

A TEMPERANCE WORKER.

Says Peruna is a Valuable Nerve and Blood Remedy.



MISS BESSIE FARRELL.

MISS BESSIE FARRELL, 1011 Third Ave., Brooklyn, N. Y., is President of the Young People's Christian Temperance Association. She writes:

"Peruna is certainly a valuable nerve and blood remedy, calculated to build up the broken-down health of worn-out women. I have found by personal experience that it acts as a wonderful restorer of lost strength, assisting the stomach to assimilate and digest the food, and building up worn-out tissues. In my work I have had occasion to recommend it freely, especially to women."

Dr. Hartman has prescribed Peruna for many thousands of women, and he never fails to receive a multitude of letters like the above, thanking him for the wonderful benefits received.

Man-a-lin the Ideal Laxative.

Her second Mate.

What nautical term applies when a man marries a widow? He is her second mate, of course.

Piles Cured in 6 to 14 Days.

Pazo Ointment is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded, 50c.

When a girl begins to help a young man save money, it's time for him to fish or cut bait.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists.

Wickedness of Vivisection.

The several conditions preceding, during or following any experiment must result in pain or agony. Animals are very intelligent and have an almost human comprehension as to what is about to happen. So much so is this the case that in many well-known and recorded instances on the continent they have died of sheer terror ere any experiment could be made upon them. Their condition in advance must be one of agonizing apprehension. Securing them in the merciless apparatus invented for holding them motionless is another cruelty. That done, the cutting or dissecting, frequently without any anaesthetic, constitutes living torture, lasting for hours and frequently for days together. The truly pathetic scenes in a vivisection are heartrending. The animals all but speak and plead with their tormentors. The whole is wantonly cruel and a lasting reproach to mankind.—New York Herald.



After suffering for seven years, this woman was restored to health by Lydia E. Pinkham's Vegetable Compound. Read her letter. Mrs. Sallie French, of Paucama, Ind. Ter, writes to Mrs. Pinkham: "I had female troubles for seven years—was all run-down, and so nervous I could not do anything. The doctors treated me for d.ferent troubles but did me no good. While in this condition I wrote to Mrs. Pinkham for advice and took Lydia E. Pinkham's Vegetable Compound, and I am now strong and well."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it? Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat your letter in confidence and advise you free. No woman ever regretted writing her, and because of her vast experience she has helped thousands. Address, Lynn, Mass.

If afflicted with weak eyes, use Thompson's Eye Water



TIMELY RECIPE

TOMATO SAUCE FOR FRIED FISH.

Cook a cup and a half of stewed or fresh tomato, half a green pepper pod, and half an onion, each sliced fine, also a bit of lean ham if at hand, ten or fifteen minutes, then strain and use the puree with two level tablespoonfuls each of butter and flour in making a sauce. Season with salt and pepper as needed.—Boston Cooking School Magazine.

DEVONSHIRE JUNKET.

Take new milk, blood heat, and add sugar and flavoring to taste. Then add prepared rennet at the rate of one tablespoonful to a quart of milk. Set by in glass dishes, and when quite cold put a layer of clotted cream on the top and grate over a strong flavoring of nutmeg. Devonshire cooks decorate their junkets in many fanciful ways. Ewes' milk makes better junket than cows' milk and does not need so much rennet. Ewes are milked occasionally in Devonshire at the present day. Thirty years ago nearly every farmer milked his flock. Prepared rennet can be bought at all chemists' in small or large quantities.

CHICKEN PIE.

Prepare a nice fat chicken as you would to stew. Make a dough as for biscuit, only richer. A granite pan is preferable. Line the edges but not the bottom with the crust, rolled thin. Remove the large bones from the meat, place a layer of the meat in the pan, then roll some of the crust thin. Cut in strips about an inch wide. Put these over the meat, and so on till all is used. Pour over this about half of the broth in which the chicken was cooked. Cover with crust and crimp edges, cutting slits in cover. Bake. Take the remaining part of the liquid, put in butter size of an egg, a cup of cream, a little thickening. This makes a gravy to be used when the pie is served.—American Home Monthly.

MY APPLE DUMPLINGS.

Materials: Two cups flour, two teaspoonfuls baking powder, one teaspoonful salt, one tablespoonful butter, one tablespoonful lard, one cup milk, cinnamon, brown sugar, three large tart apples chopped.

Way of preparing: Sift the flour, baking powder and salt together. Work into these the butter and lard. Then use the milk and combine all these ingredients into a dough. Place on the molding board and roll into a sheet one-half an inch thick and longer than wide. Brush it with melted butter and sprinkle thickly with brown sugar and cinnamon. Cover with the chopped apples and roll up as you would a jelly roll. Then cut into twelve equal slices. Place the slices on end in a buttered pan. Pour one-half the sauce over them and bake until the apples are tender. The following is the sauce: Materials: One cup sugar, one tablespoonful butter, one tablespoonful flour, one-fourth teaspoonful salt, one and one-fourth cups hot water, one-half a lemon sliced.

