.

—Rev. Coenan will preach in White Mills on Sunday afternoon at 4 o'clock.

—A marriage licence was issued to Charles Daniels and Rosie Throop of Berlin.

—A number of Honesdale young people attended the donation at Bethany last evening.

—G. William Sell has purchased the residence of Mrs. C. E. Mills on Court street. Consideration, private.

—The Katz-Freeman family enjoyed a sleighride to Hawley last evening when a dinner was served at Park View Hotel.

—The Episcopal choir of this place enjoyed a sleighride to White Mills on Thursday evening. Supper was served by the ladies of the White Mills choir.

—There will be a church service with a sermon at the Indian Orchard school house on Sunday, Jan. 30, at 2:30 p. m. All are welcome.

—Revival meetings will continue in the M. E. church, at Hamblinton, four evenings this week, beginning with Tuesday. Rev. M. D. Fuller is expected to preach on Friday evening.

—One of the Scranton evening papers report that the Scranton Tribune and Scranton Republican have consolidated, but neither of these papers make mention of this fact.

—The Atlantic Refining Co. have contracted with Kreitzer Bros. to build for them an oil storage warehouse at East Honesdale. The building will be about twenty by forty feet.

—Grace church, Sunday, Jan. 30: Services 10:30 a. m. and 7:30 p. m.; Bible classes at 12 M. The address at the evening service will be on the theme, "Has the Church Failed?"

—Thomas Duff's remains were brought to Honesdale on Wednesday's D. & H. train. The funeral takes place to-day at 10 o'clock from St. John's Roman Catholic church. Rev. Thomas Hanley will officiate.

—The Lackawaxen Valley Railway Company, who have the franchise for the trolley road between Hawley and Honesdale, have been successful in disposing of sufficient number of their bonds to warrant them in beginning operations toward completing the railroad. They only await the coming of suitable weather to begin active work.

—The Martha Washington dinner, which has been one of the annual features of Honesdale's history, will be given as usual on the 22d of February. The ladies of the Presbyterian church are again arranging for the event. Mrs. Oscar Bunnell, who is President of the Pastor's Aid Society, is selecting her committees, and has selected Mrs. Harry Rockwell and Mrs. Carl Prosch as chief assistants.

—On the eighth page of our present issue we print the twentieth annual report of the Wayne County Farmers' Mutual Fire Insurance Co. This report is worth reading carefully as it reflects great credit upon the officers and directors and shows that their conservative and careful management has brought about results which place this company in the front ranks of safe, reliable mutual companies.

—Miss Reta Murry gave a dinner party to a number of her friends, at her pleasant home on Wednesday evening. Progressive games were played, the prize being won by Marie Ward. After dinner speeches were made by Madeline O'Connell and Letitia Green, and several musical selections were well rendered by Helen Beck. Those present were: Minnie Schoell, Madeline and Doretta O'Connell, Helen Jacobs, Marie Ward, Letitia Green, Mary Lynott, Mame and Francis Demer, Mary Higgins, Hortense McKenna, and Helen Beck.

—The following real estate transfers have been recorded at Register and Recorder Gammel's office: L. M. Bittner and wife of Paupack, to Michael J. Heibelbeck, of the same place, land in Paupack; consideration \$6.50; Ida J. and A. L. Merithew to Charles S. Vansickle, all of South Canaan, land at South Canaan, consideration \$600; Charles H. Wilmarth and wife to G. G. Wilmarth, all of Aldenville; land at Aldenville; consideration private; T. B. Lippencott and wife to Chas. J. Rohne, all of Preston, land at Preston; consideration \$88; Solomon Jones to E. F. Sleezer, both of Ariel, land in Lake township; consideration, private; Charles H. Rexford, of Galeton, Pa., to Bernice Moore, of Damascus, land in Damascus; consideration, \$780.

—Professor Oday returned yesterday morning from Carbondale where he met Principals Loftus of Carbondale, and Ellis of Dunmore, and made final arrangements for the literary contest to be held at Honesdale next Friday evening. Dunmore will bring 250 students by a special train while 300 of Carbondale followers will join the throng. The students will be entertained at the High school upon their arrival and after the contest the High school will be at the disposal of the students. At five o'clock Friday evening a dinner will be given to the contestants, the Principals and English teachers of each school with Mr. Homer Greene as guest of honor. The sale of seats, which is limited to the capacity of the Lyric, will begin Saturday morning, Jan. 29, at 9 o'clock. Prices 25, 35, and 50 cents.

—The Men's annual oyster supper for the benefit of the Seelyville Fire Co. will be held at the Seelyville Chapel on Thursday, Feb. 3, 1910. First tables will be ready at 5:30 p. m., and rigs will be at Hotel Wayne at 5 o'clock p. m. Price of supper 35 cents.

PERSONAL MENTION.

