Nothing I Ate Agreed With Me

MRS. LENORA BODENHAMER.

Mrs. Lenora Bodenhamer, R. F. D. 1, Box 99, Kernersville, N. C., writes:

"I suffered with *stomach trouble* and indigestion for some time, and nothing that I ate agreed with me. I was very *nervous* and experienced a continual feeling of *uneasiness and fear*. I took medicine from the doctor, but it did me no good.

"I found in one of your Peruna books a description of my symptoms. I then wrote to Dr. Hartman for advice. He said I had catarrh of the stomach. I took Peruna and Manalin and followed his directions and can now say that I feel as well as I ever did.

"I hope that all who are afflicted with the same symptoms will take Peruna, as it has certainly *cured me.*"

The above is only one of hundreds who have written similar letters to Dr. Hartman. Just one such case as this entitles Peruna to the candid consideration of every one similarly afflicted. If this be true of the testimony of one person what ought to be the testimony of hundreds, yes thousands, of honest, sincere people? We have in our files a great many other testimonials.

CLASSIFIED ADVERTISEMENTS

DEAFNESS AND CATARRH CURE.

INHALENT CATARRHAL JELLY Cures Deafness and Catarrh. Trial treatment by mail free. REA CO., Minneapolis, Minn.

If You Are Lost in the Woods.

Let the man who is lost in the woods be very careful not to overexert himself. His chief dangers lie in panic and exer-exertion, and, though he may be in a great hurry to find shelter, I must warn him to go slowly. Two miles an hour, on an average, through the snow in the woods, is all that a man in his condition will be able to stand without overfatigue and its attendant dangers, overheating and perspiration. By exercising caution, a may may live through a week of what he is undergoing. To make this article brief, however, we shall suppose that he regains the road by the afternoon of the first day. He doesn't yet know, of course, just where he is. He should examine the tracks of the person who last passed that way. It being afternoon, he must follow in the direction taken by the last passing vehicle or team, as shelter will be nearest in that direction. Had it been morning he would have taken the opposite direction, as whoever made the tracks must have come from the place where he obtained shelter the previous night.—Outing Magazine.

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On Being Mean.

The question arises, can one be economical without being mean? A man who is naturally mean will always be economical. If a man who is not economical attempts to become so he will learn that the easiest way is first to learn to be mean. If he has a generous impulse he must curb it. During the first part of our lives we should be as mean as we can. When we have accumulated more than we need we should devote the last part to cultivating our generous impulses. No successful man is a philanthropist before he is 50.

EAGER TO WORK

Health Regained by Right Food.

The average healthy man or woman is usually eager to be busy at some useful task or employment.

But let dyspepsia or indigestion get hold of one, and all endeavor becomes a burden.

"A year ago, after recovering from an operation," writes a Mich. lady "my stomach and nerves began to give me much trouble.

"At times my appetite was voracious, but when indulged, indigestion followed. Other times I had no appetite whatever. The food I took did not nourish me and I grew weaker than ever.

"I lost interest in everything and wanted to be alone. I had always had good nerves, but now the merest trifle would upset me and bring on a violent headache. Walking across the room was an effort and prescribed exercise was out of the question.

"I had seen Grape-Nuts advertised, but did not believe what I read, at the time. At last when it seemed as if I were literally starving, I began to eat Grape-Nuts.

"I had not been able to work for a year, but now after two months on Grape-Nuts I am eager to be at work again. My stomach gives me no trouble now, my nerves are steady as ever, and interest in life and ambition have come back with the return to health."

"There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

A Glance in the Future.

They tell us the fire engine thrilling
Will soon be a thing of the past,
Its glories of nickel and polish
Aside in the scrap heap be cast.
The hose will be coupled by firemen
To high pressure salt water mains,
Who put out the whole conflagration
With never a thrill for their pains.

Since customs are passing and changing
Of old habits ringing the knell,
Will ministers alter their methods
To be in accordance as well?
Will somebody snatch us from burning
When comes that new era and day
Without any picturesque features
In high pressure commonplace way?
—McLandburgh Wilson, in Success.

The Situation.

"Boys will be boys."

"How about girls?"

"Oh, they have to be whatever fashion dictates."—Houston Chronicle.

Modern Sayings.

"Yes, he's as independent as a hog on ice."

"Say, rather, as a hog on an end seat."—Pittsburg Post.

Modern Methods.

"The baby has something the matter with his stomach."

"How do you know?"

"Because we had it taken out and examined."—Life.

Dare Not.

"The people in the next flat have a noisy dog."

"Why don't you complain?"

"We have a baby."—Louisville Courier-Journal.

Both Surprised.

