Expert Beauty Hints.

Some people take regular killing baths, while others use dry flesh brush es, coarse towels and the like, but there is a woman in Mt. Carroll who gets the greatest satisfaction out of a corncob. She rubs herself every morning with fresh corncob, and when she comes to breakfast she looks as fresh and rosy as a 16-year-old girl.-Editor Freezer.

nothing-there's another That's woman in town who massages hersel every day with a Hubbard squash, and then rubs herself cown with whale oil. When she comes to breakfast she looks so beautiful and sweet that the family doesn't have to eat any sorghum on it's griddle cakes .- Editor Hurless.

A pine-apple is good, too, followed by a curry comb dipped in pure dew. know a Chadwick woman who sleeps between sandpaper sheets. Every time she rolls over she gets a massage. The next morning she gets up greatly refreshed, rubs herself down with a nutmeg grater and begins the day as fresh as a mountain daisy.—Editor Strauch.

And all this reminds THE STAR man of a noted female beauty in this town, who is also somewhat of a health crank She crawls into the cold, icy bed spring every morning for a bath, then rubs herself vigorously with a chestnut burr after which she goes to the table and breakfasts on the various brands of sawdust sold as breakfast foods. The treatment agrees with her, and she is getting to be as beautiful and graceful as a woodland gazelle fattened on chestnuts.

HOW TO BEAUTIFY YOUR SKIN The principal ingredients in Laxa-kola tablets are cascarin and dandelion, vegetable laxatives known to have a beneficial action upon the skin and complexion. Mild, safe, sure, 40 choco-late coated tablets, 25 cents. E. H. Miller. 3-1 Miller 3-1

Teachers' Institute

Following is the program for a Teachers' Institute, to be held at the West Salisbury school, in Elk Lick township, February 23, 1907, at 1 p. m.:

Song,"In the cross."

Invocation—W. C. Hershberger. Recitation—Elsie Maust.

Economy of Literature in Our Common Schools-Ralph Moser

Psychology, an auxiliary to the teach--Prof. D. Russel Johnson

Essay-Bess Engle. Topical Talk-School Reminiscences

-C. E. Butler.

Solo-Minnie M. Ridinger.

Incentives-W. C. Hershberger

Recitation-Gertrude Yoder.

Home training a necessary requisite to successful school work-Prof. D. W. Livengood.

Topical Talk-Memory Culture-James L. Poorbaugh. Song—"Red, White and Blue."

All lovers of education are cordially invited to attend. The program will be interspersed with good queries. COMMITTEE.

Nothing will releave Indigestion that is not a thorough digestant. Kodol di-gests what you eat and allows the stomach to rest—recuperate—grow strong again. KODOL is a solution of digestive acids and as nearly as possible approximates the digestive juices that are found in the stomach. KODOI, takes the work of digestion off the di-gestive organs, and while performing this work itself does greatly assist the stomach to a thorough rest. In ad-dition the ingredients of KODOL are such as to make it a corrective of the action the ingredients of KODOL are such as to make it a corrective of the highest efficiency, and by its action the stomach is restored to its normal ac-tivity and power. KODOL is manu-factured in strict conformity with the National Pure Food and Drug Law. Sold by E. H. Miller. 3-1

OFFICIAL DIRECTORY.

Below will be found the names of the various county and district officials. Unless otherwise indicated, their ad-dresses are, Somerset, Pa.

President Judge-Francis J. Kooser, Member of Congress—A. F. Cooper, Uniontown, Pa.

AN IMPORTED CHASER

Was Designed to Send the Young Man On His Way.

In South Africa candles are used for lighting purposes in the homes, and when a young Boer maiden has gentlemen visitors the mother sticks pin in the candle, and when it has burned to the pin the callers under-stand that it is time for their departure

Mrs. Early, a society matron of Washington, recently made a visit to the Transvaal, and was so impressed with the custom of the Boers that she determined to introduce it into her own home. Consequently the electric lights were removed and candles substitued in the drawing room

Mr. Staylate, a frequent though not always welcome caller, was one of the first visitors to call after the or the first visitors to can be the the inauguration of the new custom. He witnessed the placing of the pin in the candle by Mrs. Early, and after she had gone ventured to inquire: "Why, Miss Early, does your mother stick a pin in the candle?"

