

Nothing I Ate Agreed With Me.



MRS. LENORA BODENHAMER.

Mrs. Lenora Bodenhamer, R. F. D. 1, Box 99, Kernersville, N. C., writes: "I suffered with *stomach trouble* and indigestion for some time, and nothing that I ate agreed with me. I was very nervous and experienced a continual feeling of *uneasiness and fear*. I took medicine from the doctor, but it did me no good. "I found in one of your *Peruna* books a description of my symptoms. I then wrote to Dr. Hartman for advice. He said I had catarrh of the stomach. I took *Peruna* and Manalin and followed his directions and can now say that I feel as well as I ever did. "I hope that all who are afflicted with the same symptoms will take *Peruna*, as it has certainly cured me." The above is only one of hundreds who have written similar letters to Dr. Hartman. I had entire faith in this entire *Peruna* to the candid consideration of every one similarly afflicted. If this be true of the testimony of one person what ought to be the testimony of hundreds of honest, sincere people? We have in our files a great many other testimonials.

Pepys' Opinion of Shakespeare.
Pepys' Diary, 1659-1669, commenting on Shakespeare's plays, says of "Midsummer Night's Dream": "It is the most insipid, ridiculous play I ever saw in my life;" and upon reading "Othello, Moor of Venice," which I have hitherto esteemed a mighty good play, but having lately read the "Adventures of Five Hours," it seems a mean thing."

An Exceptional Opportunity
7% PREFERRED STOCK
of the
Regal Shoe Co.
(at Par, \$100 Per Share.)

An opportunity is offered to conservative investors seeking a safe yet remunerative security to become interested in one of the most successful business enterprises in America. This widely known concern, making as it does a universal necessity and selling at CASH at popular prices from 122 of its own stores and agencies, has received up to Jan. 1st, 1917, some 725,000 applications from various retail dealers for agencies. Only 40 of these, however, can be established now because of present manufacturing limitations, but in order to put itself in condition to grant as many as possible of these applications this stock is being offered for sale at a moderate price from the sale of which will be used immediately to enlarge the factory at Whitman, Mass., so that it can produce the footwear required by this assured new business. In 1916 the Regal earnings were over \$180,000, the indicated earnings for 1917 are \$200,000, yet the dividend requirements of this 7 per cent. Preferred Stock are only \$7,000. The Preferred is in effect a First Mortgage on the company's entire assets and its dividend is the First cash paid. It is so significant that the man who started the business are still running it, will continue to run it and are not offering any of their common stock for sale. Write for full particulars to SWARTWOUT & APPENZELLER, BANKERS, 40-42-44 Pine Street, - NEW YORK, Chicago, Philadelphia, Grand Rapids, Dallas.

PIMPLES

"I tried all kinds of blood remedies which failed to do me any good but found the right one at last. My face was full of pimples and black heads. After taking *Cacoreta* I got rid of them and did all we claim for it. We will send her absolutely free a large trial box of *Paxtine* with book of instructions and genuine testimonials. Send your name and address on a postal card. Guaranteed to cure or your money back. Sterling Remedy Co., Chicago or N.Y. 595



FREE Paxtine
To convince any woman that *Paxtine* Antiseptic will improve her health and do all we claim for it. We will send her absolutely free a large trial box of *Paxtine* with book of instructions and genuine testimonials. Send your name and address on a postal card. Guaranteed to cure or your money back. Sterling Remedy Co., Chicago or N.Y. 595

Binder Twine
Farmers wanted as Agents August Post, Moulton, Iowa. P. N. U. 22, 1907.

Thompson's Eye Water
If afflicted with weak eyes, use

Hymns Proper to the Day.
It was Archbishop Temple who complained that when he stayed with a parson "they always give me 'The Church's One Foundation' and cold chicken, and I hate them both." A bishop of a more sentimental turn was recently staying with one of his country clergy. About the breakfast hour he heard the strains of "Rock of Ages" sounding through the house. At the breakfast table he remarked how sweetly the hymn sounded. Then said the vicar's last word, "That was cook." The bishop expressed pleasure at the melodies of cook. "She always sings 'Rock of Ages' to boil the eggs," said the child; "three verses for soft boiled, five for hard." —London Telegraph.

And This, Too, Is Coming.
The "haystack hat" is all the rage in London. A millinery expert tells how it is achieved. "In the first place," he says, "the hair must be dressed as high as possible. A thick pad must be pinned on the crown of the head, and over this the hair must be rolled. It must then be arranged in quantities of small curls, rising in a pyramid form. The hat must be lightly poised on this erection and secured by two long buttons. The hair must then be loosened in front and pinned up to the brim of the hat." It must be almost as beautiful as the mushroom hats that the girls, from 18 to 80, are wearing over here.

