Cellbacy does not pay. A good marriage is the supreme human felicity; may not pass away.-Home Magazine. a tolerable marriage is as much as the tolerable majority of people debut even a bad marriage is betthan no marriage at all.-Book-

Cross Saddle Used.

The Sun says that even New York women are finding it necessary learn to use the cross saddle w to when riding horseback, for it is the practice in conservative cities like Boston and Philadelphias and at the southern resorts, to which so many New York women flock every wincer, the side saddle is not popular and in the west it is little known.

Goes to Vascar at Sixty-five.

That it is never too late to learn is signally illustrated in the case of Miss Mary E. van Dyne of Pough-keepsie, N. f., who, though 65 years of age, has been during the past school year a student at Vassar college. She has been taking a special course and has been classified as a freshman, be-ing supposedly the oldest freshman in country. It is said that Miss van Dyne was eager in her younger days to enter Vassar, but for financial reasons was unable to do so. Some time ago her fortunes improved, and she -Leslie's Weekly.

She is a "Mother Queen."

"Grandma" Mary Ramsey Lenox specimens of human longevity, re-ed the title of "Mother Queen of con," yesterday at exercises in that city. Mrs. Wood is 120 years old, and it hasn't been science, she says, that has shown her how to live long. She doesn't care a rap for antitoxins, vaecines and all the other modern imshare actively in the exercises, as it minutes being the limit. deemed an unnecessary hardship to bring her from her home in a subas queen and was applauded by indreds who had gathered.—New York Press

Child as Easy to Keep as Dog.

I never see a society dame, decked and bejeweled, fondling a spitz dog, parading it as a product of her femininity, that I do not revolt." said said Frank S. Roby, judge of the Indiana appellate court, in an Independence day address made at Albany, Indiana. udge Roby spoke in commendation of three institutions that he thought were epoch-making—the juvenile court,, the state board of health and the board of state charities

was while speaking of the work of the board of state charities that Judge Roby made the remarks already quoted. He said:

'It costs no more, either in money or time, to rear a child than it does to keep a dirty-nosed, red-eyed, long-haired spitz dog. The tramps of the boulevards who are too rich to have children of their own do not go out for homeless waifs. The poor must help the poor. If there is a vacant place at any hearth or in any heart let its possessor fill the place and have in the great work which every day is being done.

The Care of the Voice.

Culture and character are indicated more clearly in the human voice than in the features or the bearing. The ideas expressed naturally affect but the pitch, intonation and strength of every utterance con y in a subtle way the innate spir itual tone and depth of the speaker.

Many children destroy the sweete tones of their voices by screaming and shouting too much. It is perfectly na tural for a child to wish to make it self heard, and to have it use its lungs is excellent. But the vocal cords delicately adjusted, and any straining injures them seriously. Nothing im proves a child's voice as much as singing easily, quietly and sweetly. An im perfect ear can be trained by perfect ear can be trained by perc st-ent effort, and even if the child's singing voice is not perfect, the benefit of trying to vocalize pleasantly will felt in the speaking voice. Neither children nor adults should sing higher or lower than nature intended them to. When a boy's or girl's voice is changing in pitch they should be advised

The voice should be used sparingly when one is suffering from a cold in the head, sore throat or weakness after illness. In such cases muscular action has to make up for lack of lung

thickening of the vocal cords and an added huskiness and harshness which

Physical Development.

For muscular development swimming has no equal. It calls into play all the muscles of the body, of the head, and especially of the neck, the ex-tremities, and the trunk. For the benefit that the exercise gives, every one should practice swimming when it is possible, as well as for the safety which it will ensure in cases of accident upon the water.

The art of swimming may easily be acquired in childhood, and the fort-unate ones who are naturally able to preserve their equilibrium, whether upon stilts, on a bicycle, or in treacherous water, will take to the motions

It would be much better for learners generally, however, if those who instruct them would recognize the fact that one who does not know how to swim or float can go to the bottom easily, instead of insisting, as instruc tors usually do, that their pupils can-not drown if they try, and with this in view it would seem wise for the latter to acquire the motions of swimming in the first place.

