

PAINFUL PERIODS

Suggestions How to Find Relief from Such Suffering.



While no woman is entirely free from periodical suffering, it does not seem to be the plan of nature that women should suffer so severely. Menstruation is a severe strain on a woman's vitality. If it is painful or irregular something is wrong which should be set right or it will lead to a serious derangement of the whole female organism.

More than fifty thousand women have testified in grateful letters to Mrs. Pinkham that Lydia E. Pinkham's Vegetable Compound overcomes painful and irregular menstruation.

It provides a safe and sure way of escape from distressing and dangerous weaknesses and diseases.

The two following letters tell so convincingly what Lydia E. Pinkham's Vegetable Compound will do for women, they cannot fail to bring hope to thousands of sufferers.

Miss Nellie Holmes of 540 N. Davidson Street, Buffalo, N. Y., writes:

Dear Mrs. Pinkham—

"Your medicine has been an ideal medicine for me. I suffered miserably for years with painful periods, headaches, and bearing-down pains. I consulted two different physicians but failed to get any relief. A friend from the East advised me to try Lydia E. Pinkham's Vegetable Compound. I did so, and no longer suffer as I did before. My periods are natural, regular, and in good time, and my general health is much improved. I advise all women who suffer to take Lydia E. Pinkham's Vegetable Compound."

Mrs. Tillie Hart, of Larimore, N. D., writes:

Dear Mrs. Pinkham—

"I might have been spared many months of suffering and pain had I only known of the efficacy of Lydia E. Pinkham's Vegetable Compound. I have written you many times, but you have not answered me. I am sure you will be glad to hear that I am well and happy now. I have written you many times, but you have not answered me. I am sure you will be glad to hear that I am well and happy now. I have written you many times, but you have not answered me. I am sure you will be glad to hear that I am well and happy now."

BEST FOR THE BOWELS

Cascarets

CANDY CATHARTIC

GUARANTEED CURE FOR ALL BOWEL TROUBLES, APPENDICITIS, BILIOUSNESS, BAD BREATH, BAD BLOOD, WIND ON THE STOMACH, BLOATED BOWELS, FOUL MOUTH, HEADACHE, INDIGESTION, PIMPLES, PAINS AFTER EATING, ITCHING, RASH, SLEET, AND ALL OTHER BOWEL AFFECTIONS. WHEN YOUR BOWELS DON'T MOVE REGULARLY YOU ARE SICK. CONSTIPATION KILLS MORE PEOPLE THAN ALL OTHER DISEASES TOGETHER. IT STARTS CHRONIC ILLNESSES AND LONG YEARS OF SUFFERING. NO MATTER WHAT YOUR AGE, START TAKING CASCARETS TODAY, FOR YOU WILL NEVER GET WELL UNTIL YOU GET YOUR BOWELS RIGHT. TAKE OUR ADVICE, START WITH CASCARETS TODAY UNDER ABSOLUTE GUARANTEE TO CURE OR MONEY REFUNDED. THE GENUINE TABLET STAMPED C. C. NEVER SOLD IN BULK. SAMPLE AND BOOKLET FREE. ADDRESS: STERLING REMEDY COMPANY, CHICAGO, ILL.

Fate of a Man Who Ran a "Corner."

Edward W. Mitchell died in Chicago a few days ago, and the members of the Chicago Board of Trade made up a fund to bury him. Mitchell died a pauper. Mitchell was once a great man. Where the names of Gates, Morgan, Armour and other stock plungers are now printed Mitchell's name was printed 30 years ago. Mitchell was a big grain operator in Chicago, when Fisk and Gould were piling up money in railroads in New York. In 1868 he "cornered" the wheat market in Chicago. He had a company of fellow-conspirators against consumers. They shot the prices sky-high. Mitchell made a million or more. Then he went into the market as a bigger plunger. He was betrayed and sold out and found himself penniless. That was 35 years ago. Mitchell for 10 years sought to regain his fortune, but he was outclassed by keener minded men. Then he became a pauper. And every man that has tried to "corner" a food product has died poor.

Ivory Congratulations.

