

TERRIBLE TO RECALL.

Five Weeks in Bed With Intensely Painful Kidney Trouble.

Mrs. Mary Wagner, of 1367 Kosuth Ave., Bridgeport, Conn., says: "I was so weakly and generally run down with kidney disease that for a long time I could not do my work and was five weeks in bed. There was continual bearing down pain, terrible backaches, headaches and dizziness spells when everything was a blur before me. The passages of the kidney secretions were irregular and painful, and there was considerable sediment and odor. I don't know what I would have done but for Doan's Kidney Pills. I could see an improvement from the first box, and five boxes brought a final cure." Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

What one Negro Has Done.

During his recent visit to Oklahoma Booker T. Washington spoke very highly of what the negroes of the territories had accomplished. If all of them were like G. W. Sprague, a negro bricklayer in Guthrie, his praises would be more than justified. Sprague, who is now 52 years old, has acquired a tract embracing about 14 lots, which he bought when they were cheap, and they have improved in value. He has 14 children, all of whom have received a common school education. Three of them are graduates of the negro university at Langston and are now teaching school, while three more are students in the university. One son is in the army and another is a prosperous farmer in Oklahoma. The old man says that all of the younger children shall go on and receive a college training so as to give them the right sort of start in life.—Kansas City Journal.

Origin of an Old Phrase.

"Every dog has its day." The first person who said so, many dog Shakespeareans may have supposed, was Hamlet, who observes "The cat will mew and dog will have his day" as his exit words in the churchyard scene. But two earlier instances of the saying were unearthed for Dr. Murray's dictionary. Forty years before "Hamlet" Heywood wrote: "But, as every man saith, a dog hath his date," and the first recorded person to say it was none other than Queen Elizabeth, who remarked: "Notwithstanding, as a dog hath a day, so may I perchance have time to declare it in deed." The origin of the saying is lost in antiquity.—London Chronicle.

First to Reach the Top.

King Victor Emmanuel of Italy has received a dispatch from his brother, the Duke of Abruzzi, stating that he had succeeded in reaching the summit of Mt. Benzenzi, which had never before been climbed. The mountain is situated between Lakes Albert Nyanza and Albert Edward Nyanza, and is 18,000 feet above the sea level. The duke who has accomplished this feat is the same individual who has the honor of having succeeded in getting nearer the North Pole than any other white man.

Nansen Approves Women's Rights.

Dr. Fridtjof Nansen, the Arctic explorer, who has been appointed Norwegian Ambassador to Great Britain, is a firm believer in woman's rights. He and his wife are almost equally proficient in all that relates to athletics and the strenuous life. Apart from his fame as an explorer Dr. Nansen is well known as a writer on scientific topics.

BACK TO PULPIT

What Food Did For a Clergyman.

A minister of Elizabethtown tells how Grape-Nuts food brought him back to his pulpit: "Some 5 years ago I had an attack of what seemed to be La Grippe, which left me in a complete state of collapse and I suffered for some time with nervous prostration. My appetite failed, I lost flesh until I was a mere skeleton, life was a burden to me. I lost interest in everything and almost in everybody save my precious wife. "Then on the recommendation of some friends I began the use of Grape-Nuts food. At that time I was a miserable skeleton, without appetite and hardly able to walk across the room; had ugly dreams at night, no disposition to entertain or be entertained and began to sulk society. "I finally gave up the regular ministry, indeed I could not collect my thoughts on any subject, and became almost a hermit. After I had been using the Grape-Nuts food for a short time I discovered that I was taking on new life and my appetite began to improve; I began to sleep better and my weight increased steadily. I had lost some 50 pounds, but under the new food regime I have regained almost my former weight and have greatly improved in every way. "I feel that I owe much to Grape-Nuts and can truly recommend the food to all who require a powerful rebuilding agent delicious to taste and always welcome." Name given by Postum Co., Battle Creek, Mich. A true natural food to regain health, or hold it, is by use of a dish of Grape-Nuts and cream, morning and night. Or have the food made into some of the many delicious dishes given in the little recipe book found in pkgs.

Ten days' trial of Grape-Nuts helps many. "There's a reason." Look in pkgs. for a copy of the famous little book, "The Road to Wellville."

Humor and Tragedy of San Francisco's Day of Terror

By James Hopper.

