

Good Colors For Houses.

It is not generally known—nor even among painters—why certain tints and colors wear much better than others on houses, and the knowledge of just what tints are best to use is, therefore, rather hazy.

One writer on paint, in a recent book, says that experiments seem to show that those colors which resist or turn back the heat rays of the sun will protect a house better than those which allow these rays to pass through the film.

Thus red is a good color because it turns back, or reflects, the red rays, and the red rays are the hot rays.

In general, therefore, the warm tones are good and the cold tones are poor, so far as wear is concerned. In choosing the color of paint for your house, select reds, browns, grays and olives which, considering the various tones these tints will produce, will give a wide range from which to choose.

Avoid the harsh tints, such as cold yellows (like lemon), cold greens (like grass green, etc.), and the blues.

It must be understood that no virtue is claimed for tints in themselves, irrespective of the materials used in the paint. Any color will fade, and the paint will scale off, if adulterated with lead or canned paint is used, but if one is careful to use the best white lead—some well-known brand of a reliable manufacturer—and genuine linseed oil, the warm tints mentioned above will outwear the same materials tinted with the cold colors.

Afraid of Fresh Air.

People who were born and bred in the country and who still live there are, as a rule, curiously afraid of fresh air. From their living rooms, especially the "parlor," they rigidly exclude every approach of outdoor air except at housecleaning time, and they are more cautious still as to sleeping rooms. The farmers, in spite of their outdoor employment, suffer not a little from consumption. It seems a pity when these country dwellers might have their lungs filled with pure, fresh air day and night, sleeping or waking, that the poisoned air they breathe at night should be allowed to offset the good effects obtained through the day's work in the field. If the enlightened visitors, paying guests and summer boarders, who have learned that one's manner of life rather than one's place of living may be depended upon to prevent consumption would but circulate their knowledge in a practical way in country places their vacations would accomplish something besides a refreshing of their own health.—Boston Transcript.

American Mineral Water.

In 1890 about 47,000,000 gallons of mineral waters from springs in the United States were sold; in 1900, 50,000,000 gallons, and in 1905 about 75,000,000. The value at the point of shipment now reaches \$12,000,000 a year, and taking into account the expense of transit, bottling and the profits of retailers, \$20,000,000 must be expended each year for American mineral waters. The productivity of the mineral water springs of the United States is practically unlimited, and at the rate at which the product is increasing it cannot be long before the amount sold each year will reach 100,000,000 gallons, about a gallon and a quarter per capita a year.—Mineral Water News.

Sunday Rest in France.

The action of the French Parliament in passing a bill with little opposition making Sunday a day of obligatory rest has given very wide satisfaction in that country. A special clause of the law authorizes the ministers interested to suspend 15 times a year a day of rest in establishments under State control or private establishments where work is going on in the interest of national defense. The bill allows masters and employers in cases of bakeries, hotels, restaurants and such places to so arrange their work that employees who work on Sunday shall rest on some other day of the week.

SALLOW FACES.

Often Caused by Coffee Drinking.

How many persons realize that coffee so disturbs digestion that it produces a muddy, yellow complexion? A ten days' trial of Postum Food Coffee has proven a means, in thousands of cases, of clearing up bad complexions.

A Washn. young lady tells her experience: "All of us—father, mother, sister and brother—had used tea and coffee for many years until finally we all had stomach troubles more or less.

"We were all sallow and troubled with pimples, breath bad, disagreeable taste in the mouth, and all of us simply so many bundles of nerves.

"We didn't realize that coffee was the cause of the trouble until one day we ran out of coffee and went to borrow some from a neighbor. She gave us some Postum and told us to try that.

"Although we started to make it we all felt sure we would be sick if we missed our strong coffee, but we were forced to try Postum and were surprised to find it delicious.

"We read the statements on the pkg., got more and in a month and a half you wouldn't have known us. We were all able to digest our food without any trouble, each one's skin became clear, tongues cleaned off and nerves in fine condition. We never use anything now but Postum. There is nothing like it." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville." "There's a reason."



The sound of a bell which can be heard 45,000 feet through the water can be heard through the air only 456 feet.

The Chinese Government has ordered the immediate establishment of a department of mines in each of the seventeen provinces.

The pyromosa has just recently been discovered. It was found off Avalan Bay. It is about a foot long, with an opening at the end. It emits a faint glow until touched or frightened, whereupon it blazes out in a vivid glare of green light.

