North Dakota Solves the Adulteration Problem.

North Dakota seems to have found the key to the question, "How shall we protect the people from frauds in manufactured products?" a plan which is applicable to foods, beverages, materials used in the arts, etc. A new law has recently gone into effect designed to make it impossible to deceive people into buying inferior and adulterated paint under the impression that they are getting real paint, viz.: pure white lead and linseed oil.

The North Dakota lawmakers did not attempt to absolutely prohibit the inferior pigments, or mixtures of pigments. They adopted the slogan, "Let the label tell," and then left to the people to buy whichever they wished.

Under this plan, if any one wishes to buy a mixture of rock-dust, ground quartz and other cheap elements which are found in many paints and so-called "white leads," no one can object; for they do it with their eyes open. But if they prefer genuine white lead and linseed oil, they can be sure of getting it, for none but the genuine article can bear a label which says "pure white lead."

In all other States mixtures are often sold as pure white lead which contain little—sometimes no—real white lead.

It would seem that were this same principle applied to food, beverages and all other prepared articles, where deception is practiced upon the buyer, the question would be solved. It would leave us free to buy what we pleased, but would protect us from unwittingly buying what we did not want.

Suicide of Abused Mule. ..

There is reported from the Morel district of Switzerland a case of mule suicide. The beast had received rough usage and was being driven daily with a heavy load back and forth from Binn valley to Morel. The other evening, as the muleteer had added, as usual, his own weight to the tired mule's already heavy load, the beast plunged and reared so violently that the man was thrown with violence, breaking his arm, while the pack was also flung off. Bolting then along the torrent side, the mule was nearing the bridge of Schert at full gallop, when a party of men barred the way. Seeing escape thus blocked and recapture inevitable, with a return to the old unbearable cruelty, the animal stopped, turned to the torrent flowing at a great depth below, and with a side leap plunged headlong into the abyss.—New York Tribune.

Kills Off Mosquitoes.

One good thing seems to have come out of the marine hospital service experience. It is the discovery and announcement that the burning of a distillation of pine wood called pyrofume will effectively free houses and single rooms of mosquitoes. It is more deadly than sulphur and is not injurious to paints, metals or clothes. The fumes of this pine tar kill mosquitoes instantly, but do not harm human beings. But while this may be an excellent discovery and handy to use about the house, it in no way approaches in value the drainage system of mosquito destruction. While pyrofume kills the few mosquitoes in a house, the system which destroys their breeding places aims to kill the great bulk of the whole noxious, stinging, pestiferous brood, and in some places has already accomplished this desired result.

Value of Our Railroads.

The 220,000 miles of main track of the railways of the United States represent property to the extent of $16,000,000,000, or as much as the total value of all the property in the country in 1860, the year of Lincoln's election. Their income of over $2,000,000 a year is very nearly four times the annual revenue of the revenue of the United States government. The number of men on their rolls is 1,500,000, an army as great as the combined forces that Oyama and Linevitch had in Manchuria at the time of the peace of Portsmouth. The railroads are a vast interest. Anything which would hamper them in their legitimate activities would deal a hard blow to every important industry in the country.—Leslie's Weekly.

GOOD AND HARD

Results of Excessive Coffee Drinking.

It it remarkable what suffering some persons put up with just to satisfy an appetite for something.

A Mich. woman says: "I had been using coffee since I was old enough to have a cup of my own at the table, and from it I have suffered agony hundreds of times in the years past.

"My trouble first began in the form of bilious colic, coming on every few weeks and almost ending my life. At every attack for 8 years I suffered in this way. I used to pray for death to relieve me from my suffering. I had also attacks of sick headache, and began to suffer from catarrh of the stomach, and of course awful dyspepsia.

"For about a year I lived on crackers and water. Believing that coffee was the cause of all this suffering, I finally quit it and began to use Postum Food Coffee. It agreed with my stomach, my troubles have left me and I am fast gaining my health under its use.

"No wonder I condemn coffee and tea. No one could be in a much more critical condition than I was from the use of coffee. Some doctors pronounced it cancer, others ulceration, but none gave me any relief. But since I stopped coffee and began Postum I am getting well so fast I can heartily recommend it for all who suffer as I did." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville." "There's a reason."

President Roosevelt Converted to the New-Style Spelling

List of 300 Words That Hereafter in All Messages and Documents From the White House Will Be Printed According to the Recommendation of the Matthews Committee.

