into gloomy despair, recognizing the futility of trying to dispose of his wares to such an unresponsive com-

The only trace of animation in evi-The only trace of animation in evidence adown the aisle of the whole train was found in the coach behind the smoker. Here a baby lustily protested against goodness knows what, and here a group of sympathizing kin endeavored to comfort him. Certainly he could not rightly complain of neglect. He was being regaled with attentions the most solicitous, and espetentions the most solicitous, and espe-cially from his custodian-a girl of ciaily from his custodian—a girl of fifteen, who patted him and danced him and tempted him with an endless variety of distractions. But her wiles were in vain. He refused to be turned aside from the shrill recital of his woes, real or imaginary Occupying a double seat opposite,

Occupying a double seat opposite Horace Kilroy, general superintenden of the western division of the road or the western division of the road, fumed and remonstrated under his breath. He repented having come into one of the ordinary coaches, but, on the other hand, how otherwise was he to pursue his pet method of keeping posted on all the workings of his deposted of an file workings of the argued that unless he sometimes doffed his official privilege of private car and pass, and rode on a ticket, like everybody else, he could not gain the complete knowledge which he was after. He was thus brought into close contact with patrons and employes, and if he was enabled to remain incognito so much the better.

In truth, the indulgences of his hob-

by had its disadvantages also, and was now putting the finishing polish on what he considered to be the most disagreeable trip he ever had taken over his line. But he was determined over ins line. But he was determined to stick it out. He had encountered a number of offending matters in both management and manners, and he was headed homeward with his notebook full of memoranda which boded ill for his subalterns.

In the Chicago office the force clerks was waiting in fear and trem-bling the arrival of the executive. From a single curt, decisive message addressed to the chief clerk all apprehended that trouble was in store somebody. Whenever the general superintendent came back cross and nervous his immediate subjects paid the penalty for being present.

Superintendent Kilroy gazed on the

Superintendent Kilroy gazed on the baby as on an intolerable nuisance. He made a resolve that he would propose to the management of the system the introduction, as an experiment, of a special coach, noise-proof, for the conveyance of babies and party. No doubt the traveling public would hair this as a blessed innovation.

Perhaps he would favor the prohibiting the carrying of children without an adult escort. Here was a case in

an adult escort. Here was a case in point across the aisle. Reclining half an adult escort. Here was an adult escort. Here was point across the aisle. Reclining half at length in his corner, from beneath his hat tipped over his eyes he wrathfully scrutinized the "case." Five children unattended—one a baby, and the eldest one a mere chit—outrageous. Had a mother or other mature person been with them of course that baby would not be acting so; it would be quiet somehow. The superintendent possessed vague ideas concerning babies, he being a bachelor.

The little family obtruded itself upon the little family obtruded itself upon "asked the superintendent." I don't know, sir," said the older three children who had formed a wondering audience, crowded and clamored after the superintendent. "Fargo, in Dakota," she réplied, her manner not yet free from timility. "We've lost all our money." vouchsafed Miss' Eight-year-old, frankly. "That's too bald! How did it happen?" asked the superintendent. "I don't know, sir," said the older volume of the superintendent. "I don't know, sir," said the older volume of the superintendent. "I don't know, sir," said the older volume of the superintendent. "I don't know, sir," said the older volume of the superintendent. "The superintendent of the superintendent

The little family obtruded itself uponthe superintendent's observation rather more than he desired. He could
shut it out from neither sight nor hearing. The fact was very irritating. He
was of the opinion that at least two of
the children badly needed washing.
Yet conscientiously he could not blame
the busy young body in charge.
She herself was disheveled, but was
doing her hest. She had a worried,
motherly way about her that was
quite at variance with the two slender
flaxen braids hanging down her back.
Her face was round and pink, and her
eyes were a clear gray-blue. She wore

Her face was found and plant, and he eyes were a clear gray-blue. She wore a plain, sober-colored frock, with none of those pretty ribbons and dainty tucks so dear to the heart of any girl. However, she bore an air of neatness. However, she bore an air of neatness, as much neatness as was compatible with the intimate supervision of four active juniors—a miss of eight, a miss of six, a rogue of three, and a regular rascal assuredly, no more than ten months. With these to right and to left and in front, and a huge telescope bag threatening her from the rack above—ah, what a plight, even were not the baby crying incessantly?

shouting.

The superintendent, now wide awake, knew that sleep would not ap-

awake, knew that sleep would not approach him again with these conditions prevailing. He had lost his opportunity, and he grumbled and kicked his feet with imposent wrath.