A very famous American dentist met the English husband of an American friend of mine with the genial congratulation: "My dear sir, I wish you joy! You have married a first-rate set of teeth."—Fortnightly Review.

Deafness Cannot Be Cured

By local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are cured by this method, which is not a new discovery, but a method that cannot be cured by Hall's Catarrh Cure. Send for circulars free. E. J. CRAWLEY & CO., Toledo, O. Sold by Druggists, 75c.

Talk Hall's Family Pills for Constipation.

English Shopkeepers.

The upper class in England is sinking; the middle is rising rapidly, and those who belong to the former keep shops in assumed names, while those who belong to the latter endeavor to conceal that they themselves are connected with trade. The conversation of both, however, betrays that they are shopkeepers.—London Truth.

GOOD ROADS.

Why Farm Values Decrease.

REFERENCE to the agricultural records in regard to the farm values in the State of New York from 1870 to 1890 shows that the value of farms has decreased, and the question is asked, Why has it? New York State is the Empire State of the Union. It has most attractive soil, it has intelligent farmers, it has within its borders 8,000,000 people, one-tenth of the entire population of the United States, and the consumers of farm produce are near to the farms of New York State, and even with advantageous location farm values have decreased. Why is it?

In 1850 there were but 700 miles of steam road in the State. There are now 814 miles of steam road, and the State of New York has 74,000 miles of dirt roads over which to haul to market its farm products. A ton of produce can be carried no cheaper to-day on the highways of this State than it could in 1850, when it cost twenty-five cents to haul a ton one mile.

In other words, rapid transit and cheap transportation have been furnished by the steamships and the steam roads to many shippers, while nothing has been done to cheapen the cost of the haul of a ton of farm produce over the roads of the State. The improvement of one mile of highway in every ten of all the miles of highway in the State would create a system of 7500 miles of road, which, following the main highways of the State, would leave no farm within the State further away than a five mile haul, and most of the farms would be within three miles of an improved highway. When once on an improved highway, we would have a ton of farm produce moved for twelve and a half cents a ton a mile, a saving of 100 per cent. over the present cost.

Is it not possible that one of the reasons of the decrease in the value of agricultural land in this State is because of neglected transportation? If so, should not the State of New York expend \$50,000,000 upon a system of 7500 miles of highway and construct the same within ten years, expending \$5,000,000 a year so as to intelligently open up the entire State to cheap transportation for the farmer just the same as the people of New York and Buffalo have voted \$100,000,000 to be expended on the canal to cheapen transportation of the farm products of Indiana, Ohio and Illinois to the markets of New York City, which belong first to our own farmers?—New York Tribune.

Canals and Roads.

Many thoughtful citizens are watching the State expenditure of money in the construction of main highways, and asking the question, How are these roads to be maintained? Indeed, it is time that the question was asked, and the solution of it must come from a practical point of view rather than from a blindly drawn statute. Each county has its local conditions to be met. Each town feels its burden of local taxation most. Road maintenance is expensive, and the solution may be worked out on one of the following lines:

The State of New York in the last twenty years has expended on the 355 miles of canals an average of \$2,000,000 a year in maintenance, and this canal is closed a part of the year. The State of New York in the last eight years has constructed 700 miles of State roads, the cost of which has been paid, fifty per cent. by the State, thirty-five per cent. by the county and fifteen per cent. by the town. Is there any reason why the annual cost of maintaining these roads should not be paid for in the same proportion by the State, county and town?

Another suggestion is, Why should not the State pay fifty per cent. of the annual maintenance, and leave the town out of the question all together, except as the town bears its portion of the county taxes?

Another solution of the question is, Why should not the State pay the entire cost of maintaining these roads, the same as it pays the entire cost of maintaining the Erie Canal?

Still another suggestion is, Why should not each town in which these roads are built raise \$50 a mile toward the expense of the annual maintenance and pay this amount to the State, the State guaranteeing to maintain the road and meet all additional expenses of maintenance in excess of \$50 a mile? This last is the solution of the question of road maintenance as worked out in Massachusetts. Boards of supervisors are considering these questions throughout the State in order to obtain general legislation in regard to road maintenance which will be equitable to all parties interested.—New York Tribune.

