

Games occupy far too much of a rl's life. Instead of being used as recreations they are the end and aim of existence.-Lady Violet Greville in the London Graphic.

### Trials of Shop Girls.

Few workers are entitled to more sympathy and consideration than the shop girls of our great cities, and few receive so little. It would tax the genius of a Tom Hood to tell the manifold miseries to which they are subjected, often by want of thought, but in most cases by want of heart .-Leslie's Weekly.

### Decadence of Noses.

When I was a girl the aristocratic nose was high, beautifully modeled rising in a delicately waving ridge and at the tip standing well out from the face and not turned up. But nov the fashion has completely changed The pretty woman one sees portrayed in illustrated papers and magazines very seldom have much to speak of in the way of noses.—Dowager, in The Throne.

### The Girl No Man Wants

The kind of a girl who expects her path to be strewn with bouquets, chocolates, theatre tickets and treats generally will find her popularity short lived, no matter how charming she may be.

The average young man's pocke cannot stand the strain long, and he will turn to some other girl, less at-tractive, perhaps, but who will be content with the attentions he can bestow on her.

It is a girl's place, says Health, to see that the expenses a young man incurs for her pleasure shall not exceed what he can easily afford.

### Women Wear Rubber Boots.

While it has always served its pur pose as waterproof footwear, the wearing of the rubber boot has been confined largely to the masculine sex

A number of the young women of Muskogee, however, have discovered that Muskogee mud is real mud and that the shoe will not stand the con tinual quantity of earth and water which coat the streets of the city during the winter or rainy season Many of them appear on the street wearing neat little rubber boots. The dress of the girl may be of the latest cut, and the hat of the latest style but peeping from beneath the skirt is the rubber boot, plain and sensible -Muskogee Correspondence Kansas City Journal.

# Woman Surveyor.

Miss Alice Perry, the first lady in Ireland who has qualified as an engineer, has been appointed county surveyor of Galway in succession to her father, the late Mr. James Perry. The post was formerly worth £1000 a year, but this has now been reduced

If Ireland has the first lady county surveyor, Shepton Mallet, in Dorset may congratulate itself upon having the first urban district council in Eng land which has appointed a lady med ical officer of health. Dr. Annie Wainwright Hyatt, who has been appointed, is the daughter of the present medical officer of health, for whom she is to be deputy.

Miss Hyatt has obtained the Lon don degrees of M.B. and B.Sc. After training at University College, Bris tol, she went to the Royal Free Hos pital, London, and has since qualified as a medical practitioner. She has acted as assistant medical officer to the Bermondsey Medical Mission
The guardians at Shepton Malle have previously sanctioned her acting as assistant medical officer for workhouse.—London Leader.

# How to Be Popular.

Everywhere it is the cheerful woman who is popular. In hospital wards the dignified nurse, no matter how clever she may be, is not nearly so successful as the bright, cheery girl whom patients call a living sunt think it almost worth while to be ill if they are nursed by a girl like this

In a business office the favorite is the girl who does her work cheer-fully. She is always obliging and does not think she is cheapening herself by being agreeable. She is not quick to take offense, and as for putting on a superior air, such a thing never occurs to her; and her pres ence adds agreeableness to the social

Then, how children love a cheerful mother! Their heedlessness and ig norance are bound to get them into scrapes sometimes, and thrice-blessed are the children who can own up to a mother who is "a jolly good sort, as a boy once said. "She never row a fellow when he doesn't deserve it."
Such women bring out the very best in children.—New York Journal.

# Careful Dressers Work Out Plans.

At this time of the year it is a good plan to look over one's clothes and see what can be used for the coming season. Underclothing first; old nightgowns may take on a new lease of life if the bottoms are good. Cut off three inches below arm hole (thus cutting away thin parts), make an empire waist (long yoke extending three inches under arm) and sleeves of new thin cotton cloth. Petticoats year.

whose bottoms are frayed may have two inches cut from their lower edge and be rehemmed. Then put on a yoke at top deep enough to make the petticoat the right length; or, instead of this, a foot ruffle may be added to make the required length. In making these repairs I use thin cotton cloth, as the old muslin in the gar-

nents is not worth better material.