Although one after another of her band, with the exception of the infant, was constantly at the fee water tank, and each time brought back, as in duty bound, the tin cup for her use, it was a question whether the head of the flock derived much benefit from these efforts. The passage of the cup the lock derived much benefit from these efforts. The passage of the cup was hazardous with so many lurches and other disastrous experiences! Be-sides, she divided with the baby. At last she could no longer resist thirst last she could no longer resist thirst aggravated from time to time by a few drops, and she ventured an expedition on her own account.

Ostensibly the baby was left in the

ostensing the baby was left in the care of the three remaining children, but in reality, owing to the fact that this trio at once shyly followed the leader up the aisle, he was abandoned to his fate. Promptly he rolled off the seat, into the aisle, and almost under the dismayed superintendent. There was nothing also to do the superint was nothing else to do—the superin-tendent stooped and gingerly rescued him. The baby's cries had been inter-rupted by the accident, and they did rupted by the accident, and they are not now recommence. He stared blankly at his preserver. Each was afraid of the other. The stare of mental apprehension was relieved by the flurried reappear-

ance of the youthful nurse. With a flushed countenance she hastened to lighten the superintendent of the burden lying so awkwardly in his arms. To her overtures the baby responded with an energetic scream of objec-

on.
"Sh-sh-sh!" said the girl. "Come

"It seems to prefer me, doesn't it?" huskily admitted the superintendent, set back by the change of pro-gramme. The baby, clinging to him with astonishing strength, was quiet ace more.
"Yes sir," replied the girl, with em-

"Yes sir," replied the girl, with embarrassed shyness.
"Perhaps I'd better keep it a while, if that will stop its crying. Maybe it will go to sleep," he suggested, seizing on a possible reprieve for himself and his suffering neighbor.
"I don't know, sir," answered the girl, doubtfully.
"Well, we'll see," he continued looking down at the small being on his

ng down at the small being on his

ing down at the small being on fils lap. "Am I holding it right?"

"Yes, sir;" he doesn't mind having his legs twisted a little," assured the girl. "When he goes to sleep you can lay him down. But I think I ought

lay him down. But I think I ought to take him."
"No, indeed," interposed the super-intendent, in memory hearing those appalling sounds renewed.

He sat there stiffly, bolt upright, not daring to move, the baby clasped in his arms, and he felt very silly. This was the first baby that he ever nad handled, and he was over forty. On his part the baby was peering up On his part the baby was peering up

on his part the bady was pectrag of with all his might, but his eyes were becoming drowsy.

"You can sit here if you like, where you can watch," said the superintendent to the girl, indicating the seat the control of "You don't mind riding

facing him. "You don't mind riding backward?" he added, politely.
"Oh, no, sir," she declared; and she slipped in. The other three children.

pen? asked the superintendent.
"I don't know, sir," said the older
girl. "Only after we got on this train
I found I didn't have any more."
"And what will you do?" pursued
the superintendent.

"Our tickets take us to Chicago, and

when we get there I'll telegraph papa," she returned proudly.
"And where's papa?" persisted the

"And where's papar" persisted the superintendent.
"Why, he's in Dakota, on a farm, and he's to meet us in Fargo."
"But I'm afraid you can't telegraph to Fargo without money to pay for the message; and, besides, how is he to know there's a telegram for him?" excepted the superintendent.
"Oh!" exclaimed the girl, puzzled for a moment, but nevertheless undamnted.

months. With these to right and to left and in front, and a lunge telescope bag threatening her from the rack above—ah, what a plight, even were not the baby crying incessantly?

Imbued with the firm conviction that not only infants, but all children should be restricted to that car which he had in project, finally the superintendent cautiously obeyed the recommendation. The operation was conducted to a successful completion, and the thoroughly subdued infant slumbered peacefully are few winks he simply must have despite the undiminished shrieks. He had just succeeded in skirting the firmeshold of Nod when a light touch on his hand lying on the cushioned seat disturbed him again. He opened

And yet, strange to say, he found that his ill-humor was fast vanishing, ... "So this is Hilda?" he asked. "Then what is seen."

what is your name?"

"Louise—Louise Swansson. And that is Gusta, and that is John, and the baby is Peter."

"Mamma's dead," announced Hida, in a matter-of-fact way.