Way of preparing: Mix the sugar, flour and salt. Place in a small saucepan and add the butter, lemon and water. Stir until boiling. Cook four minutes. Then pour one-half of it over the raw dumplings. Pour the other half over after they are baked.—What-To-Eat.



Before sweeping a carpet sprinkle with moist salt. It will both lay the dust and revive the colors.

Alcohol is invaluable to take the soreness from bruises and sprains. Turpentine is also extremely good.

When boiling wax always rinse out the saucepan with cold water before adding the milk. This will prevent it burning.

To remove iron rust put lemon juice and salt upon the spots and set in the sun. A hydrochloric acid solution is also good.

A cloth wet in vinegar and wrapped around cheese will prevent it from molding. Wray dry cloth outside of this to keep moisture in.

To clean Indian brass trays rub with a lemon cut in half, dipped frequently in salt. If badly soiled, more than one lemon will be needed to clean it properly.

Don't throw away burnt milk, instead pour into a clean jug and stand in cold water. By the time the milk is quite cold the scorched taste will have entirely gone.

When cleaning brass try moistening the rag with alcohol before dipping it in the brass paste. The alcohol soon removes all stains from the brass and makes it beautifully bright.

To make glass opaque dissolve in a little hot water as much Epsom salts as the water will absorb. While still hot, paint over the window with the mixture. When dry you will have a good imitation of ground glass.

The woman who wills has no need to wait for leap year.

FINANCE AND TRADE REVIEW

DUN'S WEEKLY SUMMARY

Business Holds Ground Recovered—Best Reports Come From the South and West.

New York.—R. G. Dun & Company's "Weekly Review of Trade," says: "Business holds the ground recently recovered from the point of greatest depression, but reports of future progress are sporadic. Geographically, the best news is received from the west and south, and more idle machinery has resumed at the steel mills than in any other leading industry."

"Many manufacturers find orders scarce and there is much complaint of high prices, while in jobbing and wholesale departments the large attendance of country merchants is not accompanied by the customary volume of business. Dealers operate most conservatively, providing only for urgent needs but low stocks supply a strong statistical position that must eventually produce activity in all departments. Considering the storms and holidays, February compares very favorably with the month preceding."

"Contracts for finished steel products continue small in size, but are more numerous, and the aggregate tonnage of new business is larger for the month of February than in the previous month, which, in turn, was slightly better than December. Quotations are not materially reduced in order to obtain contracts, led prices ruling steady, and if concessions are made they do not appear in reports, so that the markets remain nominally unchanged."

"Dry goods jobbing houses are attended by many outside buyers, producing the appearance of normal seasonable activity, but purchases are only for pressing needs. With raw cotton higher than it was a year ago and cotton goods cheaper, the producer is more inclined to curtail output than to cut prices still further."

"New England foot wear manufacturers report a few supplementary orders, but the market continues inactive and unsettled on the whole. Wholesalers continue to reduce supplies on hand, but local jobbers anticipate a good business next month in preparation for Easter trade. Heavy sole leather is readily absorbed, but light weights are neglected. Some increase is noted in the jobbing demand for special lines, and belting butts have sold more freely than at any time for several months. No improvement has occurred in the demand for hides."

MARKETS.

Table with columns for Market, Price, and Quantity. Includes entries for Wheat, Corn, Oats, Flour, and various other commodities.

DAIRY PRODUCTS.

Table listing prices for Butter, Creamery, and other dairy products.

POULTRY, ETC.

Table listing prices for Hens, Eggs, and other poultry items.

FRUITS AND VEGETABLES.

Table listing prices for Potatoes, Onions, and other produce.

BALTIMORE.

Table listing prices for Flour, Corn, and other goods in Baltimore.

PHILADELPHIA.

Table listing prices for Flour, Corn, and other goods in Philadelphia.

NEW YORK.

Table listing prices for Flour, Corn, and other goods in New York.

LIVE STOCK.

Table listing prices for Cattle, Hogs, and Sheep.

HER GOOD FORTUNE

After Years Spent in Vain Effort.

Mrs. Mary E. H. Rouse, of Cambridge, N. Y., says: "Five years ago I had a bad fall and it affected my kidneys. Severe pains in my back and hips became constant, and sharp twinges followed any exertion. The kidney secretions were badly disordered. I lost flesh and grew too weak to work. Though constantly using medicine I despaired of being cured until I began taking Doan's Kidney Pills. Then relief came quickly, and in a short time I was completely cured. I am now in excellent health."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Loyal To the Constitution.

