

GET FLESH.

Get Strength, Vigor, Clear Complexion and Good Digestion...

Any honest physician will tell you that there is but one way to get increased flesh...

Nature has but one way to increase flesh, strength and vigor of mind and body...

People are thin, run down, nervous, pale and shaky in their nerves, simply because their stomachs are weak.

They may not think they have dyspepsia, but the fact remains that they do not eat enough food or what they eat is not quickly and properly digested as it should be.

Dr. Harlandson says the reason is because the stomach lacks certain digestive acids and pepsines, and deficient secretion of gastric juice.

Nature's remedy in such cases is to supply what the weak stomach lacks. There are several good preparations which will do this...

Stuart's Dyspepsia Tablets give perfect digestion. First effect is to increase the appetite and increase vigor, add flesh, pure blood, and strength of nerve and muscle...

Stuart's Dyspepsia Tablets is the safest tonic known and will cure any form of stomach trouble except cancer of the stomach. May be found at druggists at 50 cents for full sized package...

Drink the best by adding a little of Seelig's to ordinary coffee. Those who once buy SEELIG'S keep coming back for it...

Pennyroyal Pills. Original composition. Only Genuine. BARK, SWEET WOOD, LADIES' PILLS...

Blood Poison. Have you more throat, pimples, copper-colored spots, acne, old sores, eruptions in stomach, itching, etc.?

MADE ME A MAN. AJAX TABLETS POSITIVELY CURE All Nervous Diseases...

DR. LOBB'S BOOK FREE. To all sufferers of ERRORS OF YOUTH, LOST VIGOR and DISEASES OF MEN AND WOMEN...

DR. CHASE'S Blood-Nerve Food. WEIGH YOURSELF BEFORE TAKING IT. For Weak and Run-Down People...

Lauer's Lager and Pilsner Beers. Finest. Purest and Healthiest.

Chris. Schmidt, Agt. 207

VICTIMS OF WRECKERS.

Awful Work of Fiends on an Alabama Railroad.

TWENTY PEOPLE PLUNGE TO DEATH

The Removal of a Rail on a High Bridge Caused the Train to Fall a Distance of a Hundred Feet to the Rocks Below—Only Nine Escaped.

BIRMINGHAM, Ala., Dec. 28.—Florida in human form wrecked Birmingham Mineral passenger train No. 49 at Cahaba river bridge, twenty-seven miles from here...

The wreck was the worst that ever occurred in the state, and the survivors are so few and are so badly hurt that they are unable to give any detailed description of how it all happened...

The ill-fated train was a local passenger which left here at 6:30 a. m., and was scheduled to make a circuit of the Birmingham Mineral, which is a branch of the Louisville and Nashville...

Six miles south of Gurnee is the Cahaba river, a shallow mountain stream which has a depth at this time of only about three or four feet. This river is spanned by an iron bridge with wooden trestles on each side...

The first news of the wreck was brought to Hargrove, a telegraph station four miles from the Cahaba river, by a farmer who said that while passing near the place he heard a crash...

When the relief train from Birmingham arrived nothing was left of the wreckage but the smouldering ruins. Charred corpses were packed in between the iron frame work where the seats had been...

Of the survivors Sam Spencer was the only one of the train crew that escaped alive. He was the colored fireman. He jumped from the engine while it was in mid-air...

At the same time other survivors three were found, all of whom had their feet burned and crushed, and a lady who had been found crushed. The other three were Henry Handberry, a conductor from Birmingham...

Dr. Ray, a Blocton physician, who attended Gardner, one of the injured survivors, telegraphs the statement made by Gardner as to the cause of the wreck.

An examination of the engine shows that Engineer White had shut off the steam and reversed before it went down, indicating that he saw danger ahead as he approached the bridge...

Another serious accident occurred...

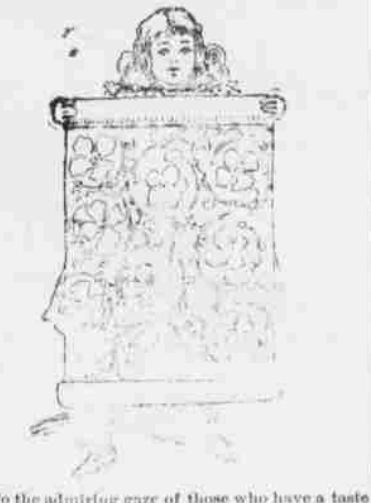
name, colored minister; unidentified body, supposed to be Tom Strathers, colored power; Dr. L. N. Powers, Mrs. Emma Powers and two children; Mrs. R. Little, Mr. and Mrs. Gardner and daughter and Bruce Phillips. The last nine resided at Blocton.



I had lost all hope and gone to my father's die," said Mrs. Marie Evans, of Mount Carmel, Mo., Tex.

I weighed more than I have weighed for ten years. My friends say that I look better than they ever saw me.

Mable Evans Beauty Unrolled



House, Sign and Decorative Painting. Satisfaction guaranteed. Estimates cheerfully furnished. Send postal.

