

## Night Sweats & Cough.

E. W. Walton, Condr. S. P. Ry., 717 Van Ness St., San Antonio, Tex., writes: "During the summer and fall of 1902, my annoyance from catarrh reached that stage where it was actual misery and developed alarming symptoms, such as a very deep-seated cough, night sweats, and pains in the head and chest. I experimented with several so-called remedies before I finally decided to take a thorough course of Peruna.

"Two of my friends had gone so far as to inform me that the thing for me to do was to resign my position and seek a higher, more congenial climate. Every one thought I had consumption and I was not expected to live very long.

"Having procured some Peruna, I decided to give it a thorough test and applied myself assiduously to the task of taking it, as per instructions, in the meantime.

"The effects were soon apparent, all alarming symptoms disappeared and my general health became fully as good as it had ever been in my life.

"I have resorted to the use of Peruna on two or three occasions since that time to cure myself of bad colds."



A MOTH TRAP.

Tons of Insects Caught by Lure of Light.

The fight of Massachusetts against the gypsy and brown-tail moths has been going on for years, and large sums have been expended for spraying trees, destroying eggs and experimenting with moth parasites. These methods, however, have proved clumsy and inefficient. They have emphasized the need of a real and economical exterminator, and thus long sought boon seems to have been discovered at last in the remarkable electric light trap reported from Zittan, Saxony. This apparatus in portable form should be able to free a large area from pests of moths and caterpillars at comparatively small cost. The trap includes two powerful searchlights, and these are arranged over powerful exhaust fans which suck the air into a deep receptacle. In the first trial the trap has been placed at the top of the municipal electric station. The reflectors at night throw two great streams of light upon the wooded mountain sides a half mile away, and the effect has been amazing. Lured along the great white ways the moths have come in fluttering armies. At a certain distance from the reflectors the draught from the fans catches the dazed victims, which are then whirled into the pit beneath. The first night's catch of three tons should mark a new era.

Explosions from Machine Belts.

To show how great may be the generation of static electricity in German factories, Prof. M. M. Richter has drawn sparks an inch to an inch and a half long from a five-inch belt on a wheel making 10,000 revolutions a minute. The risk of explosion in dust or gases seems to have been overlooked. Coating with bronze or aluminum powder prevented static charges, while a wetted application of acid free glycerine was a remedy and added durability to the leather.

### "THE PALE GIRL"

Did Not Know Coffee Was the Cause.

In cold weather some people think a cup of hot coffee good to help keep warm. So it is—for a short time but the drug—caffeine—acts on the heart to weaken the circulation and the reaction is to cause more chilliness.

There is a hot wholesome drink which a Dak. girl found after a time, makes the blood warm and the heart strong.

She says:

"Having lived for five years in N. Dak., I have used considerable coffee owing to the cold climate. As a result I had a dull headache regularly, suffered from indigestion, and had no 'life' in me.

"I was known as the 'pale girl' and people thought I was just weakly. After a time I had heart trouble and became very nervous, never knew what it was to be real well. Took medicine but it never seemed to do any good.

"Since being married my husband and I both have thought coffee was harming us and we would quit, only to begin again, although we felt it was the same as poison to us.

"Then we got some Postum. Well, the effect was really wonderful. My complexion is clear now, headache gone, and I have a great deal of energy I had never known while drinking coffee.

"I haven't been troubled with indigestion since using Postum, am not nervous, and need no medicine. We have a little girl and boy who both love Postum and thrive on it and Grape-Nuts."

"There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

## HOUSEHOLD MATTERS

Hickory Nut Macaroons.

Beat one egg until light, add one cupful of sugar, beat well together, then add two tablespoonfuls of flour and one cup nut meats, chopped fine. Grease tins, dust with flour; drop the macaroons by teaspoonfuls on them and bake about twenty minutes in a moderate oven.—New York Telegram.

New Peach Pudding.

A peach and chocolate pudding is an English novelty that will appeal to those fond of the latter, and which is inexpensive, as canned or tinned peaches are used.