President Roosevelt announced his conversion to the spelling reform movement. He has issued orders to Public Printer Stillings that all messages from the President and all other documents coming from the White House shall be printed in accordance with the recommendations of the spelling reform committee headed by Professor Brander Matthews, of Columbia, and backed by Andrew Carnegie.

Spelling reform had its greatest impetus when Andrew Carnegie made an offer to finance it. For many years professors and others have been laboring to have the public accept reforms in the spelling of certain words. The public, while admitting that the existing spelling is a philological monstrosity, refused to take kindly to the suggested changes.

When Andrew Carnegie announced himself as a convert to the reform the matter was discussed more than at any time within the past 100 years. Mark Twain promised to take it up after Mr. Carnegie had announced his conversion and had agreed to finance the organization of reformers calling themselves the Simplified Spelling Board, of which Brander Matthews is the president of the Executive Board.

This board announced at the beginning that it did not propose any radical or revolutionary scheme of reform, but simply wanted to make easy the spelling of certain words. It selected 300 words which it asked the public to accept.

Following is the list of 300 words already given out by the Simplified Spelling Board in which changes are proposed:

NEW FORM.	OLD FORM.
abridgment	abridgement
accouter	accoutre
accurst	accursed
acknowledgment	acknowledgement
addrest	addressed
adz	adze
affixt	affixed
altho	although
anapest	anapaest
anemia	anaemia
anesthesia	anaesthesia
anesthetic	anaesthetic
antipyrin	antipyrine
antitoxin	antitoxine
apothem	apothegm
apprize	apprise
arbor	arbour
archelogy	archaelogy
ardor	ardour
armor	armour
artizan	artisan
assize	assise
ax	axe
bans	banns
bark	barque
behavior	behaviour
blest	blessed
blusht	blushed
brazen	brasen
brazier	brasier
bun	bunn
bur	burr
caliber	calibre
caliper	calliper
candor	candour
carest	caressed
catalog	catalogue
catechize	catechise
center	centre
chapt	chapped
check	checque
checker	chequer
chimera	chimaera
civilize	civilise
clamor	clamour
clangor	clangour
clapt	clapped
claspt	clasped
clipt	clipped
clue	clew
coeval	coaeval
color	colour
colter	coulter
commixt	commixed
comprest	compressed
comprize	comprise
confest	confessed
controller	comptroller
coquet	coquette
criticize	citicise
cropt	cropped
crost	crossed
crusht	crushed
cue	queue
curst	cursed
cutlas	cutlass
cyclopedia	cyclopaedia
dactyl	dactyle
dasht	dashed
decalog	decalogue
defense	defence
demagog	demagogue
demeanor	demeanour
deposit	deposite
deprest	depressed
develop	develope
dieresis	diaeresis, diaeresis
dike	dyke
dipt	dipped
discust	discussed
dispatch	despatch
distil	distill
distrest	distressed
dolor	dolour
domicil	domicile
draft	draught
dram	drachm
drest	dressed
dript	dripped
droopt	drooped
dropt	dropped
dulness	dullness
ecumenical	oecumenical
edile	aedile
egis	aegis
enamor	enamour
encyclopedia	encyclopaedia
endeavor	endeavour
envelop	envelope
Eolian	Aeolian
eon	aeon
epaulet	epaulette
eponym	eponyme
era	aera
esophagus	aesophagus
esthetic	aesthetic
esthetics	aesthetics
estivate	aestivate
ether	aether
etiology	aetiology
exorcize	exorcise
exprest	expressed
fagot	faggot
fantasm	phantasm
fantasy	phantasy
fantom	phantom
favor	favour
favorite	favourite
fervor	fervour
fiber	fibre
fixt	fixed
flavor	flavour
fulfil	fulfill
fulness	fullness
gage	gauge
gazel	gazelle
gelatin	gelatine
gild	guild
gipsy	gypsy
gloze	glose
glycerin	glycerine
good-by	good-bye
gram	gramme
gript	gripped
harbor	harbour
harken	hearken
heapt	heaped
hematin	haematin
hiccup	hiccough
hock	hough
homeopathy	homoeopathy
homonym	homonyme
honor	honour
humor	humour
husht	hushed
hypotenuse	hypothenuse
idolize	idolise
imprest	impressed
instil	instill
jail	gaol
judgment	judgement
kist	kissed
labor	labour
lacrimal	lachrymal
lapt	lapped
lasht	lashed
leapt	leaped
legalize	legalise
license	licence
licorice	liquorice
liter	litre
lodgment	lodgement
lookt	looked
lopt	lopped
luster	lustre
mama	mamma
maneuver	manoeuver
materialize	materialise
meager	meagre
medieval	mediaeval
meter	metre
mist	missed
miter	mitre
mixt	mixed
mold	mould
molder	moulder
molding	moulding
moldy	mouldy
molt	moult
mullen	mullein
naturalize	naturalise
neighbor	neighbour
niter	nitre
nipt	nipped
ocher	ochre
odor	odour
offense	offence
omelet	omelette
opprest	oppressed
orthopedic	orthopaedic
paleogriphy	palaeography
paleolothic	palaeolithic
paleontology	palaeontology
paleozoic	palaeozoic
parafin	paraffin
parlor	parlour
partizan	partisan
past	passed
patronize	patronise
pedagog	pedagogue
pedobaptist	paedobaptist
phenix	phoenix
phenomenon	phaenomenon
pigmy	pygmy
plow	plough
polyp	polype
possest	possessed.
practise	practice
prefixt	prefixed
prenomen	praenomen
prest	pressed
pretense	pretence
preterit	preterite
pretermit	praetermit
primeval	primaeval
profest	professed
program	programme
prolog	prologue
propt	propped
pur	purr
quartet	quartette
questor	quaestor
quintet	quintette
rancor	rancour
rapt	rapped
raze	rase
recognize	recognise
reconnoiter	reconnoitre
rigor	rigour
rime	rhyme
ript	ripped
rumor	rumour
saber	sabre
saltpeter	saltpetre
savior	saviour
savor	savour
scepter	sceptre
septet	septette
sepulcher	sepulchre
sextet	sextette
silvan	sylvan
simitar	cimeter, scimitar, etc.
sipt	sipped
skilful	skillful
sithe	scythe
skipt	skipped
slipt	slipped
smolder	smoulder
snapt	snapped
somber	sombre
specter	spectre
splendor	splendour
stedfast	steadfast
stept	stepped
stopt	stopped
strest	stressed
stript	stripped
subpena	subpoena
succor	succour
suffixt	suffixed
sulfate	sulphate
sulfur	sulphur
sumac	sumach
supprest	suppressed
surprize	surprise
synonym	synonyme
tabor	tabour
tapt	tapped
teazel	teasel
tenor	tenour
theater	theatre
tho	though
thoro	thorough
thoroly	thoroughly
thru	through
thruout	throughout
tipt	tipped
topt	topped
tost	tossed
transgrest	transgressed
trapt	trapped
tript	tripped
tumor	tumour
valor	valour
vapor	vapour
vext	vexed
vigor	vigour
vizor	visor
wagon	waggon
washt	washed
wapt	wapped
whisky	whiskey
wilful	willful
winkt	winked
wisht	wished
wo	woe
woful	woeful
woolen	woollen
wrapt	wrapped

