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Cleanses the System Effect-ually, Dispels Colds and Read aches due to Constipation; Acts naturally, acts truly as a Laxative.

a Laxative.

Best for Men, Women and Children - Young and Old.

To get its Beneficial Effects Always buy the Genuine which has the full name of the Com-

CALIFORNIA Fig Syrup Co. front of every package.

SOLD BY ALL LEADING DRUGGISTS,
one size only, regular price 50¢per bottle.



A Long Job.

An English astronomer, J. Franklin-Adams, is said to have begun the prodigious task of counting the stars. Most people greatly overestimate the number of stars to be seen on a clear night—a matter of some 4,000—but their guesses are likely to fall as far short of the number revealed by a telescope. Even a field glass increases the visible number astonishingly, and the big telescopes reveal a number estimated at over 60,000,000, while the camera reveals, apparently, over 100,000,000. The method of counting is by moving the photographic plates, each covering a small area of the heavens, across the field of a microscope provided with a graduated grating so that the stars can be counted in narrow strips—Spring-field Republican. 39

When You Are Tired.

Don't grit your teeth and work harder. Ease up a little. Don't talk any more than you can help. Talking takes vitality. Lie down in a dark place if only for

15 minutes.

Don't read anything in which you

are not interested,

Don't feet that everything must be done in one day. There are 361

done in one day. There are 361 more.

Realize that it is better to leave things undone than overdo yourseif.

Avoid people and their woes at that time. Seek some one frivolous.

Don't try to improve yourself. Give your mind a rest.

And don't forget that a little lemon juice in cold water in the morning is a great help.

Temperance in Norway.

Temperance in Norway.

"The cause of temperance is working-great headway in Norway. We have adopted the local option policy with excellent results," said P. Anensen, a manufacturer of white paper, from Skien, Norway. "Whenever the people of a certain district or county wish to abolish drinking houses an election is held at which all adult males in that territory are supposed to vote. If any are absent their votes are counted for prohibition. Another election cannot be held until after five years."

AFRAID TO EAT

AFRAID TO EAT

Girl Starving on Ill-Selected Food.

"Several years ago I was actually starving," writes a Me. girl, "yet dared not eat for fear of the consequences.

"I had suffered from indigestion from overwork, irregular meals and improper food, until at last, my stomach became so weak I could eat scarcely any food without great disvery likely that a preserve will be established.

scarcely any food without great dis-

scarcely any lood without great distress.

"Many kinds of food were tried, all with the same discouraging effects. I steadily lost health and strength until I was but a wreck of

my former self.

"Having heard of Grape-Nuts and its great merits, I purchased a package, but with little hope that it would

age, but with little nope that it would help me—I was so discouraged.

"I found it not only appetizing but that I could eat it as I liked and that it satisfied the craving for food without causing distress, and if I may use the expression, 'it filled the bill.'

"For months Grape-Nuts was my principal article of diet. I felt from the very first that I had found the right way to health and happiness, and my anticipations were fully realized.

"With its continued use I regained with its continued use I regained my usual health and strength. To-day I am well and can eat anything I like, yet Grape-Nuts food forms a part of my bill of fare." "There's a Reason."

Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human

NEW LAWS FOR NEW CRIMES. :

If Draco and Solon, the old-time lawmakers, should revisit the earth, a tour of investigation in these United States would make it speedily clear to them that we moderns, as well as the ancients, busy ourselves pretty much all the time with the framing of

new laws.
"I am fined for failure to provide

"I am fined for failure to provide good drinking water on my passenger trains," a Rhode Islander might say; to which a fellow-railroader in South Carolina would add:

"In this State a jail sentence follows a neglect to provide spittoons for every two seats in our cars!"

A man in Virginia says: "I killed a partridge on the second day of February, for which I must serve time in jail."

In Tennessee a man must pay a fine or serve three years' imprison-

WORDS OF WISDOM.

The lonesomest man in the world is the third party in a hammock.

When a man starts down hill every one gets busy greasing the slide.

It's tough luck for a chauffeur to be knocked down by a milk wagon. A man rocked a boat, and every one said it was a most impressive fu-

There are seven ways to skin rabbit, but the rabbit has no prefer

Many a divorce suit has started with the bread that mother used to make.

When you feel like fighting use the telephone—it saves the skin.

Honesty is the best policy; but honest people don't play policy.

A wise man gives his tongue a rest at the expense of his ears.

It takes two to make a quarrel, but one peacemaker can start a riot.

Makes no difference whose name is on the safe; it's the man who holds the combination.

Cold cash makes quitters of us all.

She that fishes for love is liable to catch—any old thing.

The reformed men in paradise must bore even the angels.

Few of us believe in luck unless we happen to be unlucky.

