

HAY FEVER

"Having used Peruna for catarrh and hay fever, I can recommend it to all who are suffering with the above diseases. I am happy to be able to say it has helped me wonderfully."
—Mayme E. Smith.



MISS MAYME SMITH

444 E. Mount Street, Columbus, Ohio.

HAY FEVER is endemic catarrh. It is caused by some irritating substance in the atmosphere during the late summer months. It is generally thought that the pollen of certain weeds and flowers is the cause of it.

Change of locality seems to be the only rational cure. The use of Peruna, however, stimulates the nervous system to resist the effect of the poisonous emanations and sometimes carries the victim through the hay fever season without an attack of the disease.

A large number of people rely upon Peruna for this purpose. Those who do not find it convenient to change their location to avoid hay fever would do well to give Peruna a trial. It has proven of priceless value to many people.

A sixpence of the reign of Charles I was found in the stomach of a bullock killed recently by a Yarmouth (England) butcher.

FITS, St. Vitus Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. R. Kline, Ltd., 361 Arch St., Phila., Pa.

Potatoes Without Plant.

An agricultural experimenter at Great Falls, Mont., claims to have produced potatoes without plants and asserts that he is able to supply the market with new potatoes at any season of the year. His experimenting apparatus consists of a box four by eight feet in which is a steam coil for heating. He says that he has discovered a compound which brings the tuber to maturity without putting forth roots or stems and without either light or air reaching them. At first they rotted when exposed to the air, but that tendency has now been corrected and the business goes swimmingly on, if one may take the inventor's word for it.—Brooklyn Citizen.

Leopold's Mania for Building.

One of the manias of the King of the Belgians is building. King Leopold, who spends almost as much time out of his country as he does in it, has several residences which he seldom or never visits, yet he is constantly adding to them. He has a fine palace in Brussels, but when within his own domain he prefers to spend his time in the country. He is also the richest monarch in Europe, so far as real estate is concerned.

First Bell Telephone.

June 25, 1876, at the Centennial exhibition in Philadelphia, the telephone was for the first time exhibited to the public. A few months before Alexander Graham Bell had perfected his invention, but it was not until a month after the opening of the centennial that it occurred to him to exhibit the wonder-working device at the great fair.

HOW MANY OF US?

Fall to Select Food Nature Demands to Ward Off Ailments.

A Ky. lady, speaking about food, says: "I was accustomed to eating all kinds of ordinary food until, for some reason, indigestion and nervous prostration set in."

"After I had run down seriously my attention was called to the necessity of some change in my diet, and I discontinued my ordinary breakfast and began using Grape-Nuts with a good quantity of rich cream."

"In a few days my condition changed in a remarkable way, and I began to have a strength that I had never possessed of before, a vigor of body and a poise of mind that amazed me. It was entirely new in my experience."

"My former attacks of indigestion had been accompanied by heat flashes, and many times my condition was distressing with blind spells of dizziness, rush of blood to the head and neuralgic pains in the chest."

"Since using Grape-Nuts alone for breakfast I have been free from these troubles, except at times when I have indulged in rich, greasy foods in quantity, then I would be warned by a pain under the left shoulder blade, and unless I heeded the warning the old trouble would come back, but when I finally got to know where these troubles originated I returned to my Grape-Nuts and cream and the pain and disturbance left very quickly."

"I am now in prime health as a result of my use of Grape-Nuts." Name given by Postum Co., Battle Creek, Mich.

FOR THE HOUSEWIFE

Cure For Soggy Vegetables.

Always put your vegetables on in hot water—not boiling. If put to cook in cold water, the flavor will be lost, and in most cases, the vegetables will be "soggy." Too rapid boiling toughens vegetables, while too little heat renders them "flat" and insipid. Get your vegetables as early in the morning as possible, and let them be of the freshest obtainable.—The Commoner.

Dishwashing Problem Solved.

"I've almost solved the dishwashing problem," said the little West Side housewife. "I use those lovely carved wooden trays for bread and cake and all kinds of dry fruit, and they never have to be washed. I slip a paper napkin or dolly under the bread and throw it away when I am through with it."