Dimity or muslin dress skirts make pretty dressing sacques and dainty

Linen, duck or pique skirts may be made into serviceable petticoats by adding a deep flounce of long cloth trimmed with lace or edging.

The skirt portion of wrappers makes good work aprons. Two can be made from one wrapper.

Now that the jumper waists are so copular, old shirt waists may be curned into guimpes if worn about the neck. Open shoulder seams and lay on pattern just below worn part. Let them extend only to waist line. If they are not good enough for this purpose, lay on your corset cover pat-tern. These may be finished with narrow lace or beading.—New Haven

### Actress in a Workhouse.

Just as a benefit is being arranged for Emily Soldene another old time burlesque actress and a member of the famous Soldene company of other days has been found in poverty in an English workhouse. These workhouse. These two women are said to be the only survivors of the company which originally sang "Genevieve de Brabant," which was a New York sensation of the central York the early '70s.

Miss Lennox Grey was the stage miss Lennox Grey was tine stage name of the old woman who has been taken out of a London workhouse, an anonymous donor having provided a weekly stipend sufficient to support her for the rest of her days. She did not take part in the original produc-tion of Offenbach's operatta in Lon-don, but succeeded Selina Dolaro, who was compelled to retire from the

Miss Lennox Grey was at that time the wife of an officer in the English She had married him after short stage experience and went to India to live. He deserted her, and she returned to the stage in England.

She was for years one of the most popular burlesque artists of England and came to this country with the Soldene companies, appearing in "Little Faust," "Chilperic" and other works of this company's decollete repertoire. Emily Soldene, who is now a very old woman, came to this country for the last time about twenty years ago and sang in the Bowery

variety theatres.

Miss Lennox Grey married for he second husband a classical scholar of high attainments, which did not, how-ever, avail to prevent him from going to the poorhouse along with her. When the actress began to lose her youth there were no longer engagements for her, and she finally disap-peared so completely that she was commonly supposed to be dead.

Yet less than forty years ago she was the most admired woman on the English stage.—New York Sun.



Black satin or silk trims many light toned gown.

The flowered nets are used for par-sols as well as frocks.

The sleeve cap is an importantem and is seen in many shapes. Black gowns are trimmed with black velvet bands of the same kind.

One of the new chiffons which is very light in texture is called "lin-

A great many cape shapes are in widence and numerous split epaulet

effects. Jumpers are gaining in popularity and are being shown made of ribbo

Even ladies past middle life are earing the new mushroom-shaped hats, and they are becoming.

A period of elaborate trimming is apt to bring with it border materials and this season is not an exception.

There is a positive craze for the oose square kimono sleeves, and the drooping shoulders cut in one with the waist.

The three-piece linen suit generally onsists of a guimpe of lawn, a jump er or pinafore waist of embroidered linen and a sl- to match.

You will be quite up to date if you have a parasol to match each gown even though the latter may be o French hand embroidered handker chief linen.

A lovely gray marquisette gow has bands of this kind composed of pale blue velvet ribbon and outlined horizontally with blue and gold soutache.

There is quite a vogue for the soft vague pastel tints and those materials whose foundation have a glimmer of full gold or silver, the latter being especially good.

In Russia there are no fewer that eighty-six general holidays in the



Subject: Murder.

Brooklyn, N. Y.—Preaching at the rving Square Presbyterian Church in the above theme, the pastor, Rev. ra Wemmell Henderson, took as his ext: Exodus 20:13, "Thou shalt not

II." He said: The extent and force of the admon kill." He said:

The extent and force of the admonition to recognize the inalienable right of all men to life is not widely recognized in our day, in view of the professed love of our forefathers and us for God and the Christ. With no circumlocution and no wavering of the voice, Moses speaks out for God a principle that the modern world; as the nations of all ages have done, disregards. To be sure the civilization of to-day is better in general than the manner of life thousands of years ago. We do not kill our neighbors out in the open to gain our, food. The settlements of private wrongs by "wild justice" is, in this country at least, limited the great the mountain whites. No man of ruler anywhere to stamp out a human life aphitrarily as of old. Phys. enlightenment grants the right of a ruler anywhere to stamp out a human life arbitrarily as of old. Physical disability in a babe to-day merits more our sympathy than slaughter. Gradually we are coming to recognize the rights and privileges of the children who are yet unborn. Vendettas are unpopular, and the mere threat to kill is, very properly, sufficient to put a man under bonds to keep the peace. Nowhere is the murderer safe from the clutches of outraged law. Does he slay his victim here, then whither shall he flee? The minions who unholds the law in Mohammedan Turkey will hound him to the earth to return him to the scene of his fortal sin in the borders him to the earth to return him to the scene of his fortal sin in the borders of Christian America. Here and there a few far-seeing souls declare that even the State has no business to exact an eye for an eye, a life for a life, and they say that society has no more right to cut short a human career than has that unit of society the individual. Yes, the recognition by the world of the wisdom of this commandment is greater to-day than ever before, but it is not yet what it should be.

To kill a man is to deprive him of life. But the process may be varied and the length of time consumed in stifling the light of life may be greater or less, according to the

and the length of time consumed in stifling the light of life may be greater or less, according to the means employed. "Thou shalt not kill," says the commandment, and instinctively we picture the quarrel, the hot fight, the hand quick to slay. "Thou shalt not kill," and we see the gun, the axe, the poison, the bludgeon. "Thou shalt not kill," and the vision of a sharp, keen conflict, man to man, or of the silent, sudden blow flashes into the mind's view. Yes, each photograph is true to some scene in life. To these the law refers! But is this all? Is it always the axe or the poison or the gun that fells a soul into eternity? Must the murderer be the man with the instrument of immediate death? Are the murders which are the rethe instrument of immediate death? Are the murders which are the result of overt crime the only killings that take place? I think not. Slow work is not so fast, but it is just as sure. The breaking of a human heart by ill-treatment, either in word or act, is murder, though the papers never hear of it. Constant abuse may end a life, though the body show never a sear.

never a scar.

The man who hounds his famil: The man who hounds his family to an early grave with physical abuse is a murderer. The smooth and careless youth who breaks his mother's heart is no less guilty than the man who brains me with a man! The scurrilous and unscrupulous writers who hold honest men up to obliquy and shatter sensitive souls till the hand of death draws them out into the other life, are guilty of a mortal crime. The man who grinds the men who labor till they welcome death with joy is soiled with blood. The company of respectable and moneyed men who use their reputable names to float financial schemes and then ruin those who; trusting them, then ruin those who, trusting them have put their all into their keeping have put their all into their keeping, are guilty of robbery least of all. The record of the starved, the broken-hearted, the insane, the suicides, is but the corollary of their greed. The man who sells his neighbor poison, be that poison arsenic or whisky, is accessory before the fact to a suicide. The employment of children in factory and mining work before their time is almost murder in the first degree.

in the first degree.

My friends, anything that tends to destroy or prematurely to curtail human life is a means to murder, human life is a means to murder, and the men who set into motion the forces of unrighteousness that deal and hasten death are criminals in the sight of God, though the law may never touch them. Far be it from me to say that many of the men who commit these indirect murders have any real intention to cause misery or to commit crime. But the truth is that they are none the less culpable. The one thing that is needed is a clear-cut vision of the meaning pable. The one thing that is needed is a clear-cut vision of the meaning of the commandment which frames our text. The need is for sharp and unmistakeable definition of what it is to kill. The eyes of men must be opened to their personal responsibility for the outcome of their acts. A new realization of the full pass of the ity for the outcome of their acts. A new realization of the fullness of the command of Christ must infill every human heart. Moral laziness must give the way to moral clarity of vision. Spiritual indifference must yield the road to spiritual insight. The Christ must come into all men's hearts, not in small measure, but with a fullness that shall leave no room for unrighteousness. We must train our minds to thoughtfulless for others, and not to satisfaction of self. The money in our purses ought to burn our very souls if we see upon it any tinge of blood. The health and happiness of the man who toils, and bends a weary back that we may live in luxury, must be our care. The amelioration and betterment of the life of all the world should be our constant aim. As Christian individuals we should guard the life of every human soul.