WORN TO A SKELETON.

A Wonderful Restoration That Caused a Sensation in a Pennsylvania Town.

Mrs. Charles M. Preston, of Elkland, Pa., says: "Three years ago I found that my housework was becoming a burden. I tired easily, had no ambition and was failing fast. My complexion got yellow, and I lost over 50 pounds. My thirst was terrible, and there was sugar in the kidney secretions. My doctor kept me on a strict diet, but as his medicine was not helping me I began using Doan's Kidney Pills. They helped me at once, and soon all traces of sugar disappeared. I have regained my former weight and am perfectly well."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Selden Waited Long.

Twenty-five years ago, writes Leroy Scott in "Technical World" magazine for September, a young man with a scheme for a carriage to be run by a gasoline motor called upon a large manufacturer of vehicles and farm implements. The young man had spent years upon his patent—its success meant fortune to him, and also triumph over the men who had laughed at him. So he used his best eloquence to induce the manufacturer to put his automobile on the market. But the manufacturer shook his head. "You've been wasting your time on that scheme," he said. "And if I went into it, I'd be wasting my money. No, sir—even if it worked nobody'd ever care to ride in your 'explosion buggy.' The young man was George B. Selden, and what this manufacturer said was also said by dozens of others. To-day there are in use in the United States, about 70,000 "explosion buggies," and about 70 per cent of all gasoline automobiles made in this country or imported into it are licensed under the Selden patent—the royalties paid during the last three years amounting to $814,183.

The Skirt Under a Ban.

