

A SAGE'S ADVICE.

Wear Wool and Retain Your Health.
Nature's Laws not to be Violated
with Impunity.—The Bible not
a Scientific Treatise.

MR. EDITOR:—With as little repetition as possible upon points in my former communications, I wish again to assert that it is the property of linen to be a conductor of heat—that it conducts heat away from an organism covered by it, as a natural law. The science of physics proclaims these facts, and natural philosophy informs us why it is inferior to woolen for garments in our winter climate, for all persons compelled to expose.

If, then, it is a natural law, the corollary of the proposition is that the woolen fabric retains the animal heat when applied to the surface of the organism; preventing its escape into the colder atmosphere; and the linen, when so worn, conducts it away. Scientists depend upon these natural laws, and it is science that decides the linen and woolen question; it being a truth of nature, the whole story is told. But if there is anything left, it is mere sophistry; and all the stultiloquence of our promoter of this noxious innovation that "woolen is entirely unsuited for wearing apparel next the skin," only stultifies himself. It is carrying language to the height of travesty, when in his rhapsody in describing the properties of linen (at variance with scientific facts) when worn as underwear, our conductor of the "Independent" declares "it preserves the natural heat of the body and allows the skin to breathe. There are many things not dreamt of in our philology; many discoveries which will immortalize those who make them, and confer upon the human race advantages which, as yet, perhaps, we are not in a condition to appreciate; but natural laws are an irrefragable fact, and ever will be immutable and inaccessible to caprice or outside influence. Hence, the fad of our editor of the "Independent" rests on no scientific foundation, nor logical thought, and therefore is a monstrous assumption only. It is this that "overweening rules him out of court," and not myself.

A mythical legend makes that tabled monster called Satan, or Devil, appear to the great French scientist and naturalist Cuvier, as he did to Luther, and exclaim, "I'll eat you!" Cuvier, did not, as did Luther, throw at him his inkstand and depart; he looked at his feet, and yelled out, "hoofs!" then at his head, exclaiming, "horns! graminivorous! It can't be done!" Neither can the conductor of the "Wayne Independent" change a conductor of heat into a non-conductor, or vice versa; it can't be done! no more than a graminivorous animal can be changed into a carnivorous one. Any discussion which can not be brought into unison with results obtained by science is worthless and senseless; and a disputant armed with this fact may defy his Satanic majesty or any other person.

It is not true that a conductor of heat, as linen or cotton, worn as underclothing by residents of our hemisphere, in our latitude and in the winter months of our climate of Wayne county, Pa., affords them so safe a protection from the weather severities as woolen material. Do I dogmatize? A law of Nature sustains the fact. I must thank the editor for "heartily endorsing" the point made in my last article, viz:—"Whoever interferes unreasonably, or by dressing the body of a person to conflict with natural laws, should be handed over to the Society for the Prevention of Cruelty to Animals." Now, this is in a nutshell, the *punctum saliens* of all I have been contending for, in these communications; and if he will correct the spelling of the name of the daughter of Esculapius, and point out where I ever wrote that "linen underwear is something new," I should feel grateful. It can't be done!

In the year 1848, in locating here as a physician, I found of all ages, many, in the dead of winter, dressing with only cotton underclothing, and advised woolen for the best of reasons and am pleading for it still.

Regarding his gratuitous slur, viz:—"Our learned friend does not pin his faith very strongly to biblical teachings," I will answer, how does he know? It is useless and paltry with the truth, to set up the figment of a doctrine which contradicts itself; that dictates mani-

fest incredibilities; such as the stopping of the Sun, Balaam's speaking ass, Elisha's avenging bears, or the transformation of Nebuchadnezzar. This, like every other book, should be judged by its intrinsic merits; but this is a departure from the discussion, and with the best I can do with my concordance, I cannot find that the book teaches Science a whit better than the editor of the "Wayne Independent."

A commodity which depends for its sale to be bulldozed through an advertising medium, like old Dr. Townsend's Sarsaparilla, the promoter to rip up a habit that has proved to be of such utility as the one in question, may hypnotize or mislead a few into an experimental trial of the cotton, but the dupes will do so at their peril.

To the proprietors of "The Citizen" my thanks are due for their courtesy in permitting the publication of my articles on the wear of woolen and cotton or linen fabrics; and it is my belief that the people of our county will never lose the knowledge of keeping warm with the one, and cool with the other commodity.