Water Power in Sweden.
In Sweden the government has become very much interested in the numerous water powers which have made that country famous, but not for the purpose of possessing them as show places, but, rather, in order to insure economical sources of power for all time for the state railways. Recently six or eight of the most famous waterfalls have been acquired by the government. The plan is to electrify all the state railroads. Already high voltage singlephase electric traction has been installed on a large scale on the main lines. Hydraulic power plants furnish ideal sources of energy for such roads, and have the advantage of being available for practically all time.

FITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. 23 cent bottle and treated free. Dr. H. B. Kline, L.D., 931 Arch St., Phila., Pa.

Climate of Asia Minor.
The climate of Asia Minor enjoys somewhat undeservedly the reputation of being more or less tropical. As a matter of fact, the cold during the months of December, January and February reaches an average point where heating is a necessity.

To improve the general health, take Garfield Tea daily for a time. It purifies the blood, eradicates rheumatism and many chronic ailments, and keeps the health good! Garfield Tea is made of herbs; it is guaranteed under the Pure Food and Drugs Law. Garfield Tea Co., Brooklyn, N. Y.

Earthquake Discovers Treasure.
An earth tremor, followed by a great tidal wave, has thrown up a remarkable treasure trove on the shore at Nazareth, one of the prettiest resorts on the Portuguese coast. Among the articles found are a large quantity of ancient arms, valuable coins of all nationalities, gold buttons, scarfpins and other jewelry of considerable value. It proves to be treasure hidden in the ancient stronghold of the buccaners of the Spanish Main.

A Lazy Liver
May be only a tired liver, or a starved liver. It would be a stupor as well as a savage thing to beat a weary, starved man because he lags in his work. So in treating the lagging, torpid liver it is a great mistake to lash it with strong drastic drugs. A torpid liver is but an indication of an ill-nourished, enfeebled body whose organs are weary with overwork. Start with the stomach and allied organs of digestion and nutrition. Put them in working order and see how quickly your liver will become active. Dr. Pierce's Golden Medical Discovery has made many marvelous cures of "liver trouble" by its wonderful control of the organs of digestion and nutrition. It restores the normal activity of the stomach, increases the secretions of the blood-making glands, cleanses the system from poisonous accumulations, and so relieves the liver of the burdens imposed upon it by the deflection of other organs.

The Indifferent Rich.
A newspaper correspondent was talking about Father Bernard Vaughan, of London. "Though Father Vaughan's congregation," he said, "is one of the most fashionable in the world, the good priest is always on the side of the poor." "He calls the poor God's pet children, and I once heard him in an address tell the rich that they were responsible for the poor's faults—the drinking and so on—saying that the poverty of the poor wasn't the result of their drinking, but their drinking was the result of their poverty." "He declared, that the rich in their indifference and careless cruelty toward the poor, reminded him of a certain surgeon." "This surgeon, lecturing a class of students, said: "I was so excited at my first operation that I made a mistake." "A serious one, sir?" asked a student. "Oh, no," the surgeon answered. "I only took off the wrong leg." —Washington Star.



Quaint and Curious
Vladivostok gets most of its beef—dressed and frozen—from Australia.

The nutritive value of an egg is two and a half times its weight of cow's milk.

A youth of seventeen who hanged himself at Bristol, England, painted himself with green from head to foot just before the act.

Ermine is nothing more nor less than the winter coat of the weasel. The weasel is white in winter. In the summer it is brown.

Charles Manners, the famous opera singer, is credited by a London expert with being one of the finest amateur milliners living, his work equalling some of the best French models.

Snails are blessed with great vitality. A case is recorded of an Egyptian desert snail which came to life upon being immersed in warm water, after having passed four years glued to a card in a museum.

If one were asked, remarks London Health, to name the most patient man on earth, the reply would probably be—Paul Cinquevalli. The famous feat of throwing up a hen's egg and catching it on a plate without breaking it necessitated nine years of constant practice.

There were some very candid persons in the time of George II. In 1731 the Gentleman's Magazine announced: "Married, the Rev. Mr. Roger Waina, of York, about twenty-six years of age, to a Lincolnshire lady, upward of eighty, with whom he is to have £8000 in money, £300 per annum, and a coach-and-four during his life only."

LOBSTERS' CLAWS.
Curious Facts About Their Differences and Replacement.
Any one who has closely observed the lobster has noticed that its two claws are not alike. One is bigger than the other, and there is a difference between them in shape. The larger claw is designed for crushing objects, and is armed with blunt tubercles. The smaller one is designed for seizing and holding, and is provided with teeth which are well adapted for that service. In a recent number of Science Professor Francis H. Herrick, of the Western Reserve University, Cleveland, presents some interesting details about these members.