"Why," said the city man, "you don't talk dialect."

"And you," responded the farmer, "seem to know a cow from a silo."—Washington Herald.

A Promising Scholar.

Knicker—"Is he precocious in his studies?"

Bocker—"Yes, he has already broken three ribs, an arm and a leg."—New York Sun.

A Hirsute Metamorphosis.

The Questioner—"I hear his wife is a brunette, but I thought he married a blonde."

The Joker—"He did, but she dyed."—Houston Post.

Defined.

Knicker—"What is a moral awakening?"

Bocker—"When you can listen to the alarm clock go off without swearing."—New York Sun.

Dad's Fault.

Willie (studying his lesson)—"I say, pa, where does the Oshkosh rise, and into what river does it flow?"

Pa—"I forget, my son."

Willie—"Well, then to-morrow the teacher will lick me because you forgot about it."

An Impossible Conversation.

"Things look blue for Yalevard this fall."

"Why, you have plenty of good football material."

"But we're trying to strengthen our debating team."—Washington Herald.

Why She Laughed.

Mistress—"You seemed to be enjoying yourself last evening, Bridget. I heard loud laughter in the kitchen."

Bridget—"Yes, mum. Me policeman cousin was after droppin' in to tell me of me uncle's death."—Harper's Bazar.

The Greedy Bard.

"When he was poor he was a good poet, but prosperity ruined him."

"How was that?"

"As soon as he began getting a dollar a word, he wouldn't stick to the meter. Insisted on jamming in extra words."—Louisville Courier-Journal.

An Old Tale.

There were rumors of graft in Hades.

"This road," declared one faction, "was to be paved with good intentions."

"Well?"

"Examine the material. Are these good intentions?"—Louisville Courier-Journal.

The Horsemen.

A veterinary surgeon pronounced a hunter to be afflicted with an incurable disease.

"What had I better do?" queried the owner to his groom.

"Well, sir," was the reply, "conscientiously speaking, I should part with him to another gentleman!"—Tit-Bits.

Public Spirit.

"Why can't I have eggs for supper?"

"You can't have eggs for supper," answered the landlord of the Plunkville House, "because an affinity gentleman is going to lecture on affinities at the town hall to-night. I presume you have some public spirit?"

He had.—Southwestern's Book.

FINANCE AND TRADE REVIEW

WEEKLY TRADE SUMMARIES

Collections Improve — Commercial Credits Extended More Freely. Preparing for Holiday Trade.

New York.—R. G. Dun & Co.'s "Weekly Review of Trade" says:

"Seasonable weather has stimulated retail trade, while manufacturing plants are more active and numerous new undertakings have been started. Sentiment is more hopeful regarding the commercial future, orders being placed for remote delivery. Preparations for holiday trade are on a liberal scale, and there is a feeling of confidence that renders holders reluctant to do business when concessions are sought. All the leading industries have increased output, some having already received large contracts, while others operate more freely in anticipation of orders to come. Commercial credits are extended more freely, and there is some improvement in mercantile collections.

"Expected contracts for steel products are coming forward freely, stimulating the demand for pig iron, and a substantial tonnage has been ordered, including deliveries during the first half of 1909.

"Bradstreet's" says:

"Many industrial concerns have announced an increase of capacity and of running time, and sales of pig iron, structural material, cotton goods for spring and re-orders for fall and spring wear woolens, shoes and other lines have been enlarged.

"Practically all pig iron markets were animated this week, and the volume of business placed was heavy. Most of the tonnage was booked prior to the election and some of it was probably brought out by concessions in prices.

"Copper is higher, partly because of speculation and partly owing to better domestic demand.

"Business failures in the United States for the week ending November 5 number 205, against 241 last week, 226 in the like week of 1907, 146 in 1906, 166 in 1905 and 184 in 1904."

MARKETS.

PITTSBURG.

Wheat—No. 2 red	$ 85	90
Rye—No. 2		
Corn—No 2 yellow, ear	95	95
No. 2 yellow, shelled	87	88
Mixed ear	77	78
Oats—No. 2 white	54	55
No. 3 white	52	53
Flour—Winter patent	5 80	5 90
Fancy straight winters		
Hay—No. 1 Timothy	14 00	15 00
Clover No. 1	11 50	12 50
Feed—No. 1 white mid. ton	30 00	31 00
Brown middlings	27 00	28 50
Bran, bulk	25 00	26 50
Straw—Wheat	7 00	8 00
Oat	7 00	8 00
Dairy Products.		
Butter—Elgin creamery	$ 30	32
Ohio creamery	24	26
Fancy country roll	19	22
Cheese—Ohio, new	14	15
New York, new	14	15
Poultry, Etc.		
Hens—per lb	$ 14	15
Chickens—dressed	18	20
Eggs—Pa. and Ohio, fresh	29	29
Fruits and Vegetables.		
Potatoes—Fancy white per bu	80	85
Cabbage—per ton	1 35	1 50
Onions—per barrel	2 00	2 25

BALTIMORE.