Butter with a fishy taste has aroused complaint in Australia, where investigation has shown that the flavor has no connection with fish, but is due to one or more of four micro-organisms. The rusty iron of cans was found to have a bad effect on milk and cream.

The newly patented electric cooking stove of Professor Elihu Thompson is heavily jacketed outside with a layer of asbestos, fire-clay or mineral wool, and is provided with a lid of the same character. Inside is placed a mass of refractory substance, within which is embedded a granular resistance material. Silicon is recommended as a resistance material, as it has a high specific resistance, and acquires a suitable temperature without fusing or oxidizing. The whole interior of the stove can be kept red hot, and it is anticipated that the running cost for cooking through the day will not be excessive.

Curious figures are obtained by Dr. W. J. Russell when magnesia dust or other fine powder is sprinkled over a plate of glass, copper, sponstone, cardboard or other material, the plate being about twelve degrees C. warmer than the air. The best results are obtained when the dust gently settles over the plate during cooling. The figures vary with the shape of the plate, usually showing radiations from the angles, and they are affected also by any neighboring object, such as an upright pin at the edge of the plate, or a piece of glass over it. After a week or so a fortnight the dust figures become so adherent that they can be brushed gently without injury.

Is the earth made up of three concentric spheres? A physicist says that such is the case. The solid nucleus he supposes to be between 3000 and 7000 miles in diameter and this is surrounded by a liquid substratum, outside of which is the crust, variously estimated at seventy to 200 miles in thickness. More than two centuries ago a similar theory, including the slow rotation of the inner solid sphere on a different axis from that of the entire globe, was held by Dr. Edmund Halley to account for the changes in the earth's magnetism. The axis of the nucleus was thought to have been originally that of the entire globe and to the change of its course was attributed the deluge. The earth's internal heat, it is now pointed out, may be accounted for by the friction of the differently rotating bodies.

The Uses of Oil.

Every person requires a certain amount of oil in his food in order to be healthy. Our ancestors lived to a large extent on olives, peanuts, chestnuts and other nuts containing oil. The present generation use too little oil in its diet. This can be taken in the shape of the pure, expressed olive oil, as an emulsified salad dressing, or by eating nuts, olives, etc. It may be a matter of choice how the system gets its oil, but a certain amount is essential to the enjoyment of good health. The good results of the habitual use of the above articles in the diet are soon shown, especially where persons are inclined to colicky indigestion and constipation.

Doctors will do well to instruct their patients to use pure olive oil in moderate doses, also as a dressing for various salads. Various kinds of nuts have a high dietetic value, because of the oil which they contain, and be used to advantage. When patients incline to consumption, pure cod liver oil ranks at the head of oily substances, but the lesser oils can also be taken in moderation.

Nature furnishes us many cures for the successful treatment of diseases, if we will but study her methods instead of following fads. The result will be greater progress in building up resistance and immunity to disease.

Fate's Vagaries.

Kubelik, the noted violinist, was once playing by request before some inmates of an insane asylum, the superintendent of which believed that music was a fine medicine for unbalanced minds. He played a brilliant Slav composition, thinking that was surely of the cheerful character wanted. As he finished a very pretty young woman arose and beckoned to him. He thought, artist like, that she wanted an encore, and so said to the doctor: "Ask her what she desires?" He rose to his feet and was about to question her, when she exclaimed: "To think of the likes of me being in here and he being at large in the world!"—Argonaut.

FINANCE AND TRADE REVIEW

DUN'S WEEKLY SUMMARY

Abundant Crops and Oversold Steel Industry Engender Sentiments of Confidence—Dry Goods Better.

R. G. Dun & Co.'s weekly review of trade says:

"Abundant crops and an oversold steel industry engender sentiments of confidence that make the outlook bright for a continuance of present prosperous business conditions. Each week brings a new high water mark in some department and net result is uniformly better than for the corresponding week in any previous year."

"The weather has favored both crops and the distribution of merchandise, while the latter is increased by seasonable bargain sales. Despite unprecedented preparation for business by liberal purchases of rolling stock, the railways are facing a serious traffic blockade that cannot be avoided when the crops begin to move freely. Earnings thus far reported for August were 11.7 per cent larger than last year. Some damage by storms was reported, but of local effect only and a more significant factor was the further voluntary advance in wages at textile mills. No relief appears as to the supply of labor, production being reduced in some cases where consumers are most urgent."

