NERVOUS DYSPEPSIA

To Gain Flesh, to Sleep Well, to Know What Appetite and Good Digestion Mean.

MAKE A TEST OF STUART'S DYSPEPSIA TABLETS.

No trouble is more common or more misunderstood than nervous dyspepsia. People having it think their nerves are to blame and are surprised that they are not cured by nerve medicines. The real seat of the mischief is lost sight of. The stomach is the organ to be looked after.

Nervous dyspeptics often do not have any pain whatever in the stomach, nor perhaps any of the usual symptoms of stomach weakness. Nervous dyspepsia shows itself not in the stomach so much as in nearly every organ. In some cases the heart palpitates and is irregular; in others the kidneys are affected; in others the bowels are constipated, with headaches; still others are troubled with

PROF. HENRY W. BECKER, A. M.

loss of flesh and appetite with accumulations of gas, sour risings and heartburn.

It is safe to say that Stuart's Dyspepsia Tablets will cure any stomach weakness or disease except cancer of the stomach. They cure sour stomach, gas, loss of flesh and appetite, sleeplessness, palpitation, heartburn, constipation and headache.

Send for valuable little book on stomach diseases by addressing F. A. Stuart Co., Marshall, Mich. All druggists sell full-sized packages at 50 cents. Prof. Henry W. Becker, A. M., the well-known religious worker and writer of St. Louis.

Secretary of the Mission Board of the German Methodist church. Chief Clerk and Expert Accountant for the Harbor and Wharf Commission. Public Secretary for the St. Louis School Patrons' Association, and the District Conference of Stewards of the M. E. Church; also takes an active part in the work of the Epworth League, and to write on religious and educational topics for several magazines. How he found relief is best told in his own words:

"Some weeks ago my brother heard me say something about indigestion, and taking a box from his pocket said "Try Stuart's Tablets." I did, and was promptly relieved. Then I investigated the nature of the tablets and became satisfied that they were made of just the right things and in just the right proportions to aid in the assimilation of food. I heartily endorse them in all respects, and I keep them constantly on hand."

—A—

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THE WEEK IN CONGRESS

Appropriation Bills Will Be Kept to the Fore.

OTHER MEASURES LOOMING UP.

Navy Personnel Bill May Meet Opposition Because It Increases Expenses Several Hundred Thousand Dollars. Debate on Treaty May Be Postponed.

Washington, Jan. 9.—The time of the house will be fully occupied from this time forward until the conclusion of the session. Appropriation bills, which are already in an unusually advanced stage, are to be kept to the fore, but there is a deal of other important legislation which will press for consideration at every opportunity. Perhaps the most important single measure is the bill for the reorganization of the army. It was the general understanding before the recess that this bill would be given consideration immediately after the holidays, but the illness of Chairman Hull, of the military affairs committee, will delay this measure until he is sufficiently recovered to attend the sessions of the house. His illness will also delay the military academy and army appropriation bills.

Meantime the friends of the navy personnel bill are pushing for its consideration, and the rules committee will give a day to it during the present week. The only opposition to it is likely to arise from the fact that the reorganization it contemplates involves an additional charge on the treasury of several hundred thousand dollars.

The final vote on the legislative, executive and judicial appropriation bill will be taken today. The opponents of the civil service law succeeded in striking from the bill, while the house was in committee of the whole, the appropriation for the maintenance of the commission. But when the vote is taken in the house, where members are obliged to go on record, there is little doubt but that the appropriation will be restored. The diplomatic and consular and the naval appropriation bills are the next budgets to be taken up, and either or both of them may be considered this week. Such time as intervenes will be consumed in the consideration of the bill for the codification of the laws of Alaska. This bill has been made a continuing order.

The week promises to be a busy one in the senate. It begins with an elaborate and carefully prepared speech by Senator Hoar in opposition to the extension of American territory. Tomorrow Senator Mason will discuss briefly his resolution in opposition to this country's asserting sovereignty over Cuba and the Philippines, taking strong ground for the independence of the people of those islands.

