

MR. C. B. FIZER, Mt. Sterling, Fy.,

M writes:

"I have suffered with kidney and other trouble for ten years past.
"Last March I commenced using Peruna and continued for three months. I have not used it since, nor have I felt a pain.
"I believe that I am well and I therefore give my highest commendation to the curative qualities of Peruna."

Pe-ru-na For Kidney Trouble. Mrs. Geo. H. Simser, Grant, Ontario

"I took only two bottles of Perusa and

you and began at once to take Peruna and Manalin.

"I took only two bottles of Peruna and one of Manalin, and now I feel better than I have for some time.

"I feel that Peruna and Manalin cured me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna."

It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the time, else the system suffers. There are times when they need a little assistance.

Peruna is exactly this sort of a remedy. It has saved many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

Foot Reform in China.

The Viceroy, Tuan Fang, of Nanking, China, baving heard that a young woman of Chi Yangh Sien had once been put to death for unbinding her feet, at once instructed the sub her feet, at once instructed the sub-prefect of Hai Chou to investigate the matter. "If, as it has been averred," said the Viceroy, "the young lady in question, Mrs. Hsu Hu Shih, has been forced to commit suicide by her husband's parents for unbinding her feet, according to Tientsu Hui require-ments, then these two must be punished-made to wear the cangue and forced to parade the streets of Chi Yangh Sien as a warning to others. If the father-in-law has any official or literary rank he is to be cashiered. For, if these two persons be not pun ished, other parents in Chi Yangt Sien will be doing the same to pre-vent their daughters and daughters in-law from unbinding their feet, and so prevent the spread of enlightenment in that section of the empire This must be stopped by every mean in our power."—Boston Transcript.

Speed of the Motor Boat.

Speed of the Motor Boat.

The fastest torpedo boat in the navy of the United States would be left far behind in a race by the latest type of motor boat, which is said to have made a speed of 32 miles an hour. It is natural that such a performance should have led to the discussion of the practicability of using motor boats in the navy. Naval officers think that a motor boat could have a single torpedo tube fitted in the bow and, thus equipped, could be sent on the deadly errand of the present torpedo boat. Every first-class sent on the deadly errand of the present torpedo boat. Every first-class battleship could have at least one motor boat of this design and equipment which could be carried on deck. In actual warfare it could be lowered and sent against the enemy, and by reason of its size and speed it might be able to get within range before being sunk.—Boston Globe.

PUTS THE "GINGER" IN.

The Kind of Food Used by Athletes.

A former college athlete, one of the long distance runners, began to lose his power of endurance. His exper-ience with a change in food is interesting

"While I was in training on the track athletic team my daily 'jogs' became a task, until after I was put on Grape-Nuts food for two meals a day. After using the Food for two weeks I felt like a new man. My digestion was perfect, nerves steady and I was full of energy.

"I trained for the mile and the half-mile runs (those everts which require so much endurance) and then the long daily 'jogs,' which before had been such a task, were clipped off with ease. I won both events.

'The Grape-Nuts food put me in perfect condition and gave me my 'ginger.' Not only was my physical condition made perfect, and my weight increased, but my mind was made clear and vigorous so that I could get out my studies in about half the time formerly required. Now most all of the university men use Grape-Nuts, for they have learned its value, but I think my testimony will not be amiss and may perhaps help some one to learn how the best results can be obtained.'

There's a reason for the effect of There's a reason for the effect of Grape-Nuts food on the human body and brain. The certain elements in wheat and barley are selected with special reference to their power for rebuilding the brain and nerve centres. The product is then carefully and scientifically prepared so as to make it easy of digestion. The physical and mental results are so apparent after two or three weeks' use as to produce a profound impression. Read "The Road to Wellville," in "There's a reason."

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FOLLOW THE DIRECTIONS

If you want to be sturdy and healthy, just follow advice that you see Embellished in magazine features, and you will get strong as can be.
You want to get up very early, or, better, sleep late as you can.
Your breakfast should be of alfalfa, or biscuit made wholly of bran.

