EHOLD MATTERS.

Boll four potatoes of ordinary size, having peeled them first, and mash them up fine in the water in which they were boiled. Stir the potatoes into a quart of flour, adding the usual quantity of yeast. Make the dough thick, as hard as it will hold together. In rising, it softens so much that it can just be kneaded without sticking.

The kneading is an important part of the operation. A quarter of an hour's kneading ought to suffice for a small recipe like the one here given. Knead by drawing out one end like a rope, and rolling the other portion over and over. The object of making the dough thick and stiff to begin with is to avoid putting in flour after the dough is light, for the mass softens so much by putting potatoes in that it will be just right when fermented.

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After the kneading, put the dough away to ferment again, and, when light, knead as before. A third kneading still improves it, but it is not necessary. No butter should be put in these rolls, or in bread either, as it makes it like a short cake in grain, which is precisely what one desires to avond.

Good rolls ought to be puffs of wheat flour baked; they ought to tear in shreds or strips, have a fibre or grain like the husk of a cocoanut, and a fragrant wheat smell; and, lastly have a rather tough spring or tear to them, and a crackly crust. In form they are round at the sides and bottom, and this is attained not by rolling them up between the hands, as many suppose, but from the potatoes, and the way in which they are kneaded. Each roll must be cut off of the mass of the dough; that is to say, the dough must not be keaded and then shaped into rolls, but must be kneaded the last time, turn it all out on the board, cut off each roll from the mass without tearing or disturbing it, or even touching it with the hands (a little practice will enable one to do it), and place them gently in the baking-pan about an inch spart. After standing a few minutes—say five or six—they will be ready to go into the oven, and ten minutes ought to bake them if they are light.

Before they are put into the oven, and ten minutes ought to bake them if they are light.

ten minutes. When ready to take up drop in a raw egg for each person. Serve with dry toast.

drop in a raw egg for each person. Serve with dry toast.

Soup Maigre—Prepare a bunch of celery, a head of lettuce, and a handful of paralley; put in a sancepan, cover with water, and stew fifteen minutes; add half a pound of butter and two sliced onions, let cook slow, sift in a tablespoon of flour, pour over a gallon of water, season with salt and pepper, let boil slowly, beat the volks of two eggs, and add with a teacup of walnut catsup.

Egg Soup—Slice two white onions, fry brown in butter, add three pints of water, and let boil, season with salt and pepper and a teaspoon of sugar, stir until the soup thickens, take from the fire, mix in gradually the beaten yolks of four eggs. Serve with sippets of fried bread.

Lima Bean Soup—Put a quart of young tender beans in a saucepan, cover with boiling water and boil slowly for twenty minutes; drain and press through

with boiling water and boil slowly for twenty minutes; drain and press through a colander, put a quart of milk on to boil, add to the beans, rub a tablespoonful of butter and flour together, add to the soup, stir until thick, put in a pint of white stock, let boil up once and stir in the beaten yolks of three eggs. Season with pepper and salt.

Delicate Chicken Soup—Put a well-grown chicken in a soup kettle with three quarts of cold water, let come to a boil, skin carefully and let simmer slowly until the meat drops off the bone; add a alice of onion and a sprig of paraley, let simmer fifteen minutes, strain, return to the kettle, add haif a teacup of rice, let boil half an hour and serve.

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WHEN NEWS TRAVELS FAST.

An interesting instance of the magic of the telegraph, as illustration of the way it can annihilate space, outrun the sun and perform mystifying jugglery with old Time's hour-glass and with the calendar, and an object-lesson in every-day science, are afford, Jugglery with old Time's hour-glass and with the calendar, and an object-lesson in every-day science, are afforded in connection with the execution of the sentence of murderer Deeming in Australia Deeming was hanged at 10:01 a. m. and the news and details of the execution were read by the readers of American papers at the early breakfast table, and even before daybreak that day. If the execution had been on any other day the news would have been printed in the evening papers the day previous to that of the execution, for the news of Deeming's death was received in America before 9 o'clock on Sunday evening, apparently thirteen hours before he was hanged. The news was in San Francisco soon after 5 o'clock Sunday evening, having been sent by way of Montreal. The telegraph beat the sun by almost a whole day. The message had to travel the course traversed by the sun, too, and did not make the gain by cutting across lots or doubling back and stealing a lap. With a cable under the Pacific the message might have doubled on the sun's track and gained a day in a minute or so. Telegrams from Australia must take the western or sunward course, and make the full circular tour. The message left Melbourne, on the far side of Australia, very soon after 10 o'clock Monday morning, traveled about 15,000 miles, was transmitted thirteen times through as many different estations and different lengths of cable, reached New York at 8:50 p. m. Sunday and was in the Sun office before 9 o'clock. The difference in time between New York and Melbourne is fourteen hours and forty minutes, so that when Deeming was on the gallows it was 7:30 Sunday evening in New York, and the message traveled the 15,000 miles in the remarkably quick time of less than an hour and a half.

This was the route, the message passing from one cable and one set of instruments to another at each

minutes—say five or six—they will be ready to go into the oven, and ten minutes ought to bake them if they are light.

Before they are put into the oven they should be cut down the middle with a finife dripping with melted butter. This prevents the cut sides from coming together and makes the cleft clear and well defined.

As to the trouble involved in the process, I leave that to the judgment of housekeppers. At six in the evening we set our rolls, at mine they are ready to kneed. They are left all night to risagain, and the first thing in the morning, before the fire is made, are kneaded again. When they are light, which will be in an hour, they are ready to bake.—Harper's Baar.

BEABORABLE SOUPS.

At this season of the year, writes Mrs. E. R. Parker in the Courier-Journal, the conting the first thing in the morning before the fire is made, are kneaded again. When they are light, which will be in an hour, they are ready to bake.—Harper's Baar.

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BEABORABLE SOUPS.

At this season of the year, writes Mrs. E. R. Parker in the Courier-Journal, the first him soups are heavy and heating to the system, and should not be served on the family table. Many very appeting soups are made from vegetables and delicate means that will be found wholesome and nourishing.

Creem of Asparagus Soup—Wash a bumch of asparagus, put in a saucepan of boiling water, and boil half an hour; take from the water, cut off the tops, put them saide until wasted. Put a quart of milk in a saucepan of boiling water, and boil half an hour; take from the water, cut off the tops, put them saide until wasted. Put a quart of milk in a saucepan of boiling water, and boil half an hour; take from the water, cut off the tops, put them aside until wasted. Put a quart of milk in a soup kettle and cover wi

According to the census of 1890, there are 15,000,000 people living in the States and Territories lying west of the Mississippi River, almost one-fourth of the entire population of the United States the United States.



## A PATRIOTIC WORK.

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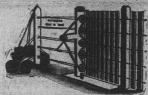
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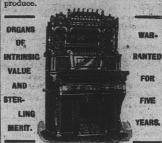
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