Senator Morgan will make an effort early in the week to get the senate to name a date for taking a vote upon his bill for the construction of the Nicaragua canal, and whether he succeeds or not will press the bill as continuously upon the attention of the senate as circumstances will permit. Unanimous consent is necessary to the fixing of a time for a vote, and it is not probable that this will be secured for some time to come.

It is the expectation that the peace treaty will be reported on Wednesday, and also that some of the appropriation bills now in the hands of the committee on appropriations will be brought in towards the close of the week. Immediate consideration will be asked for the appropriation bills, but it is possible that the beginning of the debate upon the treaty may be postponed until next week. There is an effort among the opponents of the treaty to have it discussed in open session, but the indications are against such a course.

A Clever Trick

It certainly looks like it, but there is really no trick about it. Anybody can try it who has lame back and weak kidneys, malaria or nervous troubles. We mean he can cure himself right away by taking Electric Bitters. This medicine tones up the whole system, acts as a stimulant to the liver and kidneys, is a blood purifier and nerve tonic. It cures constipation, headache, fainting spells, sleeplessness and melancholy. It is purely vegetable, a mild laxative, and restores the system to its natural vigor. Try Electric Bitters and be convinced that they are a miracle worker. Every bottle guaranteed. Only 50c. a bottle at A. Wasley's drug store.

Declares Dreyfus Justly Condemned.

Paris, Jan. 9.—Le Soir says it learns from an indisputable source that the court of cassation is convinced that Dreyfus was justly condemned. M. Quesnay de Beaurepaire, president of the section of the court of cassation, has resigned his position in consequence of a disagreement regarding the Dreyfus inquiry.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

Pillsbury's Remarkable Chess Feat.

Milwaukee, Jan. 9.—At the Deutscher club yesterday Harry N. Pillsbury, champion of the United States, performed the remarkable feat of playing 25 games of chess simultaneously, and coming out victorious in all but one game. He was also successful in an exhibition of "blindfold" playing against a half dozen well known local players.

Rheumatism Cured in a Day.

"Mystic Cure" for Rheumatism and Neuralgia radically cures in 1 to 3 days. Its action upon the system is remarkable and mysterious. It removes at once the cause and the disease immediately disappears. The first dose greatly benefits. 75 cents. Sold by Shenandoah drug store, Shenandoah. tf

Socialist Riot in Paris.

Paris, Jan. 9.—The socialist annual pilgrimage to the tomb of Blanqui, in the cemetery of Pere la Chaise led to riots between the rival partisans of Henri Rochefort, editor of The Intransigeant, and M. Jaures, editor of The Socialist Petite Republique. Many were injured and the police made a number of arrests. The wreath intended for the tomb was trampled upon.

There is a Class of People

Who are injured by the use of coffee. Recently there has been placed in all the grocery stores a new preparation called GRAIN-O, made of pure grains, that takes the place of coffee. The most delicate stomach receives it without distress, and but few can tell it from coffee. It does not cost over 1-4 as much. Children may drink it with great benefit. 15 cts. and 25 cts. per package. Try it. Ask for GRAIN-O.

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Saves Work and Worry

Neglect should never be laid at the door of a housewife. It may be she works harder than her neighbor, but doesn't go about it in just the right way. Her neighbor uses

GOLD DUST WASHING POWDER

and keeps her house twice as clean with half the effort. Gold Dust Washing Powder has given many a woman the reputation of being a queen of housekeepers. Do you use it? Largest package—greatest economy.

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Sometimes needs a reliable, monthly, regulating medicine. Only harmless and the purest drugs should be used. If you want the best, get

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They are prompt, safe and certain in result. The genuine (Dr. Peal's) never disappoint. Sent anywhere, $1.00. Address PEAL MEDICINE Co., Cleveland, O.

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Thoughtful, thorough, and comprehensive reviews of all important publications in the civilized world. French, German, Italian, Spanish, as well as English and American works, are treated from week to week.

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Special articles appear weekly in the paper, sometimes under the title of "Among My Books," written by such well-known authors and critics as

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and from time to time original pieces of literary work, poems, fiction, and essays are published, but in each case only from the pens of world-famous writers, such as

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will be published, devoted to descriptive articles on such subjects as rare and curious books, book-plates, special editions of famous books, noteworthy American editions, etc.