OUT of that experience several pictures remain detached but vivid. At Fourth and Folsom streets, by some freak, a hydrant was still gushing out water. I still see the firemen who stood there, rushing a hose down the street flaming on both sides; I can see their chief standing at the corner, his white helmet rosy with the flame, his long slicker dripping, his mouth pouring out a volley of jolly oaths, and then these men, the hose upon their shoulders, their helmets tilted toward the terrific heat, rushing in between the roaring walls. The whole city, mind you, is burning beyond them. They have one hose, one stream of water; they are four. It was something big, the very fertility of their effort, their immense determination to do, with their whole world crashing to ruins about them, their single duty—to fight to the last the hopeless fight.

On Valencia street, at the corner of Eighteenth, a four-story wooden hotel collapsed, and now seems but one story high. Upon the ruins four policemen and 50 volunteers are working. I see them, a rope noosed about a fallen partition, tugging in concert. A hundred men are buried in those ruins. The fire is only a few blocks away. They tug, their yellow faces distorted with the effort, heads of cold perspiration weeping from their pores. At intervals they stop, all of them; they look toward the fire, their weary faces rosied with the glow, puckering in an expression of anxiety almost simian, and then with new courage they tug again.

At the end of the third day I was standing on the top of Russian Hill. The fire had then swept the city, but was still burning in the North Beach district. To the south, a little below me, was the Jones Street hill. A strange hallucination possessed me. I thought I heard strains of music. It was no hallucination. Up on the tip top of the Jones Street hill, in the middle of the street, the only thing standing for miles, was a piano. A man was playing on it; I could see his hands rising and falling, his body swaying. In the wind his long black hair and a loosened red tie at his neck streamed. The wind bore the sounds away from me, but in a lull I faintly heard the music. It was Saint-Saens's "Danse Macabre"—the death dance. His hands beat up and down, his body swayed, his hair streamed, and from the crest down over the devastated city, like a cascade, poured the notes with their sound of shaken dry bones.—Harper's Weekly.

Preservation of Forests

By John F. Lacey.

THE destruction of our forests has been going on at so great a rate as to alarm the public mind and prepare the people to accept some remedy.

The interests of irrigation and navigation have called attention to the necessity of preserving the sources of our water courses by retaining or restoring the forests from which they flow. Fortunately many millions of acres of wooded lands are still held by the national government, and about 85,000,000 acres of these lands have been set apart in 33 permanent national forest reserves. The primary purpose of these reservations is to conserve the streams and provide means of irrigation and also, in some degree, to influence the rainfall. They are well scattered in the far west, and are generally upon land which is of little value for agricultural uses.

They are reserved for the use of man and not reserved from his use. The ripened trees will be cut as they may be needed. There has been much local opposition to many of these reservations, but time and observation have greatly changed the local sentiment. The experimental stage has passed and they can therefore be accepted as an established fact, and the question naturally arises as to what extent they may be utilized for the preservation of the remains of our birds, fish and game and be used as sources of propagation and supply. At least a portion of these lands should be so used. The writer of this article has for many years endeavored to secure legislation to this end. Wyoming has shown her sympathy with the movement by declaring a permanently closed season in the part of the forests reserves adjacent to the Yellowstone National Park.—The Outing Magazine.

Rich Men's Sons Generally Are Worthless

By Rabbi Emil G. Hirsch.

Rich men's sons, inheritors of great wealth, millionaires of the Pittsburgh school, who virtually feel heir to their millions, in the main are cumberers of the earth—proud, intolerant, idle and utterly useless when they are not actually and actively vicious.

From my personal observation and acquaintance, I am convinced that 95 percent of all rich men's sons are practically worthless. Among this great majority are some who observe ordinary decency and even conform to the appearance of elementary virtues, but even their good qualities are of a negative sort. Often they receive praise, not for good they have accomplished, but for evil they have refrained from.

The money-getting faculty, the desirability of which may be debatable, is only one of the qualities that do not seem to descend from father to son. It was the great grief of the late Marshall Field's life that his son proved worthless, and that he had to leave his vast interests in the hands of others. George M. Pullman declared in his will that his two sons were no credit to him. So he cut them off with annuities of \$3000. I am not familiar enough with the Rockefeller family to be positive about it, but I imagine that John D. Rockefeller, Jr., is no exception to the rule.

It is rarely that any good quality descends to the sons of the rich. Such youths go to college, not to learn, but to make a display of wealth and to amuse themselves. Such persons cannot exercise charity. When they try they do it in a hateful thing. Charity of that particular kind is mischievous. What is needed is philanthropy—all too scarce. It will continue to be so, I fear, so long as the means of giving are so generally accumulated in the hands of the rich and their degenerate children.