"Fall dry goods jobbing trade broadens, clothing manufacturers make heavy shipments and the leading industries are usually supplied with orders assuring active machinery well into next year. July foreign commerce for the whole country far surpassed the same month in any previous year, especially as to imports, which were close to the largest in any previous month, and at New York alone for the last week there were gains of \$5,891,468 in imports and \$1,519,833 in exports, as compared with the same week in 1905."

"Failures for the week numbered 176 in the United States, against 218 last year, and 16 in Canada, compared with 28 a year ago."

MARKETS.

PITTSBURG.

Table with 3 columns: Commodity, Price, and Change. Includes Wheat, Corn, Oats, Flour, etc.

DAIRY PRODUCTS.

Table with 3 columns: Commodity, Price, and Change. Includes Butter, Creamery, etc.

POULTRY, ETC.

Table with 3 columns: Commodity, Price, and Change. Includes Hens, Eggs, etc.

FRUITS AND VEGETABLES.

Table with 3 columns: Commodity, Price, and Change. Includes Potatoes, Cabbages, etc.

BALTIMORE.

Table with 3 columns: Commodity, Price, and Change. Includes Flour, Wheat, etc.

PHILADELPHIA.

Table with 3 columns: Commodity, Price, and Change. Includes Flour, Wheat, etc.

NEW YORK.

Table with 3 columns: Commodity, Price, and Change. Includes Flour, Wheat, etc.

LIVE STOCK.

Table with 3 columns: Commodity, Price, and Change. Includes Cattle, Hogs, etc.

Union Stock Yards, Pittsburg.

Table with 3 columns: Commodity, Price, and Change. Includes Cattle, Hogs, etc.

Hogs.

Table with 3 columns: Commodity, Price, and Change. Includes Prime heavy hogs, etc.

Sheep.

Table with 3 columns: Commodity, Price, and Change. Includes Prime wethers, etc.

Calves.

Table with 3 columns: Commodity, Price, and Change. Includes Veal calves, etc.

Oil Markets.

The following are the quotations for credit balances in the different fields:

Table with 3 columns: Field, Price, and Change. Includes Pennsylvania, Ohio, etc.

Mold on paper may be removed by applying with a soft hair brush a solution of one part salicylic acid in four parts grain alcohol.

TO CLEAN STONE STEPS AND HALLS.

Boil 4 pounds of pipeclay in one gallon water and one of beer (sour beer answers admirably for this), and enough stone-blue to make a good color; well wash the steps with this, and allow it to dry, then rub it up with a flannel, and finally with a hand-brush. Another good way to keep steps in condition is to rub them well with a dry brick or sandstone, and then brush of the dust thoroughly, when they will look beautifully white.

Which to Believe?

The Eastern tale is, generally a compound of that humor, simplicity and imagination that we associate, rightly or wrongly, with the Irishman, just because Ireland is the nearest country to our own that is not aggressively Saxon. What could be more Irish, for instance, than the behavior of the great Turkish hero of so many stories, Nasr-ed-Din Hodja, when a neighbor came to borrow his donkey. "My donkey is not here," he said. The words were scarcely out of his mouth when the animal brayed loudly. "But your donkey is here, I can hear him!" cried the neighbor. "Who?" shouted the enraged Turk: "do you mean to say you believe my donkey before you believe me?"

The Berkshires.

The land of magnificent estates, picturesque farms and comfortable summer homes and camps—the Berkshire Hills! Here in western Massachusetts is only a few hours from all the large cities of the East—a country that, for years, has attracted to it both the wealthy and the middle classes; the one to spend the summer months upon extensive estates; the other to occupy farmhouse, cottage, or tent.

The charms of the Berkshires have been told in story and poem. Many of our most famous authors have found there the rest and quiet that enabled them to give us masterpieces that will live as long as the hills among which they were inspired and written.

The New York Central Lines extend directly through the hill country and make this inspiring region easy of access to the traveler from East or West. There are few vacation spots in the world more attractive than these beautiful Berkshire Hills on "America's Greatest Railroad."

Vacation Time.

The great American vacation is on tap. A man leaves his comfortable office and takes up his abode at Mosquiton-by-the-Lake. He fishes under a violent sun and drinks road-house whisky that is used in the winter, when the summer trade is dull, to tan leather. Sometimes he arises at 5 a. m. to fish. He chases the golf ball till his suspenders wilt. Worn by the experience, he returns reluctantly to the city and it takes until fall to get back his repose and make up for sleep. Did you ever debug four acres of potatoes with the mercury at 92 degrees? It has a vacation skinned. P. S.—We can't get away this summer.—Minneapolis Journal.