Take one pint tin of peaches, add an ounce of butter and stew until soft; sweeten if liked and then beat them to a pulp. Boil four ounces of chocolate in a pint of milk until it is smooth. Beat four eggs and add to the chocolate, and after well mixing place the peaches in a deep pie dish, pour the chocolate over them, and bake from ten to twelve minutes in a moderate oven.—New York Times.

Stuffed Tomatoes.

Wipe and remove slices from stem end of six medium-sized tomatoes, take out seeds and pulp, sprinkle inside of tomatoes with salt, invert and let stand. Cook one-half tablespoonful of minced onion with two tablespoonfuls of butter five minutes; add one-half cupful of finely chopped cooked chicken or veal; one-half cupful of stale, soft bread crumbs, tomato pulp, salt and pepper to taste; cook five minutes, then add one egg slightly beaten. Cook one minute and refill tomatoes with mixture. Place in buttered pan, sprinkle with buttered crumbs and bake twenty minutes in hot oven.—Epitomist.

Broiled Bananas.

Another hostess has a way of broiling bananas. The bananas are slit lengthwise twice and a half inch of peel is stripped off, leaving the fruit in the large part; the body of the fruit should then be opened a bit and a pinch of salt, another of pepper, and a bit of lemon juice can be put on the exposed fruit, and the whole left for half an hour, so that the seasoning may soak in. The butter should be spread over the opened part. The bananas should then be laid in a hot too hot broiler, with skins down, and broiled very gently until lightly browned. They should be served in the skins, which if properly handled will retain the juices formed while cooking, and a truly delicious morsel will be the result.

Stuffed Onions Are Delicious.

Onions are chiefly employed as flavoring. Take two large onions and remove the outside skin carefully and neatly; cut the root and the stalk end even. Take all the centre out of the onion except three or four of the outer coats, taking care not to make a hole at the bottom; if a hole is accidentally made, it must be filled up with the bit that came out. Put four tablespoonfuls of chopped cooked meat into a bowl, and half a cupful of grated bread, one teaspoonful of flour, two tablespoonfuls of milk, salt and pepper to taste. Fill the onions with this stuffing and put on the lids. Place them in a small saucepan, pour in a cupful of stock or water, and stew the onions gently for one hour. Serve on a hot dish, with the gray pointed round them.—The Delineator.

## HINTS FOR THE HOUSEKEEPER

A spoonful of vinegar put into the water in which meats or fowl are boiled makes them tender.

It is said that to butter a cracker and sprinkle it with cayenne pepper will induce sleep after eating.

A hole in the spout of an agate teakettle can be mended by cutting a small piece of cork and forcing it into the opening.

Cucumber and radishes served on lettuce hearts and covered with French dressing makes an appetizing and seasonable salad.

Do not neglect to frequently pour household ammonia, or some other disinfectant, down all waste-pipes, especially in summer time.

To make a rubber plant throw out branches tie a small sponge around the main stem where a leaf joins and keep it moist all the time.

When cutting a tomato pass the knife frequently over the freshly cut surface of a large onion. The resulting flavor is indescribably delicate.

Persons whose hands easily become chapped should thoroughly rinse the hands with fresh water after they have been washed with soap, being careful to wipe them perfectly dry.

For okra soup such as one finds in the South, boil slowly a shin of beef in five quarts of water with about fifty okras and a few tomatoes for seven hours. Then season with salt and red pepper.

A Wilton or Axminster carpet should never be swept with a straw or split broom. The corners and edges should be carefully brushed with a stiff hair brush, and the rest gone over with a good carpet sweeper. Velvet and Oriental rugs should not be shaken by hand or beaten on the line. Sweep in the direction of the nap, lay face downward on the grass, beat with rattan beaters, then turn and sweep on the right side.

## Truth and Quality

appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

Safe Gasoline Storage.