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If you are, ask for tickets via the Southern Railway. It is the shortest, quickest and best route. Its service this season will surpass that of all preceding years. Write for further information to John M. Beall, District Passenger Agent, 828 Chestnut street, Philadelphia, Pa.

Do You Know

Consumption is preventable? Science has proven that, and also that neglect is suicidal. The worst cold or cough can be cured with Shiloh's Cough and Consumption Cure. Sold on positive guarantee for over fifty years. Sold by P. D. Kirlin and a guarantee.

Coming Events.

Feb. 1.—Grand ball, Robbin's opera house, for the benefit of the Slavish Congregation.

A Card.

We, the undersigned, do hereby agree to refund the money on a 50-cent bottle of Greene's Warranted Syrup of Tar if it fails to cure your cough or cold. We also guarantee a 25-cent bottle to prove satisfactory or money refunded. A. Wasley, C. H. Hagenbuch, Shenandoah Drug Store, and P. W. Bierstein & Co. 11-14-33t-dw

German

Every man's wife who has used SEELIG'S knows a good drink. Try it on your husband.

friends can tell you about Seelig's. This admixture improves cheap coffee and makes you a delicious drink for little money. 2c. a package.

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VIA "THE TRUE SOUTHERN ROUTE."

The "Pacific Coast Limited," the new California train will leave Chicago at 2:00 p. m., and St. Louis 10:30 p. m., every Tuesday and Saturday arriving at Los Angeles third day at 4:00 p. m., and San Francisco fourth day noon, and willl run via Chicago & Alton, St. Louis, Iron Mountain & Southern, Texas & Pacific, and Southern Pacific Railways. This luxurious train consists of a composite car containing reading, writing, smoking-room, buffet, barber-shop and bathroom; a compartment car containing seven private compartments and double drawing-rooms; twelve section sleeping-cars with state and drawing-rooms, also, dining-car in which all meals will be served a la carte, and traverses a region of perpetual sunshine, where snow blockades, blizzards or high altitudes are unknown. In addition to our weekly tourist car line via the scenic route, we will operate a weekly tourist car via "The True Southern Route," leaving Chicago every Tuesday and from St. Louis every Friday morning. For illustrated and descriptive literature, time-tables, very lowest rate of fare to all points west and southwest, address J. P. McCann, Travelling Passenger Agent, or W. E. Hoyt, Gen'l Eastern Passenger Agent, 391 Broadway, New York. tf

How Is Your Wife?

Has she lost her beauty? If so, Constipation, Indigestion, Sick Headache are the principal causes. Karl's Clover Root Tea has cured these ills for half a century. Price 25 cts. and 50 cts. Money refunded if results are not satisfactory. Sold by P. D. Kirlin and a guarantee.

Will You Winter in Florida?

This will be the greatest season Florida has had for years. You ought to go and go via the Southern Railway. Its the best route. If you will write John M. Beall, District Passenger Agent, 828 Chestnut street, Philadelphia, Pa., he will arrange all the details of your trip for you.

COL. WARING'S WARNING

A Concise Report on the Reeking Filth of Havana.

NECESSITY FOR PROMPT ACTION.

The Investigator Who Sacrificed His Life While Serving the War Department Completed an Exhaustive Report Before His Death.

Washington, Jan. 9.—The war department, division of customs and insular affairs, makes public a very full synopsis of the late Colonel George A. Waring's report of his visit to Havana under the special instructions of the war department, given him early last autumn, to thoroughly inspect the sanitary condition of the city and to make such recommendations for the future improvement of the town as might be suggested by said inspection. Colonel Waring's investigation was most thorough, and in pursuing it he contracted an illness which resulted in his death a few days after his return to his home in New York.

Colonel Waring says he found the street cleaning without an adequate organization or funds and the markets offensive and dangerously filthy for the distribution of American food with the exception of two, Tacon and Colon markets. He also found the machinery used for sweeping the streets ineffective, the garbage being thrown into the streets in entire disregard of the ordinance requiring it to be set in proper receptacles. The work of the contractor was all done in the latter part of the night, and absolutely in the dark.

