

PAINFUL PERIODS

Suggestions How to Find Relief from Such Suffering.



While no woman is entirely free from periodical suffering, it does not seem to be the plan of nature that women should suffer so severely. Menstruation is a severe strain on a woman's vitality. If it is painful or irregular something is wrong which should be set right or it will lead to a serious derangement of the whole female organism.

More than fifty thousand women have testified in grateful letters to Mrs. Pinkham that Lydia E. Pinkham's Vegetable Compound overcomes painful and irregular menstruation.

It provides a safe and sure way of escape from distressing and dangerous weaknesses and diseases.

The two following letters tell so convincingly what Lydia E. Pinkham's Vegetable Compound will do for women, they cannot fail to bring hope to thousands of sufferers.

Miss Nellie Holmes of 540 N. Davidson Street, Buffalo, N. Y., writes:

Dear Mrs. Pinkham—
"Your medicine has been an ideal medicine for me. I suffered miserably for years with painful periods, headaches, and bearing-down pains. I consulted two different physicians but failed to get any relief. A friend from the East advised me to try Lydia E. Pinkham's Vegetable Compound. I did so, and no longer suffer as I did before. My periods are natural, regular, and in good time, and my general health is much improved. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

Mrs. Tillie Hart, of Larimore, N. D., writes:

Dear Mrs. Pinkham—
"I might have been spared many months of suffering and pain had I only known of the efficacy of Lydia E. Pinkham's Vegetable Compound. I have now recovered my health and am able to do my usual work. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

GOOD ROADS.

Why Farm Values Decrease.

REFERENCE to the agricultural records in regard to the farm values in the State of New York from 1870 to 1890 shows that the value of farms has decreased, and the question is asked, Why has it? New York State is the Empire State of the Union. It has most attractive soil, it has intelligent farmers, it has within its borders 8,000,000 people, one-tenth of the entire population of the United States, and the consumers of farm produce are near to the farms of New York State, and even with advantageous location farm values have decreased. Why is it?

In 1850 there were but 700 miles of steam road in the State. There are now 814 miles of steam road, and the State of New York has 74,000 miles of dirt roads over which to haul to market its farm products. A ton of produce can be carried no cheaper to-day on the highways of this State than it could in 1850, when it cost twenty-five cents to haul a ton one mile.

In other words, rapid transit and cheap transportation have been furnished by the steamships and the steam roads to many shippers, while nothing has been done to cheapen the cost of the haul of a ton of farm produce over the roads of the State. The improvement of one mile of highway in every ten of all of the miles of highway in the State would create a system of 7500 miles of road, which, following the main highways of the State, would leave no farm within the State further away than a five mile haul, and most of the farms would be within three miles of an improved highway. When once on an improved highway, we would have a ton of farm produce moved for twelve and a half cents a ton a mile, a saving of 100 per cent. over the present cost.

Is it not possible that one of the reasons of the decrease in the value of agricultural land in this State is because of neglected transportation? If so, should not the State of New York expend \$50,000,000 upon a system of 7500 miles of highway and construct the same within ten years, expending \$5,000,000 a year so as to intelligently open up the entire State to cheap transportation for the farmer just the same as the people of New York and Buffalo have voted \$100,000,000 to be expended on the canal to cheapen transportation of the farm products of Indiana, Ohio and Illinois to the markets of New York City, which belong first to our own farmers?—New York Tribune.

MARKETS.

PITTSBURG.

Grain, Flour and Feed.

Wheat—No. 2 red	1 08	1 09
Do—No. 2 white	1 05	1 06
Corn—No. 2 yellow, ear	50	51
Do—No. 2 yellow, shelled	50	51
Mixed ear	48	49
Oats—No. 2 white	35	36
Do—No. 2 white	34	35
Winter patent	5 80	6 00
Fancy straight winters	5 50	5 60
Hay—No. 1 Timothy	12 75	13 00
Do—No. 2	12 75	13 00
Feed—No. 1 white mid. ton	22 00	22 50
Do—No. 2	19 75	20 00
Brain middlings	19 75	20 00
Straw—Wheat	7 50	8 00
Oat	7 50	8 00

Dairy Products.