You take a cold bath on arising, or, if you prefer it, quite warm;
A tub full of brine nearly boiling will answer and do you no harm.
You hang by your teeth to the gas jet and hook your knees over the door,
And jump up and swipe at the celling and turn somersaults on the floor.

Be careful and not overdo it, and, when you feel willing to stop,
Just keep on and you will be stronger, no matter how often you drop.
Just follow instructions they give you, and though some may seem to be wrong.

mind it, but do as they tell you, if you would be healthy and strong.



"He had his wife arrested for nonsupport." "Prominent socially?" "Not hitherto. This affair may help them ome."-Louisville Courier-Journal.

"Did you say the fellow that Belle "Did you say the fellow that Belle Smartleigh married for his money was worth a million?" "No, I didn't say he was worth it; I said he owed that much."—Baltimore American.

"Jones is a slave of fashion." "I hadn't noticed that he was a very swell dresser." "He isn't. But he has to work overtime to keep his wife sup-plied with frocks."—Cleveland Leader,

The wife, during a quarrel.—I'm going right home to mother, so there! The husband—That's right, dear, of two evils always choose the less. Please don't bring mother here!-Yonkers Statesman.

"Take dinner with us tomorrow Count." "Could you not make it breakfast? I have numerous invitations to dinner each week, but I canno live on ze one meal a day."-Louisville Courier-Journal.

Gussie Kallow-My moustache is beginning to be noticeable at lawst. Pepprey—Yes, it reminds me of a defeated pugilist I say at the athletic club's show the other night. Gussie Kallow— Aw, how—. Pepprey—Down and out.—Philadelphia Press.

The Maid-I hear that you received an offer of marriage the other day? Cicely—Yes; from a man who wrote that "his love far outdistanced his income." The Maid-How poetic! What was his name? Cicely—I didn't think to look at the signature.—Judge.

"Slowboy has been slaving away at that desk for twenty years or so. Wonder why he's never been promoted?"
'Why, he's always taken a pride in doing more than he's paid for, and his employers have been afraid they couldn't find a man to fill his place."

"What was your impression of Eu-ope?" "Well," answered Mr. Cumrox, judging from what mother and the girls say, there doesn't seem to be much to the place except art and matrimony. It depends for revenue almost entirely on pictures and pedigrees."-Washington Star.

great thing, Senator, isn't it, that it has been found an easy matter to curb the rapacity of the trusts under the existing law? Prominent Statesman—Why, yes: it's—er—const. Why, yes; it's—er—considerably easier than we thought it would be when we passed that law.—Chicago Tribune.

Canvasser-Good morning, madam I'm introducing a polish for cleaning silver. It is superior to anything now on the market and the price is only 50 cents a box. Mrs. Smart (sharply) —Don't want any. Canvasser—Sorry to have troubled you, madam. I see the lady next door was right. Mrs. Smart—Eh! What did she say? Canvasser—She said I needn't waste my time calling here, as you had no silver. Mrs. Smart-The impudent thing! Give me six boxes! News.

Real Country Life.

Any one who has lived on a farm does not need to be told the reason farmers grow old early, for he knows of the strain under which the American farmer lives during the five months of spring and summer. His workday is from 4 or 5 in the morning until 8 or 9 at night, including chores—15 to 17 hours of the hard-est kind of physical labor, and every minute of it at high tension, especially during harvest. Then comes a period of relaxation in the fall, the one time in the year when he has just enough muscular exercise to keep him in health; later, the winter season, approaching stagnation, in which he takes on flesh, gets "logy" and then a furious debauch of hard labor through the spring and summer again. No wonder that by 45 he has had a sunstroke and "can't stand the heat," or has "a weak back," or his "heart gives out," or a chill "makes his rheumatic," and when you add to this furious muscular strain the fact that the farmer sees his income put in peril every season and his very home every bad year, so that each unfavorable change in the weather sets his nerves on edge, it can be readily imagined that the real peaceful country life" is some thing sadly different from the ideal. -Woods Hutchinson, M. D., in Har-

FINANCE AND TRADE REVIEW

DUN'S WEEKLY SUMMARY

Distribution of Merchandise at Retail Continues to Increase-Pig Iron Price Settled.