When the supreme court of Arkansas decides that Arkansas has no power to stop interstate trains going to or from Missouri and Texas at way stations it keeps the flag over the Constitution in Arkansas, without waiting for the co-operation or consent of any one in Washington.—St. Louis Republic.

Brown's Bronchial Trochies

have a world-wide reputation for curing coughs, sore throats and relieving bronchitis and asthma.

Present Absentee.

The professor in one of our universities was noted for being absent-minded. It was his custom to call the roll each morning before the lecture. One morning after calling a name to which there was no response, he looked up, and, peering over his spectacles, asked sharply: "Who is the absent boy in the vacant chair I see before me?"—Pick-Me-Up.

Catarrh Cannot Be Cured

With LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surface. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials free.

F. J. CHENEY & Co., Props., Toledo, O. Sold by druggists, price, 75c. Take Hall's Family Pills for constipation.

A Mild Remonstrance.

He was a kindly old clergyman, and he hated to have to suspect the honesty of anyone. But at last it was impossible to ignore the quality of the milk, and he approached the milkman very nervously.

"I merely wish to remark," said the good man, in his kindest, mildest manner, "that I require milk for dietary purposes, and not for use at christenings."—Detroit News-Tribune.

Hog Cholera.

The greatest drawback to the hog industry which breeders in this country have to contend with is what is known as "hog cholera" and "swine plague."

Hog cholera is a highly contagious disease and unless checked is liable to carry off a great number of hogs in a very short time.

Mr. A. P. Williams of Burnett's Creek, Ind., tells of an experience which he had with some hogs that had the cholera. "Five years ago," says Mr. Williams, "I was in the employ of Mr. J. D. Richardson, Lafayette, Ind., as his barn foreman. Some fine hogs that I was feeding took the cholera. I gave them Sloan's Liniment and did not lose a hog. Some were so bad they would not drink sweet milk and I was compelled to drench them. I have tried it at every opportunity since and always find it O. K."

Write for Dr. Sloan's free book on the treatment of Horses, Cattle, Hogs and Poultry. Address: Dr. Earl S. Sloan, 615 Albany street, Boston, Mass.

They Don't.

A little southern girl was sent to a boarding school in New York. When taken for a walk she seemed to be much interested in watching automobiles. After a while she pointed to the extra tires on the passing machines and timidly inquired: "Why do they carry tire preservers?"—Argonaut.

Reduced Colonist Rates.

One-way tickets at special low rates on sale daily throughout March and April, from all points on the North Western Line to San Francisco, Los Angeles, Portland and Puget Sound points. Daily and Personally conducted tours in tourist sleeping cars via the Chicago, Union Pacific & North Western Line. Double berth only \$7.00, through from Chicago. For full particulars write S. A. Hutchison, Manager, Tourist Dept., 212 Clark St., Chicago, Ill., or address nearest ticket agent.

A Slap at Mother.

"Dinner was done and the family was assembled in the sitting room. Mother had taken up the evening paper and was reading an account of how a highwayman had been operating in the suburbs. Father was down on his hands and knees trying to act like a horse while little Willie drove him around the floor. "Papa," finally remarked the good lady, glancing toward her husband, "here is a story about another man who was waylaid. Do these hold-ups always stop you with a pistol and then go through your clothes?" "Oh, no," gravely replied father, arising from the floor. "Sometimes they wait until you hang your clothes over the back of a chair and go to sleep."—Philadelphia Bulletin.

An Absent-Minded Man.

"We have the prize absent-minded man right here in our town," said John J. Kenney, secretary of the Germantown Business Men's Association. "On Monday the wife of this man took him to task for his absolute helplessness when it came to remembering things, and he promised to do better. Less than an hour afterward he started from his home, on East Shelton avenue, in possession of a number of New Year cards, which she wished dropped in the Germantown postoffice, and in order not to forget he carried them in his hand through the streets. As he reached the letter slot on the outside of the postoffice a friend tapped him on the shoulder, requesting the time of day. He drew his watch from his pocket, answered the question, dropped the watch through the slot and started to walk away with the New Year postal cards still tightly held in his other hand. The friend knew of his peculiarity and hastened after him. When the watch had been secured the absent-minded man went on, and it was not until late that night that his wife discovered the postal he had promised to mail reposing in his overcoat pocket."—Philadelphia Record.

She Was Troubled.

Mary Ann had gone with her mother to spend the day at her grandmother's, and while there the little girl's mother had talked with Uncle Charles on the telephone. For the remainder of the visit Mary Ann wore a troubled look and when they were leaving the child pointed to the 'phone box and said: "Mamma, won't you please let Uncle Charlie out of that box?"

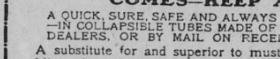
Only One "Bromo Quinine"

That is Laxative Bromo Quinine. Look for the signature of E. W. Grove. Use the World over to Cure a Cold in One Day. 25c.