The big claw occurs about as frequently on the right side as on the left, but it has been discovered in fish hatcheries, where the matter could be closely studied, that all of the brood of a particular female lobster are either right-handed or left-handed. That is, the arrangement is determined in advance in the egg.

Similarity between the two claws, though very unusual, is not absolutely unknown. Three cases of the kind out of 2430 lobsters examined have been reported by a naturalist at Wood's Hole, Mass. In these instances the claws were of the sharp-toothed variety. On the British coast, however, a specimen was found a few years ago which had two crushing claws.

One of the most remarkable freaks of nature is the precise manner in which a missing claw is often replaced by a new one. With a certain species of shrimp, which is a much smaller crustacean than the lobster, it has been noticed that if the crushing claw is lost by accident or other cause the one which grows in its place is invariably a toothed claw! The shrimp then has two claws of the same kind. That phenomenon rarely occurs with the lobster, although cases are known where a crushing claw was replaced by a toothed claw. It has been suggested, therefore, that the few lobsters which have been observed with two toothed claws may have had some such experience before they were caught, and had not been so equipped from infancy.

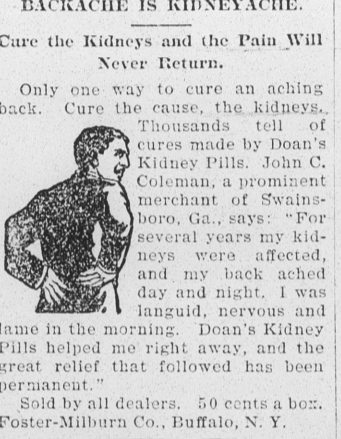
DR. TALKS OF FOOD
Pres. of Board of Health.
"What shall I eat?" is the daily inquiry the physician is met with. I do not hesitate to say that in my judgment, a large percentage of disease is caused by poorly selected and improperly prepared food. My personal experience with the fully-cooked food, known as Grape-Nuts, enables me to speak freely of its merits.

Old and New Concrete.
The difficulty now found in bonding together new and old concrete has been obviated by a recent patent. This bond consists of an extract of coal tar, used instead of water as the mixing agent for neat Portland cement. The mixture is laid in one-eighth inch to one-quarter inch layers on the old concrete surface, and immediately followed by new concrete. The inventor claims the compound to be entirely insoluble, and to form a complete and mobile bond between the old and new works. It is furnished to customers free, they paying the freight and cost of barrels, the cost being covered by a certain royalty a square foot paid to the patentee of the process.—Philadelphia Record.

Special Trains—Nat'l Ed. Ass'n. and Chr. Endeavor Conventions.
Personally conducted special trains via the Chicago, Union Pacific & North-Western Line leave early in July for the Pacific Coast. Special all-expense tours at very low rates for the round trip, including sleeping car accommodations, meals, etc. All the advantages of a delightful and carefully arranged tour in congenial company. Write for itineraries and full particulars. S. A. Hutchison, Manager Tourist Department, 2112 Clark Street, Chicago.

Birth Rate in England Shows Decline.
The vital statistics of Great Britain, just made public, show that this country has reason to dread the evil against which President Roosevelt has protested so often—race suicide. Figures compiled in England and Wales show that the birth rate in 1906 was the lowest ever recorded. In all there were 924,291 birth, which is at the rate of 27 for every 1,000 population. This is 1.7 to 1,000 below the average for the preceding 10 years. At the same time the death rate has grown smaller. The rate for the year was 15.4 to 1,000 as compared with 16.8 during the preceding 10 years.

BACKACHE IS KIDNEYACHE.
Cure the Kidneys and the Pain Will Never Return.
Only one way to cure an aching back. Cure the cause, the kidneys. Thousands tell of cures made by Doan's Kidney Pills. John C. Coleman, a prominent merchant of Swainsboro, Ga., says: "For several years my kidneys were affected, and my back ached day and night. I was languid, nervous and lame in the morning. Doan's Kidney Pills helped me right away, and the great relief that followed has been permanent."



Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Weight on the Planets.
The average weight of a man is 140 pounds, but the force of gravity on Mars is so much less than on earth that the 140-pound man would weigh only 53 pounds if transported thither. With such light weight, and still retaining the same strength, an individual would be able to run with the speed of an express train, go skipping over 19-foot walls and do various other extraordinary things. On the moon a man would be even lighter. But on the sun our 140-pound man would have his troubles. Instead of being an airy individual, he would weigh a ton and three-quarters. He probably would have the greatest difficulty in raising his hand, for that member would weigh 300 pounds. According to scientific computation, a man who on earth weighs 140 pounds would go to the other celestial bodies with the following weights: Moon 28 pounds, Mars 53, Venus 114, Mercury 419, Neptune 123, Uranus 127, Saturn 165, Jupiter 371, Sun 3,971.—Chicago Tribune.