Distribution of fall merchandise at retail increases steadily, except in some sections, where the weather has been unfavorable. Jobbers are still forwarding large consignments of dry goods and kindred lines, and reports from the interior indicate confidence in well-sustained business during the autumn and winter. There are still complaints of caution at eastern cities regarding future operations, on account of the financial situation, but, still on the whole, mercentile collections are more prompt. Manufacturers have orders on hand assuring active machinery for some months, even in the industrials where the conservations in the industrials where the conservations in the industrials where the conservations in the industrials where the conservation willows. the industrials where the conservation is a noticeable feature, while each week puls a vast quantity of agricultural products beyond the reach of early frost, which is now regarded as the only serious menace

regarding as the only serious ment to the great farm staples. Producers of pig iron appear have reached a basis upon wh business can be transacted, and creased inquiries have checked downward tendency of quotations. Purchases are more liberal, especially at the East. A moderate tonnage of structural steel is ordered each week, while more work of this na week white more work of this had ture is contemplated, but much of the expected buying for railway bridges and large office buildings still awaits a favorable money market. Business in rails is now most active

in light weights for trolley systems.

Textile plants are still busy, with the exception of some curtailment in woolens and cotton mills. Primary markets are somewhat disturbed by the extensive decline in price of raw cotton, new orders decreasing as prospective purchasers endeavored to secure concessions in prices of goods commensurate with the change in cost of material. Financial stringency is also felt, but not to such a degree as before the present period.

MARKETS.

PITTSBURG.		i
Wheat-No. 2 red 85	90	0
Rve-No. 2 72	73	h
Corn-No 2 yellow, ear	75	7
No. 2 yellow, shelled	72	
Mixed ear	62	
	54	
No. 3 white	52 4 75	
Fancy straight winters 43)	4 50	,
Hay-No. 1 Timothy	16 50	
Clover No. 1	16 50	
Feed-No. 1 white mid. ton 24 00	25 5)	
Brown middlings 22 00	23 51	
Bran, bulk 2: 51	23 00	
B:raw-Wheat 10 00	10 50	1
Oat 10 50	11 50	
Dairy Products.	100	
Butter-Elgin creamery \$ 25	27	
Ohio creamery 22	21	
Fancy country roll 18	20	
Cheese—Ohio, new	15	
THOW TOTAL BOWLET	15	/
Poultry, Etc.		
Hens-per 1b 17	18	
Chickens-dressed 18	20	
Eggs-Pa. and Ohio, fresh 90	53	
Fruits and Vegetables.		
Potatoes-Fancy white per bu 80	85	
Cabbage-per ton 15 00	16 0)	
Onions—per barrel	2 25	
BALTIMORE.		ė
Flour-Winter Patent 4 55	4 80	t
Wheat-No. 2 red 95	98	1

Corn-Mixed Eggs. Butter-Ohio creamery.	46 22 25	47 23 27
PHILADELPHIA.		
Flour—Winter Patent. \$ Wheat—No. 2 red. Corn—No. 2 mixed. Oats—No. 2 white. Butter—Creamery.	4 50 77 47 44 26	4 75 78 49 45 28 28

Eggs-Pennsylvania firsts		23
NEW YCRK.		
Flour—Patents. \$\ \text{Wheat} = \text{No. 2 red} \\ \text{Corn} = \text{No. 2}. \\ \text{Oats} = \text{No. 2} \\ \text{white}. \\ \text{Butter} = \text{Creamery} \\ \text{Eggs} = \text{State and Pennsylvania}	4 60 1 03 66 52 42 22	4 70 67 57 27 23