Flour—Winter Patent	$ 5 70	5 90
Wheat—No. 2 red	1 02	
Corn—Mixed	74	76
Eggs	17	18
Butter—Ohio creamery	28	32

PHILADELPHIA.

Flour—Winter Patent	$ 5 60	5 75
Wheat—No. 2 red		97
Corn—No. 2 mixed	88	88
Oats—No. 2 white	53	54
Butter—Creamery	30	31
Eggs—Pennsylvania firsts	26	29

NEW YORK.

Flour—Patents	$ 5 80	5 90
Wheat—No. 2 red	1 00	
Corn—No. 2	90	90
Oats—No. 2 white	54	55
Butter—Creamery	30	32
Eggs—State and Pennsylvania	27	33

LIVE STOCK.

Union Stock Yards, Pittsburg.

CATTLE

Extra, 1450 to 1600 pounds	5 85 @ 6 00
Prime, 1300 to 1400 pounds	5 65 @ 5 85
Good, 1200 to 1300 pounds	5 35 @ 5 60
Tidy, 1050 to 1150 pounds	4 40 @ 15
Fair, 900 to 1100 pounds	3 50 @ 4 50
Common, 700 to 900 pounds	3 00 @ 4 00
Bulls	3 00 @ 4 50
Cows	1600 @5400

HOGS

Prime, heavy	6 40 @ 6 50
Prime, medium weight	6 35 @ 6 35
Best heavy Yorkers	5 20 @ 5 30
Light Yorkers	5 15 @ 5 25
Pigs	4 70 @ 5 00
Roughs	5 20 @ 5 70
Stags	4 00 @ 4 75

SHEEP

Prime wethers	4 40 @ 4 25
Good mixed	3 65 @ 4 00
Fair mixed ewes and wethers	3 00 @ 3 50
Culls and common	1 50 @ 2 50
Spring lambs	4 00 @ 6 20
Veal calves	5 00 @ 7 75
Heavy to thin calves	3 00 @ 4 50

KEEPING BATH TUB CLEAN.

A bath tub that is in constant use should not be very difficulty to keep clean.

If the residents of the house are at all neglectful in the matter of rinsing the tub, put up a small towel rack, upon which old towels or rags (clean, of course) might be hung. Above this a notice may be posted to the effect that for the health and comfort of all concerned, it is desired that persons using the bath will please make use of the rags or towels below when rinsing the bath tub.

If this were done by each bather, and the tub were thoroughly scrubbed once a day, its condition should be quite perfect. For the scrubbing take hot water and a soft woolen rag, using any of the cleaning agents, such as sapolio, bon ami, dutch cleanser, etc. Either of these will help to do the work in a very short time.—Washington Star.

One firm of four men having their headquarters near the Illinois River gather $100,000 worth of pelts every year, which are sent to Europe.

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right living generally. To get its beneficial effects, always buy the genuine

Syrup of Figs and Elixir of Senna manufactured by the CALIFORNIA FIG SYRUP CO. ONLY

SOLD BY ALL LEADING DRUGGISTS one size only, regular price 50¢ per Bottle

Right in His Line.

Traveling along a country road a man was attracted by frightful screams coming from a house not far from the road. Tying his horse he ran to the house and found that a little boy had swallowed a quarter, and his mother, not knowing what to do, was frantic. The man caught the little fellow by the heels, and, holding him up, gave him a few shakes whereupon the coin dropped to the floor. "Well, mister," said the grateful mother, "you certainly know how to get it out. Are you a doctor?" "No, madam," replied the man, "I'm a collector of internal revenue."

Mix For Rheumatism.

The following is a never failing remedy for rheumatism, and if followed up it will effect a complete cure of the very worst cases: "Mix one-half pint of good whiskey with one ounce of Toris Compound and add one ounce Syrup Sarsaparilla Compound. Take in tablespoonful doses before each meal and at bedtime." The ingredients can be procured at any drug store and easily mixed at home.

The Wagging Tongue.

A prating barber came to train Kring Achelaus, and said to him, "How will you please to have me cut your hair?" Said the king, "Silently." And certainly, though a man has nothing to do, but to hear and answer, yet a boundless tongue is a strange breast to be worried with. And the misery is, that those who speak much seldom speak well; it is a sign of ignorance not to know that long speeches, though they may please the speaker, are the torture of the hearer.—Owen Felltham.