Foul pools were found in the streets in which rubbish and filth had been deposited, which the contractor was not required to clean. This filth was turned over to the buzzards. Some of the streets in the compact part of the city are paved with large stone blocks, others with Belgian blocks and the remainder are unpaved. These streets are filled with dirty holes, which in turn are filled up with house garbage. There is practically no sewerage. In many cases households connect their private vaults with loose brick or stone drains just under the pavement along their frontage. These allow the liquid filth to leach out into the ground close to the surface, enabling the householder to get out of much hiring of night scavengers to bail out and carry away accumulations.

Slaughtering pens, while superficially clean, are brutally disgusting while the work is going on. Blood and offal are

THE LATE COLONEL WARING.

washed by copious floodings from the water supply into an adjoining creek and harbor, reeking with putrid filth. There is no systematic disposal of garbage and sweepings. It is deposited on the surface in and near the town, where the buzzards feast upon it to their full satisfaction. Dead dogs, cats and chickens are left in the streets until the buzzards pick them to the skeleton. And all this is done under an intense sun. Bad as these conditions are, they are not comparable with the disgusting conditions of the domestic life. There are fewer than 20,000 houses in the city. Sixteen thousand are of one story, 200 are of three stories and a very few are of four stories, and none higher. At least 12 out of every 13 of the inhabitants live in one story houses, the total population being over 200,000. The average population to the houses is over ten.

In all the compactly built parts of the city the entire lot is covered with the house, there being one or two courts included in the building. In the better class of houses the entrance hall is quite commonly the standing room of the carriage. It opens into the parlor at its side and into the reception room at its rear. Beyond this is a court, then dining room, then a smaller court, the kitchen, stable and private vault, practically in one. Sleeping rooms are in the rear of the parlor and at the side of the court dining room. The conspicuous feature of every house is the private vault, and sometimes a second vault for kitchen wastes. The vaults occupy a space practically under and almost in the kitchen. It is rare, indeed, that these vaults have a ventilating pipe, so that they belch forth nauseating odors throughout the house, which pervade the streets.

Lest the conditions above set forth should fail to do their appointed work of destruction the broad marshes at the southerly edge of the harbor are at hand to furnish their quota of malaria. Into these marshes flow a number of water courses, which bear upon their surface the off scourings of a very poor quarter of the town, the effluent of the slaughtering pens and other foul establishments, while a large portion of the flat is used as a dumping ground for garbage.

The water supply of Havana, says Colonel Waring, is of the purest and most excellent character. This, with the winds of the gulf, save the city from being absolutely and unqualifiedly bad. The city is a veritable plague spot. Its own people, largely immune though they are to yellow fever, which has prevailed in Havana without interruption for 163 years, fall constant victims to the pernicious malaria and depressing influences to which they are always subjected. It needs only the immigration of fresh material, which the enterprise of an American population is sure to bring in, to create a sacrifice such as has not yet been known. Commerce, says Colonel Waring, will carry the terrible scourge of yellow fever to our shores, until we rise again in a war of humanity and at all costs wipe out an enemy with which no military valor can cope.

In conclusion Colonel Waring says:

"Would it not be wise to accept at once the fact that we are confronted with a danger compared with which war is insignificant, and proceed to meet and conquer it while we may? We cannot afford to wait until we have fed it and strengthened it with the lives of our people. The necessary reforms will call for costly works even now. But every months' delay will make them more costly and more imperative. We can set about these reforms now calmly and judiciously. Later, under the impulse of panic, we should work at far greater disadvantage."

Colonel Waring suggests many improvements as absolutely essential to the health of Havana. The cost of these improvements, Colonel Waring declares, will not exceed $10,000,000. It has been estimated, continues Colonel Waring, that single epidemics introduced into the United States from Havana have cost in the Mississippi valley alone $100,000,000 in loss to industries and to commerce, aside from the loss of life, amounting in 1878 and 1879 to 13,911, in addition to the enormous cost of the sickness of those who recovered. Colonel Waring further states that in his judgment the complete execution of the work indicated would completely eradicate yellow fever from Havana for all time, would relieve it from the malaria, which is now so fatal, and would reduce its normal death rate from its present high figure (not far from 50 per thousand) to about 20 per thousand. He says the work must all be done before June 1, 1899. If it is not all done there is reason to fear that yellow fever will be rife in Havana next season, because of the large number of unprotected persons who would go there.

