


HEALTH NOTES FOR JUNE.



PERUNA
FOR
SPRING CATARRH,
LASSITUDE,
SLEEPLESSNESS,
IRRITABILITY,
SPRING FEVER,
FATIGUE,
SKIN ERUPTIONS,
NERVOUSNESS,
LOSS OF APPELITE.

Spring Catarrh is a well defined spring disease. The usual symptoms are given above. A bottle of Peruna taken in time will promptly arrest the course of the disease known as Spring Catarrh.

School Children's Teeth.

An Ottawa gentleman considers the care of the teeth of school children of so much importance that he has offered half the cost of establishing a dental chair for the purpose. This is a new form of benevolence which, it is to be hoped, will become popular. Kingston (Ont.) News.

Florida has passed a law prohibiting diving for sponges, as the beds are injured thereby.



Paint Buying Made Safe

White Lead and Linseed Oil need no argument, no advertising to maintain themselves as the best and most economical paint yet known to man. The difficulty has been for the buyer to be always sure of the purity of the white lead and oil.

We have registered the trade mark of the Dutch Boy painter to be the final proof of quality, genuineness and purity to paint buyers everywhere. When this trade mark appears on the keg, you can be sure that the contents is Pure White Lead made by the Old Dutch Process.

SEND FOR BOOK

"A Talk on Paint," gives valuable information on the paint subject. Free upon request.

NATIONAL LEAD COMPANY

In whichever of the following cities is nearest you:

New York, Boston, Buffalo, Cleveland, Cincinnati, Chicago, St. Louis, Philadelphia, John T. Lewis & Bros. Co., Pittsburgh (National Lead & Oil Co.).



Libby's Food Products

Libby's Corned Beef Hash

Is made with the exact satisfying flavor you enjoy so much.

Prepared from the most select Beef in Libby's Great White Kitchens. Absolute purity and cleanliness guaranteed.

A Delicious Dish for Quick Service.—Libby's Corned Beef Hash, while in the tin placed in boiling hot water for a few minutes, or removed from the tin and browned in the oven for a few minutes, makes a most delightful entrée for lunch or dinner.

Ask your grocer for Libby's and insist upon getting Libby's.

Libby, McNeill & Libby
Chicago

FIRELESS COOKING IN WOODS.

How Guides in the Northwest Forests Prepare Their Food.

Since attention has been called to the subject of the fireless cook stove through the medium of a report by one of the representatives of this country in Germany great progress has been made in the art, and there are now several types of stoves on the market designed for use in the household. Some of these are in the shape of large chests, which will accommodate large roasts, while others are smaller, much like an enlarged bucket. This scheme was not announced as an entirely new one, but it has been in use for hundreds of years in an obscure part of the German empire, and it was brought to renewed life by the report of the consul referred to above.

Fireless cookers have been in use since remote times among the guides, hunters and trappers of the Northwest, and some of them have become so adept that they can prepare unusually tempting meals.

On many of the best-known portages the guides set up the tents on the old camping places, because there they find the half dozen flat stones needed to construct the oven.

On top of these they build a fire, and when the stones are red hot the Indians set them up in the form of a covered box, inside of which has been placed the saddle of venison, a pair of partridges, or perhaps a bear's ham. Instead of the heavy felt of the German contrivance, they cover it all over with thick moss, the green side in, over which is piled soil, if it may be had conveniently.

The next morning the roast is certain of being cooked to a delicious turn. It has either been spitted on a clean wand of birch, which imparts no ill flavor to the meat, or else a grille of sticks has been laid across the oven, upon which its contents have rested.

Sometimes the easier plan is adopted of allowing a sharp pointed stick to project through from the outside at one corner, the outer end being firmly stuck into the ground. In any case the object is to keep the joint from touching the sides of the oven, which are seldom very clean.

Beyond the preparation of the oven and the building of the fire required to heat the stones, this method of cooking requires only little attention. The meat being properly placed in the improvised oven, it is allowed to remain there until its presence is desired at the table. There is no possibility of the meat having been overdone. Many hours are required to cook the meat, but after that it is a matter of small moment if it is left to the action of the heat a few additional hours. The chances are that when the meat is taken from the oven it will be found done to a turn, and it will be voted by those who have partaken to be the finest, juiciest piece of meat ever encountered.

While it is a fact that the meat cooked in this manner is particularly well flavored, its toothsome qualities are in a great measure due to the seasoning secrets of the cooks. Men who go into this country on hunting expeditions rarely ask their cook-guides about their methods of cooking further than what is to be seen, for they would get little satisfaction. There are certain secrets relative to the use of herbs and some other tricks which are handed down from one generation to another, and which will never get outside of the family. Sometimes a guide will get more of a reputation for his cooking than for his knowledge of the country, and his services will be in special demand by those excursionists who are wont to give some attention to the creature comforts on these hunting expeditions. These hunters guard their culinary secrets jealously and hand them down only to their successors along the line.—Seattle Post-Intelligencer.