Experiment has shown that gasoline tanks are kept cool in the hottest weather if they are buried beneath twenty inches of earth, and Austin and Hendrick have made storage and distribution practically safe by providing an underground reservoir, with a special double delivery pipe, and filling the upper part of the tank with carbonic acid gas under pressure. This prevents the formation of any explosive mixture of inflammable gas and air, as well as explosion from expansion of vapor by heating. The inner pipe leads from the bottom of the tank to the self-closing delivery cock, the liquid being forced out by the pressure of the inert gas; and the outer pipe stops at the top of the reservoir, being there, filled only with inert gas. In a great fire in Berlin 30,000 gallons of gasoline lay safely in an underground reservoir beneath ruins burning for twenty-four hours.

### EYESIGHT WAS IN DANGER

From Terrible Eczema—Baby's Head a Mass of Itching Rash and Sores—Disease Cured by Cuticura.

"Our little girl was two months old when she got a rash on her face and within five days her face and head were all one sore. We used different remedies but it got worse instead of better and then she would turn blind and that her ears would fall off. She suffered terribly, and would scratch until the blood came. This went on until she was five months old, then I had her under our family doctor's care, but she continued to grow worse. He said it was a great case of eczema and that she would turn blind and that her ears would fall off. I started to use the Cuticura Remedies and in two months our baby was a different girl. You could not see a sign of a sore and she was as fair as a newborn baby. She has not had a sign of the eczema since. Mrs. H. F. Budke, LeSueur, Minn., Apr. 15 and May 2, 1907."

Religion and Liberty.

Subsiding religious and racial animosities in the face of a common opponent is reported from Turkey as from India. Moslem, Jew and Christian are united in the "Young Turkey" movement, just as in India Moslem and Hindu are forgetting past strife in the effort to gain more self-government. It is one of the most interesting and significant of current phenomena and significant of current feeling world politics.—Boston Herald.

STATE OF OHIO, CITY OF TOLEDO, ss.

LUCAS COUNTY.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE. FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1898.

(SEAL) A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free. F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, etc. Take Hall's Family Pills for constipation.

Writing the Voice.

Speech having been registered, by telephonic impressions so as to be intelligible, the different words being distinguishable, by sight, D. Charbonnel, the French engineer, who perfected the apparatus, is seeking a practical means of making a telephonic receiver give an automatic report of itself on a traveling film or sensitized band, taking down any message that may come in the absence of the proprietor of the office.

Fox Raising Pays Well.

There are three black fox farms near Atherton, Prince Edward Island, where these animals are raised for their skins. The black fox furs are very rare and in great demand, bringing from \$500 to \$1,800 each in London.

### TEN YEARS OF BACKACHE.

Thousands of Women Suffer in the Same Way.

Mrs. Thomas Dunn, 153 Vine St., Columbus, Ohio, says: "For more than ten years I was in misery with backache. The simplest housework completely exhausted me. I had no strength or ambition, was nervous and suffered headache and dizzy spells. After these years of pain I was despairing of ever being cured when Doan's Kidney Pills came to my notice and their use brought quick relief and a permanent cure. I am very grateful."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

## HUMAN FACES ARE LIKE SHOW WINDOWS.

Unfailing Indications of What Can Be Found on the Inside of the Individual.

"Making Faces" was the subject of a sermon delivered at the First Methodist Church, Cleveland, Ohio, by Rev. Dr. Charles Bayard Mitchell, who took his text from Ecclesiastes 8:1, "A man's wisdom maketh his face to shine, and the boldness of his face shall be changed," and from Jeremiah v. 3, "They have made their faces harder than a rock."

"These statements plainly teach that the human face is the handiwork of the soul," said Dr. Mitchell.

"There are two widely recognized facts—first, the soul is the temporary tenant of the body, and second, the soul and body react powerfully on each other.

"The first fact is the teaching of Scripture is taught by the new psychology and is recognized in all modern philosophy.

"As to the second fact, it is universally known that the body is powerfully affected by the mind. Fear, anger, shame, hope, love, all mightily affect the human body. The face is that part of the body where the fleshly covering is the thinnest. There the veil is almost transparent.

"You can study the soul by looking at the face. Physiognomy is more character reading than phrenology. The face is the most interesting part of the body. The greatest painters, Ruskin insists, are those of the human face. The human face is the most beautiful thing God has made, and this is because man co-operates with God in its making.

