

THIN PEOPLE.

How the Weight May be Increased in a Healthful Natural Manner.

All people who are thin are not necessarily so from disease, it is natural for some to be thin, and no amount of treatment would add an iota to their weight, but the great majority of people are thin because their digestion is not perfect, the stomach does not thoroughly digest food-forming foods, they may not have vigorous enough to assimilate the food necessary for robust health and to keep up their weight.

For all such, the new discovery for dyspepsia and indigestion concerns a most welcome addition to the list of meritorious remedies. The new discovery referred to is Stuart's Dyspepsia Tablets, which is not only a pleasant and certain cure for indigestion, but possesses the peculiar power of digesting food-forming foods, like meat, eggs and similar ordinary foods, so that the increase in weight is a perfectly natural process. One grain of the digestive principle in Stuart's Dyspepsia Tablets will digest 3,000 grains of flesh-forming food. Dr. Jenkinson recently stated that he depends absolutely upon these tablets for the cure of dyspepsia and stomach troubles and that they not only cure the indigestion, but in every case a gratifying increase in weight was noticed, not fat, but the proper amount of flesh for health and symmetry. Dr. Havindson speaks highly of the tablets, not only because they build up flesh and cure indigestion, but they are absolutely safe and harmless, no matter what the condition of the stomach and are excellent not only for ordinary dyspepsia, but for invalids and children.

Stuart's Dyspepsia Tablets are sold by all druggists at 50c. per package and a trial will convince anyone of their merits.

Life Vigor Vitality RESTORED 30 IN DAYS. CATON'S VITALIZER. Cures general or special debility, weakness, nervousness, etc.

For sale at P. P. D. Kirlin's drug store and Shenandoah drug store.

THEY DO THE WORK! BRONCHO REMEDIES 10c. Relieve and Cure Head Troubles, Stomach Disorders, System Irregularities.

Health Book Mailed Free.

HUMPHREYS' WITCH HAZEL OIL

FOR Piles or Hemorrhoids, Fissures & Fistulas, Burns & Scalds, Wounds & Bruises, Cuts & Sores, Boils & Tumors, Eczema & Eruptions, Salt Rheum & Tetters, Chapped Hands, Fever Blisters, Sore Lips & Nostrils, Corns & Bunions, Stings & Bites of Insects.

Sold by druggists, or sent post-paid on receipt of price.

THE SUN.

The first of American Newspapers, CHARLES A. DANA, Editor. The American Constitution, the American Idea, the American Spirit.

The Sunday Sun

is the greatest Sunday Newspaper in the world. Price 5c. a copy. By mail, \$2 a year. Address THE SUN, New York.

BROM-KOLOA

ALCOHOLIC, NERVOUS AND BILIOUS HEADACHES. JOHN F. CLEARY, BOTTLER OF CARBONATED DRINKS.

THROUGH A TRESTLE.

Serious Accident to a Train Near Ardmore, I. T.

FIFTEEN PASSENGERS INJURED.

Of These Two Will Probably Die From Their Wounds - Cars That Went Down Plunged Twenty Feet to a Swollen Stream.

Ardmore, I. T., May 17.-A south-bound passenger train on the Santa Fe road, known as the Chicago and Galveston express, went through a trestle 16 miles south of here at 5 o'clock yesterday morning.

The accident occurred at a point where a deep, narrow gulch was spanned by a wooden trestle. The foundation work supporting this trestle was undermined by the sudden rise of the little stream which flows through the gulch, and the trestle went down under the heavy weight of the train.

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J. M. Grider, the Wells-Fargo express messenger, was so badly crushed by a heavy car chest that he cannot live. E. T. Sparks, of Oakman, I. T., is also mortally hurt.

The injured were brought to Ardmore from a wrecking train sent out from here. At 5 o'clock last evening a track had been built around the wreck, and the belated passengers resumed their journey, except those seriously injured.

The most seriously injured are as follows: E. T. Sparks, Oakman, I. T., injured in chest and back, probably fatally; G. C. Crawford, Ford, I. T., elbow dislocated and right arm fractured; W. L. Irwin, Kansas City, cut on the neck; I. F. Hale, news agent, Fort Worth, bruised on hip and side; J. M. Grider, express messenger, hurt internally.