With the hands extended, the fingers and palms pressed together, and feet drawn up under the body as if in the act of kneeling, the beginner takes the her fortunes improved, and act of kneeding, the beginner that the children of her youth first position, being supported by a friendly hand placed beneath the children in the next position the hands should in the next position the hands should be spread out as if pushing the water back, while describing a circular sweep, Wood who lives in Portland, Ore., a and the legs should at the same time town that has furnished several strikscrarate with a frog-like motion, the pupils thus ending in the third position a complete extension of hands and It must be remembered that the head should be thrown well back be

tween the shoulders. It is necessary to become accustomed to the water and to learn how to take the waves in surf bathing. The latprovements. She attributes her long ter kind of bathing has a peculiar life to the fact that she aiways has electricity that is stimulating and life en contented. Mrs. Wood, though giving. One who is delicate should not possession of her faculties, did not stay in the water roo long, about 20

Rowing is the exercise for developing the chest and muscles of the arms. urb. After the exercises General At may happen that one is debarred George H. Williams named her public-from taking exercise which involves from taking exercise which involves walking or the use of the lower extremities, and in such a case rowing is the exercise par excellence. It keeps one in the open air and develops the lungs and muscles of the arms while, unlike tennis, it gives symmetri-

cal development.

The trouble with tennis is that it is one-sided exercise, unless one can se the left hand as well as the right which is unusual. I have seen tennis players with the right shoulder, arm and chest muscles so enlarged as to show a decided difference between them and those of the left side.-Washington Star.

Fashion Notes.

Silk gloves with lace tops are fashionable. Wine-colored-silk stockings, silk gloves and shoes are much used

The common complaint about readymade skirts is that they are too scant to look well.

If one wants to trim a white mohair or serge she will find white taffeta the same shade puts on nicely.

Skirts for riding are worn longer in England and France than in America. They cover the feet well all round.

Cluny is as popular for underwear as everything else, and it wears

and launders better than Valenciennes Mandarin blue seems a particularly appropriate shade for the kimona-like that have taken the fashionable world by storm.

Fashionable evening wraps for im mediate wear are of India silk lined with the same kind of silk in a different color or shade.

That redingotes have come in again ooth for smart and practicable uses is laily more obvious. We see them in taffeta, leather, cloth and velveteen.

The Japanese trend in the fashions going to lead, a woman who has been studying the situation in Paris says, to the adoption of classical ef-

"Belle of Tokio" is the name giver to a parasol. It comes in various ma-terials and designs and is coquettish enough to have been wielded by Madam Butterfly herself.

Martha Washington or Priscilla hand-woven rugs show a remarkable evolution from the rugs of colonial days. They come in mingled tones of gray, blue, pink, crushed strawberry,

ind green, and are truly artistic. The flowered brocade of which som of the imported hats are made makes a woman liable to the charge of hav ter illness. In such cases muscular action has to make up for lack of lung power and energy. The result is a much copied in the cheaper hats.

FOX KILLS A WOODCHUCK.

Fierce Battle That Was Seen by Two Amateur "Nature Fakirs."

As Frank Reickert and Dr. E. J Nesbit were returning from a fishing trip in La Grange, N. Y., they saw a fox tackle a full-grown woodchuck in a field and defeat it after an encount er which would have given joy to Dr The fox dragged his prey so the spectators of the odd Long. so the combat are unable to testify whether the woodchuck received the death wound by a bite into the heart through the breast. They are inclined to be-lieve, however, that the woodchuck's end was hastened by the dislocation of the spine at the base of the skuli.

The two fishermen were driving up Van Benschoten's Hill on the road to Poughkeepsie when they got their first glimpse of Reynard. He was on the hill slope 200 yards away and was directing his steps toward a barnyard, perhaps to get a fowl to provide a choice morsel for the bady foxes at home. The sight of the travelers faile him pause. He all not run away, but looked the men over, after which he leisurely turned and retraced his steps. Opportunity brought in his path a full-grown woodchuck, which, as every farmer's boy and every farmbred dog knows, is a savace fighter when cornered, equipped as he is with sharp, long teeth capable of making a deep wound.