"There is a universal longing to have a pleasing and beautiful countenance. Hence, men and women grow rich selling paints, powders, washes and such like, to the multitudes who want to improve the looks of their faces. This is nothing new. Writers tell us that from the days of ancient Egypt down to the modern face artist, women and some men will go to any length to be pretty.

"Another interesting fact connected with the making of the face is the way in which the ancient gladiator, or modern soldier, will dull his face by stoic methods to give no sign of pain when enduring fiercest agonies. All these things are but surface views of this subject. It is strange that the many who are so much interested in the subject do not go deeper. A closer study will show that the true artist's work on the face are not working from without, but from within. Charles Kingsley said, 'The soul secretes the body like the oyster its shell.' This is not true, of course, but the truth lies in that direction.

"The face of Stephen, of Moses, and of the transfigured Christ tells how the inner light breaks through the face and makes it shine. The inner life is the true master-architect of the face. Solomon says, 'A wicked man hardeneth his face,' and Jeremiah says, 'They have their faces harder than a rock.'

"Nearly every virtue and every vice is pictured in the face.

"The face of the old is a better index of character than that of the young. Hence a saintly old woman is more beautiful than youthful beauty. Youth may have the advantage in form and color, but age in the beauty of character. The face registers the kind of life we are living. A hundred inner artists are at work on the face, taking their orders from us.

"All of this would be of mere relative value if only the face of flesh was involved. But if the face reflects the soul, then how important that the soul shall be pure and holy! The end of holiness is not a holy face, but a holy life. It is the soul which outlasts the face. The artist lives when the statue is forgotten.

"The highest ambition of the true Christian is attained when he shall awake in Christ's likeness. We are glad to say, 'We know that when He shall appear we shall be like Him.'"

Uses of Paraffine.

Paraffine was at first a valueless by-product of the oil refineries, but has now a thousand uses. Besides the use of paraffine for candles, 2,000,000 blocks of paraffine are sold every year for a great variety of purposes. Paper made watertight by paraffine has been utilized to protect crackers from the effect of damp weather and moist climates. It is even said that a cargo of biscuit so preserved has been taken unharmed from a sunken vessel. Paraffine was applied to Cleopatra's needle in Central Park, and stopped the scaling off of the surface.

Stone fronts of houses are protected in the same way. Paraffine is made into colored crayons, which will stick on glass as well as on paper. It is employed in laundries to whiten the clothes and in polishing the surface of starched pieces. It is turned to account in the sealing of canned fruits, or anything put up in bottles by manufacturers, druggists or chemists, and is used generally as a substitute for beeswax, tallow and sealing wax, and for insulating wires.—Zion's Herald.

British India has \$6,912 miles of telegraph and cable wires in operation. Since 1902-'03 the annual earnings of the cables between India and Europe show profits of from \$1,000,000 to \$1,200,000.

Chile is now exporting titrate at the rate of over 2,000,000 tons a year.

## A New Draft Animal.

Among the rapidly disappearing wild animals is the eland or Cape elk, which is native of South Africa and one of the largest of the antelopes, and is especially prized as furnishing the best of all venison. Schemes for preservation include a plan for domesticating it and making it perform an important share of the farm work of Cape Colony. The beast is easily captured, thrives under the new conditions and in an experiment in the McChekwe district of Mashonaland two eland spans were used for a considerable time for drawing wagons, proving docile and tractable. The calves were born in captivity. The animal seems to be proof against the common diseases of farm stock, and its flesh is desirable for beef and its hide for leather.

## BORAX IN THE DAIRY.

A Matter of Profitable Interest to the Farmer and Dairyman.

The problem of keeping sweet all the utensils used in connection with milk and cream setting, and butter making, has been a serious one with the farmer.

He has come to realize fully that the slightest hint of staleness left in a can, tin or churn may ruin a whole output; that the taint which is left in the form of bacteria which grow and multiply in milk or butter, producing disastrous results.