Mistake in the Baby Trade.

At Quimper, in Brittany, last week the wife of a man named Le Saux gave birth to a boy. The father took the child and sold it for £8 to the wife of the local butcher, Mme. Bonan. The woman presented it to her husband as her own newly born infant and Bonan hastened to register the child's birth.

Le Saux, fearing that he might get into trouble with the police, next consulted the butcher, whom he supposed to be a party to the fraud. The duped husband threw Le Saux out of the house. The latter then registered the birth of his own child. In the eye of the law, therefore, the infant has claims on two separate families and enjoys the unique distinction of being the son of two mothers.—Paris Daily News.

Harder than Stone.

It was in a country tavern, where a newly-arrived commercial traveler was holding forth.

"I'll bet my case of samples," he said, "that I've got the hardest name of anybody in this room."

An old farmer in the background shifted his feet to a warmer part of the stove.

"Ye will, will ye?" he drawled. "Wal, I'll have to take ye up. I'll bet \$10 against your samples that my name 'll beat yours."

"Done," cried the salesman. "I've got the hardest name in the country. It is Stone."

The old man was game.

"Mine," he said, "is Harder."—Philadelphia Public Ledger.

Quite a Different Thing.

Mrs. De Style—Your husband seems to be a pessimist.

Mrs. Malaprop—Oh! no. He's an optimist.—Syracuse Herald.

Paralyzed Sugar.

Harry was sent to the grocery store for five pounds of pulverized sugar. In a childish manner, he kept the name fresh in his mind by repeating it over and over all the way to the store. On reaching the store he went to the clerk and said, "My mamma says to please send up five pounds of paralyzed sugar."—Chicago Tribune.

Girls and men are still kept carefully apart in Argentina, and a man does not introduce even his most intimate friend to his sisters. Marriages of girls of 12 to 14 to boys of 16 or 18 are common.

SCIENCE

Crystal, melted and electroplated, has been successfully used in France to counterfeit gold coins.

In some government experiments with the use of corn stalks as a source of alcohol supply it was found that a ton of green stalks yielded eleven gallons of the spirits.—Washington Star.

With the limestone dust and silicate from the stone pile, the yarn from his sock and a little water, a prisoner cut a Bessemer steel bar in eighteen working hours. With some fine emery, a chalk line and two wooden handholds to save his fingers he made the other clean cut of the bar in five hours.

Tuberculous patients that live and grow fat are reported by Dr. Guillemand, a French physician. He has found a form of tuberculosis that remains in the condition of a local lesion, is usually associated with an excessive deposit of adipose tissue, and is curable. He believes it comes from implanting attenuated koch bacilli in so called scrofulous persons.

The artificial way of returning nitrogen to the soil is by means of decaying animal and vegetable matter, which contain in it a soluble form, but nature's method is by electricity. There are at least five compounds of oxygen with nitrogen. These are formed when an electric flash passes through the atmosphere, and they are all-soluble in water, carried down into the earth by the rains, the nitrogen is returned to the soil and the soil gives it to vegetation.—New Orleans Picayune.

RAPID POSTAL SERVICE.

European Methods Said to Be Better Than Ours.

"In New York it takes two hours to send a special delivery letter from Harlem to 23d street. In Berlin, through the Rohrpost a letter can be sent a similar distance in two minutes," says Harold Bolce, in Appleton's Magazine.

"It would be advantageous to all people if the statesmen of the world, foregoing for a season their provincial boasting, would convene in international session and exchange ideas regarding the world's progress. I was impressed with this fact when I had occasion in Budapest to send a registered letter. Instead of having to wait for a clerk to copy the superscription and hand me a receipt, I had simply to show the letter properly stamped and then drop it in a mechanical contrivance, which immediately issues a receipt card automatically dated and numbered. It makes the system of registering a letter in Hungary as simple as dropping a piece of mail in a letter box in America. I desired to test this innovation, and so I mailed a letter in Budapest addressed to myself in a hotel in Munich. Two hours later I took the train to the Bavarian capital, and the day after I arrived in the hotel I received word that there was a registered letter for me at the post-office. The German system of postal money orders is far superior, it seems to me, to the American. You hand the money into a German postoffice, give the address of the person to whom it is to be sent, and walk away with the receipt. That ends your responsibility. The government carries the money to the house, and even to the room of the addressee."