Butter—Creamery	31	32
Do—Farm	30	31
Fancy county roll	16	17
Cheese—Ohio, new	13	14
New York, new	13	14

Poultry, Etc.

Hens—per lb.	14	15
Chickens—do	16	17
Eggs—Pa. and Ohio, fresh	18	19

Fruits and Vegetables.

Apples bbl.	2 50	4 00
Potatoes—Fancy white per bu.	30	31
Butter—Creamery	19	20
Onions—per barrel	4 50	5 00

BALTIMORE.

Flour—Winter Patent	5 50	5 85
Do—No. 2 red	1 08	1 09
Corn—Mixed	50	51
Oats—No. 2 white	35	36
Eggs—Pa.	18	19
Butter—Ohio creamery	21	22

PHILADELPHIA.

Flour—Winter Patent	5 50	5 75
Wheat—No. 2 red	1 07	1 08
Corn—No. 2 mixed	50	51
Oats—No. 2 white	35	36
Butter—Creamery	24	25
Eggs—Pennsylvania firsts	16	17

NEW YORK.

Flour—Patents	5 00	5 50
Wheat—No. 2 red	1 11	1 12
Corn—No. 2	55	56
Oats—No. 2 white	35	36
Butter—Creamery	24	25
Eggs—State and Pennsylvania	17	18

LIVE STOCK.

Union Stock Yards, Pittsburg.		
Cattle.		
Extra, 1400 to 1600 lbs.	66 50	
Prime, 1300 to 1400 lbs.	61 00	
Medium, 1200 to 1300 lbs.	57 00	
Light, 1050 to 1150	47 50	
Butcher, 800 to 1100	37 50	
Common to fair	32 50	
Oxen, common to good	27 50	
Common to good fat bulls and cows	25 00	
Milk cows, each	10 00	45 00

Hogs.

Prime heavy hogs	5 80	5 85
Prime medium weights	5 80	5 85
Best heavy Yorkers and medium	5 80	5 85
Good pigs and light Yorkers	5 40	5 50
Pigs, common to good	4 70	4 80
Roughs	3 75	4 15
Stags	3 25	3 50

Sheep.

Extra, good to choice	5 25	5 35
Good to choice	4 90	5 10
Medium	4 40	4 80
Common	2 50	4 00
Lamb.	5 50	6 00

Calves.

Veal, extra	5 00	7 00
Veal, good to choice	3 50	4 50
Veal, common heavy	3 00	3 75

FINANCE AND TRADE REVIEW

ACTIVITY EXPANDS

Condition of Traffic Arrangements Threatens Accumulation—Steel Making May Be Injured by Ore Shortage.

R. G. Dun & Co.'s "Weekly Review of Trade" says: Erratic weather has tended to make trade reports somewhat irregular, but on the whole the week's results were satisfactory. Early delays were followed by increased activity particularly in what might be termed Easter lines. It is noteworthy that much business for fall delivery has appeared, and more supplementary spring and summer contracts are being placed than jobbers anticipated. Mercantile payments are also increasingly prompt. Industrial activity expands, iron furnaces and steel mills maintaining their good record, textile plants securing larger orders, and footwear manufacturers are able to hold full prices without curtailing operations.

Labor controversies are few and cause little inconvenience, while immigration for the last week was more than double that of the corresponding week in 1904. Transporting interests are able to handle the increased business with little congestion, railway earnings thus far reported for April exceeding last year's by 10.2 per cent. Foreign commerce at the port of New York for the last week showed a gain of \$2,069,861 in value of merchandise exported and imports were \$3,415,922 larger than in the same week of 1904.