Father Time frightens us away from the future by the sign "No Admittance" on the door.

Lots of us don't cast our bread on the waters until it is too stale to do anything else with.

We entreat the gods to give us the desires of our hearts, then, when they are realized, we dispose of our obligations with a hasty "Much "oliged."—From "Fool's Cap Filosophy," in the New York Telegram.

Connecticut Bird Preserve.

Despite the fact that reports have been circulated of late that the Com-

tained by the commission, and it is very likely that a preserve will be established there.

Until fifteen or sixteen years ago the island was inhabited by Clinton Terry, and the house is still standing, and it was from this place years ago that a band of Second Adventists put on their ascension robes and waited in vain for the end of the world.—Hartford Courant.

King Edward's birthday is eagerly awaited by the various heraldic of-ficers of the Crown, for the new titles

DUN'S WEEKLY SUMMARY

Gradual Improvement in the Business Situation Reported—More Steel
Orders in Sight.

New York.—R. G. Dun & Co.'s

"Weekly Review of Trade says:

"Gradual improvement in the commercial situation is reported, although the volume of trade has not expanded in proportion to the growth of confidence. Resumption of work at manufacturing plants is the best evidence of progress, the number of unemployed, though slowly, diminishing.

Scarcity of water is an adverse influence at several points. Several returns for the last week exhibited little or no loss, as compared with similar figures for 1907, notably shoe shipments, flour output and bank exchanges at some points.

"Steel mills have more business in sight. A current factor of value is the increased demand by the railways for both rolling stock and equipment.

"Restricted operations at cotton

time in jail."

In Tennessee a man must pay a fine or serve three years' imprisonment for killing fish with dynamite.

In Wisconsin a baker must serve three weeks in jail for sleeping in his bakery.

In California nurses are punished by fine or imprisonment should they fail, in the proper instance, to notify the physician of certain phases of illness in their patients.

To water a bicycle path in the State of Ohio is an offence punishable by heavy fine and sometimes imprisonment.

In most of the States it is a penal offence to tap a telegraph wire or to sell kerosene that is not up to the fire tost.

If the old lawgivers were to extend their tour of investigation they might learn of men fined or imprisoned for dropping advertising matter in letter chutes; for 'gambling by means of slot machines; and for countless other offences the very means for committing which were unknown one hundred years ago.—Harper's Week-ly.

Har figures for 1501, holdally such changes at some points.

Steel mills have more business in shipments, flour output and bank exchanges at some points.

Steel mills have more business in sight. A current factor of value is the increased demand by the railways for both rolling stock and equipments.

"Restricted operations at cotton mills during the past nine months have prevented accumulation of goods in the hands of producers, and the statistical position is also healthy as to jobbers and retailers.

"Buyers are scarce in the market for woolens, but there is a good call for delivery of sample pieces. An unusually small percentage of the season's requirements has been ordered.

"The domestic market for hides is still quiet, yet the tone is better, although actual sales at the East are unsatisfactory. Tanners of upper stock insist that price are too low in relation to the hide market, but efforts to secure a proportionate advance result in a check to business. Forwardings of footwear from Boston showed a total slightly in excess of the corresponding week last year.

MARKETS.

1	WITHTEE TO.		
	PITTSBURG.		
	Wheat—No. 2 red\$	85 '	9)
	Corn—No 2 yellow, ear No. 2 yellow, shelled	90 87 77	91 88 75
	Mixed earOats—No. 2 white	58	54 58
4	No. 3 white Flour—Winter patent Fancy straight winters	5 80	5 90
,	Hay—No. 1 Timothy Clover No. 1 Feed—No. 1 white mid. ton	13 0) 11 03 30 00	13 59 12.00 31 00
,	Brown middlings	27 0 1 4 00	28 50 24 50
	Straw—Wheat	7 00 7 00	8 00
	Dairy Products.		
-	Butter—Elgin creamery. Ohio creamery. Fancy country roll. Cheese—Ohio, new. New York, new.	25 22 17 13 16	26 28 18 17 17
	Poultry, Etc.		
)	Hens—per lb	17 12 22	18 13 23
2	Fruits and Vegetables.		
t	Potatoes—Fancy white per bu Cabbage—per ton	95 1 50	1 70

Onions-per barrel..... 5 50 6 00 BALTIMORE.

PHILADELPHIA.

NEW YORK.

LIVE STOCK.

Union Stock Yards. Pittsburg.