A Word to Husbands

By Senator Albert J. Beveridge.

GET into the habit of happiness. It is positively amazing how we can turn every little incident into a sunbeam. One of the most worth-while families I know always joke at the table. It is as good as a vacation to take a meal with them. And, mark you, it is quite as easy to take the other course. But what a coward a man is who releases in his home all the pent-up irritability, disappointment and gloom of the day! There is no sense of such a course. It does not make you less gloomy to fill your house with gloom. You ought not to do it even from the point of view of good health. If you eat your meal in a sour silence which almost curdles the cream and scares your wife half to death, you do not and cannot digest your food. Forget it then. If you have had a hard day say to yourself: "Well, that was a hard day! Now for some rest and fun." Get into the habit of being happy, I tell you. You can do it. Practice saying to yourself when you waken in the morning, "Everything is all right"—and keep on saying it. You will be surprised how nearly "all right" the mere saying of it at the beginning of the day will really make everything.—American Motherhood.

FINANCE AND TRADE REVIEW

DUN'S WEEKLY SUMMARY

Reports of Industry and Transportation Are Also Exceptionally Good for Present Season.

R. G. Dun & Co.'s weekly review of trade says:

"Exceptionally encouraging reports for this time of the year are received regarding trade, industry and transportation, but there is no response in the market for securities. The best news of the past week comes from agricultural sections, where progress is fully maintained, harvesting of winter wheat promising a larger yield than expected, and of good quality, while corn and oats exceed anticipations; cotton picking has begun in the early districts and hay alone of the leading crops threatens to be short.

"As results on the farms become assured there is a growth of confidence that brings out large orders for fall and winter delivery of all staples. Saw mills at the Northwest are running night crews, new coke ovens are in course of construction and there is a general disposition to extend facilities in order to keep pace with expanding needs.

"More textile mills have voluntarily advanced wages 5 per cent to take effect after this month and the only important labor trouble that threatens is a local building complication that will be averted if conservative counsel prevails.

"Official returns show that foreign commerce in the fiscal year ending June 30, 1906, far eclipsed all records both as to exports and imports while the new year promises still better results because of the surplus on the farms available for consumers abroad.

"For the last week at this port alone exports were \$1,352,245 larger than in 1905, and imports gained \$914,253. Railway earnings thus far reported for July show an average increase of 7.2 per cent over last year's.

"Restoration of foundry pig to \$14 is probably the best development of the week in the iron and steel industry.

"Improvement is noted in the primary markets for cotton goods after a prolonged period of indifference on the part of buyers.

"Efforts to secure still further advances in the hide market encounter some opposition, but the general level continues about the highest on record.

"Failures for the week numbered 192 in the United States, against 193 last year, and 22 in Canada, compared with 23 a year ago.

MARKETS.

PITTSBURG.

Grain, Flour and Feed.	
Wheat—No. 2 red.....	80 82
Rye—No. 2.....	72 75
Corn—No. 2 yellow.....	60 61
No. 2 yellow, shelled.....	60 61
Mixed ear.....	60 61
Oats—No. 2 white.....	43 44
No. 3 white.....	43 44
Flour—Winter patent.....	43 44
Patent straight waters.....	40 41
Hay—No. 1 Timothy.....	15 16 25 25
Flover No. 1.....	10 75 11 25
Good No. 1.....	10 75 11 25
Brown middlings.....	19 50 20 00
Brass, bulk.....	22 50 23 50
Sugar—Wisco.....	7 50 7 50
Oat.....	7 50 8 00

Dairy Products.

Butter—Eight creamery.....	22 21
Ohio creamery.....	21 21
Fancy country roll.....	19 20
Cheese—Ohio, new.....	12 13
New York, new.....	12 13

Poultry, Etc.

Hens—per lb.....	11 15
Chickens—dressed.....	16 13
Eggs—Pa. and Ohio, fresh.....	19 20

Fruits and Vegetables.

Potatoes—Fancy white per bu.....	55 30
Cabbage—per ton.....	13 00 15 00
Onions—per barrel.....	2 00 2 25

BALTIMORE.

Flour—Winter Patent.....	5 05 5 25
Wheat—No. 2 red.....	84 85
Corn—No. 2 mixed.....	40 40
Patent straight waters.....	46 47
Butter—Ohio creamery.....	16 20
Butter—Pennsylvania first.....	14 25

PHILADELPHIA.

