



HAD GIVEN UP ALL HOPE. CONFINED TO HER BED WITH DYSPESPIA.

"I Owe My Life to Per-na," Says Mrs. Huffaker. Mrs. Mittie Huffaker, A. R. No. 3, Columbia, Tenn., writes: "I was afflicted with dyspepsia for several years, and at last was confined to my bed, unable to sit up."

Revised Formula. "For a number of years requests have come to me from a multitude of grateful friends, urging that Per-na be given a slight laxative quality. I have been experimenting with a laxative addition for quite a length of time, and now feel gratified to announce to the friends of Per-na that I have incorporated such a quality in the medicine which, in my opinion, can only enhance its well-known beneficial character."

Queen Alexandra's Attendants. There are in all 15 ladies in personal attendance upon Queen Alexandra, the first being mistress of the robes, then the ladies of the bed chamber and maids of honor.

DON'T MISS THIS. A Cure For Stomach Trouble—A New Method, by Absorption—No Drugs. Do You Belch? It means a diseased stomach. Are you afflicted with Short Breath, Gas, Sour Eructations, Heart Pains, Indigestion, Dyspepsia, Burning Pains and Lead Weight in Pit of Stomach, Acid Stomach, Distended Abdomen, Dizziness, etc.?

Send this coupon with your name and address and your druggist's name and 10c in stamps or silver, and we will supply you a sample free if you have never used Mull's Anti-Belch Wafer, and will also send you a certificate good for 25c toward the purchase of more Belch Wafers. You will find them invaluable for stomach trouble; cures by absorption. Address: MULL'S GRAPE TONIC CO., 328 3d Ave., Rock Island, Ill.

W. L. DOUGLAS \$3.50 & \$3.00 SHOES FOR MEN. W. L. Douglas \$4.00 Clit Edge Line cannot be equaled at any price. Includes image of a shoe and a man in a suit.



Walking at Night. When I wake up alone at night I feel as if I had no eyes. I stare and stare with all my might, But only blackness round me lies.

Duck-on-a-Rock. This game has been the delight of many generations of boys. A large rough stone is chosen for the "rock," and each player provides himself with a stone—about as large as can conveniently be held in the hand.

Greediness of Herons. A trapped heron, weighing scarcely four pounds, was found to have swallowed two trout, one weighing two pounds and the other a pound and a half.

Smallest Sheep in the World. The smallest sheep in the world is the tiny Breton sheep. It is too small to be profitable to raise, for it cannot have much wool, and as for eating, why a hungry man could eat almost a whole sheep at a single meal.

The Kildeer. A Kildeer is a member of the family Charadriidae, composed of the plovers. This family has in it about 100 species, of which eight are found in North America.

Alfred's Prayer. "Mamma," said Alfred one night, as he was going to bed, "I prayed that God would keep us children from quarreling, but he has not answered that as yet, for sister Daisy and I quarreled dreadfully today."

What We Know of the Sun. A very wonderful and, in some respects, mysterious object is the sun—a typical star, the nearest one, and not so far away as to prevent us from studying it in detail—and yet presenting conditions so different from those we can obtain in our laboratories that to a considerable extent it defies our reasonings and renders our conclusions merely conjectural.

FINANCE AND TRADE REVIEW

MANUFACTURING BOOMS Returns Indicate but Few Strikes and Little Idle Machinery—Railway Earnings Increase.

R. G. Dun & Co.'s Weekly Review of Trade says: "Higher temperature accelerates the movement of seasonable merchandise and improves agricultural conditions, except where the precipitation has been insufficient."

Customary quiet prevails in certain lines that are between seasons, and mercantile collections are still irregular, yet the future is regarded with increasing confidence. Manufacturing returns indicate few strikes and little idle machinery.

Strength still prevails in the hide market, although large tanners are not operating freely, but numerous small orders make a good showing in the aggregate, and there is no evidence of trading below full rates.

MARKETS.

Table with columns for Market, Price, and Quantity. Includes entries for Wheat, Corn, and Flour.

Table with columns for Market, Price, and Quantity. Includes entries for Butter, Eggs, and Poultry.

Table with columns for Market, Price, and Quantity. Includes entries for Apples, Potatoes, and Cabbages.

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Voters Emigrating.

San Marino, the smallest republic in the world, will soon be without voters if its rate of emigration keeps up. It has only 1,700, including widows, but it is still a good republic.

Richest Senator. Senator Clark, of Montana, the richest man in the Senate, and one of the richest men in the country, is the most solitary man in public life in Washington.

FITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer, \$2 trial bottle and treatise free.

Good Field for Surgery. The surgical operations on the skulls of boys in Philadelphia and Toledo, by which they were converted from incorrigibly bad boys to models of good behavior, suggest that the scientists might find a field of work in the Senate.