Tin Cans Came in Tons.

The Trenton Clean City club, backed by club women, hit on a plan to get rid of rubbish in alleys and streets and to attract attention to the "clean city" movement. It offered Trenton boys 25 cents a hundred for all old tin cans delivered to the committee yesterday.

The cans were received at a place in the business section, and for hours the streets were jammed with boys, cans, and spectators. One hundred and thirty boys brought in more than 75,000 cans and received nearly \$200 in payment.

Clubs in other towns have shown a disposition to try the plan, which was an unqualified success.—Trenton (Md.) Dispatch to the New York World.

Monks Aid Stormbound Travelers.

The monks at the Grand St. Bernard hospice state that this winter has been the most severe experienced for many years. During the five months just ended more than 1200 stormbound travellers—chiefly Italian workmen and including three British tourists—have been sheltered at the hospice. The monks and their dogs were called out in the night frequently to assist exhausted travellers who had lost their way on the mountainside.—London Evening Standard.

"Ex-President of Cuba Dies."

Bartholomeo Masia, who was President of the Cuban republic during the 10 years' war, and who was a candidate for the presidency against Tomas Estrada Palma in 1902, died at his home in Manzanillo.

CURE FOR BAD ODOR.

Should there be a bad odor in a room or house caused by the cooking of food, as cabbage, take a few dead coals on a shovel, sprinkle a teaspoonful of coffee and allow it to smoke in the room with the windows closed. Raise the windows after a short time, allowing the smoke to clear. This will effectually destroy any nauseating odor and also acts as a fumigator for germs that often collect in lace curtains and draperies.

FINANCE AND TRADE REVIEW

DUN'S WEEKLY SUMMARY

While Other Businesses Are Halting Iron Mills Are Rushed to Fill Orders.

Despite some improvement, weather conditions have continued adverse for retail trade at most points. Business is only stimulated by bargain sales. Prospects for fall distribution are brighter, because of the better crop reports. Manufacturers receive liberal orders for the next season. Still current conditions are not satisfactory. Mercantile collections are below normal, except in sections where country storekeepers have been enabled to make prompt settlements, because high prices attracted much marketing of last year's grain.

Record breaking production of pig iron without causing accumulation is ample evidence of unprecedented activity in the steel industry. Implement makers buy bars regardless of reports that crops are smaller and the congestion at pipe and sheet mills is not relieved.

New business in structural shape comes forward steadily. Despite the activity of blast furnaces the output of coke has increased so much faster that pressure to unload cars brought lower prices for spot.

Somewhat quieter conditions prevail in the primary market for cotton goods, although prices are higher where any alteration has occurred.

After a fair volume of business in serges and the cheaper lines of woolen goods which have been opened for some weeks, the market is quiet, awaiting the opening of medium priced lines. Weather conditions have retarded the movement of dress goods. Few duplicate orders for the fall season are appearing, although this business should have been completed some time ago.

New England foot wear manufacturers report trade backward, although there are indications that fall orders will soon improve.

Trade in leather is quiet, with stocks gradually accumulating, although some is firmly held.

MARKETS.

Wheat—No. 2 red.....	73	75
Corn—No. 2 yellow, ear.....	37	37
No. 2 yellow, shelled.....	62	63
Mixed ear.....	51	52
Oats—No. 2 white.....	40	41
No. 3 white.....	39	40
Flour—Winter patent.....	4 33	4 75
Fancy straight winter.....	4 31	4 73
Hay—No. 1 Timothy.....	22 50	23 00
Clover No. 1.....	18 25	19 00
Feeds—No. 1 white mid. ton.....	24 50	25 00
Brown middlings.....	24 00	24 50
Bran, bulk.....	24 00	24 50
Straw—Wheat.....	10 00	10 50
Oats.....	10 50	11 50

Butter—Elgin creamery.....	26	27
Ohio creamery.....	25	26
Ohio creamery roll.....	28	29
Cheese—Ohio, new.....	14	15
New York, new.....	14	15

Hens—per lb.....	12	15
Chickens—fresh.....	10	17
Eggs—Pa, and Ohio, fresh.....	17	18

Potatoes—Fancy white per bu.....	60	65
Cabbage—per ton.....	15 00	16 00
Onions—per barrel.....	1 50	2 25

Flour—Winter Patent.....	4 65	4 80
Wheat—No. 2 red.....	72	74
Corn—Mixed.....	46	47
Oats—No. 2 white.....	38	39
Eggs.....	17	18
Butter—Ohio creamery.....	17	18

Flour—Winter Patent.....	4 70	4 75
Wheat—No. 2 red.....	72	74
Corn—No. 2 mixed.....	47	49
Oats—No. 2 white.....	38	39
Butter—Creamery.....	29	30
Eggs—Pennsylvania firsts.....	17	19

Flour—Patents.....	4 60	4 70
Wheat—No. 2 red.....	82	83
Corn—No. 2.....	62	63
Oats—No. 2 white.....	42	43
Butter—Creamery.....	27	27
Eggs—State and Pennsylvania.....	17	18

LIVE STOCK.