Wanted Murderer on a Street. Little Rock, May 17.-Deputy Sheriff Jesse P. Hendr shot and killed S. C. Crawford, Ford, I. T., who was located and shot on the street.

Aeronauts Rescued From the Ocean. Look Branch, May 17.-The balloon sighted off Sandy Hook by a tug last Thursday evening belonged to Leo and Frank Steven, the aeronauts. They made an ascension at Rahway on Wednesday in their new balloon, and when about 12 miles off Sandy Hook they feared the approaching storm and cut their canvas loose from their airship. They were picked up five hours later by the steamer Mary Jane. The aeronauts were exhausted. The balloon in which they made their ascension was valued at \$3,000, and the men spent Thursday and Friday in hunting for it. Captain Conroy brought the men here Saturday.

Murdered by Robbers. Smith's Lake, Minn., May 17.-W. T. Bost and wife, who live in the country near this place, were murdered and robbed of \$400 about midnight. The instrument of death was an ax, which was found in the yard covered with blood. There is no clue to the murderers. Bostell was about 30 years old, and one of the wealthiest men in the county. He was married a short time ago, his wife being but 19 years old. The bodies were discovered by Bostell's two sons on their return from a fishing trip.

I had severe attacks of gravel and kidney trouble, and unable to get a medicine or doctor to cure me until I used Hop Bitters, and they cured me in a short time.

Colorless and Cold.-A young girl deeply regretted that she was so colorless and cold. Her face was too white, and her hands and feet felt as though the blood did not circulate.

Senate Secretary Sentenced to Prison. Helena, Mont., May 17.-Secretary of the Senate John Bloor was convicted yesterday by a jury of having committed perjury, and the punishment was fixed at one year's imprisonment. He was denied further bail, and is now in jail. The bill in question had passed both the house and senate the last day of the session, but was never signed by the speaker of the house. It would have cut down the salaries of the city officers and the number and salaries of the deputies 32 per cent.

How to Treat a Wife. (From Pacific Health Journal.) First, get a wife; second, be patient. You may have great trials and perplexities in your business, but do not therefore, carry to your home a cloudy or contracted brow. Your wife may have trials, though of low magnitude, may be hard for her to bear. A kind word, a tender look, will do wonders in chasing from her brow all clouds of gloom.

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ONE OF TWO WAYS.

The bladder was created for one purpose, namely, a receptacle for the urine, and as such it is not liable to any form of disease except by one of two ways.

The first way is from imperfect action of the kidneys. The second way is from careless local treatment of other diseases.

Swift's Specific

will remove all impurities, tone up the system, and impart new life to the fagged-out energies. It is nature's own remedy, being made from roots and herbs from the forests. S. S. S. is the only blood remedy guaranteed purely vegetable, hence it is the best tonic for building up and strengthening the system.

There is Nothing Half as Good as S. S. S.

PROFESSIONAL CARDS.

- C. S. PHILLIPS, M. D. Office: 30 West Centre street. Can be consulted at all hours. M. BURKE, ATTORNEY-AT-LAW. Office-Edgar building, corner of Main and Centre streets, Shenandoah. J. H. POMEROY, ATTORNEY-AT-LAW. Shenandoah, Pa. E. W. SHOEMAKER, ATTORNEY-AT-LAW. Corner Market and Centre streets. PROF. JOHN JONES, MUSICAL INSTRUCTOR. Look Box 65, Mahanoy City, Pa.

MADE ME A MAN

ALAX TABLETS POSITIVELY CURE ALL Nervous Diseases - Failing Memory, Impotency, Plethoric, etc. caused by Abuse and Excess. Excitement and Excesses. They quickly and surely restore Life Vitality in old or young, and a man for study, business or marriage.

Wanted - An Idea

Protect your ideas! They may bring you wealth. Write JOHN WILKINSON & CO., Patent Attorneys, Washington, D. C. for their \$1.00 plan and list of two hundred inventions wanted.