BABY COVERED WITH SORES.

Would Scratch and Tear the Flesh Unless Hands were Tied—"Would Have Died But For Ointment."

"My little son, when about a year and a half old, began to have sores on his face. I had a physician treat him on his face. I had a physician treat him, but the sores grew worse. Then they began to come on his arms, then on other parts of his body, and then came on his chest, worse than the others. Then I called another physician. Still he grew worse. At the end of about a year and a half of suffering he grew so bad I had to tie his hands in cloths at night to keep him from scratching the sores and tearing the flesh. He got to be a mere skeleton, and was hardly able to walk. My aunt advised me to try Cuticura Soap and Ointment. I sent to the drug store and got a cake of the Soap and a box of the Ointment, and at the end of about two months the sores were all well. He has never had any sores of any kind since. He is now strong and healthy, and I can sincerely say that only for your most wonderful remedies my precious child would have died from those terrible sores. Mrs. Egbert Shelton, R. F. D. No. 1, Woodville, Conn., April 2, 1905."

Submarine Cables.

There are about 225,000 miles of cable in all at the bottom of the sea, representing \$250,000,000, each line costing about \$1,000 a mile to make and lay. The average useful life of a cable nowadays is anything between 30 and 40 years, according to circumstances. About 6,000,000 messages are conveyed by the world's cables throughout the year, or 15,000 a day, the working speed of any one cable being up to 100 words a minute under present conditions. About 90 per cent of these are sent in code or cipher.

One on the Century.

Certainly no one would think of reading a dictionary for amusement or pleasure—as the Irishman said, he would lose the thread of the story in the great mass of detail. No one would expect to find jokes in such a book, barring Mark Twain's about the carbuncle. But that learned and otherwise serious dictionary, the Century, contains at least one laughable entry. Under the word "question" is the following: "To pop the question—see pop."—Catholic Mirror.

America Has Gas to Burn.

A statistician announces that the United States produces 90 per cent of the entire world's known production of natural gas.

COULD NOT KEEP UP.

Broken Down, Like Many Another, With Kidney Troubles.

Mrs. A. Taylor, of Wharton, N. J., says: "I had kidney trouble in its most painful and severe form, and the torture I went through now seems to have been almost unbearable. I had back-ache, pains in the side and loins, dizzy spells and hot, feverish headaches. There were bearing-down pains, and the kidney secretions passed too frequently, and with a burning sensation. They showed sediment. I became discouraged, weak, languid and depressed, so sick and weak that I could not keep up. As doctors did not cure me I decided to try Doan's Kidney Pills, and with such success that my troubles were all gone after using eight boxes, and my strength, ambition and general health is fine." Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

His Modern Wit.

A contemporary states that while a wedding breakfast was being held in a restaurant at Fresnoes les Rungis, a naval officer uniformed entered the room, and was invited to preside over the feast. He made himself very agreeable, sang songs and delivered speeches. He was proposing the bride's health when two policemen rushed in and arrested him as an escaped lunatic from a neighboring asylum. It is further asserted that he thereupon politely turned to the officers and said: "I think you have made a mistake, gentlemen. There"—pointing to the bridegroom—"is the man you want."—London Chronicle.

Horses and Dogs as Food.

German government statistics show that 43,421 horses and 2,151 dogs were slaughtered for food under government inspection during the first three months of 1906. This was an increase of 7,522 horses and 366 dogs over the number slaughtered during the same time in 1905. And this only accounts for the dogs and horses killed under government supervision. It is estimated that among the poorer classes, forced to resort to dog and horse meat by the exclusion of American and other foreign meats from the country, the consumption of this sort of meat was much larger than the official records show.—National Provisioner.

Cholera in Manila.

The outbreak of cholera in Manila revives memories of the terrible epidemics of the past, especially the one of 1902, when there were recorded some 83,000 deaths out of 130,363 cases. Last year there were 713 cases reported, with 553 deaths. Since 1902, the health officers have entrenched themselves behind a system of inspection and sanitation that should prevent the recurrence of the scourge on a great scale, but they are often hampered by those ignorant natives who regard health laws as oppression, and who hide from the authorities cases that occur in their families.—Springfield Republican.

A Crushing Retort.