Cannot Reduce a Rate.

It is stated in Washington that under the Townsend rate bill if a rate is fixed by the commission it cannot be lowered by a railroad. Should an emergency arise calling for a decreased rate the railroads or shippers would have to appeal again to the commission, there being no latitude allowed, whatever the circumstances. Hitherto a maximum rate has been the rule, but no such concession is made under the proposed legislation.

America Found Too Soon.

Christopher Columbus made a mistake in discovering America in 1492, according to Prof. J. Paul Goode of the department of commercial geography of the University of Chicago. In an address before the seniors of the mid-way institution, says the Chicago Chronicle, the geography expert told the collegians that the turbulent condition of Europe at that time regarding religion and morality was a setback to the progress of the new world. "It would have been much better had this great discovery come a century later," said the professor. "Then the European countries would have been better prepared to develop a new country."

Growth of Peabody Fund.

To the sum of \$2,000,000 left by Geo. Peabody between 1862 and 1873, out of which the Peabody buildings for the poor were erected in London, there has since been added \$4,793,255 received for rent and interest, making the total fund, according to a report just issued \$7,293,255. As more money comes in more buildings are erected.

A monument in honor of the late M. Waldeck-Rousseau is to be erected in the Tuilleries gardens in Paris. It is to take the form of a bust.

FINANCE AND TRADE REVIEW

ACTIVITY EXPANDS

Condition of Traffic Arrangements Threatens Accumulation—Steel Making May Be Injured by Ore Shortage.

R. G. Dun & Co.'s "Weekly Review of Trade" says: Erratic weather has tended to make trade reports somewhat irregular, but on the whole the week's results were satisfactory. Early delays were followed by increased activity particularly in what might be termed Easter lines. It is noteworthy that much business for fall delivery has appeared, and more supplementary spring and summer contracts are being placed than jobbers anticipated. Mercantile payments are also increasingly prompt. Industrial activity expands, iron furnaces and steel mills maintaining their good record, textile plants securing larger orders, and footwear manufacturers are able to hold full prices without curtailing operations.

Labor controversies are few and cause little inconvenience, while immigration for the last week was more than double that of the corresponding week in 1904. Transporting interests are able to handle the increased business with little congestion, railway earnings thus far reported for April exceeding last year's by 10.2 per cent. Foreign commerce at the port of New York for the last week showed a gain of \$2,069,861 in value of merchandise exported and imports were \$3,415,922 larger than in the same week of 1904.

Higher wage scales becoming effective on May 1 assure freedom from labor troubles at blast furnaces, and there is little friction at the steel mills, but the industry will be interrupted unless iron ore is freely mined. Otherwise the iron and steel industry is in splendid condition, contracts covering deliveries well into next year in many departments, and there is no division that can be styled dull. Coke output continues to collapse all records, and as traffic conditions are favorable, the free movement threatens accumulation, so that this fuel is a little weaker. Both anthracite and bituminous coal are active. Leather is steady, despite reports of sales at concessions emanating from transactions in inferior goods, while being butts advanced sharply. Packer hides are strong and active. Foreign dry hides are unchanged.

Failures this week numbered 200 in the United States, against 241 last year, and 21 in Canada, compared with 12 a year ago.

MARKETS.

PITTSBURGH.

Grain, Flour and Feed.

Wheat—No. 2 red	1 08	1 09
Eye—No. 2	50	51
Corn—No. 2 yellow, ear	62	63
No. 2 yellow, shelled	50	51
Mixed ear	45	46
Oats—No. 2 white	35	36
No. 3 white	34	35
Four—Winter patent	5 80	6 00
Fancy straight winters	5 50	5 60
Hay—No. 1 Timothy	12 75	13 00
Cliver No. 1	12 75	13 00
Feed—No. 1 white mid. ton	22 00	22 50
Brown middlings	19 75	20 00
Brass, bulk	20 50	21 00
Stra—Wheat	7 50	8 00
Ost	7 50	8 00

Dairy Products.

Butter—Eleg creamery	31	32
Ohio creamery	30	32
Fancy county roll	16	18
Cheese—Ohio new	15	14
New York, new	13	14

Poultry, Etc.

