

Coated

Look at your tongue. Is it coated? Then you have a bad taste in your mouth every morning. Your appetite is poor, and food distresses you. You have frequent headaches and are often dizzy. Your stomach is weak and your bowels are always constipated.



There's an old and reliable cure: **Ayer's Pills**. Don't take a cathartic dose and then stop. Better take a laxative dose each night, just enough to cause one good freemovement the day following. You feel better the very next day. Your appetite returns, your dyspepsia is cured, your headaches pass away, your tongue clears up, your liver acts well, and your bowels no longer give you trouble.

Price, 25 cents. All druggists. I have taken Ayer's Pills for 35 years. The pills do me more good than any other medicine I have ever used. Mrs. N. E. TALBOT, March 20, 1890. Arrington, Kans.

Facilitated with weak eyes, use **Thompson's Eye Water**.

Politics Is Now a Trade. In modern politics I have many times known of more money spent in a single ward for the election of a councilman than the amount contributed in 1860 to carry the Tompkins election in October that gave the Republicans absolute victory in November, says Colonel A. M. McClure, in the Great Eastern Evening Post. There is not an earnestly contested legislative district in this city that does not cost thousands of dollars to run the campaign and pay the party workers; and a recent contest for nomination in one of the senatorial districts of Philadelphia cost the opposing factional leaders not less than \$100,000.

Rich Antiquarian Find in Turkey. At the village of Anbar, near Erzurum, close to the ancient town of Iconium, a sarcophagus has been discovered, composed of marble, on which flowers, animals and figures of warriors are sculptured, says a foreign correspondent. The period to which the relic belongs is not yet known, but the workmanship is exquisite and is said to be superior to anything of the kind in the Sarcophagi of Alexandria, which contains the newly discovered monument weighs 30 tons.

Best For the Bowels. No matter what ails you, headache or neuralgia, or any other ailment, you will find relief in the use of **Dr. Greene's Nervina**. It is a powerful laxative, and you will get relief in 10 to 15 minutes. It is a powerful laxative, and you will get relief in 10 to 15 minutes. It is a powerful laxative, and you will get relief in 10 to 15 minutes.

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FADED IN HER YOUTH

Pretty faces and graceful forms of young women! Why is it they are so soon replaced by plainness and lackluster? It is because the young girl just entering into womanhood does not know how to take care of herself and has no one competent to advise her. It is not necessary that there should be anything weak or wanting about the functions of a female organism. Parents of young girls should inform themselves and prevent their dear ones from making costly errors.

That young woman has a just cause of complaint, who believes that to believe that great periods suffering is to be expected, that mysterious pains and aches are part of her natural experience as a woman. These things are making constant war on her health, her disposition and her beauty. It is a wanton sacrifice, absolutely unnecessary and cruel. It is more—it is criminal.

Dr. Greene's NERVINA

for the Blood and Nerves

Dr. Greene's Nervina blood and nerve remedy, is the right medicine for every young girl who is just entering the first stage of womanhood. It prepares the system in every way to act normally. It enriches the blood supply, and keeps the nerves calm and steady. Fortified with this medicine, all the womanly duties may be undertaken and experienced without the slightest opportunity to health. It preserves the gifts of nature and assists their development into glowing, beautiful beauty.

Mrs. MARY FRANCIS LITTLE, of 2 Hunter Alley, Rochester, N. Y., says: "I was very pale and delicate—had no color, and I took Dr. Greene's Nervina, blood and nerve remedy, and now I am well and strong, my face is plump, and cheeks red, and my complexion pure."

Mrs. WILLIAM BARRELS, 230 East 87th St., New York City, says: "Dr. Greene's Nervina made a wonderful improvement in my health, and that I look like a young girl. My friends hardly know me. I have gained flesh, and am like a different person."

The nervousness in women which invariably comes with pain is itself certain to stop the development of sharp lines and figure. Excited nerves make sharp lines and hasty speech. The beautiful curves which make women so attractive are not possible when the female organism is out of order, as it surely is when discomfort and pain are always or even periodically present. It is only necessary to look in the faces of young women everywhere to see that this must be so. Why are they so pale and thin?

GET FREE ADVICE FROM DR. GREENE Real beauty is rare. It belongs to perfect health. It is possible to every woman who takes the matter in hand intelligently. Get advice from Dr. Greene, the great specialist in these matters. He will tell you why all this is so, and show you how to avoid the stumbling blocks that bar woman's way to happiness. You may consult Dr. Greene without cost by calling or writing to him at his office, 35 West 14th Street, New York City. Don't throw away your beauty. Write Dr. Greene to-day.

