A SUDDEN COLD.

Miss Helen Sauerbier, of 815 Main St., St. Joseph, Mich., writes an interesting letter on the subject of catching cold, which cannot fail to be of value to all women who catch cold easily.

PERUNA ADVISED FOR SUDDEN COLDS.

It Should Be Taken According to Directions on the Bottle, at the First Appearance of the Cold.

ST. JOSEPH, MICH., Sept., 1901.—Last winter I caught a *sudden cold which developed into an unpleasant catarrh* of the head and throat, depriving me of my appetite and usual good spirits. A friend who had been cured by Peruna advised me to try it and I sent for a bottle at once, and I am glad to say that in three days the phlegm had loosened, and I felt better, my appetite returned and within nine days I was in my *usual good health.*

—Miss Helen Sauerbier.

Peruna is an old and well tried remedy for colds. No woman should be without it.

CLASSIFIED ADVERTISEMENTS

CURE FOR PILES

SAMPLE TREATMENT of Red Cross Pile and Fistula Cure and book explaining Piles sent free. REA CO., Dept. B4, Minneapolis, Minn

The Golden Age.

To have been an Athenian with pericles or a Roman while Augustus was transforming that capital from brick to marble; to have been an Englishman in the "spacious times of great Elizabeth," or when Trafalgar was fought, or a Spaniard under Charles V.; to have seen Napoleon at Austerlitz or Titian at his easel or Shakespeare at the Globe theater—this was to have lived and to have participated in the making of glorious history.

Yet to have been an American during the past half century is to boast a prouder citizenship than any other nation has ever offered. This has been the age of steel, Bessemer's process dating from 1856. But it has been more truly the world's golden age, the age not of milk and honey and pastoral innocence, but of man's highest intellectual and industrial development, his furthest progress in humanity and the fullest realization of his powers, rights and duties. In that period the shackles have been stricken from every form of slavery. Not only is the field-hand free, but industry is free, the pulpit and the press are free. If any bonds remain they are the ones men forged for the masters of commerce. Labor has acquired an unknown dignity.—New York World.

Electrification.

Inconspicuous, yet important, is the news item which tells of the plan to operate by electricity the new transcontinental line of the Chicago, Milwaukee and St. Paul railroad for 1,000 miles from the Pacific coast. Water-power is so plentiful in the country through which this new road is being built that locomotives burning coal or oil will not be needed there. The electrification of railway transportation in this country is advancing more rapidly than is generally realized.—Hartford Times.

WANTED TO KNOW

The Truth About Grape-Nuts Food.

It doesn't matter so much what you hear about a thing, it's what you know that counts. And correct knowledge is most likely to come from personal experience.

"About a year ago," writes a N. Y. man, "I was bothered by indigestion, especially during the forenoon. I tried several remedies without any permanent improvement.

"My breakfast usually consisted of oatmeal, steak or chops, bread, coffee and some fruit.

"Hearing so much about Grape-Nuts, I concluded to give it a trial and find out if all I had heard of it was true.

"So I began with Grape-Nuts and cream, two soft boiled eggs, toast, a cup of Postum and some fruit. Before the end of the first week I was rid of the acidity of the stomach and felt much relieved.

"By the end of the second week all traces of indigestion had disappeared and I was in first rate health once more. Before beginning this course of diet I never had any appetite for lunch, but now I can enjoy a hearty meal at noon time." "There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

THINGS WORTH KNOWING

No man ever ate himself to death on a meal ticket.

The Government has just ordered 750,000 yards of khaki for soldiers' uniforms.

The first recorded mention of gold is in the second chapter of Genesis, 4004 B. C.

A potato that is said to be disease proof has been introduced in France from Uruguay.

The shipping tonnage passing through the "Soo" Canal so far this year is 15,000,000.

One of the fastest growing cities in the world is Kobe, Japan; its population increased from 190,000 to 360,000 in ten years.

Rejected by the British War Office, an aerial torpedo, the invention of a Swedish artillery officer, has been purchased by the German army.

Although but a few miles from the mouth of the River Thames, noted for its fogs, the atmosphere of Horne Bay, England, is rarely obscured.

Two monster whales have just been killed on the Eden coast of New South Wales, thereby furnishing a reminder that the whale fishery was once looked upon as the staple industry of the Australian continent.