As the right of the individual to realization of the fullness of the

slay his brother is denied by the commandment, so also implicitly the right of society to take human life is questioned. The murderer is an enemy to society, and for the best welfare of the many it is wisest to keep him under guard. But the principle of the lex talionis, the life exacted for the life destroyed, is un-Christian, and in the light of the teachings of Jesus is unwarranted. The State lowers itself and commits real sin when it wreaks the penalty of death upon the modern Cain. Vengeance is the business of the Lord, if indeed there be any such thing. The State has nothing to gain by the sending of any soul to his last rest. The criminal has the right to a death net of the State's making. The principle of capital punishment is as victous at bottom as is private murder by the individual, and is unwholesome in that it disregards the very law of inalienable right to life that it essays to protect. "Thou shalt not kill," says the State, "for if you do, and we can prove the case against you, we will slay you." The inconsistency of the situation should appeal to everyone, but queerly enough the very disciples of that Christ who peal to everyone, but queerly enough the very disciples of that Christ who said, "Father, forgive," are among the loudest clamorers for the life of the murderer.

the murderer.

But the greatest example of the violation of this commandment is to be found in the actions of the Christian nations of to-day. Theoretically Christian, we are, as segregated peoples largely pagan. Praising God as individuals-and despising, most of us, in our private lives un-Christian conduct and un-Christilike acts, we stand ready as members of a great social body to sustain and to serve measures that are wholly corrupt and corrupting. Professing a love for corrupting. Professing a love for peacefulness and for the Prince of Peace, we pay without a grumble our military tithes. Indeed, we may often

Peace, we pay without a grumble our military tithes. Indeed, we may often see the spectacle of two mighty peoples, each paying homage to the same God, clutching each at the other's throat, the meanwhile each is asking God to give the enemy defeat. All too often we may see the armies and the navies of a wealthy Christian nation full of power, menacing a weaker sister to collect a money debt. The nations of this day descend to the decision by fisticuffs which all worthy men deny to be manly, or to be of value to decide an issue. The situation would be ludicrous were it not so lamentable.

Christian men and Christian nations have no communion with disloyalty to the Father. The individual, the church, the peoples have no call to kill. God gave us brains with which to settle our difficulties in sober thoughtfulness. He gave us our hands to help ourselves, not to harm each other. The more money you may possess, the more must you care for the men below and about you. Financiering that makes its chief profits through the exploitation of the man with small means, or through the financial wrecking of the moneyed man, has no place in a Christian economy, for its fruit is all through the financial wrecking of the moneyed man, has no place in a Christian economy, for its fruit is all too often death. Many are the victims of unscrupulous Napoleons of finance. The easier you make the task of the toiler in your shop, or mine, or mill, or field, the more do you serve your God. The oftener we settle disputes between individuals or among nations, by the courts of arbitration, the more do we glorify our Lord and manifest our manhood. Immense armaments merely prove

arbitration, the more do we glorify our Lord and manifest our manhood. Immense armaments merely prove national weakness of will and lack of mental poise. Wars often bring victory to those who are in the right, and they should. But no war has ever proven the validity of the case of any victor no matter how well founded the argument of that winning party may have been.

The crushing of little children at men's tasks is a short-sighted policy to score it very little. The system which wrecks and destroys the youth of a land, prepares a heritage of wrecked humanity for the worriment of future generations. Gain at any price is a poor business proposition, and is morally unjustifiable.

My friends, the need of the hour in this matter is for an honest recognition, by individuals and nations, of the force which the words of Jesus Christ add to the command "thou shalt not kill." We need a quickened conscience that shall always counsel for the right. We need a holy manhood that shall insist that no form of murder, be it brutal or refined, shall soil the private or the public record. The call is for Christ men who dare to do good and to be upright, no matter how much the dividends may suffer, no matter how much humanity may remain unappreciative of kindness, charity and dividends may suffer, no matter how much humanity may remain unappreciative of kindness, charity and love. The call is for men of high and men of low estate who shall ever recognize that war is hell, and that God is honored, not by the smoke and din of battle, but by the exercise of human self-control.

