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For Those Who Read. 1. Do not read at random; select your books in advance. Bead intelligently and with fore-sight; make a scheme for the season, not too large to be worked out, says Hamilton W. Mable in The Ladies' Hame Ladies'

Home Journal. Home Journal. 3. Read books that interest you; follow the 'line of your taste unless your taste is wholly untrained; if it is, read good books in different fields until you find out what you care for

4. Have a book always within reach and make the most of your spare

minutes. Read only good books and put

your mind on them. To get the best out of books you must be able to remember them Do not make a task of reading;

read for enjoyment.

New Stationery.

New Stationery. The conservative woman rarely changes the style of the paper and envelopes upon which she indites her notes and lefters. Still there are those who like such fancies as the stationers put temptingly forth. For those wom-en who are constantly seeking novel-ties the fashionable stationer this season has introduced several new styles. Ragged edged envelopes, look-ing as if they had been roughly torn, are among these. otted Swiss paper is another innovation. The surface of this resembles chiffon, and is sprinkled with large or small dots, according to with large or small dots, according to the feminine fancy. Of course, white paper is always in the best of taste, but nevertheless colored stationery is being used. The newest color upon which short notes of acceptance and regrets are penned is that of topaz blue. Parchment paper in blue gray, with a mottled surface, is a decided novelty, and French grays and paper of a greenish hue are made up into writing materials.

writing materials.
Proper Care of the Feet.
Much attention should be paid to the daily care of the feet. Once a day, at least, they should be sponged and wiped thoroughly. This last must be done carefully, that the toes may become perfectly dry.
Some women are troubled, when the does may be done and wing or standing, with bloating and aching feet. In such dates the feet in hot water. A change of shoes will also accomplish wonders. Many women keep several pair of for morning and another for afternoon being always advisable. Slippers are not always to be recommended, for, though they may give ease for the time being, if the feet and ankles are time they will simply make them suffer more when shoes are put on, says The Housekeeper.

The Housekeeper. If a woman is so unfortunate as to have corns, the first remedy is to get properly fitted shoes. A local applica-tion that is efficacious is one drachm of borate of sodium, one scruple of extract of cannabis and one ounce of collodion. This should be mixed thor-oughly and applied at night, twice a week, until the soreness disappears. A good remedy for chilblains is one

teaspoonful of powdered alum to one pint of water. The feet should be sponged daily in this, but should not be soaked, a quick wetting sufficing.

Women Paper Designers.

Women are taking to wall-paper de Women are taking to wall-paper de-signing in increasing numbers, for the work can be done at home and, in some respects, they are specialy suited for it. In the matter of taste, eye for color and gracefulness, of idea, women designers are not infrequently more than a match for their male competi-tors, their weakest side being, per-haps in constructive ability, although there are women who have this too there are women who have this, too, degree The faculty which

to the wishes and privileges of others will often cause careless half-grown young folk to watch over their habits of neatness and punctuality, etc., in a surprising way, and little by little they discern that not only do they hold the keys to many sources of the family enjoyment, but that their pride in their homes increases in proportion to the appearance it makes to their workl of comrades and schoolmates, and for which they ar6 in so large a degree responsible. "Your home is so lone-ly!" touches the core of a young girl's sensituve heart. to the wishes and privileges of others

sensituve heart. sensiture heart. Not alone do the children and ser-vants come under the reign of law in many households, but the master (?), so-called, many and many a time seeks so-caned, maily and may a time sectors in his club, freedom which is denied in the drawing room or library of his small house, where any displacement of furniture in order to approach fire or light, any lack of care in dress, any or light, any lack of care in dress, any slight to those conveniences which make and maintain grace of arrange-ment, and indicate knowledge of so-cial amenities brings reproach. "Sup-pose some one should come in unex-pectedly?" has been used with the force of a mandate in how many homes? How many tired men have found refuge in a place where light is carefully prepared to give comfortable found refuge in a place where light is carefully prepared to give comfortable reading facilities, near big easy chairs, drawn at any chosen angle from their usual positions; where smoke is wel-come and attitude a matter of entire free will?—New York Evening Post.