To the surprise of Dr. Nesbit and Ir. Reickert, the fox circled around the woodchuck, which was a sign that he meant to attack him. The two men stopped their horse and watched the combat which followed, in plain sight of where they sat in the wagon. The woodchuck instantly took up the gage of battle and turned in his tracks, alert and watchful, meet and repel Reynard's expected rush

"That fox will meet his Waterloo."

suggested Dr. Nesbit.
"Never heard of one tackling a woodchuck before," replied Mr. Reickbut let's wait and see how it erds.

Reynard saw his opportunity after circling twice around the woodchuck, and flashed in with a top hold that caught the woodchuck unawares. He shook him vigorously and retreated before the woodchuck could get a grip. In anger the woodchuck is a wick moving animal, but the motions of the fox were so lightningleke that he never had a chance.

A second time the fox dashed at his prey and this time he punished him severely. Again he dropped him in time to save himself from a clinch. The woodchuck was groggy, but still full of fight. The fox rushed at him the third time and seizing him by the neck shook him till his form lay limp and lifeless. Then he picked him up and ambled off over the crest of the and lifeless. hill and out of sight.

Nobody in this region recalls ever having seen a fox kill a woodchuck, so the battle was decidedly a novel and interesting incident. The indifference of the fox to the presence of mankind was another unusual feature. It is usually one of the shyest and most difficult animals for a man to ap proach.-New York Sun.

QUAINT AND CURIOUS.

The salmon is, for short distances the swiftest swimmer of any fish. can travel at the rate of 25 miles an hour.

Since Plus X was elevated to the pontifical throne, less than four years no fewer than fifteen cardinals

One little crab which found #ts way from sea into the steamship Brews ter's machinery at New York City disabled the craft twelve hours.

The kinetoscope was invented in 1893 by Thomas A. Edison, the first series of photographs being of the Man Sandow at New York, March 7, 1904.

According to the last census, there were in the United States 44,187,155 unmarried, 27,849.761 married; 3,903. widowed: 199,868 divorced, and 162,746 unknown. This gives an unmarried population of 57.9 percent and

There are in this country or wer 069 persons (above the age of ten who cannot read and write. Of this number 3,200,746 are white, and 2,979, 323 colored. Of the white illiterates 1.913.611 are native and 1.287.135 for

What is said to be the smallest watch in the world is in the possession of a London jeweler. It once belonged to the late Marquis of Anglesey, whos taste in ornaments was and bizarre. The size of the gold case of this liliputian watch is just that of the smallest English coin—a silver The minute hand is an threenence. eighth of an inch long.

At the poultry farm of a Mrs. Wilks at Bulwell, a suburb of Nottingham, England, a tortoise shell colored cat is acting the part of foster mother to brood of seven chickens. They were hatched about a month ago, but owing to their mother refusing to pay any attention to them, Mrs. Wilks took the chicks into an outhouse, placing them in a wire-fronted box. had not been in their new home many hours before the cat made it her busi ness to join them in the box, playing with them as though they were kittens and acting the part of foster mother Rarely does the cat leave them for more than an hour, a report says.



Subject: "Patriotic Manhood."

Brooklyn, N. Y.—Preaching at the Irving Square Presbyterian Church, Hamburg avenue and Weirfield street, on the above theme, the pastor, Rev. Ira Wemmell Henderson, look as his text II Sam. 10:12, "Let us show ourselves men for the sake of our people and for the cities of our God." He said:

The history of the world is rich with the record of the achievements of patriotic manhood. In no untrue sense we may say that the fairest history of humanity is inseparably linked with the deeds of its heroes.

tory of humanity is inseparably linked with the deeds of its heroes. Whether in war or peace, it has been ever so. The valorous of all ages have made the enduring story of the world's advance.

ever so. The valorous of all ages have made the enduring story of the world's advance.