The discovery of the Mammoth Cave of Kentucky was due to a search for saltpeter in 1807. Congress had forbidden American vessels to sail for Europe, and foreign vessels to land cargoes in this country, and saltpeter was needed for gunpowder.

How the French Farmer Lives

By VANCE THOMPSON.

The French farmer, Pierre, whom I visited that year, raised 2000 measures of wheat; 100 were laid aside for seed; 150 went for the family flour; the remaining 1750 measures he sold at sixty cents, for $750. His rye, barley and fodder, after deducting seed and supplies for the cattle, brought in $420. He sells every year a pair of oxen—the old ones; last year he got $130. The sale of other stock brought him $210. Another source of income is the poultry yard. But this and the dairy may be set aside as equivalent to the many taxes that weigh upon the peasant-farmer. In round numbers, then, Pierre's income in an average year is $1500. Over against this he places his expenses, thus:

Two men at $100 a year	$200
One man	80
One herd	30
One lad	12
One woman	60
A dairy maid	50
Two haymakers at $5 a week	10
Extra hand for harvest and so forth	60
	$502

Food for seven laborers (Pierre and wife not included):

Wheat	$92
Cider	35
Bacon	40
Butcher's meat	72
Groceries	80
Petroleum for lighting	15
	$334
Blacksmith	$20
Harnessmaker	6
Wheelwright	20
Tools, etc.	25
	$71
Cost of attending fairs, selling cattle and grain, etc.	$60
Insurance	12
	$72

And the total is $979. Thus between income and expenses there is a difference of $521, which is Pierre's profit for the year. With this sum he provides for his family and meets the needs of life.—From "The French Peasant in His Fields," in the Outing Magazine.

A Cultivated Memory.

E. C. Laston, who issued a challenge to the world for the memory championship, although only a young man of twenty-three years, is a veritable walking encyclopaedia, for he has memorized 40,000 dates of the principal events in the world's history since the creation. It was quite by accident that he discovered that he had an exceptional gift of memory. He was being trained as an army officer, when an attack of rheumatic fever dispelled his hopes in that direction. At that time he happened to meet the Zancigs in India, who, noticing what a remarkable memory he had for dates, advised him to cultivate it. He then purchased a copy of Haydn's "Dictionary of Dates," and sought to commit to memory the dates of the most important events in the world's history by writing fifty to a hundred dates on a piece of paper, and rewriting them three or four times until he had fully grasped them, with the result that he has a repertory of thousands of dates, and can give the correct answers without the slightest hesitation.—London Tit-Bits.

Cat Not Guilty.

A cat accused of killing a chicken was found guilty on the grounds of self-defense by a jury in a Justice's court at Marysville, Ill., recently.

French scientists are studying a peculiar movement of the sands along the northern coasts of France, Belgium and Holland. A fine sand originating on the coast of Normandy has been found as far away as Denmark.

FINANCE AND TRADE REVIEW

WEEKLY TRADE SUMMARY

Retail Trade Decrease at Many Points—Iron and Steel Business Quiet.

R. G. Dun & Company's "Weekly Review of Trade" says:

"Retail trade at many points has decreased with the higher temperature. Contracts for finished steel are restricted to current needs, but a large tonnage is under negotiation. New projects are deferred until after election. Confidence is shown by the steadiness of prices and the gradual increase in pig iron production.

"Evidences accumulate that stocks of dry goods are low almost beyond precedent, and the urgency for quick shipment tends to generate confidence among buyers. Men's wear for immediate delivery is the best feature of woolens, but scarcely any new lines are fully sold.

"Better conditions are reported at New England and footwear factories. New business is chiefly for medium priced goods."

"Bradstreet's" says:

"Although trade reports are somewhat irregular in character, owing largely to varying weather conditions in different sections of the country and uncertainties caused by impending elections, the general undertone is toward sustained improvement.

"The heavy marketing of crops has made for an increased railway tonnage and improved collections considerably while exports of wheat are heavy.

"The iron and steel are quiet, but production is increasing in anticipation of forthcoming good business, and there is more doing in other industrial lines. There is less industrial idleness, and in some instances business is developing for the first quarter of 1909, especially in shoes, lumber and pig iron.

"The pig iron production for September exceeded that of August by 4.2 per cent, and it was the heaviest total recorded since November last, while it represents an increase of 35 per cent over January, 1908. However, the decrease from September, 1907, reaches 35 per cent.

