

A TRAINED NURSE

After Years of Experience, Advises Women in Regard to Their Health.

Mrs. Martha Pohlman of 55 Chester Avenue, Newark, N. J., who is a graduate nurse from the Blockley Training School, at Philadelphia, and for six years Chief Clinic Nurse at the Philadelphia Hospital, writes the letter printed below. She has the advantage of personal experience, besides her professional education, and what she has to say may be absolutely relied upon.

Many other women are afflicted as she was. They can regain health in the same way. It is prudent to heed such advice from such a source.

Mrs. Pohlman writes: "I am firmly persuaded, after eight years of experience with Lydia E. Pinkham's Vegetable Compound, that it is the safest and best medicine for any suffering woman to use."

"Immediately after my marriage I found that my health began to fail me. I became weak and pale, with severe bearing-down pains, fearful backaches and frequent dizzy spells. The doctors prescribed for me, yet I did not improve. I would blot after eating and frequently become nauseated. I had an acrid discharge and pains down through my limbs so I could hardly walk. It was as bad as a case of female trouble as I have ever known. Lydia E. Pinkham's Vegetable Compound, however, cured me within four months. Since that time I have had occasion to recommend it to a number of patients suffering from all forms of female difficulties, and I find that while it is considered unprofessional to recommend a patent medicine, I can honestly recommend Lydia E. Pinkham's Vegetable Compound, for I have found that it cures female ills where all other medicine fails. It is a grand medicine for sick women."

Money cannot buy such testimony as this—merit alone can produce such results, and the ablest specialists now agree that Lydia E. Pinkham's Vegetable Compound is the most universally successful remedy for all female diseases known to medicine.

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness,

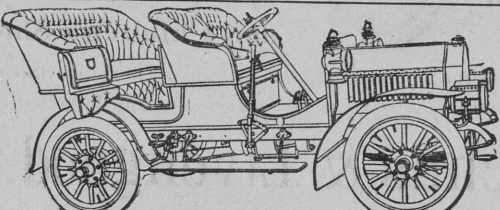
ness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues and hopelessness, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound, and at once remove such troubles.

No other female medicine in the world has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female troubles.

The needless suffering of women from diseases peculiar to their sex is terrible to see. The money which they pay to doctors who do not help them is an enormous waste. The pain is cured and the money is saved by Lydia E. Pinkham's Vegetable Compound. Experience has proved this.

It is well for women who are ill to write Mrs. Pinkham, at Lynn, Mass. In her great experience, which covers many years, she has probably had to deal with dozens of cases just like yours. Her advice is free and confidential.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.



Pope-Hartford & Pope-Tribune

Modern Gasoline Cars and Runabouts at Moderate Prices.

Backed by 27 Years of Manufacturing Experience.

6 to 16 H. P. Prices, \$500 to \$1600

Simple Construction, Luxurious Equipment.

Address Dept. A For Complete Catalogues.

Pope Manufacturing Co., HARTFORD, CONN.

Members A. L. A. M.

Artificial Flowers.

Fashion is responsible for many inventions. This is the case with the manufacture of artificial flowers, for their demand was due to a caprice of fashion. In Italy during festival time it was decreed that flowers should be worn in and out of their season, and that their color should be retained. Many plans for solving the problem were brought forward, and at last some one hit upon the idea of making them of various materials which would resemble the real flowers. Later, in the Middle Ages, the artificial so far superseded the natural that both men and women decked their heads with imitation flowers of cambric, glass, paper, wax and metal. The most beautiful artificial blossoms are made in Paris, and their making is one of the chief industries of that city.

FITS permanently cured. Nails or perspiration after first day's use of Dr. Kline's Great Nerve Restorer, \$2.00 per bottle and treatise free. Dr. R. H. KLINE, Ltd., 381 Arch St., Phila., Pa.

Hamburg is to have a school for training servants.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, &c. a. b. c. d. e. f. g. h. i. j. k. l. m. n. o. p. q. r. s. t. u. v. w. x. y. z.