Cattle.		
Extra, 1,450 to 1,600 lbs.....	6 25	6 50
Prime, 1,300 to 1,450 lbs.....	6 00	6 25
Good, 1,200 to 1,350 lbs.....	5 90	6 00
Fair, 1,050 to 1,200 lbs.....	5 65	5 75
Common, 700 to 900 lbs.....	5 60	5 90
Oxen.....	2 75	4 50
Bulls.....	2 00	4 00
Cows, 1,000 to 1,300 lbs.....	5 50	5 75
Heifers, 700 to 1,100.....	2 50	4 00
Fresh Cows and Springers.....	16 00	50 00

Hogs.		
Prime heavy.....	6 15	6 25
Time medium weight.....	6 15	6 30
Best heavy Yorkers.....	6 40	6 25
Good light Yorkers.....	6 40	6 20
Figs.....	6 40	6 25
Roughs.....	5 00	5 15
Stags.....	4 00	4 25

Sheep.		
Prime wethers, clipped.....	5 75	6 00
Good mixed, wethers and ewes.....	5 50	5 75
Fair mixed wethers.....	4 75	5 25
Wethers, common.....	2 00	4 00
Lambs, common.....	5 50	5 75

Calves.		
Veal calves.....	5 50	6 00
Heavy and thin calves.....	5 50	6 00

The following are the quotations for credit balances in the different fields:	
Pennsylvania, \$1.78; Texas, \$1.75; Second Sand, \$1.65; North Lima, \$1.50; South Lima, \$1.50; Indiana, \$1.35; Somerset, \$1.25; Bradford, \$1.25; Canada, \$1.35.	

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WORKING WOMEN, WHAT THEY SHOULD KNOW



MRS. SADIE ABBOTT



MRS. PREE MCKITTRICK

Women for the most part spend their lives at home and it is these women who are willing and ambitious that their homes shall be kept neat and pretty, their children well dressed and tidy, who do their own cooking, sweeping, dusting and often washing, ironing and sewing for the entire family, who call for our sympathy.

Truly the work of such a woman is "never done" and is it any wonder that she breaks down at the end of a few years, the back begins to ache, there is a displacement, inflammation or ulceration of the abdominal organs, a female weakness is brought on, and the struggle of that wife and mother to continue her duties is pitiful.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, is the exact medicine a woman needs whose strength is over-taxed. It keeps the feminine organs in a strong and healthy condition. In preparing for childbirth, and recuperating therefrom it is most efficient. It carries a woman safely through the change of life and in making her strong and well assists her to be a good wife and mother.

Mrs. Sadie Abbott, of Jeannette, Pa., writes:

Dear Mrs. Pinkham—

"I suffered severely with pain every month and also a pain in my left side. My doctor prescribed for me but did me no good. A friend advised Lydia E. Pinkham's Vegetable Compound and I wrote you in regard to my condition. I followed your advice and am a perfectly well woman. The pains have all disappeared and I cannot recommend your medicine too highly.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

High Prices for Shakespeares.

There was an interesting book sale at Sotheby's in London recently. A first folio Shakespeare brought \$12,000. A first edition of "Purke and Lancaster," the foundation of Shakespeare's Henry IV., was sold for \$9,550. A play "Arden of Feversham," dated 1592, and originally attributed to Shakespeare, went for \$6,050. A rare first edition of King Lear was knocked down for \$1,250. A fine quarto Merchant of Venice fetched \$2,550. The original manuscript of Sir Walter Scott's "History of Scotland" sold for \$2,550. A third folio Shakespeare made a record price of \$7,750.

BLACK, ITCHING SPOTS ON FACE.

Physicians Called It Eczema in Worst Form—Patient Despaired of Cure—Cuticura Remedies Cure Her.

"About four years ago I was afflicted with black spots over my face and a few covering my body, which produced a severe itching irritation, and which caused me a great deal of suffering, to such an extent that I was forced to call in two of the leading physicians of —. After a thorough examination of the dread complaint they pronounced it to be skin eczema in its worst form. Their treatment did me no good. Finally I became despondent and decided to discontinue their services. Then my husband purchased a single set of the Cuticura Remedies, which entirely stopped the breaking out. I continued the use of the Cuticura Remedies for six months, and after that every spot was entirely gone. I have not felt a symptom of the eczema since, which was three years ago. Mrs. Lizzie E. Sledge, 540 Jones Ave., Selma, Ala., Oct. 28, 1905."