J. P. CARDEN, 221 W. Centre St., Shenandoah, Pa. Place Your Orders Now.

VIM, VIGOR, VITALITY RESTORED IN 30 DAYS. GOOD EFFECTS AT ONCE. CATON'S VITALIZER

CURE IS QUICK AND THOROUGH. Don't be deceived by imitations. Insist on CATON'S Vitalizer...

JANUARY 4th - Beginning of next session of BLOOMSBURG STATE NORMAL SCHOOL.

J. A. WELSH, Principal.

P. J. CANFIELD, Agent for Shenandoah and Vicinity.

BARBEY'S Beer and Porter

Tours to California.

California has been most fittingly termed the "Tule of America." All the delicious fruits, the cloudless sky, and the rich verdure of the great European peninsula are duplicated in this sunny land of the Pacific.

The Pennsylvania Railroad Company, recognizing the need of a more comfortable and pleasant way of crossing the continent, inaugurated a series of annual tours to California...

The first tour will run direct to San Diego via St. Louis and the Santa Fe route, and return from San Francisco via Salt Lake City, Denver, and Chicago, allowing five weeks in California.

The second tour will run via the Mammoth Cave and New Orleans to San Diego, stopping at the "Crescent City" during the Mardi Gras Carnival.

Rates from all points on the Pennsylvania Railroad System east of Pittsburg: First tour, \$310; second tour, \$350; third tour, \$210 round trip, and \$150 one way.

HUMPHREYS'

- No. 1 Cures Fever. No. 2 " Worms. No. 3 " Infants' Diseases. No. 4 " Diarrhea. No. 8 " Neuralgia. No. 9 Cures Headache. No. 10 " Dyspepsia. No. 11 " Delayed Periods. No. 12 " Leucorrhoea. No. 14 " Skin Diseases. No. 15 Cures Rheumatism. No. 16 " Malaria. No. 20 " Whooping Cough. No. 27 " Kidney Diseases. No. 30 " Urinary Diseases. No. 77 " Colds and Grip.

Sold by Druggists, or sent prepaid on receipt of price, 25c., or 5 for \$1. DR. HUMPHREYS' HOMEOPATHIC MANUAL OF DISEASES MAILED FREE.

GAIL BORDEN EAGLE Brand CONDENSED MILK. Has No Equal SOLD EVERYWHERE

DR. THEEL 604 North Sixth St. PHILADELPHIA. GUARANTEED. PERFECT. PAIN EXPELLER. OLDEST IN PRACTICE. 22 Years and 8 Months Hospital Experience in Germany.

POLITICAL CARDS.

FOR CHIEF BURGESS, C. H. HAGENBUCH.

FOR CHIEF BURGESS, PIERCE WALKER.

FOR CHIEF BURGESS, CHARLES G. PALMER.

FOR CHIEF BURGESS, JACOB NOLL.

FOR RECEIVER OF TAXES, M. P. CONRY.

FOR CHIEF BURGESS, JOHN DANDO.

FOR CHIEF BURGESS, ALEX. DAVIS.

PRESIDENT'S POWERS

As Defined by Senator Chandler, of New Hampshire.

HE CAN ONLY EXECUTE THE LAWS

Congress Alone May Finally Determine the Question of Execution of any Foreign Government Under the Authority Vested in that Body by the Constitution.

WASHINGTON, Dec. 28.—Senator William E. Chandler, of New Hampshire, has written a letter to the Washington Post in which he says in part:

"The new immigration law, if it passes, will require foreigners coming to live in this country to read and write as a test five lines of the United States constitution. There are certain live lines which eminent Spanish American lawyers ought to read."

Section 8, after enumerating in seventeen clauses the powers of congress adds another, as follows: "To make all laws which shall be necessary and proper for carrying into execution the foregoing powers, and all other powers vested by this constitution in the government of the United States, or in any department or officer thereof."

"A study of the above clause may lead some of the delirious advocates of an arrogant personal government at the executive mansion to revise their assertions. It is not contended that the above clause gives congress power by law passed over a veto by a two-thirds vote to interfere with any power made exclusive in the president by express words or necessary implication."

"What are the powers expressly given to the president? To command the army and navy; to grant pardons; to make treaties (with the consent of the senate); to appoint officers of the United States; to convene congress and to adjourn it when the two houses disagree; to receive ambassadors and other public ministers; to take care that the laws be faithfully executed; to commission officers of the United States.

"The above are all the powers granted. Compare them with the long list of powers given to congress, including that to declare war and to provide for the common defense and general welfare, and ending with the power given in the above clause 18 to make all laws necessary and proper to carry into execution all the powers vested in the government or in any department or officer thereof."

"The president may command the army and navy, but congress by law may give him specific directions what to do with them, or not to use them at all. He may grant pardons. This is an exclusive and uncontrollable power, but congress may by law open all prison doors and let the criminals go free. He may make treaties, with the consent of the senate, and they become law. Here is the only power to make law not vested in congress.