LIVE STOCK. Union Stock Yards, Pittsburg

entrett ettett taldet i		•
Cattle.		
Extra, 1,450 to 1,600 lbs	6 59	6 6
Prime, 1,500 to 1,401 lbs	6.00	6 40
Good, 1,200 to 1,300 lbs	5 73	5 90
Tidy, 4.050 to 1.150 lbs	5 35	5 11
Common, 700 to 900 lbs	400	4 90
Oxen,	3 75	4 1)
Bulls	30)	47
Cows	1.50	3 75
Heifers, 700 to 1, 100	251	4 41
Fresh Cows and Springers	16 00	50 01
Hogs.		
Prime heavy	6 60	6 70
Prime medium weight	6 45	6 50
Best heavy Yorkers	6 80	6 85
Good light Yorkers	6 80	6. 85
Pigs		6 80
Houghs	5 90	51)
Stags	3.5)	4 00
01		

Calves.

Verily the world is a place of fasci nations and the greatest of these is human nature, preaches the Louisville Courier-Journal. The world is full of human nature, and human nature full of surprises. To keep in touch with our remarkable species, to learn the peculiarities and range of human actions we must read the newspapers The news beats fiction. It deals with the people about us whom we can see and talk to and hear. Fiction presents the imaginings of a dreaming and its figures do not exist. Read the news, be instructed and at the same time be entertained.

Graft is never exposed and cast out by gentle methods, observes the Portland Oregonian. It involves bosses of big power and men of wealth and honor, and they all fight.

"I do not care for men," says Marie Corelli, resolutely ignoring, complains the Richmond Times-Dispatch, the fact that the men said it first.

150 STORIES HIGH.

Plan for a Building Reaching the Clouds.

Clouds.

It is probable New York will have a skyscraper 150 stories high. This statement has been made by a prominent skyscraper architect, and was backed up by the head of one of the largest building companies in New York. A building with 150 stories would be a third of a mile high.

Two structures loftier than any existing are now going up. The Singer building has nearly reached its height of 612 feet. From the basement to the top of the flagstaff the distance will be 742 feet. The tower of the Metropolitan Life. Insurance building will be still nearer the sky.

FIFTEEN YEARS OF ECZEMA

Terrible Itching Prevented Sleep— Hands, Arms, and Legs Affected —Cured in 6 Days by Cuticura.

—Cured in 6 Days by Cuticura.

"I had eczema nearly fifteen years. The affected parts were my hands, arms and legs. They were the worst in the winter time and were always itchy; and I could not keep from scratching them. I had to keep both hands bandaged all the time, and at night I would have to scratch through the bandages as the itching was so severe, and at times I would have to tear everything off my hands to scratch the skin. I could not rest or sleep. I had several physicians treat me, but they could not give me a permanent cure, nor even could they stop the itching. After using the Cuticura Soap, one box Cuticura Ointment and two bettles Guticura Resolvent for about six days the itching had ceased, and now the sores have disappeared, and I never felt better in my life than I do now. Edwaru Worell, Band 30th, U. S. Infantry, Fort Crook, Nebraska."

Heavy Cost of Strikes.

Heavy Cost of Strikes.

In the 25 years 1881 to 1995, according to the twenty-first annual report of the Bureau of Labor of the Department of Commerce and Labor there were 36,737 strikes and 1,546 lockouts, affecting 200,000 industrial establishments, and almost 7,500,000 workers. Fewer strikes occurred in 1905 than in any of the 13 years since 1892. In that year, 1905, the strikes numbered 2,077, involving 8,292 es-tablishments and 176,337 wage earn-ers, each of whom lost an average of 21 days' work. In fact that loss applied to 221,686 persons thrown out of work. In 1892 the work days lost by strikes were about 4,500,000, causing a loss of wages of about \$7,500,000. In the 25 years the strikers numbered 6,750,000 and the "locked outs" 750 000. 50,000

A MISSOURI WOMAN

Tells a Story of Awful Suffering and Wonderful Relief.