Flour—Winter Patent.....	5 05 5 25
Wheat—No. 2 red.....	84 85
Corn—No. 2 mixed.....	40 40
Oats—No. 2 white.....	35 36
Butter—Creamery.....	16 20
Eggs—Pennsylvania first.....	16 20

NEW YORK.

Flour—Patents.....	5 00 5 15
Wheat—No. 2 red.....	85 86
Corn—No. 2 mixed.....	67 68
Butter—Ohio creamery.....	28 29
Eggs—State and Pennsylvania.....	16 18

LIVE STOCK.

Union Stock Yards, Pittsburg.

Cattle.	
Extra, 1,400 to 1,600 lbs.....	53 75 56 00
Prime, 1,200 to 1,400 lbs.....	50 50 52 00
Good, 1,000 to 1,200 lbs.....	48 50 50 00
Fair, 800 to 1,000 lbs.....	45 50 47 50
Common, 700 to 800 lbs.....	40 75 43 00
Common to good fat oxen.....	37 50 40 00
Common to good fat bulls.....	2 50 4 15
Butters, 700 to 800 lbs, per bu.....	2 00 4 00
Fresh cows and springers.....	16 00 40 00

Sheep.

Prime wethers.....	5 00 5 75
Good mixed.....	5 25 5 50
Fair mixed.....	4 75 5 00
Culls and common.....	2 50 4 00
Culls to choice lambs.....	5 50 7 95

Hogs.

Prime heavy hogs.....	7 05 7 20
Prime medium weight.....	7 10 7 20
Best heavy Yorkers.....	7 30 7 40
Good high Yorkers.....	6 50 7 00
Pigs, as to quality.....	6 75 6 80
Common to good roughs.....	5 40 5 80
Stags.....	4 00 4 35

Calves.

Veal Calves.....	4 50 6 50
Heavy and thin calves.....	6 00 6 50

All tonnage men in Lebanon working under the jurisdiction of the Amalgamated association stopped work in response to a strike order issued which affects all mills in the east. The demand upon which the strike is based is for an increase from \$4 to \$4.50 a ton for puddlers and a proportionate increase to finishers.

The school board of Centerville, Washington county, will ask the court to dissolve the board owing to trouble over the erection of an \$8,000 high school building. The board is deadlocked on the building question and also the election of teachers.

Kitchen of the Sultan.

The imperial kitchen of the Sultan of Turkey is more like a fortress than a place to cook his meals, for it has an armor plate door and is fitted with locks which can be opened by only one man. As each course is prepared it is placed on a silver dish, which is sealed with red wax by the keldardji, the official responsible for his sovereign's food, and then a black velvet cover is placed over the dish to keep it warm. A procession of people follow the meal into the imperial chamber, the seals being broken in the Sultan's presence, and often the keldardji is requested to taste some particular dish. The cost of the Sultan's food does not exceed \$1,000 a year, for it is mostly entrees and boiled eggs, but to feed the numerous members of his household and pay all domestic expenses lessens his annual income of \$2,000,000 to \$1,400,000 a week.—New York Herald.

To Cure Thumb Sucking.

Taking an appropriately sized thin rubber ball, an oval hole is cut to loosely fit the wrist, and the surface ventilated by very numerous punches with a stable harness punch. A cheesecloth bag is sewed on to the oval hole, and a tape run in and out of the cloth at this aperture, which can be gently tied at the wrist. A woolen mitten can be worn within this if required for cold weather. Several sizes have to be made at intervals of two months, to allow for growth. For half an hour night and morning these are removed and the child taught gradually to pat a cake and play with her own hands. After four months the child will be completely broken of the habit, but still must wear them at night as a precautionary measure.—New York Medical Journal.

Grammar of the Home.

In many families the education of the children is committed almost exclusively to the schools, and this sufficiently accounts for the atrocious errors of speech often noted in circles where we might expect better things. It matters not how faithful the teacher may be, the child will inevitably imitate the language heard at home, and forge the instruction of the school. When the child hears incorrect language in the family and imbibes it freely from vicious books he is probably going to speak ungrammatically as long as he lives. A writer on the educational process says that the years from eight to twelve constitute the habit-forming period. This is the time to break the human habit, in some sense the wildest of all animals. Errors in the use of the mother tongue adopted during this time are difficult to correct.—Philadelphia Ledger.