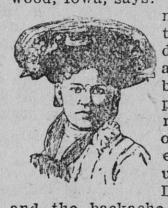
Khedive as Engineer.

The Khedive of Egypt, whose great fad is locomotive driving, had a narrow escape the other day while running an engine on the State railway. He suddenly found his way blocked by a wagon loaded with pig iron. The royal engineer showed wonderful presence of mind. He reversed and used his full brake power and stopped just short of the obstruction.

PERFECT HEALTH

After Years of Backache, Dizziness and Kidney Disorders.

Mrs. R. C. Richmond, of Northwood, Iowa, says: "For years I was a martyr to kidney trouble, backache, dizzy spells, headaches and a terrible bearing down pain. I used one remedy after another without benefit. Finally I used a box of Doan's Kidney Pills and the backache ceased. Encouraged, I kept on and by the time I had used three boxes not a sign of the trouble remained. My health is perfect."



Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Ice Sticks Profitable.

In Austria "Ice sticks" are manufactured at a profit. A series of poles is arranged so that the water will fall slowly over each one in the series. Of course, the water in the winter time freezes, forming large icicles. When the icicles have attained the proper size the employes of the "ice plant" come around with carts, break off the great sticks of ice and haul them away to a place where they are put in storage.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

City Without Noise.

Berlin is said to be the quietest city in Europe. Railway engines are not allowed to blow their whistles within the city limits. There is no loud bawling of hucksters, and a man whose wagon gearing is loose and rattling is subject to a fine.

For Sale 6000 Money-making Farms in 14 States. Strout's mammoth illustrated catalog of bargains with State maps mailed *free*; we pay R.R. fare. E. A. STROUT CO., World's Largest Farm Dealers, Land Title Bldg., Philadelphia

A LIVE REPRESENTATIVE WANTED in each township to handle our attractive Texas Pan Handle Land Proposition on liberal commission. Best land in state for the money. Big crops, abundant rain fall, ideal climate. References required. For full particulars write LOCATOR'S LAND COMPANY, First Nat. Bank Bldg., Chicago

P. N. U. 43, 1908.

If afflicted with weak eyes, use Thompson's Eye Water

TURNED HER HAIR WHITE

Queer Effect of Accident Suffered by a Chicago Woman.

In one day after a broken trolley pole fell on the head of Mrs. Julia Konold, her hair, naturally a chestnut brown, was turned completely white, and the expression of her face changed from the bloom of middle age to that of a woman fifteen years her senior.

The accident occurred on December 21, 1904. In Judge Tuthill's court a verdict for $17,500 was rendered in her favor against the Union Traction Company, owners of the line on which she was injured.

The verdict is one of the largest ever returned in favor of a woman in a personal injury in the history of Chicago.

STATE OF OHIO, CITY OF TOLEDO, LUCAS COUNTY, } ss.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE. FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1886. A. W. GLEASON, (SEAL.) Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & Co., Toledo, O.

Sold by all Druggists, 75c.

Take Hall's Family Pills for constipation.

Creek Indians a Vanishing Tribe.

Once members of the great Creek family, the Seminoles of Florida have lost their tribe, their traditions and their homes. Their own people have forgotten them. The United States has ignored them since the Seminole war, when their roster was lost.

Payment of the government debt to their tribe made plutocrats of their brothers in the west, but never a dime reached the members of the little band who refused to be driven from their ancestral home. But their Spartan courage has departed and in the cowed and cringing remnant there is no spark of the fire that flashed in "The Seminole's Reply."

The government has no agent among the Seminoles, and the last guess at their number, made by the United States seven years ago was 358. That fragment of the tribe has now shrunk to 275.—Collier's Magazine.

LITTLE BOY KEPT SCRATCHING.

Eczema Lasted 7 Years—Face was All Raw — Skin Specialists Failed, But Cuticura Effected Cure.

"When my little boy was six weeks old an eruption broke out on his face. I took him to a doctor, but his face kept on getting worse until it got so bad that no one could look at him. His whole face was one crust and must have been very painful. He scratched day and night until his face was raw. Then I took him to all the best specialists in skin diseases, but they could not do much for him. The eczema got on his arms and legs and we could not get a night's sleep in months. I got a set of Cuticura Remedies and he felt relieved the first time I used them. I gave the Cuticura Remedies a good trial and gradually the eczema healed all up. He is now seven years old and I think the trouble will never return. Mrs. John G. Klumpp, 80 Niagara St., Newark, N. J., Oct. 17 and 22, 1907."

The Tables Turned.