Impossible to foresee an accident. Not impossible to be prepared for it. Dr. Thomas' Eclectric Oil. Monarch over pain.

MOUNTAIN DROPPED INTO RIVER.

Tremendous Landslide Near Spencer's Ridge, on Canadian Pacific.

Vancouver, B. C., Nov. 9.—News was received here today of a tremendous landslide near Spencer's bridge, on the Canadian Pacific railroad. The recent thaw had the effect of loosening the sides of a small mountain which overhangs the Frazer river at that point. This mountain has long been an object of curiosity to the travelers, on account of its peculiar position, its flat summit extending a considerable distance over the river, which is narrow at that point. Shortly after Saturday midnight, with a roar that could be heard for over a mile, fully a hundred acres of the hill, anywhere from 20 to 50 feet in depth, crashed into the Frazer, damming it completely and sending the water in torrents over the fertile Nicola valley. The course of the river was changed completely. Now the Frazer, which, owing to the flat nature of the country, has grown into a broad, majestic, but shallow stream, is fully half a mile out of its course. The district is sparcely settled, and no lives have been lost, so far as known. Barns and houses, however, were caught in the flood and carried away, and thousands of acres of valuable land will never be reclaimed from the muddy waters of the Frazer in its new course.

At the point where the masses of earth dammed up the river flat ice has gathered and raised high in the air, forming an imposing and picturesque sight.

DR. PIERCE'S FAVORITE PRESCRIPTION

Makes Weak Women Strong, And Sick Women Well.

For over thirty years this celebrated remedy has been making women's lives happier—healthier—safer.

Many thousands of women have testified to its wonderful effect.

It is the one medicine that can be depended upon when there is any derangement of the distinctly feminine organism.

It purifies, heals, soothes, builds up. It is needed when backaches make life miserable—when a sickening, dragging, bearing-down feeling makes work a weary agony and play impossible—when disagreeable drains give proof of burning inflammation—when sick headache, nervous irritability, loss of energy and appetite are the reminder of unhealthful irregularity or painful periods.

"I had female trouble for eight years," writes Mrs. L. J. Dennis, of 808 East College Street, Jacksonville, Ill. "I was so bad I would lie from day to day and long for death to come and relieve my suffering. I had internal inflammation, a disagreeable drain, bearing-down pains in the lower part of my bowels, and such distress every month, but now I never have a pain—do all my own work and am a strong and healthy woman. Thanks to your medicine. I never forget to recommend it to all suffering women. I consider myself a living testimonial of the benefits of your 'Favorite Prescription.'"

Dr. Pierce's Pleasant Pellets help the effect of all other medicines by keeping the liver active and the bowels open. At all dealers—*get what you ask for.*

ALWAYS KEEP ON HAND

Pain-Killer

THERE IS NO KIND OF PAIN OR ACHE, INTERNAL OR EXTERNAL, THAT PAIN-KILLER WILL NOT RELIEVE

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A Handsome Complexion

is one of the greatest charms a woman can possess. POZZONI'S COMPLEXION POWDER gives it.

ECZEMA FOR YEARS CURED

TWO REMARKABLE CASES.

I have been an intense sufferer from Eczema for five years. I tried medicines, four doctors, one a specialist in skin diseases, with no improvement, and setting me almost frantic with dreadful itching. After using three bottles of CUTICURA RESOLVENT, and one box of CUTICURA SALVE, I was *completely cured.*

GEO. A. LOWE, 867 Market St., Phil., Pa.

I had Eczema for seven years, and my scalp was in a bad state. Three inches of my back was covered with a dry scab. The itching was so bad I thought it would drive me mad. I tried all remedies, but could not get cured. I used five bottles of CUTICURA RESOLVENT, five cakes of CUTICURA SOAP, and five boxes of CUTICURA SALVE, and *I was completely cured.*

C. LONG, 235 Wilton Ave., Toronto, Can.

SHORT CUTS TREATMENT FOR TORTURED, DISFIGURED BODIES, WITH LOSS OF HAIR.—Warm baths with CUTICURA SOAP, gentle anointings with CUTICURA, and full doses of CUTICURA RESOLVENT.