A French invention, consisting of bulb thermometers, predicts at sundown whether there will be a frost.

That our American forests abound in plants which possess the most valuable medicinal virtues is abundantly attested by scores of the most eminent medical writers and teachers. Even the untutored Indians had discovered the usefulness of many native plants before the advent of the white race. This information, imparted freely to the whites, led the latter to continue investigations until to-day we have a rich assortment of most valuable American medicinal roots.

Dr. Pierce believes that our American forests abound in medicinal roots for the cure of most obstinate and fatal diseases. If we would properly investigate them; and the preparation of this conviction, he points with pride to the almost marvelous cures effected by his Golden Medical Discovery, which has proven itself to be the most efficient stomach tonic, liver invigorant, heart tonic and regulator, and blood purifier known to medical science. Dyspepsia, or indigestion, torpid liver, functional and even valvular and other affections of the heart yield to its curative action. The reason why it cures these and many other affections is clearly shown in a little book of extracts from the standard medical works which is mailed free to any address by Dr. R. V. Pierce, of Buffalo, N. Y., at all sending request for the same.

Not less marvellous, in the unparalleled cures it is constantly making of woman's many peculiar affections, weaknesses and distressing derangements, is Dr. Pierce's Favorite Prescription, as is amply attested by thousands of the most convincing testimonials contributed by careful patients who have been cured by it of catarrhal pelvic troubles, pain, irregularities, prolapsus and other ailments caused by weakness, ulceration of uterus and kindred affections, often after many other advertised medicines, and physicians had failed.

Both the above mentioned medicines are made up of both the extracts of the most valuable medicinal roots. The processes employed in their manufacture were original with Dr. Pierce, and they are carried on by skilled chemists and pharmacists with the aid of apparatus and appliances specially designed and built for this purpose. Such medicines are entirely free from alcohol and all other harmful, habit-forming drugs. A full list of their ingredients is printed on each bottle-wrapper.

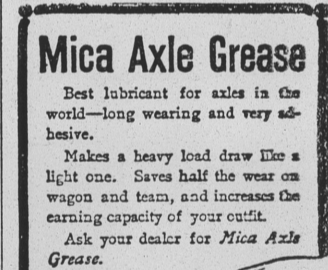


WET?
You may be able to get along without a raincoat.

TOWERS' WATERPROOF SUIT OR SLICKER
But can you afford to?

THESE GARMENTS ARE GUARANTEED WATERPROOF, LIGHT, COMFORTABLE, DURABLE, LOW IN PRICE, SOLD BY ALL RELIABLE DEALERS.

TOWERS' MANUFACTURING COMPANY, NEW YORK, N. Y.



Mica Axle Grease

Best Lubricant for axles in the world—long wearing and very adhesive.

Makes a heavy load draw like a light one. Saves half the wear on wagon and team, and increases the earning capacity of your outfit.

Ask your dealer for Mica Axle Grease.

STANDARD OIL CO. Incorporated



Cascarets
Best For the Bowels

THEY WORK WHILE YOU SLEEP.

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Grippe. Do Not Stop Eating. Sold in bulk. The genuine label stamped CCC. Guaranteed to cure or your money back. Sterling Remedy Co., Chicago or N.Y.

WORMS

"I had for years suffered from what medical men called Dyspepsia and Catarrh of the Stomach. In August I purchased a box of Cascarets and was surprised to find that I had 'em—yes a washing, squirming mass left me. Judge our doctor's surprise when I showed him thirty feet, and in another day the number about the same length of a super-worm that had been sapping my vitality for years. I have enjoyed the best health since. I send this testimonial will appeal to other sufferers."—Chas. Blackstock, 105 Hivinity Place, New York, N. Y.

PAXTINE

FREE

To convince any woman that Paxtine Antiseptic will improve her health and do all you claim for it. We will send her absolutely free a large trial box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

PAXTINE cleanses and kills in its course all the bacteria of the system, such as nasal catarrh, pelvic catarrh, and inflammation caused by feminine ills; sore eyes, sore throat and mouth, by direct local treatment. Its curative power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at drugists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT.

THE E. PAXTON CO., Boston, Mass.

DROPSY NEW DISCOVERY

Send name, list of testimonials and \$0.25 Droy's Drops.

Free. Dr. H. H. GILES'S DROPS, Box 15, Atlanta, Ga.