"Yes," explained Louise, with grow-increasing the property against the second of the company of of the

gasurance in her new acquain ce. "We lived in Byport, Pennsy nia, and papa went out to Dakot or a year ago, and when mammed he sent for us to come to him. ew as counting on having us all 'as oon as he got settled." Louise's yes filled with tears. "Well' well, that's a long journey— nd just you in charge!" ejaculated

he superintendent. "Say—I like you!" stated Hilda, can-

"Say—I like you!" stated Hidda, candidly thrusting her hand into his.

This frank avowal rather startled the superintendent, who was-not used to such overtures. "Thank you," he unswered reservedly, not wishing to court further advances from the susceptible but grimy young lady."

Futile was his dodging. In an instant, without warning, came an attack from another quarret." "Master John it was who unceremoniously

ohn it was who unceremoniously lumped down upon his lap and af-ectionately embraced him. "Oh, Johnnie, don't!" pleaded Louise, orrified at the audacity

orrified at the audacity. "Never mind; let him stay," spoke he superintendent, bravely.

Johnnie stayed, to be joined within a noment by Gusta, equally as ambi-

ious.
Said the grinning brakeman, who
ong ago had recognized the official,
out had pretended ignorance, to the
onductor, who also was in the secret,
Look at the 'old man' will you! Regular chappy family, isn't he! Some-body ought to take a photograph of

Could the superintendent's many Could the superintendent's many friends and associates, business and social, have seen him thus engaged when the train pulled into Chicago they would have gazed agape, thunderstruck, nearly incredulous. And the sight of this same superintendent conveying those children into the station would have clapped the climax!

"You're to stay here, remember, until five o'clock," he instructed, when Louise and her youngsters and bag and all had been safely ensconced up-

and all had been safely ensconced up-on a seat in the waiting-room. "One of the men in red caps will tell you when your train is ready—and I'll see to it that they take you to Fargo." "Do you own all the railroads?"

nsked Hilda, admiringly.
"Not quite, Hilda," he replied.
"Goodbye!"

On his way to the door he beck On his way to the door he beck-oned to a station attendant. "George." he directed. "you see those children over there—four and a baby. Look after them, will you, please? They're friends of mine—going to Fargo, and I'll depend on you to put them aboard the five o'clock L. & D. And, George." handing him a dollar." "you might get some sandwiches and oranges and other truck. They've lost their money. Children always want to eat, I beother truck. They've lost their money Children always want to eat, I be

"Yes, sir; I'll look after them, Mr asserted the man

Kilroy, sure," asserted the man. With this the sup rintendent hurried to the curb, sprang into a cab, and was whirled off to his office.

All the day the atmosphere throughout his suite had been depressing, for it was suspected that he was returning in a temper which meant a general and brusque upheaval. No clerk, however humble, but feared that the first yietim of displeasure might be however numble, but leafed that he first victim of displeasure might be himself. The superintendent's heel's striking sharply along the floor of the corridor were heard in the outer office, and by that subtle species of wireless telegraphy termed "intuition" the

word was passed from desk, "The 'old man' is coming! He opened the door—and he was whistling! Actually whistling! As he strode through his own private apar strode through his own private apart ment he whistled on! The clerk glanced at one another in relieved sur prise. A smile showed here and there and it seemed as if the sun were shin ing again. Hardly had Mr. Kilroy en tered his sanctum ere he rang his bell

"Send in Johnson," he ordered.

Johnson, not entirely devoid of foreboding, obeyed the summons.

"I want you to make out an appli "I want you to make out an appli-cation—in the usual way—to the L. & D. for transportation to Fargo—charge to my account—for Louise Swansson and family, S-wa-n-s-s-on—got it? All right. Go over with it yourself and wait for the pass, and take if down to the station and give it to Miss Swansson. She's in the ladies' wait-ing-room with three children and a ing-room with three children and a baby. She's to go out on the five-o'clock. A girl of fifteen, three other children and a baby—you can't help find them. The chances are you'll hear the baby before you reach the

The bewildered clerk had sens enough left to smile at the concluding sarcasm of his superior.

"Yes, sir; I'll go at once, sir," he

"And—here, Johnson — you might give the young lady this. Tell her it's for the baby."

"I—I hope you had a pleasant trip, dr. Kilroy," he hazarded, boldly, as test to know the worst—if there was

worst. Perhaps the superintendent's banity was only surface deep.

"Oh—quite pleasant; in fact, unusual-pleasant, thank you," averred the perintendent unconcernedly. "Things e in good shape. Now don't fail to the transportation to the station.