P. J. CANFIELD,

Agent for Shenandoah and Vicinity

BARBEY'S Beer and Porter

Try Barby's Bohemian Beer. Millions of Dollars

Go up in smoke every year. Take no risks but get your houses, stock, furniture, etc., insured in first-class reliable companies as represented by DAVID FAUST, Insurance Agent, 130 South Jardin St. Also Life and Accident Company

The Rosy Freshness

And a velvet softness of the skin is invariably obtained by those who use Pozosor's Complexion Powder.

JOE WYATT'S SALOON,

Cor. Main and Coal Sts. Finest whiskies, beers, porters and all continental top. Choice imported drinks and cigars.

Teams to Hire.

If you want to hire a safe and reliable team for driving or for working purposes pay Shilby's livery stable a visit. Teams constantly on hand at reasonable rates.

JAMES SHIELDS,

No. 410 East Centre street. Opposite Reading railroad station.

SYMPATHY WITH CUBA

Expressed at a Monster Meeting in the National Capital.

SENATOR CHANDLER'S VIEWS

Set Forth in a Letter in Which He Declares That President McKinley Will Redeem the Pledges of His Party on the Cuban Question.

Washington, May 17.-An enthusiastic audience of men and women, many of them well known in Washington, packed the Columbia theater to its doors yesterday afternoon at a monster meeting held in behalf of the cause of the Cuban insurgents. Seated on the platform and participating in the exercises were Senators Gallinger and Allen, ex-Senator Butler, of South Carolina; Rev. Hugh Johnson, pastor of the Metropolitan Methodist church; Rev. Howard Wilbur Emdin, and a number of others identified with the friends of the insurgents. General William Henry Broome, president of the Cuban league, called the meeting to order, and called Senator Gallinger as the presiding officer. Later he made a brief address and read a number of letters and telegrams of regrets, among them being those from Senators Frye and Burrows, and Commander Clark-son, of the G. A. R.

Senator Chandler sent a letter of regret, which was in part as follows: "As I wish to see the United States declare and maintain the independence of the island, as France did that of the American colonies and that the United States a nation of course I shall, as a practical friend, vote for every minor method tending to the same beneficial end. I hope and believe that congress and the president will soon formally recognize a state of war and Cuban belligerency. This step, followed as it will be by all the other independent nations of the western hemisphere, cannot fail to insure the Cuban independence which is sought for."

"Moreover, without delay, we ought to send a fleet to enter the harbors and an army to land upon the soil of Cuba first to protect the lives and property of American citizens, and secondly to stop the atrocious and uncivilized methods of warfare adopted by the Spanish general."

"In advocating all these measures I am conscious of no passionate hostility to Spain. In 1861 she recognized the southern Confederacy with less than three months after the military struggle began, and surely if she cannot hold Cuba without making it one vast desert and graveyard by driving the inhabitants into the cities to starve, and by hanging, shooting or garrotting Cuban independence and soldiers for rebellion and incendiarism, she ought to lose the island."

"President McKinley willingly recognizes the binding force of the platform upon which he was elected, and will soon do his part toward making Cuba free and independent."

Mr. Karl Decker, of Washington, who, as a correspondent of the New York Journal, spent some time in Cuba, much of it with a branch of the Cuban army in Santa Clara province, gave a description of the condition of affairs existing, and of the plight of many people suffering for the necessities of life. He ridiculed the claims sent out by General Weyler that the island has been pacified.

In the course of some interesting remarks Senator Allen, of Nebraska, humorously declared that there was no division in the Populist ranks on the question of Cuban liberty. In this whole matter he thought there had been too much sacrifice to a spirit of conciliation, and that the time has come when the government had a little more humanity and a little more Americanism. He declared that the United States could not afford to have a decaying monarchy with a foothold on this continent, and he was delighted to see Spain and the Ottoman empire expelled from the map of Europe. If the president were to send a fleet to Havana war in the island would cease in 30 days, and it would not be necessary to fire a gun.

Ex-Senator Butler, of South Carolina, read a series of resolutions which had been prepared, and these were unanimously adopted. They earnestly protested against the "barbarous and inhuman methods" of Spain in conducting the war in Cuba, declared his government should recognize the insurgents as belligerents, and that Cuba had demonstrated that it was her manifest destiny that, like Mexico, she should be free and independent without the payment to Spain of any indemnity.