Not otherwise is it with America. The story of the States is the story of herole living both in war and in peace. No nation under the sun has a prouder list of valiant warriors than have we. No country can boast a more unblemished record—despite our acknowledged sins—than ours. The memory of the men who braved the wilds of an unknown land, of the souls who dared at Valley Forge, on the waters of Lake Erie, at Gettysburg, at Santiago, that a new land might be discovered to a waiting world, that a nation might be enarged, will never be forgotten. The sensitialization of such a manhood is imperishable. Of such a manhood wherica has her share. By the devotion of such a manhood our heriage of freedom was procured, and yit the priceless liberties of a free ecople have been conserved to us all. But glorious as is the history of nillitant America, greater still is her pre-eminence as a nation that is being perfected under God in the arts of peace. Delightful as are the deeds if our warriors, still more entrancing are the peaceful achlevements of

pre-eminence as a nation that is being perfected under God in the arts of peace. Delightful as are the deeds of our warrlors, still more entrancing are the peaceful achievements of our civilians. The Puritans, as stern und unrelenting warrlors, are not talf the picture that they present as me architects and builders of a government founded deep in the everasting principles of individual and social righteousness. Washington is a general is eclipsed by the first President of an united people. The southerner as a fighter is supreme, but the fruits of a rehabilitated Southland tell to-day in tones that are thunderous of the patriotism, the phivalry, the indomitable perseverance of the manhood of the South-Some day we shall elevate Edison above Grant and the heroes of the noral warfares we have waged above the valorous upon the field of strife. For, in the last analysis, the heroes of peace are, from every point of view, more masterful, more inspiring than the mighty men of war. It is easier, when once the fever of he battle has gotten hold upon a man, to go to death to the mingled oar of music and of muskerry than to ive and struggle in the face of overwheiming odds, without a cheer and without the fanfare of the field of pattle, for the civic welfare of a nation and for abstract right. And many a man who has served with levotion under the stimulus of the sommon call to arms has been a raitor and a coward and has sold als country and his soul because he iacked the courage to risk all and to lare and to attack against moral and piritual wickedness and exalted sin a the quiet hours for the common xeal piritual iritual wickedness and exalted sin the quiet hours for the common

America needs more men to live America needs more men to live for her—men who will dare to show hemselves men "for the sake of our people and for the cities of our God." For it would appear that this is a and of promise, that Immanuel is with us, that this country is Hig country, that the municipalities of his united commonwealth are the property, the possession of Divinity. In the face of national weakness and of civic unrighteousness, in the face of civic unrighteousness, in the face of the unquestioned exploitation of the people for the benefit of the few we need men who have a call to live

prosperity is fragrant, but every live man knows that it has its thorns. The body politic is the most cultured hat the world has seen, but every careful diagnosis proclaims it sick with a low fever that must be elimnated. We need saviors to-day, men who are a sweet savor to God and who have power with men; men who will be straight; men who will be annest; men who will value recticude above riches and the popular welfare above personal reward.

America needs manhood. And

America needs manhood. And first of all she needs a broad-minded The Puritan was sturd manhood. but he was narrow. The manhood of to-day must combine the sturdiness and integrity of the Pilgrim Fathers with the intellectual breath of an

to-day must combine the sturdiness and integrity of the Pilgrim Fathers with the intellectual breath of an enlightened member of a twentieth entury society. It must not be narrow, it must not be shallow. Possessing the ethical capacity of a man of God, it must have that capacity for sound and proficient judgment that shall command and retain the confidence of men.

America needs a moral manhood. She needs a race of men who will have more respect for the right than respect for law. The reason so many men have not proper respect for law is that they have no comprehension of the mandatory qualities of that which is right. The man who loves the right rarely has to ask what is the sanction of the law. The man who is chiefly concerned with squaring his actions to his "sense of oughtness" will never land in jail or be a subject for investigation. We want first a larger love for the right. subject for investigation. We want first a larger love for the right. Then hirst a larger love for the right. Then we shall secure a due respect for law. Our multi-millionaires who flaunt their defiance to the civic law in the face of an outraged public sentiment would never think to do sa had they any decent regard for

the dictates of the right. Morality alone can secure the law the sanction from each soul it should receive. America needs a religious manhood. From the point of view of a minister of the Gospel of Jesus Christ, I am bound to say that we need a Christian manhood. For without religion mans cannot exist. Morality and religion are so related that a man's religious capacity will surely be an indication of his morality. Religion and ecclesiasticism are not one. Fine phrasing and fine living likewise are not necessarily coterminous. We want no subserviency to systems and to creeds and to auterminous. We want no subserviency to systems and to creeds and to authorities of human construction simply for the sake of systems and creeds and authorities. But we do want a full blooded, whole-hearted, soulful manhood whose understanding of the character and sovereignty of God shall be comprehensive and exact, and whose lives shall be lived, and purposes controlled, and plans promulgated under the consciousness of divine leading and of a judgment day. We do not want long speeches on what we ought to be, we do want long lives full of the spirit of God and dominated by a desire to realize in action the con-

spirit of God and dominated by a desire to realize in action the concepts of inspired minds.