"My salads I serve in the shell of a grape fruit or an orange, and I cook all my meats on a plank, including fish and fowl. I bake French pancakes on a soapstone griddle, and in all these ways I lighten the burden of summer housework."—New York Sun.

Baby's Bed.

One of the sweetest little baby beds imaginable was made entirely by the new-comer's grandmother. First, she took a good-sized clothesbasket made of the soft wide splints, but with firm edges. This was covered entirely with light blue paper cambric; over this she put white dotted muslin, with a frill hanging over the outside and held close by a blue satin ribbon going all around the basket and tying in a bow at the side.

A large sofa pillow of fine curled hair was sacrificed for the mattress. This she picked over with great care, made a pretty little tick of blue and white striped wash goods and fitted the mattress into the basket. The tiny sheets were hemmed by hand and the soft little white blankets bound with blue satin ribbon. There was also a blue and white knitted spread and a soft, silk-covered elderdown comforter.

The handles of the basket were left free and bound closely with blue satin ribbon. Thus the little bed can be picked up and carried anywhere without a bit of trouble. In an apartment of moderate size such a scheme is well worth while, and it is a great convenience to be able to carry baby from room to room in his little bed so easily.

When he gets big enough he will have a really, truly bed in a larger house; but for a tiny baby in a tiny flat, the home-made basket bed is a saver of both room and trouble.—New York Globe.

Recipes.

Peach Meringue Pudding.—Stew the peaches in a syrup of sugar and water until tender; remove and boil the syrup until thick, then pour over the peaches. Make a cornstarch custard of the yolks of two or three eggs, about a pint of milk, two teaspoons of cornstarch (wet in cold milk), sugar and vanilla. Make a meringue of the whites of the eggs and sugar, and spread over the peaches. Use the custard as sauce.

Marbled Veal.—Take some cold roasted fillet of veal, season with spices and beat into a mortar. Skin a cold dried tongue, cut it up and pound it to a paste, adding to it nearly its weight in fresh butter; put some of the veal into a pot, then strew in lumps of the pounded tongue; put in another layer of veal, and again more tongue; press it down and pour clarified butter on the top. This cuts very prettily, like veined marble. The dressed white meat of a fowl, rabbit or turkey will answer as well as veal.

Devised Macaroni.—Cook enough macaroni to make two cupsful after it is cooked, blanched and chopped. Make a good cream sauce, using two table-spoonfuls each butter and flour, one cupful warm milk, and salt and pepper to season. Add to the sauce three hard-boiled eggs, minced, a table-spoonful chopped parsley, two table-spoonfuls onion juice, nutmeg, salt and paprika to season. Mix the sauce with the macaroni and turn into a good-sized ramekin or individual oven, sprinkle the tops with buttered crumbs and brown. Just before sending to the table make a little depression in the top of each and pour in a teaspoonful of chili sauce.

Boston Toast.—Slices of hot buttered toast, the raw yolks of three eggs, one and a half ounces of butter, two table-spoonfuls of grated cheese, two chilies, salt and pepper. Melt the butter in a small saucepan; put in the yolks of eggs, and stir the mixture over a gentle heat until it thickens and becomes creamy; then add the cheese, mix it thoroughly and season the mixture highly with salt and pepper. Make it thoroughly hot, but it must not boil. Cut the toast into neat squares, and put a thick layer of the mixture on each. Put them on a tin in the oven for a few minutes to assure them being hot through, garnish with long strips of the chilies, and serve at once.

German Women collect what are supposed to be the smallest potted plants in the world. They are cacti growing in pots about the size of a thimble.

KEYSTONE STATE CULLINGS

"ROUNDHEAD" REUNION

Famous Civil War Command Assemblies at West Middletown.

The annual reunion of the famous One Hundred or "Roundhead" Regiment of Civil War veterans was held September 6 at West Middletown, Washington county. Addresses were made by officers and other members of the command and a big dinner was served by women of West Middletown. A business session was held and the following officers were elected: President, West Middletown; vice president, Julius P. Miller, Washington; secretary, James C. Stevenson, New Castle; treasurer, George O. Jones, Washington; chaplain, Alvin M. Reed Vienna, O. Eight deaths occurred in the regiment since the last reunion.