The most injurious garment, putting the corset out of the question for a time, is undoubtedly the skirt. This universally worn skirt impedes a woman's movement; scavenges the streets; drags round her feet, and so produces unnecessary fatigue; requires carrying, so as to add an intolerable burden to women with parcels, umbrellas, and babies; causes falls in going upstairs or getting in or out of omnibuses or trains; frequently causes death by fire, and, above all, is detrimental to health when worn for cycling or any other outdoor pursuits.—Rational Dress Gazette.

TERRIBLE SCALY ECZEMA.

Eruptions Appeared on Chest, and Face and Neck Were All Broken Out —Cured by Cuticura.

"I had an eruption appear on my chest and body and extend upwards and downwards, so that my neck and face were all broken out; also my arms and the lower limbs as far as the knees. I at first thought it was prickly heat. But soon scales or crusts formed where the breaking out was. Instead of going to a physician I purchased a complete treatment of the Cuticura Remedies, in which I had great faith, and all was satisfactory. A year or two later the eruption appeared again, only a little lower, but before it had time to spread I procured another supply of the Cuticura Remedies, and continued their use until the cure was complete. It is now five years since the last attack, and have not seen any signs of a return. I have more faith in Cuticura Remedies for skin diseases than anything I know of. Emma E. Wilson, Liscomb, Iowa, Oct. 1, 1905."

Lawmakers of America.

The British empire has 68 legislative bodies. In 1903 they passed about 1,900 acts and ordinances. The state legislatures of the United States in that year enacted more than 14,000 laws and resolutions, of which more than 5,400 were general and the remainder were local or private. In America it is not always the most populous state that needs, or seems to need, the most legislation. In 1903 North Carolina led with 1,200 enactments.—Philadelphia Ledger.

Too Many Rabbits.

A writer describes a plague of rabbits in Australia: "A farmer barricades himself in with miles upon miles of wire fencing solely to keep out the rabbits. They eat their way up to the barriers and in the fight for the green land within the wire they die in myriads. All round the enclosed land they lie in heaps of incredible size. Swarm after swarm follows on, and at last the heaps of dead are so high that the late comers make their way over the fence and the farm is ruined."

French Prize for Poets.

A Prix de Rome for poets, similar to that which is accorded to painters and sculptors, has been decided upon by the French academy. A yearly prize of 3,000 francs is to be awarded the poet of either sex whose poem will be declared by a jury of distinguished literary men to be the best. The first Prix de Rome for poetry has just been awarded to a young man of 22 for a poem called "Les Familiers," which was chosen out of 300 MSS. submitted.

Lament of the Gourmand.

Nothing new to eat has been discovered for several centuries past. The monotony is not confined to breakfast; it is equally, if not more so, felt at lunch and at dinner. There are disgracefully few animals fit to eat, and the okapi, which seemed to solve the difficulty, is a bitter disappointment, because there are only three speciments of him known to exist, and two of those are stuffed.—The Sketch.

Hotel Kleptomania.

It is the fashion in our modern hotels to write off $10,000 a year as the loss for silverware and china taken by guests in the course of 12 months. Many persons will have souvenirs of their visits to New York and take spoons, knives, forks and any sort of small ware which they can slip in their pockets. The craze has grown so that the big hotel men now purchase cheap hardware for the use of transient guests, but the figures of loss run up in three of the city hotels to the $20,000 mark. The women are blamed for this sort of theft and the proof seems to be against them. It is not regarded as theft, but as a smart fad, and I have yet to hear of one woman denouncing the practice. On the ocean steamships this souvenir business has grown out of bounds. On one trip of a New York liner to this side one-half the butter plates and one-third of the spoons were out of services before Sandy Hook was reached.—New York Press.

To Measure Molecules.

An apparatus for measuring the seventy-millionth part of an inch has been made by Dr. P. Shaw, of Nottingham university, England, says "Technical World Magazine" for September. It works upon the principle of electric touch, and consists of a fine micrometer screw and six levers. The apparatus is so sensative and delicate that it is impossible to manipulate it before an audience. It is hung by rubber bands, covered with thick felt, and must be worked at dead of night, when there is no traffic or factory working. The smallest distance that this mechanism measures is about the distance between a solid and a liquid molecule. Dr. Shaw's invention was first made in 1900, but its great improvement of late has made it the wonder of physicists throughout the world.

FITS, St. Vitus' Dance: Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free. Dr. H. R. Kline, Ld., 931 Arch St., Phila., Pa.

Germany is now making 1,800,000 tons of beet sugar yearly, and exporting more than a million tons.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle

An Old Phrase.