MARKETS.

PITTSBURG.

Wheat—No. 2 red	$ 85	90
Rye—No. 2		
Corn—No 2 yellow, ear	90	91
No. 2 yellow, shelled	87	88
Mixed ear	77	74
Oats—No. 2 white	53	54
No. 3 white	52	53
Flour—Winter patent	5 80	5 90
Fancy straight winters		
Hay—No. 1 Timothy	3 00	13 50
Clover No. 1	1 00	12 00
Feed—No. 1 white mid. ton	000	31 00
Brown middlings	700	28 50
Bran, bulk	4 00	24 50
Straw—Wheat	7 00	8 00
Oat	7 00	8 00
Dairy Products.		
Butter—Elgin creamery	$ 25	23
Ohio creamery	22	23
Fancy country roll	17	18
Cheese—Ohio, new	15	17
New York, new	16	17
Poultry, Etc.		
Hens—per lb	$ 17	18
Chickens—dressed	12	13
Eggs—Pa. and Ohio, fresh	22	23
Fruits and Vegetables.		
Potatoes—Fancy white per bu	95	1 00
Cabbage—per ton	1 50	1 75
Onions—per barrel	5 50	6 00

BALTIMORE.

Flour—Winter Patent	$ 5 70	5 90
Wheat—No. 2 red	1 02	
Corn—Mixed	74	76
Eggs	17	18
Butter—Ohio creamery	23	24

PHILADELPHIA.

Flour—Winter Patent	$ 5 60	5 75
Wheat—No. 2 red		97
Corn—No. 2 mixed	88	88
Oats—No. 2 white	53	54
Butter—Creamery	24	25
Eggs—Pennsylvania firsts	17	18

NEW YORK.

Flour—Patents	$ 5 80	5 90
Wheat—No. 2 red	1 00	
Corn—No. 2	90	90
Oats—No. 2 white	54	55
Butter—Creamery	22	25
Eggs—State and Pennsylvania	17	18

LIVE STOCK.

Union Stock Yards, Pittsburg.

CATTLE

Extra, 1450 to 1600 pounds	5 85 @ 6 00
Prime, 1300 to 1400 pounds	5 00 @ 5 80
Good, 1200 to 1300 pounds	5 25 @ 5 60
Tidy, 1050 to 1150 pounds	4 65 @ 5 15
Fair, 900 to 1100 pounds	4 00 @ 4 75
Common, 700 to 900 pounds	3 00 @ 4 00
Bulls	3 00 @ 4 50
Cows	1500 @ 55 00

HOGS

Prime, heavy	6 30 @ 6 40
Prime, medium weight	6 10 @ 6 20
Best heavy Yorkers	5 90 @ 6 00
Light Yorkers	5 40 @ 5 50
Pigs	5 00 @ 5 30
Roughs	5 00 @ 5 75
Stags	4 00 @ 4 75

SHEEP

Prime wethers	4 20 @ 4 40
Good mixed	4 05 @ 4 20
Fair mixed ewes and wethers	3 25 @ 3 75
Culls and common	1 50 @ 2 50
Spring lambs	4 00 @ 6 20
Veal calves	5 00 @ 7 75
Heavy to thin calves	3 00 @ 4 50

The Amenity of Tennyson.

An American young lady — the daughter of an Ambassador—who was exceedingly anxious to meet the laureate, was given the chance to fulfil her eager hopes one night at a soiree. After she had been introduced to him the following dialogue began:

Tennyson—You are American?

Girl—Yes.

Tennyson—You know Walt Whitman?

Girl—No.

Tennyson—Then you don't know the only man worth knowing in America.

Whereupon the laureate turned away and the interview was over.—Conservatoro.

In addition to things that are liable to be dropped from airships might be mentioned the man who is running the machine, suggests the Washington Star.

One of the Essentials

of the happy homes of to-day is a vast fund of information as to the best methods of promoting health and happiness and right living and knowledge of the world's best products.

Products of actual excellence and reasonable claims truthfully presented and which have attained to world-wide acceptance through the approval of the Well-Informed of the World; not of individuals only, but of the many who have the happy faculty of selecting and obtaining the best the world affords.