Elmer Dempster, the negro charged with murdering Mrs. Samuel Pearce and her three children in Cecil township, Washington county, on July 29, was convicted of murder in the first degree and sentenced to be hanged. The trial was one of the shortest homicide cases ever tried in Washington county. Dempster offered no defense. The case was given to the jury and after deliberation of 15 minutes a verdict was returned. It was just five weeks and two days from the time of the murder until Dempster was convicted.

Hon. Alexander H. Coffroth, a leader in the Democratic party in Somerset county, died at the Marketon sanitarium. Mr. Coffroth was born in Somerset in 1828. At the age of 18 he became editor of the Somerset Visitor, the Democratic organ in Somerset county. He continued in this capacity for five years, when he engaged in the practice of law. He became a noted criminal lawyer and was elected to Congress in 1862 and re-elected in 1864. He insisted in Congress that all soldiers should have the right to vote on the battlefield.

State Dairy and Food Commissioner Warren's agents visited Steelton and collected samples of milk from all the local dealers, and six of the thirty-eight samples were found to contain formaldehyde, the chief constituent of the embalming fluid used by undertakers. The remaining thirty-two samples contained no preservatives, and suits will be brought against the dealers whose milk was found to be "doctored."

It is reported that the United States Steel corporation has decided to spend an additional \$3,000,000 in enlarging and completing the new tube plant in McKeesport. This, if done will make the total appropriation for that plant reach \$15,000,000. Originally \$10,000,000 was appropriated for the erection of the plant and subsequently it was found necessary to increase this by \$2,000,000.

At a meeting of the directors of the Farmers & Drivers National bank of Waynesburg, Senator D. S. Walton, of Waynesburg was elected president; William Bailey of Waynesburg, an additional director, and Henry L. George of Pittsburg assistant cashier.

The jury empaneled by Coroner Brothers of Johnstown to inquire into the death of the seven men who were killed in a freight wreck at Sang Hollow on August 19 returned a verdict sharply censuring the Pennsylvania railroad for its "lax methods of operating trains."

Gov. Pennypacker appointed Joseph F. Lamorella of Philadelphia judge of the orphans' court of the First Pennsylvania judicial district, composed of Philadelphia, until the first Monday of January, 1907. Mr. Lamorella succeeds the late Judge William B. Hanna.

The Cumberland County Republicans named the following ticket: Legislature, the Rev. T. J. Ferguson and J. T. Mackey; sheriff, Joseph E. Einstein; director of the poor, John I. Reed; jury commissioner, Thomas S. Asher; coroner, Dr. S. E. Smith.

State Banking Commissioner Berkeley sent to Philadelphia the papers in connection with the wrecked Real Estate Trust Company of Philadelphia, which the commissioner was directed by Attorney General Carson to furnish to District Attorney Bell.

Traction cars will be in operation between Pittsburg and Butler and New Castle before July 1, 1907, according to the present plans of the Pittsburg Harmony, Butler & New Castle Railway Company. Contracts have been let.

J. V. Thompson of Uniontown has closed option contracts on 1,200 acres of coal in three townships of Greene county at \$500 an acre with an additional option of \$100 on the surface. The options are of short duration.

Judge Francis J. Kooser of the Somerset county court refused a new trial to Samuel Shamberger. Shamberger was convicted at the June term of court of burning his jewelry store in Butler.

A belt line trolley railroad, which will encircle New Castle, is to be built by the Peoples Street Railway Company, which has just been formed. Branches will extend through the city.

H. G. Murray, receiver for the defunct Delmont National bank, declared a first dividend of 35 per cent. As soon as additional money is available other dividends will be declared.

District Attorney Leech and County Detective Kneeb of Cambria county, were informed of a supposed double murder, which occurred on a lonely trail between Garmantown and Greenwich Mills. The body of a foreigner was found literally slashed to pieces. A trail of blood led off into the brush, and another Black Hand mystery is looked for.