The crown of a human tooth is covered by a brilliant white cap of enamel.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 922 Third Avenue, N., Minneapolis, Minn., Jan. 6, 1910.

The Norwegian corps of skaters is a body of soldiers armed with rifles.

Popular Cars.

The Pope-Hartford and Pope-Tribune gasoline cars and runabouts meet the specific demands of a large class of automobile users. They are simple in construction, free from complication and efficient. Prices from \$500 to \$1600. For finely illustrated catalogues and descriptive matter, address Dept. A, Pope Manufacturing Co., Hartford, Conn.

The yield of cider in 1904 was the largest ever known in France. It was 924,595,000 gallons, which is double the average product for the last ten years.

A PERIL.

Takin' things too serious, it really 'pears to me, is causin' very nearly all the trouble that we see. Worryin' 'bout the weather when experience will show that the sunshine's bound to follow every case of rain or snow. Gettin' the impression that your own particular brand Of sorrow is the biggest that is raised in all the land; Thinkin' 'bout yourself until you find you're half-delirious. Nearly all the bother comes from takin' things too serious.

Some folks on a holiday makes labor out o' mirth. Tollerin' an 'a-burryin' to get their money's worth. Never takin' time for any comfort an' repose. An' maybe gettin' jealous of some other person's clo'se. Makin' it a custom in their pleasures to be glum. An' climbin' to their sorrows like they must enjoy 'em some. It's time the nation realized it's mighty deplorable. This universal tendency for takin' things too serious. —Washington Star.

JUST FOR FUN



"Is marriage a failure?" You can never tell till you've seen the wedding presents. —Cleveland Leader.

"My boy," asked the school teacher, "what is the chief end of man?" "Why, the end his head's on," replied the youngster. —Baltimore Herald.

Her—Why do you prefer hotel food to your cooking? Him—At a hotel I can always look at the menu and see what I'm eating. —Cleveland Leader.

"See that man? Well, sir, he landed in this country with bare feet and now he's got millions." "Gee whizz! he must be a regular centipede." —Philadelphia Ledger.

Strayner—My heart goes out instinctively to the cry of distress. Budget—Well, that's the cheapest thing you can let go out; that's some consolation. —Boston Transcript.

Stubb—Time works changes among the wealthy as well as the poor. Penn—I should say so. These days the chauffeur knows more family secrets than the butler. —Chicago News.

Carrye—What did papa say when you asked for my hand? Cholly—From what the ambulance surgeon told me when I came to he must have said plenty. —Pittsburg Dispatch.

Clara—How did you break your husband of stuttering? Grace—Every time he started it I began to protest against his smoking. I never failed to start his flow of language. —Detroit Free Press.

"Why, yes," said Miss Pertie Goodwin to her intimate friend, "Harry and I are going to have a secret wedding. Not a soul is going to know of it till after it's over. Hadn't you heard?" —Chicago Tribune.

She—to think that he should treat me so! And he told me he loved me with his whole heart. He—that was all right; but you see since then he has been suffering from heart failure. —Boston Transcript.

Little Willie—Say, pa, what is the meaning of 'noblesse oblige'? Pa—I don't know, my son, unless it has some connection with those foreign nobles who are obliged to marry for money. —Chicago Daily News.

"I can truthfully say," remarked a St. Petersburg official, "that nobody ever threw a bomb at me." "To what do you attribute this fact?" asked the sardonic colleague; "popularity or unimportance?" —Washington Star.

"Those two men talking together over there are worth a good many millions between them." "Which is the richer?" "I don't know, positively—but watch the bishop, who's going to speak to them." "Why?" "See which one he shakes hands with first." —Life.

Gunner—I think there should be an authorship class connected with every big college. I mean so students would be enabled to write fiction for money. Guyer—Fiction? Say, did you ever see the letters that students write their parents when they need a check? —Chicago Daily News.