The Old Man's Tip.
"Bill, my boy," wrote the old man to the college youth, "when you're ridin' in them new fashioned automobiles at 40 mile an hour, don't forget that you wuz raised to the ox-cart, an' that it brings you to whar you air; an' when you're whirlin' them golf sticks, don't fail to remember that it wuz the old ax-handle that helped you to get to 'em; an' when you have yer yer home vacation, don't forget to leave yer highfalutin' airs behind you, for if you fetch any of 'em with you I'll wear out more seasoned hickory on you than you ever dreamed of growin' in the woods!"—Atlanta Constitution.

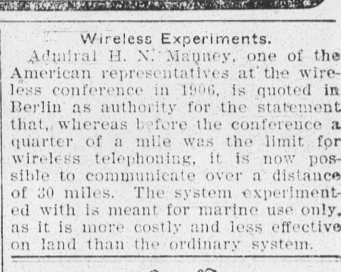
WOMEN SUFFER
Many women suffer in silence and drift along from bad to worse, knowing well that they ought to have immediate assistance. How many women do you know who are perfectly well and strong? The cause may be easily traced to some feminine derangement which manifests itself in depression of spirits, reluctance to go anywhere or do anything, headache, dragging sensations, fatiguability, nervousness, and sleeplessness. These symptoms are but warnings that there is danger ahead, and unless heeded, a life of suffering or a serious operation is the inevitable result. The best remedy for all these symptoms is



MISS JULIE FLORENCE WALSH

Lydia E. Pinkham's Vegetable Compound
made from native roots and herbs. No other medicine in the country has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female ills.
Miss J. F. Walsh, of 328 W. 36th St., New York City, writes:—"Lydia E. Pinkham's Vegetable Compound has been of inestimable value in restoring my health. I suffered from female illness which caused dreadful headaches, dizziness, and dull pains in my back, but your medicine soon brought about a change in my general condition, built me up and made me perfectly well."
Lydia E. Pinkham's Vegetable Compound cures Female Complaints, such as Backache, Falling and Displacements, Inflammation and Ulceration, and organic diseases. It is invaluable in preparing for child-birth and during the Change of Life. It cures Nervous Prostration, Headache, General Debility, and invigorates the whole system.
Mrs. Pinkham's Standing Invitation to Women
Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. Her advice is free.

Wireless Experiments.
Admiral H. N. Mahony, one of the American representatives at the wireless conference in 1906, is quoted in Berlin as authority for the statement that, whereas before the conference a quarter of a mile was the limit for wireless telephoning, it is now possible to communicate over a distance of 30 miles. The system experimented with is meant for marine use only, as it is more costly and less effective on land than the ordinary system.

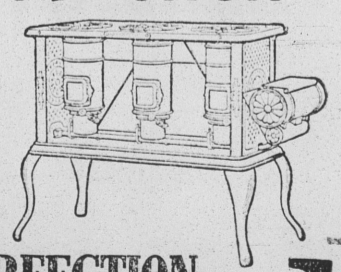


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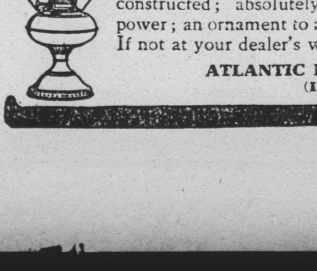
Boston's Old Home Week
July 28 to Aug. 3
Reduced fare on all railroads for trip to Boston and return.
Family, School, College and Society Reunions, Historical Pilgrimages, Military and Naval Demonstrations, Monster Parades, Electrical Displays, Tournaments, Races, Carnivals, Receptions, Free Exhibitions, Concerts and Entertainments.
A series of mid-summer festivities such as no city in the world has ever offered its guests. Write to OLD HOME WEEK COMMITTEE, BOSTON, MASS.

A Summer Vacation in Your Kitchen

Don't swelter this summer with the temperature at 110. Get a New Perfection Wick Blue Flame Oil Stove and have a cool kitchen. The



NEW PERFECTION Wick Blue Flame Oil Cook-Stove
produces a working flame instantly. Blue flame means highly concentrated heat, no soot, no dirt. Oil is always at a maintained level, ensuring a uniform flame. Made in three sizes. Every stove warranted. If not at your dealer's write to our nearest agency for descriptive circular.



The **Rayo Lamp** is the best lamp for all-round household use. Made of brass throughout and beautifully nickelled. Perfectly constructed; absolutely safe; unexcelled in light-giving power; an ornament to any room. Every lamp warranted. If not at your dealer's write to our nearest agency.

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