FITS, ST. Vitus Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. R. Kline, Ltd., 931 Arch St., Phila., Pa.

A steel chimney 260 feet high was recently completed in South Wales.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Selling Baptismal Water.

A company has been formed in Berlin for the purpose of selling water from the River Jordan for the purpose of baptism. The water is to be sold at 15 marks (\$3.60) a bottle, and every pastor who sells a bottle of it is to be entitled to a discount of 4 marks.

SPENT \$50 WITH DOCTORS.

Got Barber's Itch From Shaving—Worse Under Doctor's Care—Cured by One Set of Cuticura—Cost \$1.

"I want to send you a word of thanks for what the wonderful Cuticura Remedies have done for me. I got shaved and got barber's itch, and doctored with my own doctor, but it got worse all the time. I spent in all about fifty dollars with doctors, but still it got worse. A friend of mine wanted me to try the Cuticura Remedies. As I had tried everything, I was discouraged. I bought one set of the Cuticura Remedies (Soap, Ointment and Pills, cost \$1.00), and they cured me entirely, so I cannot praise them too much. I would be willing to do most anything for the promotion of a cause like the Cuticura Remedies. They are wonderful, and I have recommended them to every one where occasion demanded it. I think every family should know about the Cuticura Remedies where they live children. Allen Ridgway, Station Master, the Central Railroad Company of New Jersey, Barnegat Station, N. J., Oct. 2, 1905."

One Way to Advertise.

A preacher in Leavenworth, Kan., is evidently a believer in advertising. On the scoreboard of last Sunday's baseball game appeared this notice: "If you are a fan go to the Presbyterian church tonight and hear the Rev. Dr. Elwood Linn on a few hot ones."—New York Tribune.

Chickens Earn Money!

If You Know How to Handle Them Properly.

Whether you raise Chickens for fun or profit, you want to do it intelligently and get the best results. The way to do this is to profit by the experience of others. We offer a book telling all you need to know on the subject—a book written by a man who made his living for 25 years in raising Poultry, and in that time necessarily had to experiment and spent much money to learn the best way to conduct the business—for the small sum of 25 cents in postage stamps.

It tells you how to Detect and Cure Disease, how to Feed for Eggs, and also for Market, which Fowls to Save for Breeding Purposes and indeed about everything you must know on the subject to make a success.

SENT POSTPAID ON RECEIPT OF 25 CENTS IN STAMPS.

BOOK PUBLISHING HOUSE,

134 LEONARD ST., N. Y. CITY.

A PRETTY MILKMAID

Thinks Per-na is a Wonderful Medicine.



MISS ANNIE HENDREN.

MISS ANNIE HENDREN, Rocklyn, Wash., writes: "I feel better than I have for over four years. I have taken several bottles of Per-na and one bottle of Manalin. "I can now do all of my work in the house, milk the cows, take care of the milk, and so forth. I think Per-na is a most wonderful medicine. "I believe I would be in bed to-day if I had not written to you for advice. I had taken all kinds of medicine, but none did me any good. "Per-na has made me a well and happy girl. I can never say too much for Per-na." Not only women of rank and leisure praise Per-na, but the wholesome, useful women engaged in honest toil would not be without Dr. Hartman's world renowned remedy. The Doctor has prescribed it for many thousands of women every year and he never fails to receive a multitude of letters like the above, thanking him for his advice, and especially for the wonderful benefits received from Per-na.

Libby's Food Products

Libby's Ox Tongue

Libby's

All are selected meats, prepared for your table in a kitchen as clean as your own.

Ready to serve any time—fit to serve anywhere.

All are economical—and all are good. Whether your taste be for Boneless Chicken, Veal Loaf, Ox Tongue, Poised Ham, Dried Beef, there is no way you can gratify it so well as by asking for Libby's. Try Libby's delicious cooked Ox Tongue for sandwiches or sliced cold.

Booklet free. "How to Make Good Things to Eat." Write Libby, McNeill & Libby, Chicago.

YOU CANNOT CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.

But you surely can cure these stubborn affections by local treatment with

Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharge, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at druggists.

Send for Free Trial Box

THE R. PAXTON CO., Boston, Mass.

WINTER PATENTS 28 to 30¢ free. Highest refs. Long experience. Fringed & C. C. West, St. Washington, D.C.

P. N. U. 30, 1906.

Thompson's Eye Water

If afflicted with weak eyes, use