"He may appoint officers, but congress may create and abolish the offices, and regulate the power of appointment by civil service rules; he is to commission all officers, but he can commission only those who are appointed in pursuance of law. He is to receive the foreign ministers. Yes, but only ministers from those countries which congress chooses to have recognized. If two governments are striving for control of a country, congress may by law declare which government the United States will recognize.

"The idea that the president has the sole prerogative of deciding what foreign governments shall be recognized by the United States has no foundation whatever in any words to be seen in the constitution. The fact that the president has recognized new governments without congressional expression, when congress and the people have approved his action, is no proof whatever that when they disagree with him they cannot control him by law. He is their agent, and when he does what they want him to do no law is needed. When he threatens to conduct himself otherwise, whether by action or nonaction, the whole subject may be controlled by a law passed over a veto, under the ample powers in congress granted by section 8 of article I of the constitution, which are not restricted nor limited in this respect by any other clauses in the constitution. There is no escape for the advocates of monarchical government in Washington from the provisions of clause 18, section 8, article I."

SIX KILLED IN A MINE EXPLOSION. PRINCETON, Ind., Dec. 28.—The explosion of gas in the Princeton shaft Saturday night was not so serious as believed. Six miners were killed, while one is missing and is believed to be dead. Eight men were rescued almost unharmed. But it is thought they will recover. The dead are: Robert Mauld, son of the president and secretary of the company; James Roth, Theodore T. T. John H. H. and H. H. H. head blast-boiler, is missing.

A Valuable Prescription. Editor Morrison of Worthington, Ind., "Sam" writes: "You have a valuable prescription in Electric Bitters, and I can cheerfully recommend it for Constipation and Sick Headache, and as a general system tonic it has no equal."

More Stambuloff's Sensational Speech. SUEFA, Bulgaria, Dec. 28.—Miss Stambuloff, the widow of the murdered ex-minister, made a short and impassioned speech yesterday before the tribunal which has been trying the man charged with assassinating M. Stambuloff. She declared that the prisoners in the court were innocent and that the real assassins were known to the tribunal. This statement created a sensation.

Relief in Six Hours. Distressing kidney and bladder diseases relieved in six hours by the "New Great South American Kidney Cure." This new remedy is a great surprise on account of its exceeding promptness in relieving pain in the bladder, kidneys, back and every part of the urinary passages in male or female.

Russia's Threat to Turkey. CONSTANTINOPLE, Dec. 28.—The Russian ambassador, M. Neidloff, has warned the palace and the Porte that if the revenues owed for the service of the public debt are touched European financial control in Constantinople will become inevitable.

Gillette's SOAP MAKES SOFT WHITE HANDS. Cuts, scratches, nicks, blisters, and all skin troubles disappear.

BROM-KOLO ALCOHOLIC, NERVOUS AND HEADACHES. Cured by this granular effervescent medicine...

JOHN F. CLEAR BOTTLE OF CARBONATED WATER 17 and 19 Peach Alley, St. Louis, Mo.

A HAND SAW IS THE PROPER SUMMER HOP WILL BE THE BEST. For over 25 years Biliousness, Indigestion, Kidney Troubles, etc. an Appetite, and Take it now and get your HOP BITTER. Sold by Pharmacies.

THAT you felt in your shoulder overcoat, this morning's RHEUMATISM and that means trouble. RAINBOW which is a positive cure for Neuralgia, Lumbago, Lameness, Cramps and Stitches. Price 25 cts. and 50 cts. Prepared by H. J. HACKETT, ALL PHILADELPHIA.

PHILA. & READING. IN EFFORT DEC. 28. TRAINS FOR SHENANDOAH. Leave New York via Philadelphia, 12:30 p.m., 12:45, 1:15, 1:45, 2:15, 2:45, 3:15, 3:45, 4:15, 4:45, 5:15, 5:45, 6:15, 6:45, 7:15, 7:45, 8:15, 8:45, 9:15, 9:45, 10:15, 10:45, 11:15, 11:45.

TRAINS FOR SHENANDOAH. Leave New York via Philadelphia, 12:30 p.m., 12:45, 1:15, 1:45, 2:15, 2:45, 3:15, 3:45, 4:15, 4:45, 5:15, 5:45, 6:15, 6:45, 7:15, 7:45, 8:15, 8:45, 9:15, 9:45, 10:15, 10:45, 11:15, 11:45.

ATLANTIC CITY DIVISION. Leave Philadelphia Chestnut Street Station for Atlantic City, 10:00 a.m., 10:30 a.m., 11:00 a.m., 11:30 a.m., 12:00 p.m., 12:30 p.m., 1:00 p.m., 1:30 p.m., 2:00 p.m., 2:30 p.m., 3:00 p.m., 3:30 p.m., 4:00 p.m., 4:30 p.m., 5:00 p.m., 5:30 p.m., 6:00 p.m., 6:30 p.m., 7:00 p.m., 7:30 p.m., 8:00 p.m., 8:30 p.m., 9:00 p.m., 9:30 p.m., 10:00 p.m., 10:30 p.m., 11:00 p.m., 11:30 p.m.

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