The amenities of political campaigning are amusingly illustrated by a story told by a Southern congressman.

It appears that during the course of a stump speech delivered some years ago by John Sharp Williams in Mississippi he was interrupted by a sudden yell from a man in the audience:

"I have been robbed by pickpockets!"

"I did not know that there were any Republican present," promptly suggested Mr. Williams, in order to get a laugh.

"Oh, there ain't, there ain't!" roared the unhappy man. "I'm the only one!"—Lippincott's.

Without Imagination.

There is a certain New York business man, of a rather waggish disposition, who contends that his wife has no imagination.

At dinner one night he chanced to mention a tragic circumstance he had read in the evening paper on his way home. A passenger on a transatlantic steamer had fallen overboard in mid-ocean and had never been seen again.

"Was he drowned?" asked his wife.

"Of course, not," answered the irrepressible hubby; "but he sprained his ankle, I believe."—Lippincott's Magazine.

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Patents secured and sold.

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KEYSTONE LAW & PATENT COMPANY, 1314 ARCH ST. PHILADELPHIA, PA. 20

Send me your free book on patents.

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PISO'S CURE

Beware of the Cough that hangs on persistently, breaking your night's rest and exhausting you with the violence of the paroxysms. A few doses of Piso's Cure will relieve wonderfully any cough, no matter how far advanced or serious. It soothes and heals the irritated surfaces, clears the clogged air passages and the cough disappears.

At all druggists', 25 cts.

25 cts. 25 cts.

Earthquakes as Warnings.

The belief that earthquakes are signs or warnings owes its origin in part to prophecies in the Bible, where, for example, we read that "there shall be famines and pestilences and earthquakes" as portending future calamities. Earthquakes have led to the abolition of oppressive taxation, the abolition of masquerades, the closing of theaters and even to the alteration of fashion. A New England paper in 1727 tells us that a "considerable town in this providence has been awakened by the awful providence in the earthquake that the women have generally laid aside their hooped petticoats."—Nature.

Jewish Chess Players Excel.

Jewish chess players have retained the championship at that game for the last forty-two years. Steinitz held it for twenty-eight years till 1894 and Lasker has been champion ever since.

FOUR GIRLS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Read What They Say.

Miss Lillian Ross, 530 East 84th Street, New York, writes: "Lydia E. Pinkham's Vegetable Compound overcame irregularities, periodic suffering, and nervous headaches, after everything else had failed to help me, and I feel it a duty to let others know of it."

Katharine Craig, 2355 Lafayette St., Denver, Col., writes: "Thanks to Lydia E. Pinkham's Vegetable Compound I am well, after suffering for months from nervous prostration."

Miss Marie Stoltzman, of Laurel, Ia., writes: "I was in a run-down condition and suffered from suppression, indigestion, and poor circulation. Lydia E. Pinkham's Vegetable Compound made me well and strong."

Miss Ellen M. Olson, of 417 N. East St., Kewanee, Ill., says: "Lydia E. Pinkham's Vegetable Compound cured me of backache, side ache, and established my periods, after the best local doctors had failed to help me."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

OUT OF DOOR WORKERS

Men who cannot stop for a rainy day.- will find the greatest comfort and freedom of bodily movement in TOWER'S FISH BRAND

WATERPROOF OILED CLOTHING

SLICKERS $3.00 SUITS $3.00

Every garment bearing the sign of the fish guaranteed waterproof. Catalog free

A. J. TOWER CO. BOSTON U.S.A. TOWER CANADIAN CO. LIMITED TORONTO CAN. 508

7 SYDENHAM REMEDIES

Heart, Stomach, Liver, Bowel, Kidney, Nerve, Rheumatism and Blood.

Absolutely Pure and Effective

Describe your case; send us 25c. for trial bottle.

SYDENHAM TABLET CO., 146 East 60th St., - New York City.

HELP FOR WOMEN

Insist on Having Dr. MARTEL'S Preparation The Standard Remedy. AT DRUGGISTS. Send for book, "Relief for Women." FRENCH DRUG CO., 30 W. 32d St., N. Y. City.

RHEUMATISM now curable; thousands cured; results speedy; guarantee given; price low. Write quick. THE WRIGHT MED. CO., Peru, Ind.

SKREEMER SHOE FOR MEN

A shoe that is too big may not pinch, but it is a bad fit just the same. What you want is a shoe that matches the shape of your foot at the place where your weight rests,—not too large or too small, but exactly right. SKREEMERS are shoes like that, and the style is there, too. Look for the label.

FRED. F. FIELD CO., Brockton, Mass.

MADE BY FRED F. FIELD CO. BROCKTON, MASS. U.S.A.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c. package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.