Such men and such lives will be self-sacrificing. And America demands a self-sacrificing manhood. Too long have we taught our young men to prepare to take care of themselves. We need to teach them in future to learn to take care of others. Humanity needs guidance. Let us raise up leaders. The country needs saviors; let us educate them under God. For the joy of living lies in giving self out in service. Self-culture is attained through self-sacrifice.

under God. For the joy of living lies in giving self out in service. Self-culture is attained through self-sacrifice.

There is no joy in solitary progress. The loneliest life is the life that looks largest toward the satisfaction of self. We must carry others on with us if we would be happy. We must labor for humanity if we would find eternal peace. A nation of self-sacrificing manhood is invincible, its history will be amaranthine, its glory will perdure unto the eternities of eternity.

We must have the sort of manhood that will take our text as the motto if America is to endure. It is not popular to state the evils that afflict the American social system; it is unwise to magnify them. But they do exist and they must be curbed. They cannot be diagnosed by evading them. They cannot be diagnosed by evading them. They cannot lot declare in the lighten of the people and deep and sensitive intelligence, of superb moral capacity, of religious conviction, of self-sacrificing loyalty to the interests of the people and the commonwealths of God. It would be idle to deny the need. To refrain to declare it is reprehensible. Already the money-changers are in the temples; the thieves are in the treasury, those who despoil the widows, the orphans, and those who are without guile, are at work. Already men are "devising injujuity upon their beds." Already they are carrying out in the daylight the evil they design at night. The wind is being sowed. The holocaust is being kindled. God forbid we should await the whirlwind and the flames with silent tongues.

America must have a consecrated, patriotic manhood of a larger build, of a wider vision, of a more divinely inspired energy then any she has yet possessed. Such a manhood alone can quench the smoldering fires and combat with prevailing force the

possessed. Such a manhood alone can quench the smoldering fires and

can quench the smoldering fires and combat with prevailing force the gathering storm. With such a manhood we shall be secure. We must have it. We shall have it.

The church of the living Christ, as the possessor of the most enduring revelation of the truth of God given unto men to-day, will not fall to sieze her opportunity to exercise her capacity for social service. In her hands lies the solution of America's perplexities, for under her dominion are the flower of American manhood. It is for her to enthuse her laity are the newer of American mannoon. It is for her to enthuse her laity with an increased sense of civic responsibility. It is the duty of her ministry to give the call to all the hosts of God, "let us show ourselves men for the sake of our people and for the cities of our God." for her to enthuse her laity an increased sense of civic re-

he people for the benefit of the few, we need men who have a call to live for the general good, and who will aced and serve.

The problems of America are as stupendous as her sins. The situation demands, however, not revolution but solution. The land cries out ion but solution. The land cries out for men who can solve—solve large problems in a large way. We must have solution, and that soon. If it is telayed for long we shall have "the deluge." The rose of our present prosperity is fragrant, but every live man knows that it has its thorns.

An Ascending Scale.

God's promises are ever on the ascending scale. One leads up to another fuller and more blessed than itself. In Mesopotamia, God said, "I will show thee the land." In Canaan, "I will give thee all the land, and children innumerable as the grains of sand."

It is thus that God allures us to saintliness. Not giving us anything till we have dared to act, that He may test us. Not giving everything at first, that He may overwhelm us and always keeping in hand an infinite reserve of blessing. Oh, the unexplored remainders of God! Whe ever saw His last star?—F. B. Meyer.

A Waking Thought.

I will this day try to live a simple sincere, and serene life, repelling promptly every thought of discontent, anxiety, discouragement, impurity and self-seeking; cultivating cheerfulness, magnanimity, charity and the habit of holy silence; exercising economy in expenditure, carefulness in conversation, diligence in appointed service, fidelity to every trust, and a childlike trust in God.—Bishop John H. Vincent. John H. Vincent.

No Faith in Their Fellows.

It is strange that those who talk most of faith in Providence often have least in people.