A Girl in Training.

The popularity of basketball among young women is increased largely by the fact that it can be practiced in or out of doors, and that it is played with a sphere bearing a marked resem-blance to football; for, though the ad-mirers of the latter game at first smiled pityingly on the milder sport, where the ball is passed with the hand, referring to the players derisively as

"beanbages," even they have come to realize that basket ball involves some lively scrimmages at times, and calls for hard practice and special qualifications for those who would ex-cel in it.

The school championship in women The school championship in women's basketball is held by the New York normal college team, which last year defeated Barnard, Adelphi, Erasmus and many high school teams and the lesser institutions. The students of Normal college play with men's rules. They have a man coach, and go regu-larly into training at the opening of the backtabell season. Interest in the the basket-ball season. Interest in the game is widespread throughout the col-lege, and there are always 50 or 60 eager candidates for the 'varsity team. These are organized into scrub teams, and subjected to repeated trial games, till the best five have been selected to play for the college.

These five are obliged to practice daily, to walk every afternoon, to drink milk or cocoa and eat only toast drink mik or cocoa and eat only toast for breakfast, and—greatest and most trying ordeal of all—are solemnly pledged to abjure the thing dearest to the schoolgirl palate. For under no circumstances may the 'varsity team eat fudge. The enforcement of this regulation is the greatest difficulty which Miss Jeanette Engle, the pretty centain of the team has to contend which has beautice than, has to contend with; for, she declares, the other students, knowing of the ban, deliber-ately set snares, in the shape of layer cake with fudge filling, for the four Spartan young women. These cakes, perced at Normal "Surrads" Tars So Spartan young women. These cakes, passed at Normal "spreads," are so delicious that to resist them requires the most heroic, fortitude.—Illustrated

. And . . Fashion Notes. We shall wear soft satin girdles with

our summer frocks. Even our hair must be done up in "early Victorian" modes.

A SERMON FOR SUNDAY

AN INTERESTING DISCOURSE BY THE REV. ROBERT MACKENZIE.

spear of wheat beginning to grow in the bleek winds of November or March finds itself supported by a little barrel of flour in the grain out of which it springs. The young caterpillar waking up to begin its life finds itself providentially deposited by its winged mother on some green leaf on-which it can feed while y - too weak to are can count up "these things", to that that would make you side Wight with pain, priverion, derapt in no furs, furnished " in over things" and not be moved? How can they bear them and be happy? Yet they are happy. Scarcely is the tear dry on the liftle face when the wreathed smile of an angel comes there. For the child allow draws its first strength from outlet sources. "God hat set the solthind in normal society the pro the needs that is is consisted from outlet it is moral a. but simply that it is natural law." There are inside sources of strength. Ny 9 o'clock nature snoils the child. By 9 o'clock nature withdraw her morning dews leaving he growing things to find movied in the sultry or the stormy noon. Not now the outside dew, but the inside sap. Nature giving the sprouting grain an outside supply for its first few days nov-leaves it to send its own nove day they be an invertible move the area in side develop the sources of strength in which to stand unwide di the sultry or the stormy noon. Not now the outside dew, but the inside sap. Nature giving the sprouting grain an outside supply for its first few days nov-leaves it to send its own nove day leaves haptism. The youth must one day leaves haptism. The youth must one day leave how and its protection and pro-vision and by the exercise of his own pow-ers wring a living for himself. If now he is to meet these thines and not he auto-move the outside the sub-condid the store of the source of strength within himself. The exactly is the weal was a crist and nove-minence. They did haves the arrive the bulleck care into the auto-move the outside for the store, which an how with letters into the telegraph and the telephone. Yet

<text><text><text><text><text><text><text><text><text><text> way.