Mrs. J. D. Johnson, of 603 West Hickman St., Columbia, Mo., says: "Following an operation two years



dropsy set in. and my left side was so swollen the doctor said he would have to tap out the water. There was constant pain and a gurgling sensation around my heart, and I could not raise my arm above my head. The kidney action was disor-

dered and passages of the secretions too frequent. On the advice of my husband I began using Doan's Kidney Since using two boxes my trouble has not reappeared. This is wonderful, after suffering two years." Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

A Mother's Hint.

If baby's ears protrude or are inclined to grow outward, special care should be taken not to allow him to lie on his side with his ear doubled over, and care should be taken that when his had is put on for his daily promenade his ears are as flat as possible against his head, and that the ribbon which fixes his hat in place is passed over them to keep the ears in their proper position. ears in their proper position

Mrs. Winslow's Soothing Syrup for Children teething, softens thegums, reduces inflamma-tion, allays pain, cures wind colic, 25ca bottle

Excavation of Memphis.

An appeal is being made in England for funds to undertake the great task of excavating the ruins of Memphis. It is expected that England will now do for Memphis what the French government has done for Delphi and the Germans for Olym-

Delphi and the Germans for Olympia. The sites of the four great temples are plainly marked, so that exploration can begin at once. This mass of ruins covers 100 acres, as much as the whole site of Karnak, and it estimated that \$15,000 will be needed annually for 15 years to accomplish the work Important macomplish the work. Important material is believed to lie within a few yards of the surface, so that results should be reached promptly.—Chicago

CAWYER'S **EXCELSIOR BRAND** 0iled Clothing and Slickers

News.

One of the best sellers is our Excelsior Brand Crack-Proof Motorman's Coat, adapted for general use. Best quality Guaranteed waterproof. Your dealer should have it; if not,



One of the greatest triumphs of Lydia E. Pinkham's Vegetable Compound is the conquering of woman's dread enemy Tumor. The growth of a tumor is so insidious that frequently its presence is wholly unsuspected until it is well advanced. So called "wandaring ratio" cured of the tumor but the control of the control of the tumor but the control of the c

TUMORS CONQUERED

Overwhelming Proof that Lydia E. Pinkham's

Vegetable Compound Succeeds.

Dear Mrs. Pinkham:—
"I was told by my physician that I had a fibroid tumor and that I would have to be operated upon. I wrote to you for advice, which I followed carefully and took Lydia E. Pinkham's Vegetable Compound. I am not only cured of the tumor but other female troubles and can do all my own work after eight years of suffering." advanced.

So called "wandering pains" may come from its early stages or the presence of danger may be made manifest by excessive monthly periods accompanied by unusual pain, from the abdomen through the groin and Mrs. S. J. Barber, of Scott, N. Y.

Dear Mrs. Pinkham:—
"Sometime age I wrote you for advice about a tumor which the doctors thigh.

If you have mysterious pains, if there are indications of inflammation or displacements, secure a bottle of Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, right away and begin its use.

The following letters should convince every suffering woman of its virtue, and that it actually does conquer tumors. thought would have to be removed. Instead I took Lydia E. Piakham's Vegetable Compound and to-day am a well woman."

Mrs. M. M. Funk, Vandergrift, Pa., writes:

Dear Mrs, Pinkham :-

"I had a tumor and Lydia E. Pinkham's Vegetable Compound removed it for me after two doctors had given me up. I was sick four years before I began to take the Compound. I now recommend Lydia E. Pinkham's Vegetable Compound far and near." Dear Mrs. Pinkham:—

"I take great pleasure in writing to thank you for what Lydia E. Pinkham's Vegetable Compound has done for me I also took the Blood Purifier in alternate doses with the Compound. Your medicine removed a cyst tumor of four years' growth, which three of the best physicians declared I had. They had said that only an operation could help me. I am very thankful that I followed a friend's advice and took your medicine. It has

Such testimony as above is convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for Tumor Growths as well as other distressing ills of women, and such symptoms as Bearing-down Sensations, Displacements, Irregularities and Backache, etc. Women should remember that it is Lydia E. Pinkham's Vegetable Compound that is curing so many women pound that is curing so many women Don't forget to insist upon it when some druggist asks you to accept else which he calls "just

Mrs. Pinkham's Invitation to Women.