One of the products of that class, of known component parts, an Ethical remedy, approved by physicians and commended by the Well-Informed of the World as a valuable and wholesome family laxative is the well-known Syrup of Figs and Elixir of Senna. To get its beneficial effects always buy the genuine, manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

The Swamp Angel.

"The Swamp Angel," was the name given by the Federal soldiers to an eight-inch Parrott gun which was mounted on a battery built on piles driven into a swamp outside of Charleston, S. C., and used during the siege of that city. It burst August 22, 1863. After the war it was bought with some condemned metal and sent to Trenton to be melted, but, having been identified, was set up on a granite base on the corner of Perry and Clinton streets in that city.

DRAGS YOU DOWN.

Backache and Kidney Trouble Slowly Wear One Out.

Mrs. R. Crouse, Fayette St., Manchester, Iowa, says: "For two years my back was weak and rheumatic. Pains ran through my back, hips and limbs. I could hardly get about and lost much sleep. The action of the kidneys was much disordered. I began using Doan's Kidney Pills, and the result was remarkable. The kidney action became normal, the backache ceased and my health is now unusually good."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Transportation Capacity.

The fact has been repeatedly demonstrated in this country, as elsewhere, that increased transportation facilities invariably develop increased tonnage. It is wise economy to keep the capacity of service a little ahead of the demand, rather than to clog business by insufficiency of transportation facilities. — Boston Herald.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address F. J. CHENEY & Co., Toledo, Ohio.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

Coal Used on Lakes.

The Great Lakes rank next to the Atlantic Coast in the quantity and value of coal consumed in steam propulsion. Out of 11,300,000 tons loaded on vessels for bunker purposes in 1907 these waters alone are credited with 25 per cent of the total coal tonnage required.

WAS DELIRIOUS WITH ECZEMA.

Pain, Heat and Tingling Were Excruciating—Cuticura Acted Like Magic.

"An eruption broke out on my daughter's chest. I took her to a doctor, and he pronounced it to be eczema of a very bad form. He treated her, but the disease spread to her back, and then the whole of her head was affected, and all her hair had to be cut off. The pain she suffered was excruciating, and with that and the heat and tingling her life was almost unbearable. Occasionally she was delirious and she did not have a proper hour's sleep for many nights. The second doctor we tried afforded her just as little relief as the first. Then I purchased Cuticura Soap, Ointment, and Pills, and before the Ointment was three-quarters finished every trace of the disease was gone. It really seemed like magic. Mrs. T. W. Hyde, Brentwood, Essex, England, Mar. 8, 1907."

Save the Foolhardy.

After several accidents on roller coasters and scenic railway contraptions at so-called amusement resorts the Chicago authorities have decided that they can step in and save foolhardy pleasure seekers from themselves.

PISO'S

Throat and Lungs

need just the protection against cold and disease that is obtained from Piso's Cure. If you have a cough or cold, slight or serious, begin taking Piso's Cure today and continue until you are well. Cure the cough while it is fresh, when a few doses of Piso's Cure may be all that you will need. Famous for half a century. Pleasant to taste. Free from opiates and harmful ingredients.

At all druggists', 25 cts.

25 cts. 25 cts.

CURE

AMERICA BEATS THE WORLD

Produces More Coal Than All Combined, Exclusive of Great Britain.

The United States produced 60 per cent more coal than Great Britain in 1907, over 90 per cent than Germany, and exclusive of Great Britain produced more coal than all other countries of the world combined. The Geological Survey, in a report today on the world's production of coal, estimates the production at 1,209,184,109 short tons, of which the United States furnished almost 40 per cent.

More than 98 per cent of the total world's production of coal is from countries north of the equator, the countries south of that line producing less than 20,000,000 tons annually.

During the past 40 years the percentage of the world's total produced by the United States has increased from 14.32 to 39.73, and since 1899 this country has held first place, having distanced Great Britain so far that that country can no longer be considered a rival.

An Unexplored River.

The world greatest river is located by Prof. Mudd in Australia. Peculiar geological conditions lead much of the water of this continent underground, and he estimates that a great subterannean river flowing through the center is as much as 200 miles wide.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Praying for Rain.

Throughout the state last Sunday prayer was offered in many churches for rain to break the prevailing drought. The spectacle is suggestive. Modern man can build cloud-piercing cities, he can make the lightnings his servant, banish darkness, sail above the clouds, talk a thousand miles through the air, but when one of the elemental processes of nature is stayed for a time, he finds himself as helpless as his cave-dwelling ancestors, and compelled to lift up supplicating hands to the power above.—Philadelphia Bulletin.