"Oh," responded the young wom-an with an air of apparent inno-cence, "mother learned that in South Africa as a way of sending home the Boers."—Harper's Weekly.

Don'ts For Babies.

Never hold a baby by the foot, al lowing its head to hang down, while dressing it.

the baby plenty of good Give healthful exercise. Mowing the lawn or sawing wood is considered good. Strong drink for babies should be

avoided Spanking is not now in vogue

The baby should be severely cen-sured, but not spanked. Never leave a baby alone in the bathtub full of water. It's a bad

sign. Bables should not be allowed on the streets alone after 12 o'clock at night. The police are not respecters of persons after that hour.—Milwaukee Sentinel.

Provoking.



Daughter-My husband is so pro voking. Mother-Indeed?

Daughter-Yes; he never loses his temper.--Illustrated Bits.

II. If every heart were quickened To feel another's wrong, Then living would be loving And life would be a song. -Baltimore American

Overheard in Dublin.

Pat-These are terrible times Mike. Mike-Bedad, they are, Pat; it's

a wonder if we'll get out of the world alive, what with czars and Poles and bombs and tinned mates,

and one thing and another. Pat (despondently)—I'm afeared we won't even if we had as many lives as Plutarch.—London Tribune.

Coached by Mamma. "What's the matter, darling?" asked her anxious mother. "George went away this morning and forgot to kiss me," sobbed Mrs. Newly-wed.

WHEN JOHNNY'S TURN CAME. Mrs. F. Saw the Mistake of Demand-

ing Strict Obedience.

F----- was a very stern who demanded instant and Mrs. Foman, unquestioning obedience from he children, says Chums. One after noon as she was working in her sew ing room a storm came up and she sent her son John to close the trap leading to the flat roof of the house "But, mother-" said John.

"John, I told you to shut the

trap." "Yes, but mother-"

"John, shut that trap!" "All right, mother, if you sam so,

'John!"

John slowly climbed the stair and shut the trap. The afternoe went by, and the storm bowled an raged. Two hours later the family gathered for tea, and when the me-was half over Aunt Mary, who we change with Mary E staying with Mrs. F—, had not appeared. Mrs. F— started an in-vestigation. She did not have to as many questions; John answered the

'Please, mother, she is up on the roof.'

Advice From Solomon. Don't crawl! Worms get stepped

Don't lie! One lie in which you tre caught will make others think

u always lie. The meek shall inherit the earth

---but not this earth! Never count the cost of your pic-nic until you get back home.

When a man asks you for a thou-sand dollars security on a ten dollar a week job, call in the police.

Be sure you're right before you ask a New York policeman. They

are great on sending you wrong. When a person takes you for a fool do not argue with him. Just show him that you are not!

Fine feathers may make fine birds, but they do not make fine gen-tlewomen. Tell this to your wives, sisters and sweethearts. (Married men need only tell it to their wives!)—American Magazine.

The Grand Manner. Joseph H. Choate, during his term as Ambassador at London, chanced to spend a few days one summer at a very small English town. Having noticed a pleasant river that seemed to promise excellent fishing, he spoke of it to his inn keeper. "Yes, sir," said the latter, "there 's very good fishing here—many per-sons come here for fishing. A num-

ber of literary gentlemen, too, sir.' "Indeed," remarked the Ambas ador, "would you mind telling me

"And is Mr. Lang a good fisher-

"Oh, yes, indeed, sir! He fishes

beautifully!" "Really! Does he catch much?" "Oh, no, sir! He never catches anything; but, sir, he fishes beauti-fully!"—Harper's Weekly. fully!"

He Dodged. It is said of a noted Virginia judge that in a pinch he always came out ahead. An incident of his childhood might prove this. "Well, Benny," said his father

when the lad had been going to school about a month, "what did you learn to-day?"

"About a mouse, father." "Spell mouse," his father asked. After a little pause Benny an-swered: "Father, I don't believe it was a mouse after all, it was a rat." -Lippincott's.

To a Woman Querist.

The way to manage a husband, you ask?