Care of the Bathroom

Care of the Bathroom. To insure perfect safety from dis-ease germs, every part of the bath-room must be well looked after, a daily ly cleaning and a weekly scrubbing will usually prove sufficient to keep it in a sanitary condition and free from disease germs. The waste-pipe running from the bowl and tub will become choked with lint, unless it is removed often, and it is easily re-moved by using a small nook or bent hairpin. Two tablespoonfuls of borax to a gallon of water makes an excel-lent wash to pour down waste-pipes, and the bowl and tub should be scrubbed at least once a week with hot suds. If plenty of hot water is used in the bathroom for scalding the pipes and for washing the tub and floor, there can be no deadly mi-crobe left to furnish a starting point for disease, for hot water is one of the best-known disinfectants.—New York American. American

The Modern Closet.

The Modern Closet. City apartments, and even flats, as well as houses, show closets that are quite as perfect in arrangement as any other room in the house, even though they are small. In one corner of the modern closet is a basin with hot and cold water faucets, and over the basin an electric light button. The wells are outle as definitly tinted

The walls are quite as daintily tinted as those of the drawing room, and the woodwork is usually enameled. If there is room for a chest of arawers, it is white like the woodwork, and has brass knobs and trimmings. Not an inch of space is wasted in Not an inch of space is wasted in

Not an inch of space is wasted in the modern closet? On the side which is devoted to clothing is a shallow shoe box with a lia. This is built in the wall and runs the length of the closet. It, too, is painted white, and has brass hinges. Several enameled boards are placed

several enameted boats are placed along the wall, the lower one being at a convenient heigeus or hooks to be inserted for clothing. These shelves are useful for hat boxes and other odds and enus of the ward-

This arrangement of the shoe box and shelves makes a little ward-robe by itself, and it is quate the fad gowns by hanging dainty curtains be-fore the lower shelf. fore the lower shelf.

Choosing a Cat.

Choosing a Cat. Choose your cat by his nose, his cheeks and the bump between his ears and you will not go far wrong on his disposition, says the Indianapolis News. Cat character can be read from the face as surely as can human nature. If you would have a house-hold pet who will be a joy forever, choose one with a round stubby nose, full fat cheeks and upper lip and a well-developed bump on the top of his head between his ears. As sure as he has these points he will be gentle, playful and affectionate, although he may not be a good mouser study eyes and choose a cat with large, eyes and choose a cat with large quick, full, expressive ones. A cat with a thin, sharp nose and twitching ears may be a very good mouser, but it will be a pestilence in every other

Cats are subject to colds, and the best remedy, directly a running from the nose is seen, is one drop, of aco-nite in warm milk three times a day. Give plenty of warm milk, but no meat until the cold is getting better. If there is any cough add one drop of bryonia to the aconite dose. Keep the cat warm and away from draughts. Canker, evidenced by the cat frequently scratening its ear, may be relieved by mixing ounce of glycerin and a half a drachm carboilc acid, and applying with soft rag, which must be afterward burned— Pitsburg Despatch. Cats are subject to colds, and the

Pitsburg Despatch. - siden a Antiger Treyster

WOMEN'S WOES.

Much of women's daily voe is due to kidney trouble. Sick kidneys cause bachache, languor, blind headaches. Cizziness, insomnia and urinary troubles. To cure yourself you must cure the kidneys. Profit by the experi-ences of others who 1P have been cured.

have been cured. Mrs. William W. Brown, professional nurse, of 16 Jane St., Paterson, N. J., says:

The Trans-Siberian railway is nearly six thousand miles long, and cost, in rough figures, £100,000,000. The first sod was turned in 1895, and in nine years 3,375 miles were laid, including 30 miles of bridges.

Electric Lighting.

The use of electric lighting in New York State alone has increased over 2000 per cent. in ten years, and the use of electricity for power has in-

cent. STATE OF OHIO, CITY OF TOLEDO, { ss. LUCAS COUNT. FRANK J. CHENEY MAKE OATH THA 16 is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo. County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOL-LARS for each and every case of CATARER that cannot be cured by the uso of HAL'S CATARER CURE. Base of the sum of ONE HUNDRED DOL-Mary Public. Hall's Catarth Cure is taken internally, and acts directly on the Mod And mucous sur-faces of the syste. Send for testimonials, free. F. J. OHNEY & Co., Toledo, O. Sold by all Druggists, 75c. Take Hall's Catarth Cure is taken internally, and Has Snent Lifetime in Ministry.