Miss Marie Ward is visiting in Wilkes-Barre.

Fred Schuerholz is visiting in the city of New York.

Miss Georganna Martin spent Tuesday in Carbondale.

W. H. Mumford, of Carbondale, spent Tuesday in town.

Albert Finch, of Pittston, was a visitor in town yesterday.

John Bell, of Scranton, was in Honesdale on business yesterday.

Miss Grace Salmon left the early part of this week for a few days' visit with friends at Mendenhall, Pa.

Harlan Monaghan, of Scranton, is spending a few days with Honesdale friends.

Capt. Charles Baker, of Waymart, was a business caller in town on Tuesday.

Hortense McKenna left yesterday to attend the reception given by Miss Vera Tuman, of Scranton.

Joseph A. Gerrity, salesman for the Diamond Match Co., of Pittsburgh, spent Wednesday in town.

A. G. Kingman, salesman for the Western Electric Co., of Philadelphia, spent several days in town this week.

Miss Helen Oaks entertained the H. G. C. Club, and a few friends to a dance at her home on South Main street on Wednesday evening. Refreshments were served and a very enjoyable evening was spent.

HYMENEAL.

James I. Pennington and Dorothy Schiessler, of this place, were united in marriage at the bride's home on East Extension street, Wednesday, Jan. 26th, at 6 a. m., by Rev. W. H. Hiller. They left on the 6:55 a. m. D. & H. train for a short wedding trip. After their return they will reside with her parents, Mr. and Mrs. Theo. Schiessler. The groom is employed by the Bell Telephone Co., at Carbondale and is well known at this place. The bride has a large circle of friends here.

Yale Professor Dies on Honeymoon.

New York, Jan. 27.—While on his wedding trip with his second wife, whom he married six days ago in Toronto, Professor Edward Reynolds of the faculty of the Yale Law school died of pneumonia at the Hotel Belmont here.

OBITUARY.

SANKER—Charles Sanker, senior member of the Sanker & Williams Company, wholesale grocers of No. 10 Lackawanna avenue, Scranton, and one of the best known merchants in this part of the State, died Wednesday afternoon in the State hospital after two week's illness. He was taken to the hospital five days ago suffering from an internal trouble. He was forty-five years old. Mr. Sanker was born in this place. He went to Scranton twenty-eight years ago, and became identified with the city's commercial life, as a salesman for the firm of Megargel & Connell, now dissolved, whose stores were on Franklin avenue. Twelve years ago the firm of Sanker & Williams was formed, and in the twelve years of its existence has grown to be one of the most prosperous wholesale houses in Scranton. Two weeks ago Mr. Sanker was forced to yield to the trouble, and up to Saturday last, was confined to his home, 209 North Main avenue. On his being removed to the hospital, it was found that an operation was the only possible means of saving his life. The operation was performed Tuesday. Surviving him are his wife, who is ill of grip; one son, George Sanker, and a daughter, Mrs. F. W. Frantz, of Scranton.

WARD—Mrs. John Ward, one of Carbondale's highly respected residents, passed away at her home on Upper Canaan street, last Monday, following a brief illness of kidney trouble. Deceased was born in Equinunk, twenty-three years ago, but had been a resident of Carbondale for the past several years. Her maiden name was Miss Jessie Depew. She is survived by her husband and two children, Edward and Mary R., her mother, Mrs. J. Depew, three sisters, and two brothers.

The funeral took place Thursday morning from the late home on Upper Canaan street at 9 o'clock, and after a requiem mass in St. Rose church, interment was made in St. Rose cemetery.

OLDFIELD—Thomas J. Oldfield, one of Hawley's most esteemed citizens, died on Wednesday morning, the 26th inst., after a long and lingering illness. He had reached the age of 65 years. For many years he was a merchant and was prominent in politics, having been a candidate for the Legislature on the Democratic ticket; also was a candidate for county commissioner. He is survived by his wife, one son, Thomas, and two daughters, one of whom, Mrs. Charles Strong, resides in this place, the other being at home. The funeral will take place Friday afternoon, Rev. Ripley officiating. Interment will be made in the Eddy cemetery.

A FATAL ACCIDENT.

Honesdale Man, Fireman on Erie Train, Died From Injuries.

Thomas Duff, aged twenty-five, a well known citizen of Honesdale, was fatally injured Tuesday at 3:45 p. m. while in the performance of his duties as fireman on the Erie railroad. The locomotive of which he was fireman, left Port Jervis for Honesdale with a train of empty coal cars. They proceeded as far as Hawley, when they were compelled to pull out on to a siding to permit the Honesdale train to go by. As they were doing this, Duff was in the act of feeding the furnace with fresh coal, when a tube bursted. He having his face on a line with the open furnace door, a volume of steam struck him in the face, and he inhaled a sufficient quantity, so that he was internally scalded. He at once went to Dr. Voigt's office but he being absent, he proceeded to Dr. Catterall's, who did what was possible under the circumstances. Duff suffered excruciating agony, and was taken to Scranton with a view of placing him in the hospital, but before reaching the hospital he died. His body was taken to a nearby undertaker prior to sending it to his home.