OCTOGENARIAN M. D.

Fallsdale.

FEB. 10th.—The Fallsdale Creamery Co. held their annual meeting on the 9th, and elected the following officers for the coming year: President, C. W. Lovelass; Vice President; W. H. Crocker; Secretary, George J. Knorr; Treasurer, A. E. Sisson; Director, L. A. Lybolt, M. L. Snavely, S. D. Noble, Geo. D. Schweighofer, and A. Appell; Manager, A. E. Sisson. The company will resume business March 1st, with a competent superintendent. B. L. Coon, the superintendent of last year, will remove to Rome, N. Y., this week. Mr. Coon served the Company well, and proved himself a first-class, clean, painstaking butter-maker.

Miss Laura Lovelass is spending a few weeks with her sister, Mrs. J. C. Burcher, in Scranton.

Mrs. Lawrence Senft is visiting friends in New York city.

Mrs. Judson Gelatt, of Denver, Col., is visiting her sister, Mrs. M. G. Noble.

Mrs. H. E. Decker is caring for her son, Conrad Hiller, who is very sick at the home of his uncle, in Honesdale.

Mrs. O. N. Bates will start for Albany, N. Y., this week, for a visit of two or three weeks.

Mr. and Mrs. W. H. Crocker are in Topeka, Kansas, and report a fine time and good health. They have encountered various kinds of weather and climates from sunny, cotton-growing climes, in Oklahoma, to a western blizzard, in Topeka. They are enjoying meeting old-time Wayne county friends who have settled in different parts of the west. Before their return they will visit friends in Nebraska, St. Louis and Chicago.

Siko.

FEB. 11th.—Mrs. N. Hambly, of Honesdale, recently visited her sister, Mrs. G. A. Kimble.

Rev. J. B. Cody preached at Siko Hall last Sunday evening, and next Tuesday evening he will show the last of a series of pictures.

The Pleasant Valley L. T. L., had to postpone their Lincoln entertainment on account of so much sickness in the community.

G. A. Kimble is recovering from a serious illness.

L. Nelson is still indisposed from the effects of a fall which he received three weeks ago.

Emily Bates, of Seelyville, spent Sunday at her home here.

Jay McReynolds, the seven-year old son of the late Daniel McReynolds, had the misfortune to run a pitchfork into his eye, one day last week. The sight was destroyed. He lives with his uncle, Daniel L. Brown.

A few from this place attended the donation held at Rev. W. B. Signor's, at Bethany, on Wednesday evening.

Beach Lake.

FEB. 12.—Norman Davey has secured a position at Norristown, Pa. He went there with his cousin, Wesley Davey, who has been employed at that place for some time.

H. Bradbury, who has had a position in New York city, since July first, has returned home.

Mrs. Pomeroy's sister, Hattie, of Michigan, is visiting relatives and friends at Beach Lake. Wm. Male, of the west, is also a visitor in town.

Mr. Ives is protecting another little boy, who came for shelter this cold winter time.

NEW TABLE LINEN.

Centerpieces Attractively Worked in White Mercerized Cotton.

No department of embroidery affords more interest and pleasure to the woman who takes pride in her household furnishings than the working of table linen.

Embroidery worked with mercerized cottons in white or colors is perhaps most satisfactory of all the styles of the present season, as it is most practical and durable. For the ground-work a rather heavy linen is used and for the embroidery a coarse mercerized thread. Many of the pieces are edged



WORKED WITH FEATHERSTITCHING.

with lace. A linen torchon lace corresponds well with the texture of the linen. Good effects are produced by couching fancy braids, cords or several strands of silk on a simple outline pattern, introducing fancy stitches as the occasion demands.

White coronation braid is much used on table linen and is a most satisfactory material with which to work. It is easily fastened in place and keeps its shape well after laundering, a point always to be considered when choosing material. It should be used on a rather heavy linen ground. Very dainty is the effect of the white braid combined with embroidery in white on an ecru ground or the white braid with stitches of some delicate color on white. This braid may be used on any outline design, and the work may be varied and elaborated by fastening the braid in place with fancy stitches in color, crossing it at its narrow points. Most attractive effects are carried out with featherstitching done in a pattern.