"I'm afraid we can't use this sketch of your life in this campaign," said the boss to the young candidate. "I'm afraid the public won't believe you came from the country?" "Why not?" "Because you don't say you ever taught school for a term and then came to the city to study law." —Omaha News.

Business Manager—I'm sorry, young man, but I'm afraid you will not serve my purpose. Applicant—But, sir, I have nine diplomas and degrees. Business Manager—Maybe; but in acquiring them you have evidently been too busy to learn anything useful. Good-morning. —Cincinnati Commercial-Tribune.

"But don't you see, Miss de Muir," argued young Professor McGoozle, "that you merely beg the question when you take that position?" "I am sure, professor," protested the young woman, her eyes snapping, "I haven't changed my position a particle since I sat down here, and I haven't thought of begging you to ask me any question whatever!" —Chicago Tribune.

Mrs. Naylorleigh—Why, what are you crying about? Mrs. Youngbride—Well, you know, John is away on a business trip. Mrs. Naylorleigh—Yes. Mrs. Youngbride—He writes that he gets out my picture and kisses it every day. Mrs. Naylorleigh—Well, that's surely nothing to cry about. Mrs. Youngbride—Yes, it is! Just to play a joke on him, I took my picture out of his grip when he started, and put one of m-m-mother's in its place. —Cleveland Leader.

FINANCE AND TRADE REVIEW

BUSINESS IS BROADENING

Jobs Experience Good Spring Trade, Manufacturers Receive Large Orders for Fall Shipment.

R. G. Dun & Co.'s Weekly Review of Trade says: Business broadens in a wholesale manner, and the most encouraging indication regarding the future is the scarcity of labor disputes. These controversies are usually most numerous on May 1, but this year no serious trouble is threatened, and one beneficial result is the expanding activity in the building trades. Jobbers have experienced a good spring trade, and manufacturers are now receiving large contracts for fall shipment, while retail sales are of satisfactory volume, except at a few points where inclement weather has temporarily retarded distribution.

Activity at the interior is evidenced by the increased transfers thither of silver dollars and subsidiary silver by the treasury, crop prospects being well maintained despite excessive cold in a few sections. Railway traffic continues very heavy, earnings for April thus far exceeding the same period last year by 10.7 per cent, while foreign commerce at this port for the last week shows a gain of \$3,334,447 in value of merchandise imported, and an increase of \$1,947,550 in exports as compared with 1904. Mercantile collections show further improvement and money remains abundant and easy.

Current conditions and prospects for the future are both extremely satisfactory in the iron and steel industry. Planned new plants have been completed and others repaired and put in operation. Two lines of distribution are particularly overwhelmed with business—railway equipment and structural steel.

Textile industries continue to make encouraging progress. Condition of cotton goods in primary markets has not been depressed by the weakness of raw material, the situation exhibiting more inherent strength than for many seasons. Woolen goods are quiet, duplicate orders not yet arriving from clothiers, but quotations are readily maintained particularly as the new wool has begun to move without any depressing effect.

The domestic iron situation shows little change, but is perhaps a shade steadier with some producers refusing to fully meet the recent declines.

MARKETS.

PITTSBURG.

Grain, Flour and Feed.	
Wheat—No. 2 red.....	\$ 1 04 1 09
Rye—No. 2.....	50 51
Corn—No. 2 yellow, shelled.....	52 53
No. 2 yellow, unshelled.....	51 51
Mixed ear.....	45 46
Oats—No. 2 white.....	35 35
No. 3 white.....	34 35
Flour—Winter patent.....	5 80 6 00
Fancy straight winter.....	5 75 5 90
Hay—No. 1 Timothy.....	12 75 13 00
Clover No. 1.....	12 75 13 00
Feed—No. 1 white mid. ton.....	22 00 22 00
Brown middlings.....	19 50 20 00
Brn. bulk.....	15 50 16 00
S ray—Wheat.....	7 50 8 00
Oat.....	7 00 8 00

Dairy Products.

Butter—Elgin creamery.....	\$ 30 31
Ohio creamery.....	28 28
Fancy country roll.....	18 18
Cheese—Ohio, new.....	15 15
New York.....	13 14

Poultry, Etc.