Women suffering from any form Women suffering from any form of female weakness are invited to write Mrs. Pinkham, Lynn, Mass., for advice. She is the Mrs. Pinkham who has been advising sick women free of charge for more than twenty years, and before that she assisted her mother-in-law, Lydia E. Pinkham in advising. Thus she is especially well qualified to guide sick women back to health.

Dear Mrs. Pinkham:—

"Thave been under different doctors' treatment for a long time without relief. They told me I had a fibroid tumor, my abdomen was swollen and I suffered with great pain. I wrote to you for advice, you replied and I followed your directions carefully and today I am a well women. Lydia E. Pinkham's Vegetable Compound expelled the tumor and strengthened my whole system." Mrs. Perry Byers, of Mt. Pleasant,

Mrs. May Fry, of 836 W. Colfax Ave, South Bend, Ind., writes:

advice and took your medicine. It has made me a strong and well woman and I shall recommend it as long as I live."

Mrs. E. F. Hayes, of 26 Ruggles St., Boston, Mass., writes:

Dear Mrs. Pinkham :-

Dear Mrs. Pinkham :-

Nature's Soda Fountain.

One of the most interesting One of the most interesting and novel gushing wells in the world, and perhaps without a rival in either respect, is a geyser of soda water that recently came up at Wendling, just across the Mendocino county border from Sonoma, Cal.

This well produces soda water—genuine soda water, and of a quality that would warrant bottling for the general trade in such quantities as were never struck before. There is

were never struck before. There is so much of this water that it is turned into a huge long fitme and used to float great logs from the forest to the lumber mills.

the lumber mills.

An artesian well borer was recently employed to secure an adequate water supply for a large sawmill in that region. He drilled to the depth of 200 feet, the lower 110 feet being through solid granite. Then a slight trace of water was found. The artesian man then placed 54 sticks of dynamite at the bottom of the well and exploded them. Instantly water gushed up, rising 20 feet above the surface of the ground, pouring, forth in enormous volume. That was days ago, and since then there has been no in enormous volume. That was days ago, and since then there has been no indication of a cessation of this vast "natural soda fountain."—Scientific

FITS, St. Vitus' Dance: Nervous Diseases permanently cured by Dr. Kline's Great Nervo Restorer. & trial bottle and treatise free. Dr. H. R. Kline, Ld., 931 Arch St., Phila., Pa.

American.

Iron Deposits in Cuba.

Active exploration of a new Cuban deposit of iron ore, according to The from Age, has brought to light above 500,000,000 tons, which would add 5 per cent to the figure representing the world's total iron ore supply, as published last—year in a report of the Swedish government experts.

How's This?

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. Cheney & Co., Toledo, O., We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly hanorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINNAN & MARYIN, WE.desale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucuous surfaces of the aystem. Testimonials sent free, Price, 75c. per bottle. Sold by all Druggists.

Take Hall's Family Pills for constapation.

The public accounts committee which checks off the expenditures of the British empire, apparently Carnegie's diplodocus Mr.

Only a Barbarian.

The deposed King of Anam was addicted to boiling his wives in oil. Being only a barbarian, he did not send them to Paris to get divorced and tell the reporters about it.—New York Evening Post.

Last year's record—Every out of city raduate located in a satisfactory posi-ion. We can plece you. Write for THE PROOF.
The 67th year Hand Book of the fore-nost Business Training School matled pon request. 45 Olleger

Pittsburg, Pa.





P. N. U. 39, 1907.

L. DOUGLAS \$3.00 & \$3.50 SHOES THE WORLD S25,000 (To any one who can prove W. L. Boughas does not make & sell Reward (than any other manufacturer.



FADELESS DYES

dye. One 10c. package olors all fibers. They dye in cold water better than any other dye. You free booklet—How to bye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.