The farmer has learned that hot water won't rinse away the greasy residue in dairy utensils.

He has learned that soap leaves a residue of its own which is, if anything, worse than the milk or cream residue, and it is little wonder that there has been a constant clamor for a dairy cleanser and sweetener that will meet modern requirements.

A few of the largest creamery establishments have called experts into consultation on this problem and have with this scientific aid hit upon a product of nature which exactly fills the bill—borax.

Scientists have long known borax as a cleanser, a sweetener and an antiseptic destroyer of bacteria and germ growths. Destroys all that is harmful and promotes and preserves freshness, sweetness and purity, relieving the dairyman and dairy housewife of drudgery and of needless work and worry.

Its cheapness and value should give it its first place in the necessities of every dairy.

The cow's udder is kept in a clean, healthy and smooth condition by washing it with borax and water, a tablespoonful of borax to two quarts of water.

This prevents roughness and soreness or cracking teats, which make milking-time a dread to the cow and a worry to the milker.

The modern cleanser of all dairy utensils consists of—one tablespoonful of borax to every quart of water needed. Remember—a tablespoonful equals four teaspoonfuls.

Be sure that you get pure borax. To be sure, you must get "20 Mule Team Borax."

All dealers. A dainty book in colors, called "Jingle Book," sent free to any Mother sending name and address of her baby, and tops from two pound cartons of "20 Mule Team" Package Borax, with 6c. in stamps.

Address Pacific Coast Borax Co., New York.

A Matchmaking College.

According to President Albert S. Hill of Lebanon (O.) university, the influence of that institution, since it was founded 32 years ago, has resulted in 10,000 weddings. It is a co-educational school, and Dr. Hill, who has strong faith in the system, says: "We believe that five women will humanize at least 100 men." The institution, which is quite a flourishing one, has been conducted for its more than half a century of existence on the principles laid down by its founder, Alfred Holbrook.—Leslie's Weekly.

For Sale.

6000 Money-making Farms in the States. Strongly recommended. Illustrated catalog of bargains with State maps mailed free. For copy send 5c. to E. A. STROUT CO., World's Largest Farm Dealers, Land Title Bldg., Philadelphia, Pa.

P. N. U. S. 1908.

If afflicted with weak eyes, use

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## More proof that Lydia E. Pinkham's Vegetable Compound saves women from surgical operations.

Mrs. S. A. Williams, of Gardiner, Maine, writes:

"I was a great sufferer from female troubles, and Lydia E. Pinkham's Vegetable Compound restored me to health in three months, after my physician declared that an operation was absolutely necessary."

Mrs. Alving Spaulding, of 154 Claybourne Ave., Chicago, Ill., writes:

"I suffered from female troubles, a tumor and much inflammation. Two of the best doctors in Chicago decided that an operation was necessary to save my life. Lydia E. Pinkham's Vegetable Compound entirely cured me without an operation."

**FACTS FOR SICK WOMEN.**

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, flat bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

## Duff's College

A post card will bring illustrated catalogue and "The Proof."

6th Street and Liberty Avenue, PITTSBURG, PA.

Japan's Need of Peace.

An examination of Japan's financial affairs leaves no room for doubt that what that country needs most of all is prolonged peace. Although it is poor, indeed very poor as compared with the United States, Japan's national debt is over \$200,000,000 greater than that of this country. Every Japanese subject is burdened with a government debt of over \$21.

Last year the ordinary revenue of the empire was only \$244,000,000, while the expenditures amounted to \$317,000,000. To meet the deficit bonds were sold. For a good many years Japan has spent very nearly all its available resources upon the army and navy.—Philadelphia Press.

Railway to Be Extended.

A great extension of the Siberian railroad is proposed along the River Amur, and as it has met with hearty approval on the part of the present ministry it is likely to be constructed. It will open up 40,000,000 acres of corn land.

Just Like Home.

An immigrant hotel in a narrow street between Church and Greenwich streets, New York, has a veranda in front, where immigrants sit in the evening, smoke German pipes, wear wooden shoes and drink beer.