Hens—per lb.....	\$ 14 15
Chickens—dressed.....	16 18
Eggs—Pa. and Ohio, fresh.....	18 19

Fruits and Vegetables.

Apples bb.....	2 51 4 00
Potatoes—Fancy white per bu.....	30 31
Cabbage—per ton.....	18 00 21 00
Onions—per barrel.....	2 50 3 00

BALTIMORE.

Flour—Winter Patent.....	\$ 4 60 4 80
Wheat—No. 2 red.....	95 97
Corn—No. 2.....	49 50
Oats—No. 2 white.....	36 37
Butter—Creamery.....	24 25
Eggs—Pennsylvania firsts.....	16 17

PHILADELPHIA.

Flour—Winter Patent.....	\$ 5 50 5 75
Wheat—No. 2 red.....	91 92
Corn—No. 2.....	49 50
Oats—No. 2 white.....	36 37
Butter—Creamery.....	24 25
Eggs—Pennsylvania firsts.....	16 17

NEW YORK.

Flour—Patents.....	\$ 6 00 6 50
Wheat—No. 2 red.....	91 92
Corn—No. 2.....	49 50
Oats—No. 2 white.....	36 37
Butter—Creamery.....	24 25
Eggs—State and Pennsylvania.....	17 18

LIVE STOCK.

Union Stock Yards, Pittsburg.	
Cattle.	
Extra, 1450 to 1600 lbs.....	\$0 35 6 50
Prime, 1300 to 1400 lbs.....	6 30 6 31
Medium, 1200 to 1300 lbs.....	5 50 5 51
Tidy, 1050 to 1150.....	4 75 5 75
Butcher, 800 to 1000.....	3 75 4 10
Common to fair.....	3 50 3 75
Oxen, common to fat.....	2 75 4 00
Common to good fat bulls and cows.....	2 50 3 50
Milch cows, each.....	15 00 15 00

Hogs.	
Prime heavy hogs.....	\$ 5 50 5 55
Prime medium weights.....	5 50 5 55
Best heavy Yorkers and medium.....	5 50 5 55
Good pigs and light Yorkers.....	5 50 5 55
Pigs, common to good.....	4 75 4 81
Roughs.....	3 75 4 15
Stags.....	3 25 3 50

Sheep.	
Extra.....	\$ 4 85 5 00
Good to choice.....	4 81 4 80
Medium.....	4 40 4 60
Common to fair.....	3 50 4 00
Lamb.....	5 50 5 00

Calves.	
Veal, extra.....	4 50 7 00
Veal, good to choice.....	3 30 4 50
Veal, common heavy.....	3 00 3 75

Quid Pro Quo.	
A small girl at dinner sat patiently through the various courses she was not allowed to eat because she had been promised dessert. The dessert turned out to be pie, which she was not allowed to have. A very small wedge of it was put upon her plate, however, to redeem the promise. She gazed at it a moment, sighed, and said mournfully: "All that for this!" —Lippincott's.	

FAMOUS ATHLETES PAY GLOWING TRIBUTE TO PE-RU-NA

As a Spring Tonic to Get the System in Good Shape.

"I advise all Athletes who are about to go in training to try a bottle of Pe-ru-na." —J. W. Glenister.



John Glenister, Champion Swimmer and Only Athlete to Successfully Swim Through the Michigan Whirlpool Rapids.

PE-RU-NA

Renovates, Regulates, Restores a System Depleted by Catarrh. John W. Glenister, of Providence, R. I., champion long distance swimmer of America, has performed notable feats in this country and England. He has used Peruna as a tonic and gives his opinion of it in the following letter:

New York, Columbus, Ohio: Gentlemen—"This spring for the first time I have taken two bottles of Peruna, and, as it has done me a great deal of good, I feel as if I ought to say a good word for it. "During the Springtime for the last few years, I have taken several kinds of spring tonics, and have never received any benefit whatever. This year, through the advice of a friend, I have tried Peruna and it has given satisfaction. "I advise all athletes who are about to go in training to try a bottle, for it certainly gets the system in good shape." Yours truly, JOHN W. GLENISTER.