Try Grain-O! Try Grain-O! Ask your grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee. The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich brown of Mocha or Java, but it is made from pure grain, and the most delicate stomach requires it without distress. It is the perfect coffee, and 25 cts. per package. Sold by all grocers.

Two Drowned While Boating. New York, May 17.-Two unknown young men drowned in the Bronx river yesterday afternoon in the presence of many hundreds on the banks, and with a half dozen boats near at hand. The young men were rowing in a skiff, and captured their boat while attempting to change places. One of them attempted to swim, but was seized by his companion, and for a few moments they struggled together in the water before sinking. The bodies were recovered, but not identified.

The Grandest Remedy. Mr. R. B. Greese, merchant of Chilhowie, Va., certifies that he had consumption, was given up by the medical treatment but cured by the use of Dr. King's New Discovery. He had been in bed for several months, but after using the medicine he could hear, but got no relief, spent many nights sitting up in a chair, was induced to try Dr. King's New Discovery, and was cured by the use of two bottles. For past three years has been attending to business, and says Dr. King's New Discovery is the grandest remedy ever made, as it has done so much for him and also for others in his community. Dr. King's New Discovery is guaranteed for Coughs, Colds and Consumption. It doesn't fail. Trial bottles free at A. Wasko's drug store.

Killed Wife and Self. Tacoma, Wash., May 17.-John Arthur McCarthy, a Northern Pacific conductor, shot and killed himself and wife at noon yesterday. The shooting took place in front of their home just as they were returning from church. McCarthy was formerly yardmaster at Sprague.

Hockley's Arctic Salve. The best salve in the world for cuts, bruises, sores, ulcers, salt rheum, fever sores, tetter, chapped hands, chilblains, corns, and all skin eruptions, and positively cures piles, or 30 days required. It is guaranteed to give perfect satisfaction or money refunded. Price 25 cents per box. For sale by A. Wasko.

THE TIMES

PHILADELPHIA THIS MORNING

THE TIMES is the most extensively circulated and widely read newspaper published in Pennsylvania. Its discussion of public affairs is of the highest quality and its news is of the most reliable character. It is the best and best news family and general newspaper.

THE TIMES aims to have the largest circulation by deserving it, and vision that it is unsurpassed in all the essentials of a great metropolitan newspaper. Specimen copies of any edition will be sent free to any one sending their address.

TERMS-DAILY, \$3.00 per annum; \$1.00 for four months; 50 cents per month; delivered by carriers for 6 cents per week. SUNDAY EDITION-12 large, handsome pages-24 columns, elegantly illustrated, beautiful colored supplement, \$2.00 per annum; 5 cents per copy. Daily and Sunday, \$3.00 per annum; 50 cents per month.

Address all letters to THE TIMES, PHILADELPHIA.

A 16-Year-Old Girl has

Nervous Prostration

THE REVIVIFYING EFFECTS OF A PROPER NERVE FOOD DEMONSTRATED.

From the Dr. Bradford, Pa.

Several months ago, Miss Cora Watson, the sixteen-year-old daughter of Mr. J. C. Watson, a locomotive fireman, of 61 Clarion Street, Bradford, Penna., was seized with a nervous disorder which threatened to end her life. The first symptom of the ailment was a loss of appetite. For some little time Miss Watson had no desire to eat and complained of a feeling of extreme lassitude. This was followed by severe pains in the head. For three weeks the young lady was nearly crazed with a terrible headache and nothing could be procured to give her relief.

Finally, after trying numerous remedies, a physician was called and began treating the patient. He said the trouble was caused by impoverished blood, but after several weeks of his treatment the young lady's condition had not improved and the parents decided to procure the services of another physician. In the meantime Miss Watson's nervousness had increased, so the parents in her head had grown more severe and the sufferer's paroxysms had almost given up hope of her recovery.

It was at this time that Mr. Watson heard of Dr. Williams' Pink Pills for Pale People. He found that the pills were highly recommended for nervous disorders and concluded to give them a trial. A box of the pills was purchased and before they had all been taken there was a marked improvement in the girl's condition. After a half dozen boxes had been used, the young lady's appetite had returned, the pain in her head had ceased and she was stronger than at any time previous to her illness.