Hens—per lb.	14	15
Chickens—do.	16	18
Eggs—Pa. and Ohio, fresh	18	19

Fruits and Vegetables.

Apples bbl.	2 50	4 00
Potatoes—Fancy white per bu.	30	31
Chicopee—per ton	19 00	17 50
Onions—per barrel	4 50	5 00

BALTIMORE.

Flour—Winter Patent	5 50	5 85
Wheat—No. 2 red	1 11	1 12
Corn—Mixed	1 06	1 09
Oats—No. 2 white	35	37
Eggs—Pa.	16	18
Butter—Ohio creamery	21	23

PHILADELPHIA.

Flour—Winter Patent	5 50	5 75
Wheat—No. 2 red	1 07	1 08
Corn—No. 2 mixed	50	51
Oats—No. 2 white	35	37
Butter—Creamery	24	25
Eggs—Pennsylvania firsts	16	17

NEW YORK.

Flour—Patents	5 00	5 50
Wheat—No. 2 red	1 11	1 12
Corn—No. 2	55	56
Oats—No. 2 white	35	38
Butter—Creamery	24	25
Eggs—State and Pennsylvania	17	18

LIVE STOCK.

Union Stock Yards, Pittsburg.

Cattle.

Extra, 1400 to 1600 lbs.	66 50	67 50
Prime, 1300 to 1400 lbs.	61 00	62 00
Medium, 1200 to 1300 lbs.	57 00	60 00
Light, 1050 to 1150	47 50	57 50
Butcher, 800 to 1100	37 50	43 00
Common to fair	32 50	37 50
Oxen, common to good	27 50	40 00
Common to good fat bulls and cows	25 00	35 00
Milch cows, each	10 00	45 00

Hogs.

Prime heavy hogs	5 80	5 85
Prime medium weights	5 80	5 85
Best heavy Yorkers and medium	5 80	5 85
Good pigs and light Yorkers	5 40	5 50
Pigs, common to good	4 70	4 80
Roughs	3 75	4 15
Stags	3 25	3 50

Sheep.

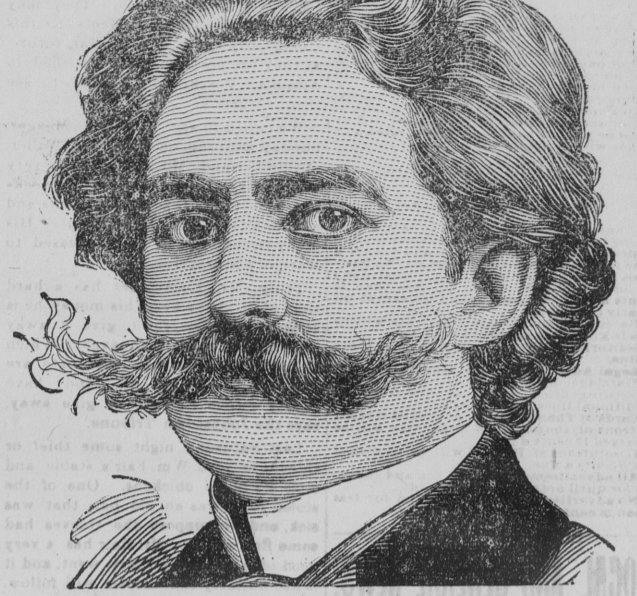
Extra, good to choice	5 25	5 35
Good to choice	4 90	5 10
Medium	4 40	4 80
Common	2 50	4 00
Lamb.	5 50	6 00

Calves.

Veal, extra	5 00	7 00
Veal, good to choice	3 50	4 50
Veal, common heavy	3 00	3 75

CUBAN MINISTER TO THE U. S.

Recommends Pe-ru-na



Senor Quesada, Cuban Minister to the United States, is an orator born. In an article in The Outlook for July, 1899, by George Kennan, who heard Quesada speak at the Esteban Theatre, Matanzas, Cuba, he said: "I have seen many audiences under the spell of eloquent speech and in the grip of strong emotional excitement; but I have rarely witnessed such a scene as at the close of Quesada's eulogy upon the dead patriot, Martí." In a letter to The Peruna Medicine Company, written from Washington, D. C., Senor Quesada says:

"Peruna I can recommend as a very good medicine. It is an excellent strengthening tonic, and it is also an efficacious cure for the almost universal complaint of catarrh."—Gonzalo De Quesada.