Higher wage scales becoming effective on May 1 assure freedom on labor troubles at blast furnaces, and there is little friction at the steel mills, but the industry will be interrupted unless iron ore is freely mined. Otherwise the iron and steel industry is in splendid condition, contracts covering deliveries well into next year in many departments, and there is no division that can be styled dull. Coke output continues to collapse all records, and as traffic conditions are favorable, the free movement threatens accumulation, so that this fuel is a little weaker. Both anthracite and bituminous coal are active. Leather is steady, despite reports of sales at concessions emanating from transactions in inferior goods, while betting butts advanced sharply. Packer hides are strong and active. Foreign dry hides are unchanged.

Failures this week numbered 200 in the United States, against 241 last year, and 21 in Canada, compared with 12 a year ago.

CUBAN MINISTER TO THE U. S.

Recommends Pe-ru-na



Senor Quesada, Cuban Minister to the United States.
Senor Quesada, Cuban Minister to the United States, is an orator born. In an article in The Outlook for July, 1899, by George Kennan, who heard Quesada speak at the Esteban Theatre, Matanzas, Cuba, he said: "I have seen many audiences under the spell of eloquent speech and in the grip of strong emotional excitement; but I have rarely witnessed such a scene as at the close of Quesada's eulogy upon the dead patriot, Marti." In a letter to The Peruna Medicine Company, written from Washington, D. C., Senor Quesada says:

"Peruna I can recommend as a very good medicine. It is an excellent strengthening tonic, and it is also an efficacious cure for the almost universal complaint of catarrh."—Gonzalo De Quesada.

Congressman J. H. Bankhead, Alabama, one of the most influential members of the House of Representatives, in a letter written from Washington, D. C., gives his endorsement to the great catarrh remedy, Peruna, in the following words: "Your Peruna is one of the best medicines I ever tried, and no family should be without your remarkable remedy. As a tonic and catarrh cure I know of nothing better."—J. H. Bankhead.

There is but a single medicine which is a radical specific for catarrh. It is Peruna, which has stood a half century test and cured thousands of cases. If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O. All correspondence held strictly confidential.

Facts Are Stubborn Things

Uniform excellent quality for over a quarter of a century has steadily increased the sales of LION COFFEE, The leader of all package coffees.

Lion Coffee

is now used in millions of homes. Such popular success speaks for itself. It is a positive proof that LION COFFEE has the Confidence of the people.

The uniform quality of LION COFFEE survives all opposition.

LION COFFEE keeps its old friends and makes new ones every day.

LION COFFEE has even more than its Strength, Flavor and Quality to commend it. On arrival from the plantation, it is carefully roasted at our factories and securely packed in 1 lb. sealed packages, and not opened again until needed for use in the home. This precludes the possibility of adulteration or contact with germs, dirt, dust, insects or unclean hands. The absolute purity of LION COFFEE is therefore guaranteed to the consumer.

Sold only in 1 lb. packages. Lion-head on every package. Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE
WOOLSON SPICE CO., Toledo, Ohio.

THE GRAND PRIZE

THE HIGHEST AWARD AT THE ST. LOUIS WORLD'S FAIR

TOWER'S WATERPROOF OILED CLOTHING SLICKERS, HATS, FISH HEAD, POMMEL SLICKERS

A. J. TOWER CO. ESTABLISHED 1836
BOSTON - NEW YORK - CHICAGO
TOWER CANADIAN CO. LONDON, TORONTO, CAN.

WE MANUFACTURE Gas Saving Gas Burners

For Boilers and Hot Air Furnaces. Write for Catalogue.

STANDARD HEATING AND RADIATOR CO., PITTSBURG, PA.
P. O. U. 17, 1905.

PISO'S CURE FOR CONSUMPTION

WHERE ALL ELSE FAILS. Best Cough Syrup. Taste Good. Use in time. Sold by druggists.

DROPSY NEW DISCOVERY

DR. H. E. GREEN'S SOLE PATENT, St. Louis, Mo.