Miss Watson concluded that her cure was complete and left home for a visit to relatives in the great country near Danbury, N. Y. She stopped taking the medicine and by over-exertion brought the ailment back again. As soon as the returning symptoms were felt, Miss Watson secured another box of pills and the illness was soon driven away. She is now in better physical condition than she has been for years and declares that she owes her life to Dr. Williams' Pink Pills.

Mr. and Mrs. Watson were interviewed by a reporter at their home on Clarion Street. Both are glad in their praise of Pink Pills, saying their daughter's life was saved by the medicine. "Her condition was almost hopeless when she commenced taking them, but now she is as strong and healthy as any one could be. I cannot recommend the medicine to highly."

An analysis of Dr. Williams' Pink Pills shows that they contain, in a condensed form, all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are an unfolding specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, neuritis, neuralgia, rheumatism, nervous headache, the after effects of grippe, palpitation of the heart, pale and sallow complexion, all forms of weakness, either in male or female, and all diseases resulting from vitiated humors in the blood. Pink Pills are sold by all druggists, or will be sent post paid on receipt of price, 50 cents a box or six boxes for \$2.50; they are never sold in bulk or by the 100; by addressing Dr. Williams' Medicine Company, Schenectady, N. Y.

BOULTON'S HOP BITTERS

SURE CURE FOR Dyspepsia, Malaria, Sleeplessness, Nervous Headache, Biliousness, Kidney Diseases, General Debility, Etc.

Ask your Druggist to get them through his jobber, or send a Postal Card to BOULTON HOP BITTERS CO., NEW YORK.

Free Samples Sold by P. P. D. KIRLIN, Shenandoah, Pa.

WOMEN WHO READ

are progressive and keep informed of the World's Progress. The well informed and thrifty House-wife will always keep RAINBOW LINIMENT

in the house, as a standard remedy for Sprains, Bruises, Cramps, Rheumatism, and all aches and pains. Prepared by H. J. HACKETT & CO., Philadelphia.

FOR SALE EVERYWHERE. For Sale by P. P. D. KIRLIN, Shenandoah, Pa.

RENEW LOST VIGOR

When in doubt what to use for Nervous Debility, Loss of Power, Impotency, Strangury, Neuritis, and other weaknesses, from any cause, use Serrine Pills. Drain checked and full vigor quickly restored. If you have been suffering from any of these ailments, you will find Serrine Pills a most reliable and safe remedy. Address: Serrine Pills, Cleveland, O.

LANDY CATHARTIC

ASCAROLS CURE CONSTIPATION. REGULATE THE LIVER. ALL DRUGGISTS. ABSOLUTELY GUARANTEED TO CURE ANY CASE OF CONSTIPATION. Ascarols are the Ideal Laxative, never grip or cramp, but cause easy natural evacuations. Mailed for \$1.00 a box or \$3.00 with 50c orders we give a guarantee to satisfy or return the money. Address: YEAL MEDICINE CO., Cleveland, O.

A GREAT MAGAZINE OFFER.

3 FOR 1. The regular subscription price of "Demorest's Magazine," "Judge's Library," and "Funny Pictures" is \$3.30. We will send all three to you for one year for \$2.00, or 6 mo. for \$1.

"Demorest's Magazine" is by far the best family magazine published; there is none of our monthlies in which the health, science and profit, fashion and literature are so fully presented as in Demorest's. There is, in fact, no publication that compares with it. Every number contains a free sixteen coupon.

"JUDGE'S LIBRARY" is a monthly magazine of fun, filled with illustrations to caricature and satirize. Its contributors are the best of American wit and humor.

"FUNNY PICTURES" is another humorous monthly; there is a laugh in every line of it. All three of these magazines are handsomely gotten up. You should not miss this chance to secure them.

Cut here and return COUPON properly filled out. Demorest Publishing Co., 110 Fifth Avenue, New York.

For the enclosed \$2.00 please send Demorest's Family Magazine, Judge's Library (a magazine of fun), and Funny Pictures for one year as per your offer.

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"A FAIR FACE MAY PROVE A FOUL BARGAIN." MARRY A PLAIN GIRL IF SHE USES SAPROLO