There's more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable.

Superstitions of Farmers. Farmers "stick to the moon" in regard to planting corn and other crops. Some of them will not under any circumstances plant corn in moonlight nights.

The New Postal Notes. Postmaster General Cortelyou's new postal note of small denominations, designed to obviate the business necessity of transmitting stamps through the mails in lieu of coins, includes special forms for 1, 2, 3, 4, 5, 6, 7, 8 and 9 cents.

BREAD DYSPESPIA. The Digesting Element Left Out. Bread dyspepsia is common. It affects the bowels because white bread is nearly all starch, and starch is digested in the intestines, not in the stomach proper.

Under the shell of the wheat berry Nature has provided a curious deposit which is turned into diastase when it is subjected to the saliva and to the pancreatic juices in the human intestines.

This diastase is absolutely necessary to digest starch and turn it into grape-sugar, which is the next form; but that part of the wheat berry makes dark flour, and the modern miller cannot readily sell dark flour.

Small wonder that appendicitis, peritonitis, constipation, and all sorts of trouble exist when we go so contrary to Nature's law. The food experts that perfected Grape-Nuts Food, knowing these facts, made use in their experiments of the entire wheat and barley, including all the parts, and subjected them to moisture and long continued warmth, which allows time and the proper conditions for developing the diastase, outside of the human body.

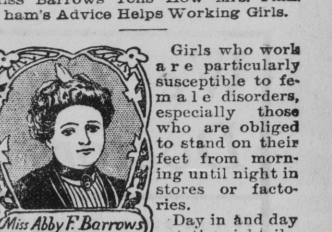
In the way the starch part is transformed into grape-sugar in a perfectly natural manner, without the use of chemicals or any outside ingredients. The little sparkling crystals of grape-sugar can be seen on the pieces of Grape-Nuts. This food therefore is naturally pre-digested and its use in place of bread will quickly correct the troubles that have been brought about by the too free use of starch in the food, and that is very common in the human race to-day.

The effect of eating Grape-Nuts ten days or two weeks and the discontinuance of ordinary white bread, is very marked. The user will gain rapidly in strength and physical and mental health.

"There's a reason."

CORDIAL INVITATION

ADDRESS TO WORKING GIRLS Miss Barrows Tells How Mrs. Pinkham's Advice Helps Working Girls.



Girls who work are particularly susceptible to female disorders, especially those who are obliged to stand on their feet from morning until night in stores or factories. Day in and day out the girl toils, and she is often the bread-winner of the family.

Miss Abby F. Barrows, Nelsonville, Athens Co., Ohio, tells what this great medicine did for her. She writes: "I feel it my duty to tell you the good Lydia E. Pinkham's Vegetable Compound and Blood Purifier have done for me."

"I took them I was very nervous, had dull headaches, pains in back, and periods were irregular. I had been to several doctors, and they did me no good. Your medicine has made me well and strong. I can do most any kind of work without complaint, and my periods are all right."

"I am in better health than I ever was, and I know it is all due to your medicine. I recommend your advice and medicine to all who suffer."

It is to such girls that Mrs. Pinkham holds out a helping hand, and extends a cordial invitation to correspond with her. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of charge.

THE SIGN OF THE FISH. TOWER'S FISH BRAND. Has stood for the BEST during seventy years of increasing sales. Remember this when you want water-proof oil coats, suits, hats, or horse goods for all kinds of wet work.

"From the cradle to the baby chair" HAVE YOU A BABY? If so, you ought to have a PHOENIX WALKING CHAIR.

"AN IDEAL SELF-INSTRUCTOR." OUR IDEAL Walking Chair holds the child securely, preventing those painful falls and bumps which are so frequent when baby learns to walk.

"BETTER THAN A NURSE." The chair is provided with a removable, sanitary cloth seat, which supports the weight of the child and prevents bow-legs and spinal troubles; it also has a table attachment which enables baby to find amusement in its toys, etc., without any attention.

"As indispensable as a cradle." It is so constructed that it prevents soiled clothes, sickness from drafts and floor germs, and is recommended by physicians and endorsed by both mother and baby. Combines pleasure and utility. No baby should be without one. Call at your furniture dealer and ask to see one.

Drill for Water. Prospect for Minerals, Drift and Blast Holes. We make DRILLING MACHINES For Horse, Steam or Gasoline Power. Latest Traction Machine. LOOMIS MACHINE CO., TIFFIN, OHIO.

DROPSY NEW DISCOVERY: gives quick relief and cures all cases of dropsy, edema, and 400 other treatments. Free. Dr. H. H. GREEN'S SOFT, For E. Atlanta, Ga. PATENTS: 48 n. book free. Highest refs. Long experience. Fitzgerald & Co., Dept. 84, Washington, D.C.