As the clerk made his exit, with him through the open door drifted the welcome sound of Superintendent Kil-roy's whistle—cheery, satisfied and oy's whistle—cheery, satisfied and eassuring.—Woman's Home Compan

With the Funny



The violet came out too soon
The big, wide world to view,
And any one who looks can see
Its little nose is blue.
—New York Times. The Test.

First Chauffeur—"Did he keep his presence of mind after the accident?" Second Chauffeur—"Yes; as soon as the doctor came he asked him to pre-scribe for the auto."

In Style.
Gunner—"That is the toniest fish peddler in town."
Guyer—"I don't see why. He still toots a horn."
Gunner—"Yes, but it is an automo-

Knew Her Way.

Towne—"That was a pretty parasol our sister had yesterday." -"Yes, my wife is going to Browne

et one like it."

Towne—"Ah, she told you so?" Browne—"No, but I told her not to."
-Philadelphia Press.

Too Quiet.
"I hear she had a very quiet wedding."
"Quiet? I should say so. She ran away with a young scapegrace."
"Ah! That's the sort of quiet wedding that usually leads to a noisy divorce."—Philadelphia Press.

Comparing Records.

"No, indeed," she said, "I can never be your wife. Why, I had haif a dozen offers before yours."

"Huh!" rejoined the young man in the case. "That's nothing. I proposed to at least a dozen girls before I met you."—Chicago Daily News.



"Why are your country roads so that the automobiles cannot

Insinuating

"Who owns that painting?"

"But I am not the artist. I am the

buyer Again I say well done." "Do you mean, sir, the picture or me?"

Nothing But Action

Nothing But Action.

"Is there much action in the new play you appeared in last night?" asked Mr. Walker Tighs.

"Well, I guess yes," replied Mr. Stormington Barns. "I was kept on the move all evening dodging vegetables and eggs that had seen better days."

It's Different Now.

"Is Tim Slimmers still paying atter tion to 'Mandy Tompkins?" asked the man who had been away from home for some time.

"No," answered 'Corntossel. "They don't either of 'em pay any 'tention to They're married."-Washington Star.

Legal Deduction.

"Ah, my friend," said the passenger with the unbarbered hair, "what can be more delicious than clear, cold water in the early morn, fresh from the pump?"
"Water," rejoined the hardware "Water," rejoined the hardware drummer, "is certainly a good thing. By the way, are you in the milk business?"—Chicago Daily News.

Cause For Prides

Naggsby—"Simley certainly has reasons to be proud of his wife."

Mrs. Naggsby—"Why do you think

Naggsby-"She doesn't assume the look of a martyr or try to change the subject when he attempts to tell a funny story."—Detroit Tribune.

Sarcasm.

Mr. Sapphead-"Charlie Hiroll has actually disgraced his family by going into trade."

Miss Sulfuric—"Let me see, he had

already committed forgery, embezzle-ment and one or two other things, had

Mr. Sapphead—"Yaas."

Miss Sulfuric—"Well, what you expect of a fellow like that?"

"I'm downright discouraged," said the man who always looks on the dark side of life. "That's what I am; down-

right discouraged."
"What's the trouble?"
"Every summer that I can remember has produced a day that broke all previous records for beat."

"What of it,"
"Well, figure it out for yourself.
Suppose it keeps up the pace for five
or six years more?"—Washington Clar.

KEYSTONE STATE GULLINGS

TWO KILLED, MANY HURT.

Excursion Train Meets Passenger Head-On Near New Castle-Victims Were Buried in Wreckage.

A heavily laden excursion A heavily laden excursion train, bound for the Stoneboro fair from New Castle, collided head-on with a regular passenger train on the Pennsylvania railroad a mile south of New Wilmington Junction. The accident caused the death of two men and the injury of more than 30 others, two of whom are likely to die, and 21 of whom were very badly hurt. The dead are: L. C. Maskray, New Castle, engineer of regular passenger train; W. J. Cannon, Stoneboro, fireman, regular passenger train. train.

When Coroner W. H. Sipe of Washington was asked if he had been notified of the death in Robinson township of David White, concerning whom a Pittsburg newspaper printed a sensational story of murder and robbery, the coroner said he had received no official notification of Mr. White's death, that he had taken no action, and had no intention of taking any. Coroner Sipe said that in conversation with neighbors of Mr. White he had learned that death was due to pneumonia, as stated by Dr. Marlin, of Clinton, who had charge of the case.

