ALL HAIL PE-RU-NA.

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## FAMILY FOOD. Crisp, Toothsome and Require

A little boy down in N. C. asked
his mother to write an account of how Grape-Nuts food had helped their
family, She says Grape-Nuts was first
brought to her attention on a visit to Chariotte, where she visited the
Mayor of that city who was using the She says:
They derive so much good from it
that they never pass a day without that they never pass a day I used
using it. While I was there I use
the Food regularly. I gained about 15 pounds and felt so well that when
I returned homene began using Grape-
Nuts in our family regularly. "My littue 18 months old baby
shortly atter being weaned was very 111 with dyspepsia and teething. She everything. She became so emaclated That it was painful to handle her, and
we thought we were going to lose her. One day a happy thought urged
me to try Grape-Nuts soaled in a littie warm m "Well, it
she began taking it regulariy and ind provement set in at once. She is now as possible on Grape-Nuts.
ly were trime ago several of the fam-
the same time, and during the worst
stages we could not relish anything
in the shape of food but Grape-Nuts
and oranges, everything else nau-
and oranges, everything else nau-
seated us.
We all appreciate what your faa-,
"There's a Reason." Read "The Road
to Wellville," in pkgs.




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WaTRPR Poor sur



Mica Axle Grease


DROPSY NEW Mrgovery:
W. L. DOUGLAS S3.00 Rew,oco


FADELESS DYES