The fourth annual reunion of the Paul family was held on the C. W. Shippe farm in South Strabane township, Washington county. Over 100 descendants of James Paul, who came over from Ireland in 1770, were present.

The Age of Lead.

We are wont to speak of this as the "age of iron," and there is no gainsaying that, industrially speaking, iron is a "precious metal."

Nevertheless, few people realize how useful, if not absolutely necessary, to modern civilization, is that other metal, lead. Soft, yielding, pliable, it is not much like its sister metal, but those distinguishing qualities are what give it such a prominent place in the arts and industries.

Modern plumbing, requiring many turnings and twistings, but withal tight joints, would be almost impossible without lead pipe. The greatest civilizing agent in the world—the printing art—is absolutely dependent on lead. Hand-set type, linotype "slugs," monotype type—all are made of compositions of which lead is the chief component—to say nothing of the bearings in the presses as well as all other kinds of machinery in which "habbit" metal is used.

Solder is another lead product—what a field of usefulness that one form opens up.

Then there is the most important use of all to which lead is put—paint, that necessary material which keeps our houses looking pretty—inside and out—and preserves them from decay.

How many of us thank metallic lead for the comforts of paint? Yet the best house paint is nothing but metallic lead corroded by acid to a white powder known as "white lead." Of course, there are many imitations of "white lead," some of which are sold as white lead and some which are offered by the name of ready-prepared paint under the familiar pretense that they are "just as good" as white lead. But all good paint is made of the metal, lead, corroded and ground to a fine white powder and mixed with linseed oil.

White lead is also used in the coating of fine oil cloths and for many purposes besides paint.

"Red lead" is another product of metallic lead and is what is known as an oxide of lead, being produced by burning the metal. Red lead is the best paint known to preserve iron, steel or tin, and is used largely in painting metal structures, such as skyscraper skeletons, mills and bridges.

There are many other products of the metal lead, such as litharge, orange mineral, etc., which are essential to many of the arts in which we never imagine that lead would be of the least use.

Verily, we live in an age of lead as well as of iron.

One Tree Built Church.

Among the curiosities of church architecture in America may be mentioned the fact that in Santa Rosa, Cal., is a church with a seating capacity of 200, which is built entirely of timber saved out of a single redwood tree.

A Graveyard Story.

Hard by the newly made grave of Alfred Beit is the most curious tomb in England. It is the tomb of Lady Anne Grimston, daughter of the Earl of Thanet, who died nearly two centuries ago, and was buried in this same Twyn churchyard. Upon her deathbed she disregarded the efforts of those who sought to administer spiritual comfort. An atheist she had lived, an atheist she would die. "It is as likely that I should rise again from the dead," she said, "as that a tree should grow out of the middle of my coffin." A tree has grown out of the middle of her coffin—an oak—and by its side a yew-tree. The vault is square, of brick and granite. The two trees first filled the interior before they could find a way out. When they did burst through the masonry they so spread as completely to envelop the grave.—St. James Gazette.

Merely Graceless Upstarts.

Let Americans be duly humble when they compare themselves with the Chinese. There is the best of authority, namely, Sir Chenting Lian Cheng, the minister at Washington of the Celestial empire, for the statement that more than 2,000 years before Jefferson began to teach the principals of true Democracy in the western hemisphere the wise men and the statesmen of China were giving their principals practical application in government. Of course, a people who had a Jefferson 1,500 years before America was discovered are not to be scorned by the infant Democracy of this republic. We are so new, in fact such parvenues in regard to government by the people, that Sir Chenting must consider us graceless upstarts.—Baltimore Sun.

Banana Culture in Mexico.

The Mexican government is seeking to develop the cultivation of bananas in that country. For several years experiments are said to have been successful, and it is intended to start two establishments on the gulf coast in Mexico for the purpose of converting the banana into a flour, and of shipping the product to the United States. As the flour is exceedingly nutritious it is anticipated that there will be no lack of demand for it.

AWFUL SUFFERING

From Dreadful Pains From Wound on Foot—System All Run Down—Malarious Cure by Cuticura.