The phrase "his mothers white-headed boy," is as old as the hills in Ireland. It appears in many of the Irish fairy stories of the last century. Irish mothers who knew good fairies always kept the secret for the "white-headed boy" of the family. Gerald Griffin, in one of his best short stories, years ago used the phrase as one he had borrowed from an old Celtic book.

Big Wheat Yield in Manitoba.

It is estimated by the Premier of Manitoba that 100,000,000 bushels of wheat will be available for export from the northwestern provinces of Canada, at the close of the harvest and he states that it will take the railways a year to carry this quantity to the coast.—London Express.

YOU CANNOT

CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as **nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes** by simply dosing the stomach.

But you surely **can cure** these stubborn affections by local treatment with

Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness.

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A HEALTHY OLD AGE

OFTEN THE BEST PART OF LIFE

Help for Women Passing Through Change of Life

Providence has allotted us each at least seventy years in which to fulfill our mission in life, and it is generally our own fault if we die prematurely.

Nervous exhaustion invites disease. This statement is the positive truth.

When everything becomes a burden and you cannot walk a few blocks without excessive fatigue, and you break out into perspiration easily, and your face flushes, and you grow excited and shaky at the least provocation, and you cannot bear to be crossed in anything, you are in danger; your nerves have given out; you need building up at once! To build up woman's nervous system and during the period of change of life we know of no better medicine than Lydia E. Pinkham's Vegetable Compound. Here is an illustration. Mrs. Mary L. Koehne, 371 Garfield Avenue, Chicago, Ill., writes:

"I have used Lydia E. Pinkham's Vegetable Compound for years in my family and it never disappoints; so when I felt that I was nearing the change of life I commenced treatment with it. I took in all about six bottles and it did me a great deal of good. It stopped my dizzy spells, pains in my back and the headaches with which I had suffered for months before taking the Compound. I feel that if it had not been for this great medicine for women that I should not have been alive to-day. It is splendid for women, old or young, and will surely cure all female disorders."

Mrs. Pinkham, daughter-in-law of Lydia E. Pinkham, of Lynn, Mass., invites all sick and ailing women to write her for advice. Her great experience is at their service, free of cost.

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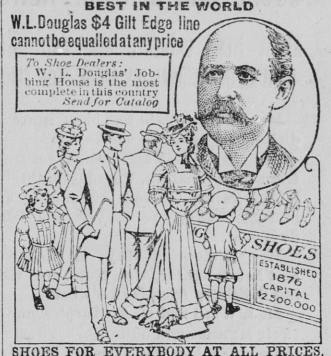

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Men's Shoes, $5 to $1.50. Boys' Shoes, $3 to $1.25. Women's Shoes, $4.00 to $1.50. Misses' & Children's Shoes, $2.25 to $1.00.

Try W. L. Douglas Women's, Misses and Children's shoes; for style, fit and wear they excel other makes.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other make.

Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against high prices and inferior shoes. *Take no substitute.* Ask your dealer for W. L. Douglas shoes and insist upon having them.

Fast Color Eyelets used; they will not wear brassy.

Write for Illustrated Catalog of Fall Styles.

W. L. DOUGLAS, Dept. 15, Brockton, Mass.

WINTER Wheat, 60 Bushels per acre. Catalogue and samples FREE. Salzer Seed Co., Box A. C., La Crosse, Wis.

PATENTS 48 p. book free. Highest refs. Long experience. Fitzgerald & Co. Dept. 54, Washington, D.C.

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If afflicted with weak eyes, use **Thompson's Eye Water**

Chickens Earn Money!

If You Know How to Handle Them Properly.

Whether you raise Chickens for fun or profit, you want to do it intelligently and get the best results. The way to do this is to profit by the experience of others. We offer a book telling all you need to know on the subject—a book written by a man who made his living for 25 years in raising Poultry, and in that time necessarily had to experiment and spent much money to learn the best way to conduct the business—for the small sum of 25 cents in postage stamps.

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It tells you how to Detect and Cure Disease, how to Feed for Eggs, and also for Market, which Fowls to Save for Breeding Purposes and indeed about everything you must know on the subject to make a success.

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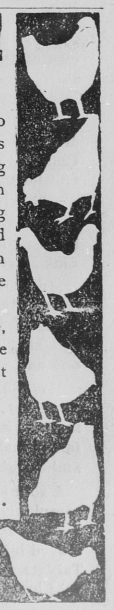
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