Let us, then, be men, and be sure to keep our hands from blood-gulftiness. Let not the death of our brothers be upon us. Let us live and let live. Let us serve and save. Let us not destroy.

not destroy.

# The Gates of Pearl.

The Gates of Pearl.

In his sermon, "On the Twelve Gates," Rev. J. Wilbur Chapman says, "I am sure that there is some meaning in the fact that the gates are of pearl. Do you know the history of pearls? Humanly speaking, it is the history of suffering. When discovered it is at the risk of the pearl fisher's life. It is said that pearls are formed by the intrusion of some foreign substance between the ome foreign substance between mantle of the mollusk and its mante of the montas and ris salem.
This is a source of irritation, suffering and pain, and a substance is thrown around about that which is intruded to prevent suffering, and thus pearls are formed."

# Household Matters.

How to Test Milk.

To test milk dip a well polished knitting needle into a jug of milk and quickly withdraw it in an upright po-

If the milk has only a small proportion of water this will prevent even a drop of milk adhering to the

### Cleaning Glass.

A small paint brush with long, strong, supple bristles is the best thing with which to keep cut glass free of dust. It is the only means of reaching the dust which only lodges in the small carvings. wash cut glass use borax in the water, and the result will be a spark ling, shining receptacle that will glisten as brilliantly as it did when new If a cruet bottle has become stained with vinegar sediment, or a vase with sediment from flowers, or any other piece of glass which it is hard to reach into to wash, chop up a raw potato (peeled) and put it into the bottle with sufficient water or suds to just cover the potato; leave it for several hours, giving an occasional shaking; empty and rinse well; if necessary, repeat. Results will be pleasing.-Florida Agriculturist.

## To Clean the Chimney.

Much of the trouble with chimneys filling up with soot may be avoided by burning the potato parings. chemical action is such that the soot is entirely cleaned out, so there is no danger of its becoming filled up, even when soft coal is used in the stove Zinc cut in small pieces and thrown into the stove or furnace when the fire is burning brightly also will have the same effect, and a handful used once in three or four weeks will keep the chimney clear and the draft good no matter what fuel is used.

Recently my kitchen range did not draw well, and the oven would not heat properly; so I placed a large handful of zinc scraps in the fire, and went outside to watch results. The smoke came out in clouds, and was very black, and in a short time the draft of the stove was perfect, and the oven soon become hot.

## The Meat-Chopper.

The grater has a black eye in house-wifely favor. In its place the meat-chopper has sprung into popularity. Many of the things for which the former was exclusively used are now done more quickly and with greater ease by the latter.

The meat-shopper is a godsend to one woman, who makes chow-chow so appetizing that she is forced to do it by the job lot. Formerly she cu the different ingredients separately until one day the brilliant idea struck her—why not put everything through the chopper? In went tomatoes, pep-pers, cucumbers and pickles, one at a time, and all the former work of two days was done in a morning. Apples, pears and quinces for but-

ters, are also put through the meat-chopper, with great saving of time and temper. Being cut much smaller, moreover, than they would otherwis be, they boil down more easily.

All the juice from fruits prepare in this way must be carefully caught The chopper itself should be scrupul ously clean to remove all taste of meat. Boiling the parts in soda water insures perfect cleanliness.



Potato Griddle Cakes-Take on cup of flour, add one teaspoonful of baking powder and half a teaspoonful of salt and two large potatoes grated. Make into batter with half a milk and fry on a hot, well greased griddle.

Honey Sandwiches-Chop together English walnuts and raisins in equal proportions. To each cup of this proportions. To each cup of this mixture add two tablespoons of honey and one of orange juice Spread between lightly buttered slice of cream bread and cut into dainty

To Cook Beets-Beets of late have been attacked by insects; therefore they must be examined leaf by leaf and all which are infested rejected Do not separate the roots from the leaves. Wash thoroughly in many waters. Put into a stewpan and cov er generously with boiling water Add a teaspoonful of salt for ever two quarts of greens. Boil rapidly until tender. This will be about thir-ty minutes. Drain off the water, chop rather coarse, season with but ter and salt.