Blacksmithing Without a Fire.

A blacksmith's shop without a forge seems a novelty, indeed, but there are several in operation, declares the Chicago Inter-Ocean. In these shops there is applied a patent horseshoe made of iron, which is heated by a gas flame, instead of a fire, and is then hammered and shaped, as far as may be necessary, without heat. There are several of these hot hammers are used, so that these time-honored accessories of the blacksmith's shop still remain here, but there is no fire, no bellows, with a grimy, swarthy, stalwart blacksmith swaying on the handle with one hand, while he forces the burning coal in the forge with the other. There is no smoke here and no flying sparks, nor is there the long familiar odor of the burning coal. These places are horseshoeing shops.

One of these horseshoeing shops occupies a long room that stands on a corner. The shop proper, occupying the greater part of the space, opens on the side street. The office, or reception room, of the horseshoeing parlor, at the front of the shop, occupies the square space of the width of the building and running back about 20 feet where an office railing is placed, dividing the reception room from the blacksmith shop.

On the floor of the office, or reception room, there is a \$200 rug; there are comfortable chairs for visitors or for customers; there is a desk for the manager, and there are potted palms. All this is separated from the shop floor only by that office railing across the inner end of this reception room, beyond which one sees down the length of the shop men busily engaged shoeing horses in this blacksmith's shop without a fire.

London Has Forbidden Gates.

There are two gates in London which it is air of the most considerable merit. One is the gate in the arch of the Horse Guards, the other is the gate in the arch of the Horse Guards. The Horse Guards' arch is guarded by a stalwart trooper, who stands in the way and attempts to get through, and the occupant not have the right to pass, unless he is accompanied by a certain number of persons. When there is any disputed claim, if the occupant of the vehicle is not accompanied by a certain number of persons, he is not allowed to pass.

Beware of Ointments for Catarrh That Contain Mercury. A mercury will surely destroy the sense of smell, and enter the brain, and destroy the mind, and the body, and the soul, and the spirit, and the life, and the death, and the resurrection, and the judgment, and the life everlasting.

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A Proposal of Today.

"For some time," observed Mr. Markham, "I have been beset by the thought of proposing to you." "I dislike anything as soon as it becomes a duty. I used to like hunting; since that time I have been hunting for a woman to marry." "I have been thinking of you," said the young lady, "and I have been thinking of you." "I have been thinking of you," said the young lady, "and I have been thinking of you."

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KEYSTONE STATE NEWS CONDENSED

PENSIONS GRANTED. Tramp Sues a Railway Company for Damages Boys Capture a Wild Cat—Dynamite Causes Havoc. Last week pensions were granted the following persons: Thomas P. Scripps, Indian, \$6; Catherine Campbell, Rochester, \$8; Henry Veon, Beaver Falls, \$6; Isaac B. Rice, Zanesville, \$6; Benjamin F. McCreary, Burgettstown, \$12; Randolph P. Robinson, Evans City, \$10; John W. Barber, Millington, \$10; Henry Reed, New Freeport, \$12; John Kerr, Foxburg, \$14; Regina J. Luce, Penfield, \$12.

SWELLING HIS CREDITS. In these days of watered stocks and mystifying corporation statements, the adage that figures cannot lie has become popularly discredited. But it is doubtful whether any modern promoter has hit upon a simpler scheme to swell the assets on his balance sheet than that which was employed by an Omaha stockbroker in the city of the century was still young.

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DETECTS IN PUBLIC SCHOOLS. The public school authorities are completely bewildered by the discovery of the theory that what is good and sufficient for one child is good and sufficient for all children. This theory is being put to a practical test in the public schools of the city of St. Louis.

QUANT AND CURIOUS. Whales from 300 to 400 years old are sometimes met with. The age is ascertained by the size and number of the baleen, which increases yearly.

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How Mothers may Help their Daughters into Womanhood



Every mother possesses information of vital value to her young daughter. That daughter is a precious legacy, and the responsibility for her future is largely in the hands of the mother. The mysterious change that develops the thoughtless girl into the thoughtful woman should find the mother on the watch day after night. As she cares for the physical well-being of her daughter, so will the woman be, and her children also.

Miss Good asks Mrs. Pinkham for Help. "DEAR MRS. PINKHAM—I have been very much bothered for some time with my monthly periods being irregular. I will tell you all about it now put myself in your care, for I have heard so much of you. Each month menstruation would become less and less, and I finally stopped for six months, and of a very bad nature. I have been very much troubled by it, and I have been very much troubled by it, and I have been very much troubled by it."

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