BEST FOR THE BOWELS

Cascarets

CANDY CATHARTIC

GUARANTEED CURE for all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver troubles, yellow skin and dizziness. When your bowels don't move regularly you are sick. Constipation kills more people than all other diseases together. It starts chronic ailments and long years of suffering. No matter what ails you, start taking CASCARETS today, for you will never get well until you get your bowels right. Take our advice, start with Cascarets today under absolute guarantee to cure or money refunded. The genuine tablet stamped C. C. C. Never sold in bulk. Sample and booklet free. Address Sterling Remedy Company, Chicago, New York.

Fate of a Man Who Ran a "Corner."

Edward W. Mitchell died in Chicago a few days ago, and the members of the Chicago Board of Trade made up a fund to bury him. Mitchell died a pauper. Mitchell was once a great man. Where the names of Gates, Morgan, Armour and other stock plungers are now printed Mitchell's name was printed 30 years ago. Mitchell was a big grain operator in Chicago, when Fisk and Gould were piling up money in railroads in New York. In 1868 he "cornered" the wheat market in Chicago. He had a company of fellow-conspirators against consumers. They shot the prices sky-high. Mitchell made a million or more. Then he went into the market as a bigger plunger. He was betrayed and sold out and found himself penniless. That was 35 years ago. Mitchell for 10 years sought to regain his fortune, but he was outclassed by keener minded men. Then he became a pauper. And every man that has tried to "corner" a food product has died poor.

Ivory Congratulations.

A very famous American dentist met the English husband of an American friend of mine with the genial congratulation: "My dear sir, I wish you joy! You have married a first-rate set of teeth."—Fortnightly Review.

Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are cured by Catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free. E. J. CHERRY & Co., Toledo, O. Sold by Druggists, etc.

Talk Hall's Family Pills for Constipation.

The upper class in England is sinking; the middle is rising rapidly, and those who belong to the former keep shops in assumed names, while those who belong to the latter endeavor to conceal that they themselves are connected with trade. The conversation of both, however, betrays that they are shopkeepers.—London Truth.

The Diet of Nations.

The German, after all, is not the champion beer-drinker. That honor rests with the Britisher, who drinks three gallons a year more than the Teuton. On the other hand, the Frenchman eats nearly twice as much bread as the Britisher and an American 50 per cent more meat than a citizen of the United Kingdom. The English are, however, the greatest tea-drinkers and sugar-consumers in the world, though they only drink two quarts of wine a head when the thirsty Spaniard imbibes 36 gallons.

Cannot Reduce a Rate.

It is stated in Washington that under the Townsend rate bill if a rate is fixed by the commission it cannot be lowered by a railroad. Should an emergency arise calling for a decreased rate the railroads or shippers would have to appeal again to the commission, there being no latitude allowed, whatever the circumstances. Hitherto a maximum rate has been the rule, but no such concession is made under the proposed legislation.

America Found Too Soon.

Christopher Columbus made a mistake in discovering America in 1492, according to Prof. J. Paul Goode of the department of commercial geography of the University of Chicago. In an address before the seniors of the mid-way institution, says the Chicago Chronicle, the geography expert told the collegians that the turbulent condition of Europe at that time regarding religion and morality was a setback to the progress of the new world. "It would have been much better had this great discovery come a century later," said the professor. "Then the European countries would have been better prepared to develop a new country."

Growth of Peabody Fund.

To the sum of \$2,000,000 left by Geo. Peabody between 1862 and 1873, out of which the Peabody buildings for the poor were erected in London, there has since been added \$4,793,255 received for rent and interest, making the total fund, according to a report just issued \$7,293,255. As more money comes in more buildings are erected.

A monument in honor of the late M. Waldeck-Rousseau is to be erected in the Tuilleries gardens in Paris. It is to take the form of a bust.

Severe on the Hunters.

Marshall Colbert of the Southern District of Indian Territory has received instructions from the United States Indian Agent to confiscate all guns, ammunition, bugles, cooking utensils, and other paraphernalia belonging to hunting parties. This order will practically stop all hunting in the Chickasaw Nation, as Marshall Colbert will instruct all his deputies to see that the Indian Agent's instructions are carried out.—Kansas City Journal.

Raisins are the dried fruit of the grape vine and are produced chiefly in Spain.