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belongs to the architect rather than the artist, gives the power to carry out intricate designs in such a manner as will make them look well when spread over a large surface, for a de-rign which appears effective enough in a small piece may not do at all when

repeated again and again on a wall. I is, therefore, in friezes, for the manu-facturers usually keep a permanent staff of designers, and where there is the salt of originality in anything submitted to them they are always glad to

mitted to them they are always give to pay for it. This system gives the amateur a chance which he would not otherwise have; for, without going through a long course of study and practice, and mastering the technicalities of the art it is hardly possible to produce work which could be used just as it stands. Instruction in wall paper design-ing is given at most of the technical colleges, and the course extends over colleges, and the course extends over five years.—Pittsburg Dispatch.

Freedom at Home.

If we could only get it into our heads for the regulating of our own natures for the regulating of our own natures, as well as in order to develop safely and happily those of our families, that it is the principle of action which we want to instill, and not the obedience to a specific rule, we would find that we made much greater progress our-ourselves and had far less fruitless toil over the obedience of our sons and daughters. The demonstration of increased com-fort and happiness by unselfish regard

Wear your turnover collar right on the neckband of your blouse nowadays. Sky-blue veils on apple-green straws. It takes a pretty girl to wear a lingerie There's no denying that some of the

Sporting News.

fashions are so popular as to amount to nuisances.

Broad tucks for the tailored waist and clusters of tiny pin tucks for the lingerie blouse.

Red may be popular, but that doesn't mean that women of artistic sense will wear it in July.

There is no fabric nor scarcely any color wherein the jaunty walking suit may not be made up.

There is a new and most alluring mercerized canvas on show for the summer runabout frock.

A violet frock hand-embroidered in pale violets is one of the "creations" now tempting woman kind.

The most devoted admirer of the Eton jacket is likely to get her fill of that garment this spring.

Long face veils are gracefully draped over the hot and tied at one side. There is no disputing the becomingness of the fluffy bows under the chin.

The fluffs of maline which are being used so extensively to finish the back stocks are found in all delicate shades among the neckwear attractions.

Junior hats are diverse in shape and

Orange Custard Beat the yolks Orange Custard Beat the volks of five eggs, strain them, then put to them one spoonful of braidy, the peel of an orange boiled and beat to a paste, sugar to the taste, beat these together; stir this into a full pint of cream that has been boiled, and is cream that has been boned, and is cold; scald all together over the fire, stirring it; take it off, stir it till cold, put it into cups, set them into an earthen dish; pour hot water into it; when they are set, stick citron into

Omelet Souffile-Beat the whites of three eggs very stiffly, beat the whites of three eggs very stiffly, beat the yolks until thick, add them to the whites, then add one and one-half tablespoon-fuls of powdered sugar and the juice of half a lemon; put these ingredients together very carefully and heap by the spoonful into a buttered dish o buttered paper cases; sprinkle with powdered sugar and bake in a moder ate oven a golden brown, about 1 minutes; serve as soon as remove from the oven. Potato Mutton Chops-Cut sor

nice chops of steak from the best par of the neck of mutton. The loin wil be better still. Trim off all the fat but leave a small part of the bone vis but leave a small part of the other vis-lible, nicely scraped. Season with pep-per and salt and fry in drippings Have ready plenty of mashed potato with which cover the chops separate ly, so that they will be completely wrapped in the potato. Glaze with beaten egg and brown with a salaman-der, or, lacking the salamander, brown lightly in the oven.



To cleanse the skin of crusts and scales, and soften the thickened cuticle, gentle applications of CUTICURA Ointment to instantly allay itching, irritation, and inflammation, and soothe and heal, and mild doses of CUTI-CURA Pills to cool and cleanse the blood.

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