Senator Bard of California, was once conversing with a Jesuit brother at the Georgetown University, when he told this story illustrative of the fine humor of Archbishop Ryan, of the State.

The archbishop had rebuked a priest for wearing a most disreputable-looking hat.

"I would not give this hat for 20 new ones," said the priest. "It belonged to my father who fell in the rising of '48."

"Ah," was Archbishop Ryan's retort; "evidently he fell on the hat!"—Harper's Weekly.

In Perfect Style.

The proprietors of a Siamese newspaper have distributed handbills containing the following notice: "The news of English we tell the latest. Writ in perfectly style and most earliest. Do a murder, get commit, we hear of and tell it. Do a mighty chief die, we publish it, and in borders of sombre. Staff has each one been colledged, and write like the Kipling and the Dickens. We circle ever town and extortionate not for advertisements. Buy it. Tell each of you its greatness for good. Ready on Friday. Number first."

How They Progress.

The way that they are holding up trains and looting stores and banks in Russia suggests that, after all, and in spite of the grinding effect of the grinding effect of the autocracy, the lower classes are, in their crude way, making some progress toward the higher civilization.—Indianapolis News.

FITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. 82 trial bottle and treatise free. Dr. H. R. Kline, M.D., 153 Arch St., Phila., Pa.

A large shipping company is organizing at Cardiff to establish a new line between Great Britain and her colonies.

Mrs. Winslow's Soothing Syrup for Children teething softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Infant Class on Congress.

Of a legislator's moral texture the most unmixt test was probably the pure food bill. A handful of men could be found who would vote against it on doctrine of State sovereignty, but in almost every case a vote in the negative was cast for a specific money interest against the people's health.—Collier's Weekly.

WINTER

When 60 Bushel's per acre, 200 bushel's and more FREE Saltzer Seed Co., Box A. C. La Crosse, Wis.

Chickens Earn Money!

If You Know How to Handle Them Properly.

Whether you raise Chickens for fun or profit, you want to do it intelligently and get the best results. The way to do this is to profit by the experience of others. We offer a book telling all you need to know on the subject—a book written by a man who made his living for 25 years in raising Poultry, and in that time necessarily had to experiment and spent much money to learn the best way to conduct the business—for the small sum of 25 cents in postage stamps.

It tells you how to Detect and Cure Disease, how to Feed for Eggs, and also for Market, which Fowls to Save for Breeding Purposes and indeed about everything you must know on the subject to make a success.

SENT POSTPAID ON RECEIPT OF 25 CENTS IN STAMPS.

BOOK PUBLISHING HOUSE,

134 LEONARD ST., N. Y. CITY.

MISS LEOPOLD, SECT'Y LIEDERKRANZ,

Writes: "Three Years Ago My System Was in a Run-Down Condition. I Owe to Pe-ru-na My Restoration to Health and Strength."



MISS RICKA LEOPOLD, 137 Main Street, Menasha, Wis., Sect'ry Liederkranz, writes:

"Three years ago my system was in a terrible run-down condition and I was broken out all over my body. I began to be worried about my condition and I was glad to try anything which would relieve me.

"Pe-ru-na was recommended to me as a fine blood remedy and tonic, and I soon found that it was worthy of praise. A few bottles changed my condition materially and in a short time I was all over my trouble.

"I owe to Pe-ru-na my restoration to health and strength. I am glad to endorse it."

Pe-ru-na Restores Strength.

Mrs. Hettie Green, R. R. 6, Iuka, Ill., writes: "I had catarrh and felt miserable. I began the use of Pe-ru-na and began to improve in every way. My head does not hurt me so much, my appetite is good and I am gaining in flesh and strength."

Libby's Food Products

enable you to enjoy your meals without having to spend half your time between them over a hot cook-stove. All the cooking is done in Libby's kitchen—a kitchen as clean and neat as your own, and there's nothing for you to do but enjoy the result. Libby's Products are selected meats, cooked by cooks who know how, and only the good of parts packed. For a quick and delicious lunch any time, in doors or out, try Libby's Malted Meat—Libby's Camp Sauce.



You CANNOT CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.

But you surely can cure these stubborn affections by local treatment with Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at drugists.

Send for Free Trial Box

THE R. PAXTON CO., Boston, Mass. FERTILIZER LIME For peaches, etc., address WALTER QUARRIES, Harrisburg, Pa.

PATENTS

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Thompson's Eye Water

If afflicted with weak eyes, use Thompson's Eye Water