8		0 10 (0) 000
a	Tidy, 1050 to 1150 pounds,	4 45 @ 535
ı	Bair, 900 to 1100 pounds	400 @ 475
8	common, 700 to 900 pounds	300 @ 400
ı	ulls	800 @ 451
8	Boms	130 @ 403
ı	C HOGS	
ı	Prime, heavy	7 25 @ 7 40
ı	Prime, medium weight	
3	Best heavy Yorkers	700 @73)
ı	Light Yorkers	641 @ 165
	Pigs	550 @ 621
	Roughs	52, @62,
d	Stags	25)@475
	SHEEP	
	Prime wethers	400 @ 410
	Good mixed	8 65 @ 385
9	Fair mixed ewes and wethers	
ı	Culls and common	150 @ 300
8	Spring lambs	
2		500 @ 775
	Heavy to thin calves	200 (215)

CUSHION COVER OF LINEN. Pretty sofa cushions always add a touch of hominess to any room, and, while the cushions may be not only beautiful but inexpensive, they are well worth the little trouble it takes to make them. A very attractive cover, answering to this description, is of old-fashioned scrim dipped in coffee to give it a rich, creamy tint. It is a very useful material, for it may be embroidered in many ways. Narrow cotton soutache works in charmingly; mercerized cotton or sily—done in, the cross-stitch—gives it a comfortable, grandmotherly book. And last, but not least, the mesh is wide enough to permit the design to CUSHION COVER OF LINEN

ficers of the Crown, for the new titles that, as occurred this summer, are distributed on every birthday, mean a payment to the heralds of a good many heavy fees. The following is a list of the cost of taking up titles in England: Duke, \$6495; marquis, \$5640; earl, \$4785; viscount, \$4000; baron, \$3210; baronet, \$2675, and knight, \$485.—New York Press.

Mother's Preference.

The twins were being congratulated upon the arrival of a small brother when the neighbor inquired, "Wellhow did you boys like the boy?" "Oh," answered Howard, nonchalantly, "we thought it was all right; but mamma would rather have had an automobile."

Testing Kinship by Blood

Testing Kinship by Blood.
Testing animal origins or kinship by similarities or blood analyses, as suggested by Prof. Nuttall, the English biologist, is bringing novel ideas into zoology. It shows that the hippopotamus is a pig and the walrus a horse and confirms the long recognized relationship between birls and reptiles. But it does not connect man with monkeys and traces only slight kinship with the anthropoids.

Beware of Ointments For Catarrh
That Contain Mercury,
as mercury will surely destroy the sense of
smell and completely derange the whole system when entering it through the mucous
surfaces. Such articles should never be used
except on prescriptions from reputable physicians, as the damage they will do is ten fold
to the good you can possibly derive from
them. Hall's Catarrh Cure, manufactured
by F. J. Cheney & Co., Toledo, O., contains
no mercury, and is taken internally, acting
directly upon the blood and mucous surfaces
of the system. In buying Hall's Catarrh Cure
be sure you get the genume. It is taken internally and made in Toledo, Ohio, by F.
J. Cheney & Co. Testimonials free.
Sold by Druggists; price, 75c. per bottle.
Take Hall's Family Pills for constipation.

One Way to Do It.

While the automobile enthusiasts are considering ways to avoid accidents at railroad grade crossings, it might be a good idea for the chauffeurs to slow up and be a bit careful until some other plan can be figured out.

DEEP CRACKS FROM ECZEMA.

Could Lay Siate-Pencil in One—
Hands in Dreadful State—Disease
Defied Treatment for 7 Years
—Cured by Cutieura.

"I had eezema on my hands for about seven years and during that time I had used several so-called remefies, together with physicians' and druggists' prescriptions. The disease was so bad on my hands that I could lay a slate-pencil in one of the cracks and a rule placed across the hand would not touch the pencil. I kept using remedy after remedy, and while some gave partial relief, none relieved as much as did the first box of Cutieura Ointment, I made a purchase of Cutieura Soap and Ointment and my hands were perfectly cured after two boxes of Cutieura Ointment and one cake of Soap were used. W. ment and one cake of Soap were used. M. Dean, Newark, Del., Mar. 28, 1907.

Ruins Restored.

The famous rulins of Tintern Abbey, Monmouthshire, England, are being restored as far as the four great arches are concerned, and more excavations are being made around it in hope of finding other buildings.

H. H. Green's Sons. of Atlanta, Ga., are the only successful Dropsy Specialists in the world. See their liberal offer in advertise-ment in another column of this paper.

Skipping.

The art of reading is to skip judiciously. Whole libraries may be skimmed in these days, when we have the results of them in our modern culture without going over the ground again. And even of the books we decide to read, there are almost always large portions which do not concern us, and which we are sure to forget the day after we have read them. The art is to skip all that does not concern us, whilst missing nothing that we really need.—P. G. Hamerton.