To Keep Out Dust.

If you want to prevent the dust pet or floor. You will note when sweeping, wet some pieces of news-paper and scatter them on the carpet or floor. You yill note when sweeping that instead of the dust flying about the room it sticks to the wet pieces of paper.

Cleaning Woodwork.

A piece of tin about two feet long and about eight inches wide is handy when cleaning woodwork to keep the cloth from touching the walls and soiling them. It also can be used nicely when painting. Just hold the tin with one hand along the work and it can be done rapidly.

A Relic of the Past.

The parlor as a parlor will soon be a relic of the past. The very name seems to suggest stiffness and lack of comfort. The new houses, even the most modest ones, will have the best room, the one in which the whole family gathers, a warm, sunny place, a home room in its truest sense. The next generation will not waste space on parlors. Perhaps a little llbrary, for privacy, will also be indispensable to many. This cheery room of the future will hold the piano, the general books, the pictures, work bas-kets and everything that serves to make home a haven of rest for loyal Speed the day.-Caldwell hearts News-Chronicle

Home Resourcefulness.

Never throw away empty cotton reels; they have a hundred uses. In most kitchens there is a row of nails on which aprons and dishcloths are hung, with the result that they are frequently torn and rust-marked. This will be prevented if you force on each nail one of your empty reels; nothing could make a more useful

peg.
A reel will make an excellent stop to prevent the door from opening too far and banging the furniture. the reel with thick cloth, to prevent its injuring the varnish of the door, and screw it firmly to the flooring in the position required.

position required.
Often enough one finds the door of a cupboard provided with no better means of opening than a keyhole. You can make an effective knob by screwing on another of those everuseful reels.—New York Journal.

Good Laundry Advice

Great care must be attached to the washing of muslin to keep the colors from fading. For washing a muslin dress or colored garment pre pare a basin of warm water hot) and have more ready for rinsing. Add to it dissolved soap to make a good lather with the hand. Shake the garment to be washed to remove the loose dirt, then place it in the soapy water, and squeeze and knead it with the hand. Rubbing must be avoided. Now rinse it thoroughly in two basins of warm water and a third rinsing of cold water. If the colors are faded put one table. spoonful of vinegar in the cold rinsing water, or, inclined to run, salt may be used. White cambrics should be passed through blue water. Alum water may be used for rinsing curand muslin hangings .- New

Recipes.

Finger Puffs.-Mash four potatoes add one tablespoon butter, salt and pepper. When cool add egg and beat pepper. well. With floured hands mould into finger rolls and fry in deep hot fat. A Breakfast Dish.—Take some silees of bread, cutting off crust. a batter of three eggs and one pint of milk. Dip the bread in it; put some milk. butter in the frying pan, fry the slices of bread until brown

Devilled Almonds.—Blanch shred two ounces almonds, brown in just enough butter to prevent burning, mix 2 tablespoons chopped pickles, 1 tablespoon each of Chutney and sauce, 1-4 teaspoon of salt and a few grains of cayenne, add to the nuts and serve when heated through.

Breakfast Muffins .- Take one pint of sour milk, one tablespoonful of melted lard, one teaspoonful of soad, one teasponful of baking powder and one half teaspoonful of salt. Mix thoroughly and stir in enough flour to make a thick batter. Bake in muffin pans in a hot oven and they will be light and fluffy.

Baked Bananas.-Put one cupful of sugar and the juice of one-half a lemon into a saucepan; cook slowly; add small piece of butter. When it berins to thicken peel six bananas, lay them in a baking dish and pour ov the syrup. Bake in a moderate oven until the bananas and syrup are a golden brown. Serve hot.

Barbecued Ham.—Soak thin slices of ham one hour in lukewarm water, drain, wipe and cook in hot frying-pan until slightly browned. Remove o serving dish and add to fat in pan 3 tablespoons vinegar mixed with 1 1-2 teaspoons mustard, 1-2 teaspoon sugar. and 1-8 teaspoon pepper. oughly heated pour over ham and serve at once.

Peculiarities.

"You have observed wild animals a great deal."

'Yes," answered the sportsman.

"Have you noted any peculiarities ' "Decided peculiarities. them absolutely insist on not behaving as the naturalists say ought."—Washington Star.