Jessie Henderson of Mt. Pleasant,

Jessie Henderson of Mt. Pleasant Jessie Henderson of Mt. Pleasant, was acquitted of the murder of Perry Lowry, of Blairsville at Pleasant Unity of July 25 at Greensburg. Self-defense was proved. Clark Neil, charged with the murder of E. H. Stahlnecker at Blairsville Intersection, was acquitted. Neil testified that upon returning home one night he met Stahlnecker and spoke to him. He alleges that Stahlnecker made a movement as if to draw a revolver. Neil claimed he then shot, thinking he was about to be attacked.

thinking he was about to be attacked.

An affidavit of a new political party called the Lincoln party was filed in the prothonotary's office at Somerset by Alexander B. Groff, editor of the Somerset County Democrat and chairman of the Democrat County Committee. The affidavit is sworn to by Peter Heffley, of Somerset township; E. D. Glessner, of Stoney Creek township; Solomon D. Shoemaker, Haywood T. Montgomery and Samuel F. Sharrah, of Somery and Samuel F. Sharrah, of Somery and Samuel F. Sharrah, of Somerse and Samuel F. Sharrah, of Somery and Samuel F. Sharrah, of Somerse and Shoemaker, Haywood T. Montgomery and Samuel F. Sharrah, of Somerset borough, all qualified voters residing in the county.

siding in the county.

The grand jury at Waynesburg returned true bills against John Straight, the Aleppo township farmer recently placed in jail for assault with intent to kill his daughter, Miss Jessie Straight, and for other crimes against her. The girl was brought here from Washington hospital to testify against her father, She has almost recovered from the five bullet wounds inflicted by him. but both hands will be permanently crippled. A 32-caliber bullet is still lodged near the base of the brain.

Driven desperate by jealousy over

Driven desperate by jealousy over attentions her husband had been pay ing to her unmarried sister, Mrs attentions her husband had been paying to her unmarried sister, Mrs. Elizabeth Mercer, wife of Joseph L. Mercer, of New Castle, drank two ounces of carbolic acid at her home and died within a few minutes, in terrible agony. Her husband witnessed the desperate deed and was severely burned upon the hands by the fiery acid while struggling with his wife to prevent her swallowing it. The pottery plant of the Shenango China Co., which was last week purchased by local capitalists at public sale, under the receiver, Attorney Eugene N. Baer, was put in operation at New Castle by the new owners. About 150 men are now employed and the plant will be run full turn, giving work to 250 men, as soon as the order of sale is officially confirmed.

order of sale is officially confirmed. Frederick Gerthing, of Sharpsville, has had stomach trouble for a number of years. On Sunday he was seized with yomiting spells, and during one of the paroxysms a live frog came from his stomach. It was over an inchin length and was alive. Gerthing placed it in chloroform and is now exhibiting it to his friends. His stomach does not trouble him now, and he has developed a wonderful appetite.

Judge James M. Galbreath has

Judge James M. Galbreath has made an order changing the time of holding License Court at Butler, from the third Monday of June to the from the third Monday of June to the first Monday of February each year, and fixing the manner of advertisement, which caused so much trouble in the last License Court. The first court under the new order will be held in next February.

Ralph Smith and William Henderson aged 14 and 15 years respect.

Ralph Smith and William Hender son, aged 14 and 15 years, respect ively, of Franklin, sentenced to the Morganza reformatory, escaped from the county jail. They were confined on the third floor. They cut their way through the ceiling into the gar ret. Tieng two blankets and a ham mock end to end, they slid down their improvised rope to the ground.

Michael Patrucelli, a watchman of

improvised rope to the ground.

Michael Patrucelli, a watchman of the Pennsylvania railroad, was founder Juniata with his skull crushed and about \$600 which he is known to have carried about his person

and about \$600 which he is known to have carried about his person missing. He died two hours later. Charles. Hudspath, aged 20 years was fatally scalded by the bursting of a steam pipe underneath the boile of the Penn Gas Coal Co.'s No. mine at Blackburn, near Greensburg Chat. Health Commissioner Dixon mine at Blackburn, near Greensburg
State Health Commissioner Dixon
has been in communication with re
presentatives of the various municipailties of the State in regard to
pollution of streams and the need of
more efficient systems of sewage disposal. The officials of Reading
Conshohocken and Allentown have
been advised that better sanitary
methods must be found.

The striking journeymen plumb
ers at New Castle, believe they are
on the verge of victory in the trouble
that has been, on here for sever
weeks, four firms having signed their

that has been, on here for seve weeks, four firms having signed the agreement.

FRUITFUL FURNACES.

INTENSE HEAT PRODUCES PRECIOUS STONES.