A SUBSCRIBER WRITES.

A Good Letter We Received Yesterday Morning.

We sometimes receive communications from our old subscribers that are more to us than the price of the paper. The following, which we received yesterday morning, being an example:

S—, Washington, Jan. 21, 1910.

Mr. Editor:—

Your paper has come regularly every week and still comes, bringing the news of that home land, and elsewhere, for which I hardly know how to be thankful enough. Would write occasionally but most of the time do not feel able. Some months ago had a stroke of apoplexy, from which I have partly rallied, but my health as well as my finances hardly meet my needs and only for a friend in Tacoma some times would be without bread. I would like to pay you for the paper but am not able. If you can afford to send it to me I will be very thankful. My face is Zionward, and have sweet peace with God. I am like a soldier away on furlough, resting passively in the Saviour's care until he gives me my discharge and says come home. I am quietly, calmly, resting in my Saviour's arms, filled with faith and with the Holy Ghost; not a cloud darkens my soul's peace. All is love to God and man. More some other time.

Yours fraternally, G. W.

AN APPEAL.

To the Court of Public Opinion by Free-Born Daughters of the Commonwealth.

It is well known in Philadelphia, that the chief purpose of the State Registration of Nurses, in addition to maintaining high prices and fostering trade unionism in nursing, was for the specific purpose of destroying the Philadelphia School for Nurses—that institution having declared for gratuitous nursing care for the sick poor and for a skilled nursing service to people of moderate means at such rates as they can afford to pay.

Graduates of the Two Year Course of this School are eligible to register, under the law. They can also nurse independent of registration in this, and in all other states. The Philadelphia School for Nurses does not approve of State Registration in any form. It is content to have its nurses stand on merit, rather than on any favoritism in law, besides the School takes the position that the doctor should be the only legal authority in the sick-room, and that the introduction of any other authority is detrimental and dangerous.

However, if the graduates of this School wish to exercise the right to acquire the questionable benefits of such a measure, we think, as free-born daughters of the commonwealth, they have a right to insist upon equality before the law. This equality, however, has been denied to Miss Nellie Farnham, a graduate of the Two-Year Course in the Philadelphia School for Nurses, and now chief nurse in the Maternity Hospital at Sunbury.

This so-called "State Board of Examiners for Registration of Nurses" has denied to register Miss Farnham, not on grounds of incompetence, for her splendid record in private nursing, and her efficiency in her present position, precludes such an excuse, but simply and solely on the ground that she is a graduate of the Philadelphia School for Nurses. Her beautiful service in ministering to the sick-poor of this city during the entire two years of her course in this School, and passing rigid final examinations with credit, and her subsequent career as a successful nurse, is a crime in the eyes of this politically constituted board, which is loudly proclaiming "for the safety of the public," and using the Legislative club on the graduates of an institution which is regularly chartered by this Commonwealth and which has been rendering a matchless service of helpfulness for fifteen years.

Therefore, in behalf of the graduates of this School and keeping in mind the American notion of justice and fair play, we appeal to the Court of Public Opinion.

—Next Tuesday is Ground Hog's day. Look for his shadow.

TWO QUARTS OF WATER A DAY.

Dr. W. R. C. Latson Says This is an Inexpensive Way in Which to Keep in Perfect Health.

Three-quarters of the earth's surface is covered by water. The body of a man is about four-fifths water. Even your teeth, the hardest and densest tissue of the body, contain about four per cent. of water. The bones contain from eleven to fourteen per cent. of water; the muscles are three-quarters water. The blood varies from four-fifths to seven-eighths water. Water makes up ninety-seven per cent. of the gastric juice, ninety-eight per cent. of the perspiration and ninety-nine per cent. of the saliva.

The vital processes are carried on very largely by means of water. As one authority has expressed it: "Water is a very important food element, as all the physiologic changes take place in a watery solution. Water is the medium through which the body is nourished." That is to say, digestion, circulation, assimilation—all these are possible only as a result of the presence of water in the body. Without food a man can exist sixty, seventy or eighty days, as has been demonstrated by experience, but if deprived of water for five or six days he dies.

In the prevention and treatment of disease the elimination of waste is by far the most important factor. In many diseases it is only necessary to increase elimination in order to cure the case. Disease, as a rule, is merely an effort on the part of the body to rid itself of impurities.

To secure proper elimination the most important measure is the free drinking of pure water, water which shall wash the system as water poured through a sponge would cleanse it of all its impurities.