The job is a cinch you will own, For all in the world that you have to

Is simply to let him alone -Birmingham Age-Herald.

No Time to Wander.

Miss Sentimental—Charles, did you ever allow your mind to pierce the secrets of the universe, to reason

Him for Another Chance. He fairly tottered into the room like a man reeling under the effect of some terrible mental blow. His wife looked on aghast. "What is it?" she asked in trembling accents. "It was not my fault," he mur-mured incoherently. "How can I tell

One of Them

Bessie-Some things are better

left unsaid. Ned—I know it; I have just been sued for breach of promise.—Illus-

He Moved Lively.

"Say, Jimmie, jest listen ter wot

dat feller's callin' yer!" "Gwan! Iain't no eavesdropper."

For Goodness Sake

Charles-I had a fall last night

Alice--Really! Where did you

Charles-I fell asleep.-London

What He Has.

which rendered me unconscious for

several hours

falls

day

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CH.COPEE FALLS, MASS., U. S. A.

Weak Women

To weak and ailing women, there is at least one

way to help. But with that way, two treatments, must be combined. One is local, one is constitu-tional, but both are important, both essential.

tional, but both are important, both essential. Dr. Shoop's Night Cure is the Local. Dr. Shoop's Restorative, the Constitutional. The former-Dr. Shoop's Night Cure—is a topical mucous membrane suppository remedy, while Dr. Shoop's Restorative is wholly an internal treat-ment. The Restorative reaches throughout the entire system, seeking the repair of all nerve, all tissue, and all blood ailments. The 'Night Cure', as its name implies, does its work while you sleep. It's soothes sore and infiam-ed mucous surfaces, heals local weaknesses and discharges, while the Restorative, eases nervous exclument, gives renewed vigor and ambition.

excitement, gives renewed vigor and ambition

builds up wasted tissues, bringing about renewed

strength, vigor, and energy. Take Dr. Shoop's Restorative—Tablets or Liquid—as a general tonic

to the system. For positive local help, use as well

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Night Cure

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gently moving

you? We are penniless!" "Penniless!" she repeated, in a half-dazed way. "Oh, but my dear, brave boy, I can still be your own true wife. I can work; I can keep the wolf from the door. But, tell me have you been gambling or speculating on that dreadful Stock Exchange? Tell me you have done nothing to tarnish your honor."

CAUSE OF DOMESTIC TRAGEDY

His Brave Wife Tried to Sustain

"Nothing-nothing," he replied. "My honor is unspotted." "Oh, thank goodness for that!" she cried. "Now I can brave any thing. Where has your money gone?"

The wretched, grief-stricken man

placed his arm around her, and, drawing her close to him, gasped drawing her close to him, ga out: "I have paid the gas bill."

Cause for Rivalry.



Beggar (to lady)-Ah, but your He husband is a kind gentleman. has promised me his old overcoat, as is going to buy a new one. Lady—So—Then send your wife Ladyto me and I will give her my autumn Jacket.

He Couldn't Wait.

When All Mudville played Little Slopton, both elevens were doing their level best for their respective villages. Mudville surpassed all prvious records. Nine men had been sent from the wicket, but they were still hopeful, for they only needed 321 runs to win the match whe: Podgers went in. Only umpin looked uneasy. A swift ball from the bowler flew past Podgers, struck the ground, and was caught by the wick et-keeper.

'How's that?" yelled the opposi tion team. "Out!" said the umpire.

"Out-how out?" protested Podgers. "I don't know 'ow; but it's out,"

shouted the umpire, with a glowing face. "All I know is that my house has been on fire for the last 'alf hour, and I'm going to see if that' out. Good-day, gentlemen!''

The Irishman and the Mule General Phil Sheridan was at on. did he laugh the most. "Well," he said, "I do not know

but I always laugh when I think of

when I saw an Irishman mounted ou

a mule which was kicking its legs rather freely. The mule finally got its hoof caught in the stirrup, when

in the excitement, the Irishman re-marked, "Well, begorra, if you're goin' to git on I'll git off.' "---Home

Shocking.

"She suffers a mysterious pair and the doctors are going to oper

"What do you suspect?"

Chat.

ate.

the Irishman and the army mule. was riding down the line one d