A conventional flower design carried out in colors is shown in the centerpiece illustrated. The ground is a white linen, the flowers are in yellow and green, the petals worked in long and short stitch with shades of yellow



A CONVENTIONAL FLOWER DESIGN.

floss, and the centers in light green. An outline of dark green forms a setting for the flowers and follows the inner line of embroidered edge, which is in white. This design stamped on ecru linen will allow strong coloring. Warm, rich shades of red combined with dull green or blue are very attractive. A good cord may be used for the outlining, adding much to the beauty of the work.

A Will and a Way.

To keep music so that it can be easily found and is free from dust is no easy task without a cabinet that is well supplied with shelves and a door.

One impecunious young music student has solved the problem rather happily. She found in her cellar a box a yard high, fourteen inches wide and ten inches deep, or just an inch or so wider and deeper than the average sheet of music.

The box was scrubbed inside and out, and a number of shelves were made from thin pieces of whitewood that rested on small screws stuck in the inside of the box at irregular intervals.

Some old broomsticks were cut up into four legs, each one ten inches high. These were fastened to the bottom of the box by stout nails. The lid was turned into a door by means of two brass hinges bought for a few cents.

When the cabinet was finished it was given three coats of white paint and a fourth of white enamel. In the center of the door an inexpensive copy of the "Child Handel," Margaret Dicksee's well known painting, was used as a panel. It was held in place by a narrow framing of white silk sou-tache, fastened with large brass headed tacks.

Inside on the front of each shelf was lettered the kind of music to be kept upon it.

Just a Stitch.

The question of laundry is one of the worst difficulties to overcome when on a vacation. The laundry is sent away and is more than likely to come back with several pieces missing.

Tape embroidered with one and two initials can be purchased in the shops for a very small price, and if these initials are sewed on every piece of underwear it will be almost impossible for them to go astray.

These initials can also be made to order in monograms of three initials or the whole name embroidered on the tape in tiny letters for better identification. The cost is so small that every one should adopt this plan.

Young Folks

A REMARKABLE ESCAPE.

An Incident That Proves the Truth of an Old Adage.

Sometimes when a story writer makes his hero pass through an adventure of a peculiarly thrilling and improbable kind he gets credit for relating sensational incidents, says the Chicago News. And yet, as has been said a great many times, "truth is stranger than fiction." Here is a case in point:

At a fire in a large city a short time ago the captain of an engine company found himself on top of an eight story building, absolutely cut off from all chance of escape save one—he might crawl along an electric cable that passed from the roof of the building he was on to the roof of the building on the other side of the street. The venture seemed almost hopeless, but a man will try many perilous ventures rather than give up his life.

So the brave and cool headed man began his dangerous trip. He swung to the cable by his hands and his legs, back down, and thus crept slowly along until he had reached a point about halfway between the buildings. Then he seemed to have exhausted his strength, for he moved no farther, but hung there, away above the ground, with sparks and smoke all around him, apparently about to loosen his hold and fall to the ground.

Meanwhile his companions were busy arranging a plan to rescue him. They cut the cable on the roof opposite to the fire and, tying a wire to the severed end, lowered it gently, the man gradually slipping down the cable until within about twenty-five feet of the street. There he released his hold, but as he fell the men in the street caught him in a net.

SOME TONGUE TWISTERS.

Sentences That Will Puzzle the Most Careful to Repeat.

A London paper recently offered a series of prizes for the best "tongue twisting" sentences. Most boys and girls will find the prize winning contributions quite amusing. Here they are:

A growing gleam growing green.

The bleak breeze blighted the bright broom blossoms.

Two toads totally tired tried to trot to Tedbury.

Strict, strong Stephen Stringer snared sickly six sickly silky snakes.

Susan slineth shoes and socks; socks and shoes shines Susan. She ceaseth shining shoes and socks, for shoes and socks shoos Susan.

A haddock, a haddock, a black spotted haddock; a black spot on the black back of a black spotted haddock.

Oliver Oglethorp ogled an owl and an oyster. Did Oliver Oglethorp ogle an owl and an oyster? If Oliver Oglethorp ogled an owl and an oyster, where are the owl and the oyster Oliver Oglethorp ogled?

If you can get through with that exercise without tying your tongue into a quintuple bowknot you will deserve a greater prize than the London paper offered in this unique contest.

Polly Pigeon's Shoes.