Sold throughout the world. POTTER DRUG AND CHEM. CORP., Sole Props., Boston. How to Cure Eczema, mailed free.

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A. A. CURES	FEVERS, Lung Fever, Milk Fever.
B. B. CURES	SPRAINS, Lameness, Rheumatism.
C. C. CURES	EPIZOOTIC, Distemper.
D. D. CURES	WORMS, Bots, Grubs.
E. E. CURES	COUGHS, Colds, Influenza.
F. F. CURES	COLIC, Bellyache, Diarrhea.
G. G.	Prevents MISCARRIAGE.
H. H. CURES	KIDNEY & BLADDER DISORDERS.
I. I. CURES	MANGE, Skin Diseases.
J. K. CURES	BAD CONDITION, Staring Coat.

60c. each; Stable Case, Ten Specifics, Book, &c., $5. At druggists or sent prepaid on receipt of price. Humphreys' Medicine Co., Cor. William & John Sts., New York. VETERINARY MANUAL SENT FREE.

NERVOUS DEBILITY, VITAL WEAKNESS and Prostration from Overwork or other causes.

Humphreys' Homeopathic Specific No. 28, in use over 40 years, the only successful remedy.

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PURE! HEALTHFUL!!

Pennsylvania RAILROAD.

SCHUYKILL DIVISION.

NOVEMBER 20, 1898.

Trains will leave Shenandoah after the above date for Wiggan, Gilberton, Frackville, Dark Water, St. Clair, Pottsville, Hamburg, Reading, Pottstown, Phoenixville, Norristown and Philadelphia (Broad street station) at 6 15 and 8 15 a. m., 2 10, 6 16 p. m. on week days. Sundays, 8 15 a. m., 4 30 p. m.

Trains leave Frackville for Shenandoah at 7 36, 11 46 a. m. and 5 46, 7 36 p. m. Sunday, 11 01 a. m. and 5 46 p. m.

Leave Pottsville for Shenandoah (via Frackville: 7 10, 11 20 a. m., 5 20, 7 10 p. m. Sunday 10 35 a. m., 5 20 p. m.

Leave Philadelphia, (Broad street station), for Shenandoah at 8 35 a. m., 4 10 p. m. week days. Sundays leave at 6 50 and 9 23 a. m.

Leave Broad Street Station, Philadelphia,

FOR NEW YORK.

Express, week-days, 3 20, 4 05, 4 50 5 05, 5 15, 6 50 7 03, 8 20, 9 50, *10 21 11 00 a. m. 12 00 noon, 12 35 (Limited *1 00 and *4 22 p. m.) 1 40, *2 30, 3 20, 3 50, 4 02, 5 00, *5 56 6 00, 7 02, *7 50, 10 00 p. m., 12 01, night. Sundays, 3 20, 4 05, 4 50, 5 05, 5 15, 8 20, 9 58, *10 21, 10 43 a. m., *12 03, 12 35, *2 30, 4 02, (Limited *4 22,) 5 20, *5 56, 6 05, 7 02, *7 50, 10 00 p. m., 12 01 night

Express for Boston without change, 11 00 a. m., week-days, and 7 50 p. m., daily.

For Sea Girt, Asbury Park, Ocean Grove, Long Branch, 8 20, 11 14 a m, 3 30, 4 02 p m weekdays.

For Lambertville, Easton and Scranton, 6 50, 9 00 a m, 12 00 noon, 3 52, 5 00 (Lambertville and Easton only), weekdays, and 7 02 p m daily. Buffalo, 9 00 a m 12 00 noon weekdays, and 7 03 p m daily.

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For Baltimore and Washington, 3 50, 7 20, 8 32, 10 20, 11 23, a. m., 12 09, *1 31 *1 12, 3 12, 4 41, (*5 25 Congressional Limited,) 6 17, *5 55, *7 31 p. m., and 12 05 night week days. Sundays, 3 50, 7 20, 9 12, 11 23, a. m., 12 09, *1 12, 4 41, (*5 25 Congressional Limited,) *5 55 *7 31 p. m. and 12 05 night.

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