There are very few people who drink enough water to insure the elimination of the poisons which the body is constantly making. For the removal of these poisons the two or three glasses of water daily which many people drink is absurdly inadequate.

Fluids such as tea, coffee, wine, beer, milk and so on will not act upon the system in the same way. In the first place, all such fluids, with the exception of milk, contain impurities, if not actual poisons. Coffee contains caffeine, tea contains thein, wine and beer contain alcohol. Not only, therefore, do they poison the system and disturb the operation of the vital organs, but they impose upon certain organs the added task of separating the solid from the fluid matters before the liquid can be used by the system.

It must be understood that the only liquid which the body can use in its activities is water, and that other fluids taken are useful only because they contain water which may be filtered out by the appropriate organs. This act of filtration, however, imposes a certain strain upon the system—a strain which in many cases leads to direct and incurable disease.

An insufficient supply of water in the system is one of the most frequent and far reaching causes of disease. As a practical physician, the writer has found that in the vast majority of cases, lack of fluid in the body was an important factor in the causation and maintenance of the patient's disorder. And in every day practice it has become a routine measure to prescribe an increase in the quantity of water taken.

Lack of water is nearly always a factor in the production of such disorders as indigestion, constipation, rheumatism, gout, catarrh and biliousness. In constipation especially the free drinking of water is often the only treatment needed for complete cure. Water is better than any combination of drugs—better than pills or other concoctions, which act only by irritating the delicate membranes of the stomach.

Indigestion the difficulty is generally due to the insufficient supply of gastric juice, combined

with inactivity on the part of the stomach. Both of these conditions are traceable to a deficiency of water in the system. In such cases the free drinking of pure water acts helpfully in several ways. It tones up the stomach and cleanses it. It increases the volume of blood and thus conduces to increased secretion of saliva and gastric juice.

It is not intended, of course, to imply that water drinking alone is sufficient to cure every case of indigestion and constipation; but it is the firm conviction of the writer that without an abundance of pure water as part of the treatment all other measures, such as diet, exercise and drugging, adopted for the relief of those troubles will fail and most fail.

For a person in average condition it would seem that the system needs about two quarts of pure water daily. In cases of disease this amount may reasonably be increased to three, four or more quarts of water.

To one unaccustomed to the free drinking of water it is not always easy to form the habit. Some self education is necessary. A good practical rule is to make it a habit to drink ten or twelve tumblers of water every day. This water should be taken on rising, on retiring and between meals. Little or no fluid should be taken at mealtimes nor during the period for the half hour preceding and the two hours after the meal.

THE PROTECTED "INTERESTS."

Alfred Henry Lewis is Telling About Them in Human Life.

The public has been quick to recognize that Alfred Henry Lewis's series of articles, entitled "Traveling with Taft," now running through Human Life, and which began with the December issue, are far and away the biggest magazine feature in recent years, and are, in fact, little short of revolutionary in their revelation of secret rascality in high places.

The following are a few of the points touched on in the February issue: Will Roosevelt run again for the presidency? Or, if not the presidential chair, then what awaits the return of the lion-hunter? Mr. Lewis's views on both questions are decidedly interesting if somewhat surprising. Incidentally he lays bare Roosevelt's consuming ambition.

With sly humor, which bubbles up everywhere through this article, like springs in a glade, the writer declares his platform on the woman suffrage question. And if he proposes to tilt no windmills in this affair it isn't for lack of courage, but because—and follows the most unique argument yet heard on the subject.

Mr. Taft's stop at Winona and how Mr. Taft's constituents received his tariff eulogy—"the best revenue measure ever passed"—is described. Also how the President bungled the job in his defense of Mr. Taft. On this same Payne-Aldrich tariff Mr. Lewis turns the spotlight of his keen analysis, and sums up the matter in a nutshell thus: "It means that the few shall search the pockets of the many and steal all save just enough to buy the victim's bread and cheese."

But perhaps the keenest sword-thrust of all, the writer plants in the shield which tariff protection throws over the infamous Sugar Trust. It lets the broad daylight in on this subject with an array of facts that shows the appalling clutch of this incubus on every household in the land, and beside which Pharaoh's stunts with the Israelites look like a game of ring-around-a-rosy.

This series will be continued in the March issue.

April is the month in which all bee colonies should be examined. We usually have some nice days in which to do this work.

\$	Dollars AND Cents.	\$
<p>As a matter of business we earnestly solicit the accounts of individuals or Firms, either for Savings or Checking Accounts.</p>		
<p>A FRIEND OF THE</p> <p>Farmer, Mechanic, Merchant, Manufacturer, Laborer and Professional man</p>		
<p>Money loaned to parties having reliable backing.</p> <p>Safe deposit boxes for rent in our fire-proof vault.</p> <p>When in Honesdale do not fail to give us a call at the corner of Tenth and Main street.</p>		
\$	Farmers & Mechanics Bank	\$