Caramel Custard - Four scalded milk, five eggs, one-half tea spoonful salt, one tablespoonful o vanilla, one-half cup sugar. sugar in omelet pan. Stir constant over hot part of range until melt Stir constantly to a syrup of light brown color. gradually to milk, being careful that milk does not bubble up and go over, as is liable on account of high tem perature of sugar. As soon as sugar is melted in milk, add mixture gradually to eggs slightly beaten; add sal and flavoring, then strain in buttered mould. Bake as custard. Chill, and serve with caramel sauce.-Boston Cultivator.



Ordering the Seasons

Among the strange duties of the Emperor of China is one that necessitates his ordering the seasons. It is summer in America when the sun warms the earth, and not till then, warms the earth, and not till then, but in China it is summer when the Emperor says it is summer. As soon as the Son of Heaven declares that summer has come, everyone in China puts off winter clothing and arrays himself in summer garb, no matter what his feelings may say on the subject. All domestic arrangements are made to suit the season, as proclaimed by His Imperial Majesty, although they may not suit the individual at all.

The nearest approach to the Chinese custom of ordering the seasons is the practice observed in France in all public buildings. There it is winter on and after October 1. Fires are then lighted in all government offices then lighted in all government offices and the servants exchange their white summer waistcoats for the thicker and darker ones of winter. At that date the public libraries are closed at 4, and in the streets the sellers of roasted chestnuts make their appearance. In official France it is winter, no matter what the weather may say and no mater what unofficial France may think.—Philadelphia Record.

## "Big Four" Among Gems.

"Big Four" Among Gems.

In the gem kingdom the ruby, the dlamond, the emerald and the sapphire constitute "the big four" and take precedence—and in the order named—of all other precious stones. The pearl is, of course, not a stone: it has a standard of its own. The expert test of the gem is its color, its degree of clearness and its perfection of cutting; upon the last depends its brilliancy. In the diamond the "brilliant" cutting holds first place. The other stones are cut altogether differently—they are crystalized in different systems; in fact, they differ in another respect, the diamond being a mineral carbon, the finer ruby (the Oriental) a variety of corundum, the emerald a variety of beryl, and the sapphire a colored variety of corundum. What is technically known as the 'step cut' is an essential to bring out the fire of the last three.—Chicago Joural.

## MORE BOXES OF GOLD And Many Greenbacks

325 boxes of Gold and Greenbacks will be sent to persons who write the most interesting and truthful letters

of experience on the following topics:

1. How have you been affected by coffee drinking and by changing from coffee to Postum?

coffee to Postum?

2. Give name and account of one or more coffee drinkers who have been hurt by it and have been induced to quit and use Postum.

3. Do you know any one who has been driven away from Postum because it came to the table weak and characterless at the first trial?

4. Did you set such a person right regarding the easy way to make it clear, black and with a snappy, rich taste?

taste? Have you ever found a better

way to make it than to use four heap-ing teaspoonfuls to the pint of water, let stand on stove until real boiling begins, and beginning at that time when actual boiling starts, boil full 15 minutes more to extract the flavor and food value. (A piece of butter the size of a pea will prevent boiling over). This contest is confined to to the date of this advertisement

Be honest and truthful, don't write poetry or fanciful letters, just plain, truthful statements.
Contest will close June 1st, 1907,

and no letters received after that date will be admitted. Examinations of letters will be made by three judges, not members of the Postum Cereal Co., Ltd. Their decisions will be fair and final, and a neat little box containing a \$10 gold piece sent to each of the five writers of the most interesting letters, a box containing a \$5 gold piece to each of the 20 next best, a \$2 greenback to each of the 100 next best, and a \$1 greenback to each of the 200 next best, making cash prizes distributed to 325 per-

Every friend of Postum is urged to write, and each letter will be held in high esteem by the company, as an evidence of such friendship, while the little boxes of gold and envelopes of money will reach many modest writers whose plain and sensible letters contain the facts desired, although the sender may have but small faith in winning at the time of

friends and see how many among you can win prizes. It is a good, honest competition and in the best kind of a cause, and costs the com-

petitors absolutely nothing. Address your letter to the Postum Cereal Co., Ltd., Battle Creek, Mich., writing your own name and address