Congressman J. H. Bankhead, of Alabama, one of the most influential members of the House of Representatives, in a letter written from Washington, D. C., gives his endorsement to the great catarrh remedy, Peruna, in the following words:

"Your Peruna is one of the best medicines I ever tried, and no family should be without your remarkable remedy. As a tonic and catarrh cure I know of nothing better."—J. H. Bankhead.

There is but a single medicine which is a radical specific for catarrh. It is Peruna, which has stood a half century test and cured thousands of cases.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O. All correspondence held strictly confidential.

Facts Are Stubborn Things

Uniform excellent quality for over a quarter of a century has steadily increased the sales of LION COFFEE, The leader of all package coffees.

Lion Coffee

is now used in millions of homes. Such popular success speaks for itself. It is a positive proof that LION COFFEE has the Confidence of the people.

The uniform quality of LION COFFEE survives all opposition.

LION COFFEE keeps its old friends and makes new ones every day.

LION COFFEE has even more than its Strength, Flavor and Quality to commend it. On arrival from the plantation, it is carefully roasted at our factories and securely packed in 1 lb. sealed packages, and not opened again until needed for use in the home. This precludes the possibility of adulteration or contact with germs, dirt, dust, insects or unclean hands. The absolute purity of LION COFFEE is therefore guaranteed to the consumer.

Sold only in 1 lb. packages. Lion-head on every package. Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.

THE GRAND PRIZE

THE HIGHEST AWARD AT THE ST. LOUIS WORLD'S FAIR

TOWER'S WATERPROOF OILED CLOTHING SLICKERS, HATS, FISH HEAD, POMMEL SLICKERS

A. J. TOWER CO. ESTABLISHED 1836

BOSTON - NEW YORK - CHICAGO - TORONTO - CANADA

WE MANUFACTURE Gas Saving Gas Burners

For Boilers and Hot Air Furnaces. Write for Catalogue.

STANDARD HEATING AND RADIATOR CO., PITTSBURGH, PA.

P. N. U. 17, 1905.

PISO'S CURE FOR CONSUMPTION

WHERE ALL ELSE FAILS. Best Cough Syrup. Taste Good. Use in time. Sold by druggists.

W. L. DOUGLAS SHOES \$3.50

THE WORLD'S GREATEST SHOEMAKER

W. L. DOUGLAS MAKES AND SELLS MORE MEN'S SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD. \$10,000 REWARD TO any one who can disprove this statement.

W. L. Douglas \$3.50 shoes are the greatest sellers in the world because of their excellent style, easy fitting and superior wearing qualities. They are just as good as those that cost from \$5.00 to \$7.00. The only difference is the price. W. L. Douglas \$3.50 shoes cost more to make, but their shape better wear longer, and they are of greater value than any other Douglas guarantees their value by stamping his name and price on the bottom of each shoe. Look for it, no substitute. W. L. Douglas \$3.50 shoes are sold through his own retail stores in the principal cities, and by shoe dealers everywhere. Write to the store where you live. W. L. Douglas shoes are worth your money.

"The Best I Ever Wore."

"I write to say that I have worn your \$3.50 shoes for the past few years, and find them the best I ever wore. I have tried \$5.00, \$6.00 and \$7.00 shoes because they fit better, hold their shape and wear longer than other makes. W. L. Douglas was Corona Coliseum in his \$3.50 shoes. Corona Coll is credited to the finest patent leather produced. Fast Color Eyelets will not wear brassy. W. L. Douglas has the largest shoe retail business in the world. No trouble to get a fit by mail. 25 cents extra for express delivery. If you desire further information, write for illustrated Catalogue of Spring Styles. W. L. DOUGLAS, Brockton, Mass.

DROPSY NEW DISCOVERY

Give quick relief and cures worst cases. Send for book of testimonials and 10 day trial. Free. Dr. H. E. GREEN'S HOME ATLAS, Ga.