Scientists Have Succeeded in Plucking Real Diamonds and Rubies From the Crucible of the Furnace.

Recent advices from France state that Professor Moissan, the eminent scientist and inventor, has actually succeeded in making gennine diamonds and rubies. He employs for this purpose the electric furnace, which has been so improved that a degree of heat can be produced approaching the extreme temperatures which were undoubtedly a factor in the formation of minerals and gems in the interior of the earth.

The rubies obtained are of large

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the interior of the earth.

The rubies obtained are of large size, weighing ten or fifteen carats, and in quality and color equal and even surpass those found in the earth. The natural forces attending the formation of diamonds seem to have been more complicated, and so far the diamonds accurate forces of the control of diamonds resulting from the efforts of the scientists have been very small, but still they are positively identified as the carbon crystal—the diamond.

as the carbon crystal—the diamond. They are remarkably clear and bright, and on a small scale as fine specimens as nature's own product.

The electric furnace has enriched chemistry with a whole series of new compounds. Probably the one of most value to mankind at large is Calcium Carbide. The simple application of water to Calcium Carbide generates the gas Acetylene, which is now being commonly used for lighting.

The peculiar merits of Acetylene light are its brilliance and high candle power, ease of installation, economy, and its adaptability for lighting buildings of every description, regardless

ings of every description, regardless of their location.

Many Russian Holidays.
Russian days of religious and civil observances are namerous beyond reason, and become a sort of servitude, hampering labor and all commercial enterprises. It has been pointed out that in all Protestant countries the farmer has about 310 days to work in. In Catholic countries where holidays have not been limited by statute workmen and farmers still have about 300 days, while in Russia the very most that the people can de is to work 250 days. This means that the workmen and farmers of Russia have their year cut down to five or six weeks less than that of the farmers of Austria and Italy and to zwo months less than in England and the United States. It is pointed out that this is a patent cause for the economic inferiority of Russia as compared with other nations, the more so that in every province, village, and family local holidays, anniversaries, birthdays, saints' days, etc., are added. Many Russian Holidays.

How to Plunk a Watermelon. To plug is to let air into the melon, causing withering and decay around the edges of the holes, no matter how carefully the plug is replaced. To plunk does no harm. Down on your knees over a fine, large one, shining green amid the vines of the patch; lean over and press one hand on each side—a quick, sharp squeeze—and ear inclined to press one nand on each side—a quick, sharp squeeze—and ear inclined to thear the sound. Does it crackle in response? Does a sound come forth like a ripping of the heart within—a breaking down of those walls of solid juiciness? Then it has plunked, then it is ripe, then it is fit for the gods to eat.

Secret Camera in Bank.

One of the most ingenious methods in the world for photographing persons and keeping them in ignorance of the fact is that of the Bank of France. The bank has a hidden studio in a gallery behind the cashler's desk, so that at a signal from studio in a gallery beaind the cash-fer's desk, so that at a signal from one of the bank employes any sus-pected customer will instantly have his picture taken without his own knowledge.

What the Hens Do

The hens in the United States now produce one and two-third billion dozens of eggs a year, and at the high average price of the year the hens during their busy season lay enough eggs in a single month to pay the year's interest on the national debt.

STRONGER THAN MEAT. A Judge's Opinion of Grape-Nuts.

A gentleman who has acquired a judicial turn of mind from experience on the bench out in the Sunflower State writes a carefully considered opinion as to the value of Grape-Nuts as food.

"For the past five years Grape-Nuts has been a prominent feature in our bill of fare. The crisp food with the delicious, nutty flavor has become an indispensa

ble necessity in my family's everyday 'It has proved to be most healthful and beneficial, and has enabled us to practically abolish pastry and pies from our table, for the children prefer Grape-Nuts and do not crave rich and unwholescme food.

"Grape-Nuts keeps us all in perfect by significant of the condition as a properties of the condition as a properties of

"Grape-Nuts keeps us all in perfect physical condition—as a preventive of disease it is beyond value. I have been particularly impressed by the beneficial effects of Grape-Nuts when used by ladies who are troubled with face blemishes, skin eruptions, etc. It clears up the complexion wonderfully. "As to its nutritive qualities, my expeience is that one small dish of Grape-Nuts is superior to a pound of meat for breakfast, which is an important consideration for any one. It satisfies the appetite and strengthens the power of resisting fatigue, while its use involves none of the disagreeable consevolves none of the disagreeable consequences that sometimes follow a meat breakfast." Name given by Postum Co., Battle Creek, Mich.