There is but one thing to do to break a boy of wanting to "piece" between meals. Put the meals closer together.

NO MORE MUSTARD PLASTERS TO BLISTER

THE SCIENTIFIC AND MODERN EXTERNAL COUNTER-IRRITANT.



Capsicum-Vaseline. EXTRACT OF THE CAYENNE PEPPER PLANT TAKEN DIRECTLY IN VASELINE.

DON'T WAIT TILL THE PAIN COMES—KEEP A TUBE HANDY

A QUICK, SURE, SAFE AND ALWAYS READY CURE FOR PAIN—PRICE 15c.—IN COLLAPSIBLE TUBES MADE OF PURE TIN—AT ALL DRUGGISTS AND DEALERS, OR BY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS. A substitute for and superior to mustard or any other plaster and will not blister the most delicate skin. The pain-alleviating and curative qualities of the article are wonderful. It will stop the toothache at once, and relieve Headache and Sciatica. We recommend it as the best and safest external counter-irritant known also as an external remedy for pains in the chest and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household and for children. One used no family will be without it. Many people say "it is the best of all your preparations." Accept no preparation of vaseline unless the same carries our label, as otherwise it is not genuine.

Send your address and we will mail our Vaseline Booklet describing our preparations which will interest you.

17 State St. CHESEBROUGH MFG. CO. New York City

Advertisement for W.L. Douglas Shoes, featuring a portrait of the inventor and price information.

An Odd Subway Sign.

There is an advertisement in the subway of New York just now containing a command that will, it is hoped, not be literally carried out by all its readers. The advertisement is of a brewery, and may be read: "Every day of this month drink—a case of 24 pints—beer." A calendar separates the two halves of the sentence, but it has won a smile from almost every one whose eye it has chanced to catch.

FITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer.

Dr. H. R. Kline, M.D., 361 Arch St., Phila., Pa.

Pronts in Trolleys.

Of eighty-three street railway companies operating in the State of Massachusetts, only eleven have shown net earnings of 6 per cent for the last five years, according to the report just made to the railroad commission. Forty-seven paid no dividend last year and fifteen more paid less than 6 per cent. An appeal is made that some of the companies be allowed to increase fares for the benefit of the stockholders.

The explanation of the poor financial showing, according to Boston opinion, is that there was a few years ago in that state an overdevelopment of trolleys. Many lines were promoted that were foredoomed to financial difficulty.

The known number of little members of the solar system continues to increase every year. Up to June last the number to which permanent designations had been given was 635.

There is Only One

"Bromo Quinine"

That is Laxative Bromo Quinine USED THE WORLD OVER TO CURE A COLD IN ONE DAY.

Always remember the full name. Look for this signature on every box. 25c. E. W. Grove

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right living generally. To get its beneficial effects, always buy the genuine Syrup of Figs and Elixir of Senna manufactured by the CALIFORNIA FIG SYRUP CO. ONLY SOLD BY ALL LEADING DRUGGISTS one size only, regular price 50c per Bottle

SAVE THE CARTON TOPS

and Soap Wrappers from "20 Mule Team Borax" Products and exchange them for VALUABLE PREMIUMS FREE 40-page illustrated catalogue of 1000 articles given away FREE. Address PACIFIC COAST BORAX CO., New York

EVERY MAN HIS OWN DOCTOR

By J. HAMILTON AYERS, M. D. This is a most valuable book for the household, teaching as it does the early-distinguished symptoms of different Diseases, the Causes and Means of Preventing such Diseases, and the Simplest Remedies which will alleviate or cure. 328 Pages, profusely illustrated. 60c. postage. Send postal notes or postage stamps. BOOK PUBLISHERS, 134 Leonard St., New York.

Pap Knew.

"Say, pap, what's a diplomat?" "He's a man who when he can't have his own way pretends that the other way is his?"

The Danger.

Benevolent Old Gentleman—Don't you find a sailor's life a very dangerous one? Old Salt—Oh, yes, sir; but, fortunately it ain't often we gets into port.—Lunch.

CURED HER THREE CHILDREN.

Girls Suffered with Itching Eczema—Baby Had a Tender Skin, Too—Relieved on Cuticura Remedies.

"Some years ago my three little girls had a very bad form of eczema. Itching eruptions formed on the backs of their heads which were simply covered. I tried almost everything, but failed. Then my mother recommended the Cuticura Remedies. I washed my children's heads with Cuticura Soap and then applied the wonderful ointment, Cuticura. I did this four or five times and I can say that they have been entirely cured. I have another baby who is so plump that the folds of skin on his neck were broken and even bled. I used Cuticura Soap and Cuticura Ointment and the next morning the trouble had disappeared. Mme. Napoleon Duceppe, 41 Du-luth St., Montreal, Que., May 21, 1907."

A leader is a man who finds out what the other fellow is going to do and beats him to it.