ATHLETES realize the importance of keeping in good bodily trim. The digestion must be good, the circulation perfect, sleep regular and enough of it. If the slightest catarrhal condition of lungs or stomach is allowed to remain, neither digestion nor sleep will be strengthening. Those who lead very active lives, like athletes, with good muscular development, find the spring months especially trying. Athletes everywhere praise Peruna because they of all men, appreciate the value of a tonic that dispels physical depression. The reaction of some men may allow them to endure the depressing feelings incident to spring weather, but the athlete must never allow himself to get "under the weather." He must keep in the "pink of condition" all the time. In order to do this he must avail himself of a spring tonic upon which he can rely. Therefore athletes are especially friendly toward Peruna. Peruna never fails them.

Let Common Sense Decide

Do you honestly believe, that coffee sold loose (in bulk), exposed to dust, germs and insects, passing through many hands (some of them not over-clean), "blended," you don't know how or by whom, is fit for your use? Of course you don't. But



LION COFFEE

is another story. The green berries, selected by keen judges at the plantation, are skillfully roasted at our factories, where precautions you would not dream of are taken to secure perfect cleanliness, flavor, strength and uniformity.

From the time the coffee leaves the factory no hand touches it till it is opened in your kitchen.

This has made LION COFFEE the LEADER OF ALL PACKAGE COFFEES.

Millions of American Homes welcome LION COFFEE daily. There is no stronger proof of merit than continued and increasing popularity. "Quality survives all opposition."

(Sold only in 1 lb. packages. Lion-head on every package.) (Save your Lion-heads for valuable premiums.)

SOLD BY GROCERS EVERYWHERE WOOLSON SPIEGEL CO., Toledo, Ohio.

Cost of the Capitol. The capitol at Washington, when the extensions planned have been made, will have cost, including the works of art, nearly twenty million dollars. The first building lot on which the capitol stands cost \$500 in 1790, and the cornerstone was laid on September 8, 1793, with a speech by President Washington, a military procession and a barbecue.

A Healthy Town. Briston, Me., is a good, healthy town to live in. Out of 34 deaths in 1904 seven were over 80 years of age. The average age was nearly 60, and debarring one infant the average was over 60. The death rate was a trifle over 13 per 1,000.

"All Signs Fail in a Dry Time" THE SIGN OF THE FISH NEVER FAILS IN A WET TIME

In ordering Toner's Slickers, a customer writes: "I know they will be all right if they have the 'FISH' on them." This confidence is the outgrowth of sixteen years of careful manufacturing.

Highest Award World's Fair, 1904. A. J. TOWER CO., The Sign of the Fish Boston, U. S. A.

Tower Canadian Co., Limited Toronto, Canada. Makers of Warranted Wet Weather Clothing

OLD VIRGINIA FARMS; GOOD land, low prices, mild climate. Send for catalogue. CASSELMAN & CO., Richmond, Va.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN. A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething, Diarrhoea, and Colic. Sold by all Druggists. Sample mailed FREE. Address: New York City, A. S. OLMSTED, Le Roy, N. Y.

PIMPLES

"I tried all kinds of blood remedies which failed to do me any good but I have found the right thing at last. My face was full of pimples and black-containing the use of them and recommending morning. Hope to have a chance to recommend Cascarets."



Best For The Bowels. Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sickens, Weakens or Grips. Do. Do. Do. Never sold in bulk. The genuine labels stamped C. O. Guaranteed to cure or your money back. Annual Sale, Ten Million Boxes. P. N. U. 18, 1905.

PISO'S CURE FOR CURS WHERE ALL ELSE FAILS. Best Cough Syrup, Person Good. Sold by all Druggists. CONSUMPTION.

If afflicted with weak eyes, use Thompson's Eye Water