"Words cannot speak highly enough for the Cuticura Remedies. I am now seventy-two years of age. My system had been all run down. My blood was so bad that blood poisoning had set in. I had several doctors attending me, so finally I went to the hospital, where I was laid up for two months. My foot and ankle were almost beyond recognition. Dark blood flowed out of wounds in many places and I was so disheartened that I thought surely my last chance was slowly leaving me. As the foot did not improve you can readily imagine how I felt. I was simply disgusted and tired of life. I stood this pain, which was dreadful, for six months, and during this time I was not able to wear a shoe and not able to work. Some one spoke to me about Cuticura. The consequence was I bought a set of the Cuticura Remedies of one of my friends, who was a druggist, and the praise that I gave after the second application is beyond description; it seemed a miracle, for the Cuticura Remedies took effect immediately. I washed the foot with the Cuticura Soap before applying the Ointment, and I took the Resolvent at the same time. After two weeks' treatment my foot was healed completely. People who had seen my foot during my illness and who have seen it since the cure can hardly believe their own eyes. Robert Schoenhauer, Newburgh, N. Y., Aug. 21, 1905."

Tokio has eight hundred public baths, which are used by 300,000 people daily.

PUTNAM FADELESS DYES

Color more goods brighter and faster color than any other dye. Washes in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DYE CO., Unionville, Missouri.

STOP, WOMAN!

AND CONSIDER THE ALL-IMPORTANT FACT

That in addressing Mrs. Pinkham you are confiding your private ills to a woman—a woman whose experience with women's diseases covers twenty-five years. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham, and for many years under her direction, and since her decease, her advice has been freely given to sick women.

Many women suffer in silence and drift along from bad to worse, knowing full well that they ought to have immediate assistance, but a natural modesty impels them to shrink from exposing themselves to the questions and probable examinations of even their family physician. It is unnecessary. Without money or price you can consult a woman whose knowledge from actual experience is great.

Mrs. Pinkham's Standing Invitation:

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by women only. A woman can freely talk of her private illness to a woman; thus has been established the eternal confidence between Mrs. Pinkham and the women of America which has never been broken. Out of the vast volume of experience which she has to draw from, it is more than possible that she has gained the very knowledge that will help your case. She asks nothing in return except your good-will, and her advice has relieved thousands. Surely any woman, rich or poor, is very foolish if she does not take advantage of this generous offer of assistance.—Lydia E. Pinkham Medicine Co., Lynn, Mass.



Following we publish two letters from a woman who accepted this invitation. Note the result:

First letter.
Dear Mrs. Pinkham—
"For eight years I have suffered something terrible every month. The pains are excruciating and I can hardly stand them. My doctor says I have a severe female trouble, and I must go through an operation if I want to get well. I do not want to submit to it if I can possibly help it. Please tell me what to do. I hope you can relieve me."—Mrs. Mary Dimmick, 59th and E. Capitol Streets, Washington, D. C.

Second letter.
Dear Mrs. Pinkham—
"After following carefully your advice, and taking Lydia E. Pinkham's Vegetable Compound, I am very anxious to send you my testimonial, that others may know their value and what you have done for me."

There are no fewer than 77 distinct dialects spoken in England.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Dr. Williams' Pink Pills for Pale People.

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W. L. Douglas's \$4 Gilt Edge line cannot be equalled at any price.

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SHOES FOR EVERYBODY AT ALL PRICES.

Men's Shoes, \$5 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's Shoes, \$4.00 to \$1.50. Misses' & Children's Shoes, \$2.00 to \$1.00.

Try W. L. Douglas Women's, Misses and Children's shoes; for style, fit and wear they excel other makes.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other make.

Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against high prices and inferior shoes. Take no substitutes. Ask your dealer for W. L. Douglas shoes and insist upon having them.

Fast Color Leglets used; they will not wear brass. Write for Illustrated Catalog of Fall Styles. W. L. DOUGLAS, Dept. 15, Brockton, Mass.

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Send 25c today for 1000
1000 pieces of
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Blisters, chafes, callous,
warts, hemorrhoids, itching
skin. Builds new
corns. Leaves no scars.
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Sample pkg. (4 plasters), with mail only, 10c.
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