Oh, dear! Whatever shall I do?
It seems a perfect sin,
The moment I forget my feet
My toes straightway turn in.

But when we're playing's worst of all,
Somebody always goes
And shouts out loud and spoils my fun,
"Oh, Polly Pigeon's!"



This morning as I lay in bed
I heard the pigeons coo,
And this, I'm sure, is what they said,
"We walk like you—like you!"

Then quickly out of bed I slid—
To see their mocking din,
And, staring straight at me, there stood
My shoes with toes turned in.

—St. Nicholas.

An Application.

"Spell ferment and give its definition," requested the schoolteacher.

"F-e-r-m-e-n-t, ferment, to work," responded a diminutive maiden.

"Now place it in a sentence, so that I may be sure you understand its meaning," said the teacher.

"In summer I would rather play out of doors than ferment in the school-house," returned the pupil with such doleful frankness that the teacher found it hard to suppress a smile.

A Bird's Lightning Rod.

The humming bird in Australia no less than man protects its habitation with a lightning rod. The humming bird before a devastating thunderstorm bursts promptly covers the outside of its little nest with cobweb, and since the cobweb is silk the humming bird's nest is thereby rendered lightning proof.

Blackguards.
The term "blackguard" is said to be derived from a number of dirty and tattered boys who attend the horse guards' parade in St. James' park to black the boots and shoes of the soldiers or to do any other dirty office. These boys, from their constant attendance about the time of guard mounting, were nicknamed "the black guards."

Wear of Coins in Circulation.
The loss incurred by the wearing of coins in circulation has been made the subject of a number of precise experiments, from which it was ascertained that \$300 worth of five dollar gold pieces lost over \$15 of their value in 100 years.

The Polka.
The polka dance was invented between 1830 and 1834 in Bohemia and obtained its name in Prague in 1835.

Euchre an Old French Game.
Euchre is the ancient French game of triomphe. The early French settlers brought the game to America and played it with thirty-two cards. As commonly played in this country today twenty-four cards are used in four handed games.

Roosevelt in Pastry.
The woman who makes her own gingersnacks has at some time or other taken pride in the clever shapen in which she turned them out as men, women, dolls and animals. It is most



interesting to know that the Germans, who are adepts in this art, have made one like the picture here, representing President Roosevelt hunting in Africa and bringing to his own game.

Bregstein Brothers

After taking an inventory we find we have a number of broken lots of MEN'S and BOYS' SUITS, which we will dispose of

At a Reduction of 40 per cent.

\$4.00 Children's Overcoats	-	\$ 2.00
.75 Fleece Lined Underwear	-	.39
.50 and 25c Neck Ties	-	12 1/2
.50, 75c and \$1 Colored Shirts	-	25
.50 Golf Gloves	-	39
.50 Caps	-	39
.75 Caps	-	50
1.00 Caps	-	75

Trunks, Dress-suit Cases and Valises

REDUCED 33 1-3 PER CENT.

MEANS MUCH

To the level-headed young man, a bank account, added to a determination to make it larger, means much. The names of many such are enrolled on our books and the number is steadily increasing. Are you among the number?

FARMERS' and MECHANICS' BANK.
Honesdale, Pa.

The Era of New Mixed Paints!

This year opens with a deluge of new mixed paints. A condition brought about by our enterprising dealers to get some kind of a mixed paint that would supplant CHILTON'S MIXED PAINTS. Their compounds, being new and heavily advertised, may find a sale with the unwary.

THE ONLY PLACE IN HONESDALE AUTHORIZED TO HANDLE CHILTON'S MIXED PAINTS IS JADWIN'S PHARMACY.

There are reasons for the pre-eminence of CHILTON PAINTS:
1st—No one can mix a better mixed paint.
2d—The painters declare that it works easily and has wonderful covering qualities.
3d—Chilton stands back of it, and will agree to repaint, at his own expense, every surface painted with Chilton Paint that proves defective.
4th—Those who have used it are perfectly satisfied with it, and recommend its use to others.

THE CITIZEN'S New "Eclipse" Newspaper Folder.



The above is an illustration of the No. 1 "Eclipse" newspaper folder which we have just installed in our office. It handles four and eight pages of any size newspaper sheet, trimming when necessary, and delivering at the third or fourth fold. It handles the work satisfactorily, and folds the sheets as fast as the press prints them—so that we have no difficulty in making the mails.