Moon's Surface Changes.
Changes on the moon's surface, especially near the crater Linnacus, are now recognized by Pickering, Barnard and others. It is concluded that the diminution of a white patch must be a meliting of hoar frosts at sunrise and that the deposition and melting of frost must be taking place in other parts of the moon.

Miners Not Consumptives.

A mining journal published at Seranton has been calling attention to the curious fact that in coal mining communities there is a marked deficiency in the mortality from tuberculosis as compared with that of other localities.

The Smallest Brain.

A healthy, regularly formed brain of twenty-four ounces, scarcely half of the normal average, seems to have been the smallest ever recorded for an adult. It was recently found in Daniel Ryan, a New York coachman, who died suddenly at the age of forty-six.

New Shingles.

Shingles are now made under a patented process from asbestos fiber and Portland cement. Owing to the enormous pressure under which the shingles are manufactured it is said that they absorb, when fresh, only about 5 per cent of their weight in water.

Twin Evils.

Next to lack of work, drinking and gambling are responsible for more suicides than anything else in the country, and yet there is always a howl when any attempt is made to regulate these twin evils.

ONE KIDNEY GONE.

But Cured After Doctors Said There Was No Hope.

Sylvanus O. Verrill, Milford, Me., tys: "Five years ago a bad injury paralyzed me and affected my kidaffected my kidneys. My back
hurt me terribly,
and the urine was
badly disordered.
Doctors said my
right kidney was
practically dead



right kidney was practically dead. They said I could never walk again, I read of Doan's Kidney Pills and began using them. One box made me stronger and freer from pain. I kept on using them and in three months was able to get out on crutches, and the kidneys were acting better. I improved rapidly, discarded the crutches and to the wonder of my friends was soon completely cured."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

BOOK PUBLISHING HOUSE, 134 Leonard Etreet, N. Y. CLY.

Foster-Milburn Co., Buffalo, N. Y.



You won't tell your family doctor the whole story about your private illness — you are too modest. You need not be afraid to tell Mrs. Pinkneed not be afraid to tell Mrs. Pink-ham, at Lynn, Mass., the things you could not explain to the doctor. Your letter will be held in the strictest con-fidence. From her vast correspond-ence with sick women during the past thirty years she may have gained the very knowledge that will help your case. Such letters as the fol-lowing, from grateful women, es-tablish beyond a doubt the power of

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

to conquer all female diseases.

Mrs. Norman R. Barndt, of Allentown, Pa., writes:

town, Pa., writes:

"Ever since I was sixteen years of age I had suffered from an organic derangement and female wealeness; in consequence I had dreadful headaches and was extremely nervous. My physician said I must go through an operation to get well. A friend told me about Lydia E. Pinkham's Vegetable Compound, and I took it and wrote you for advice, following your directions carefully, and thanks to you I am today a well woman, and I am telling all my friends of my experience."

FACTS FOR SICK WOMEN.

FACTS FOR SICK WOMEN.
For thirty years Lydia E. Pinkham's Vegetable Compound, made
from roots and herbs, has been the
standard remedy for female ills,
and has positively cured thousands of
women who have been troubled with
displacements, inflammation, ulceration, fibroid tumors, irregularities,
periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, ornervous prostration.

For Sale akone Moneymaking Farms
in 14 States. Strout's manmothillustrated catalog of baragains with State maps maled //eer we
World's Largest Farm Dealers, Land Title Bilder, Philadelphia

FOR SALE MARYLAND

ighths of a mile is a commercially valuable ishing shore. Price, \$ 7 per acre. 8. HERBERT GIESY, Atty. for Owner, 918 F St., N. W., Washington, D. C.

Duff's College A post card will bring illustrated catalogue and "The Proof."

6th Street and Liberty Avenue, PITTSBURG, PA. WLDOUGLAS



TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toiletrequisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid.

Large Trial Sample THE PAXTON TOILET CO., Boston, Mass.

P. N. U. 39, 1908,

DROPSY NEW DISCOVERY; gives quick relief and cure worst cases. Hock of testimonials and 50 Days' treatment Free. Dr. H. H. GREEN'S SONS, BOX B. Atlanta, 62

It's Up to You!

It's only a question of your aim if you don't bring back all that the law allows when

MAINE WOODS



AT LOW PRICE.



The small price is made possible by the great demand for this Razor. The small profit on each aggregating as large a sum as if we sold fewer at a greater price.
The benefit is the consumer's.

The Blade is of the finest steel, scientifically made and tempered by a secret process--and the blade, of course, is the important part of any Razor. The frame is of satin finish, silver plated, and "angled" correctly for safe, quick and clean shaving. The tough bearded man finds this Razor a boon; the soft bearded man finds it a delight. These blades can be stropped.

BOOK PUBLISHING HOUSE, 134 Leonard Street, N. V. Cliv.

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