Save the Water Fowl.

The action of the American Audubon society in acquiring an island off the Maine coast as a bird reservation merits duplication. New England wild water fowl are becoming less numerous each year. The inland birds were decimated long ago, and attack upon the shore birds has been growing fiercer each year. Reservations to be used for breeding and for places of refuge must be maintained if the extinction of the species is to be prevented.—Boston Herald.

Metals Need Rest.

Metals get tired as well as living things, a scientist declares. Telegraph wires are better conductors on Monday than Saturday on account of their Sunday rest, and a rest of three week adds 10 per cent to the conductivity of a wire.

Tolstoy's Domestic Life.

Tolstoy's domestic life is singularly happy, in spite of the fact that his wife does not share his views concerning religion and sociology. The Countess is 16 years younger than her husband, and, although the mother of 13 children is still beautiful and charming.

For Sale 6000 Money-making Farms in 14 States. Strout's mammoth illustrated catalog of bargains with State maps mailed *free;* we pay R.R. fare. E. A. STROUT CO., World's Largest Farm Dealers, Land Title Bldg., Philadelphia

RHEUMATISM now curable; thousands cured; results speedy; guarantee given; price low. Write quick. DR. S. T. WRIGHT, Peru, Ind.

After suffering for seven years, this woman was restored to health by Lydia E. Pinkham's Vegetable Compound. Read her letter.

Mrs. Sallie French, of Paucauula, Ind. Ter., writes to Mrs. Pinkham:

"I had female troubles for seven years—was all run-down, and so nervous I could not do anything. The doctors treated me for different troubles but did me no good. While in this condition I wrote to Mrs. Pinkham for advice and took Lydia E. Pinkham's Vegetable Compound, and I am now strong and well."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat your letter in confidence and advise you free. No woman ever regretted writing her, and because of her vast experience she has helped thousands. Address, Lynn, Mass.

The value of all kinds of fish landed in England and Wales in one year is over $35,000,000, and the number of men and boys employed over 40,000.

Kentucky Feudist.

Every lover of truth and fiction will be pleased with Kentucky Feudist. Published on the "Dark and Bloody Ground." Only 25 cents a year.

Kentucky Feudist, Harlan, Ky.

P. N. U. 42, 1903.

If afflicted with weak eyes, use **Thompson's Eye Water**

SKREEMER SHOE

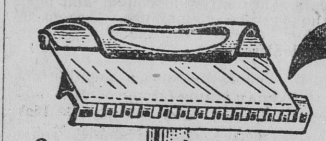
MADE BY FRED. F. FIELD CO. BROCKTON, MASS. U.S.A.

FOR MEN. Two hundred pounds, more or less, resting on the bottoms of your shoes will tire your feet unless the shoe bottoms fit your feet. SKREEMER shoes are made correctly from the bottom up, and that's why they always fit. Look for the label. If you don't find Skreemers readily, write us for directions how to secure them.

FRED. F. FIELD CO., Brockton, Mass.

POSITIVELY BEST — ABSOLUTELY CHEAPEST

SAFETY RAZOR



Save Shaving Money

Here's a revolution in Safety Razors, the marvelous

"Shrp-Shavr" 25c Safety Razor

which gives you better BLADE-VALUE than razors costing 20 times the price. The practical value is in the BLADE. It is the best because made of the finest steel tempered by a special process and scientifically ground and honed down to the keenest possible edge. You pay 25 cents for the best practical Razor ever introduced, and you save nineteen-twentieths of the fancy prices asked for fancy frames and holders. The "SHRP SHAVR" RAZOR is so set in the frame as to be correctly "angled" to suit any face. We sell you the whole Razor at 25c. so as to create a market for our blades. Extra "SHRP SHAVR" Blades, 5 for 25c. And satin finish silver-plated stoppers at 10c. each

It's all in Our blades

5 EXTRA BLADES 25¢

25¢

We send the Razor complete, extra Blades or the Stropper, prepaid by mail on receipt of price in stamps or cash.

BOOK PUBLISHING HOUSE, 134 LEONARD STREET, N. Y. CITY.

THE RAZOR is a marvel irrespective of price.

TRADE SHRP SHAVR MARK