Danville, Pa., Mar. 28 1907.

THE BEAT OF THE PULSE. It Varies Greatly In Different Per-

sons and Conditions. The pulse of women generally beats at a slightly faster rate than that of men. It may be said that when a person is at rest his pulse, that of any adult, may be from seventy-five to eighty times a minute. Great variation exists in different individuals in respect of the number of beats. After exercise the pulse quickens because of the stimulation of the heart, and the same result applies to the effects of taking food. A dose of alcohol will also stimulate the pulse somewhat, just as the use of tobacco, especially in excess. will tend to have an opposite effectnamely, that of lowering the rate of the pulse, because of the depression of the heart which results. In fevers and inflammatory diseases the pulse rate tends to be very much increased and also in respect of its character. Instead of beating quietly the blood vessel in such cases exhibits a very full and bounding movement. On the other hand, where depression exists and the temperature of the body falls, the pulse may be unnaturally slow and its character weak. Physicians are accustomed to distinguish other characteristics in the pulse, such as become valuable hints in the discovery and determination of disease. The practical lesson we learn here is that where the pulse continues for any length of time to have its beats quickened to an unnatural degree and where especially a rise of the temperature or heat of the body accompanies these symptoms we ought to suspect some kind of feverish condition or other to be represented. The pulse alone forms a valuable enough guide to this state of the body, but its value is very much increased if to the information given us by the pulse we add that which the use of the thermometer supplies .- Cardiff Times. IMITATIVE WOMAN.

A Cyaleal English View of Feminine Human Nature.

Decidedly women are an imitative class. From her earliest age the small girl apes the doings of her elders and, often had the grim humor of fitness. had she her own way, would be a miniature epitome of fashion. Such entertainments as she is permitted to witness ! her mother's drawing room she back? imitates, with dolls and nurses for company, in the nursery. In her school days she invariably "forms" herself on some special friend whom she elects as a model of feminine perfection. And at a certain stage of their lives girls are as much alike as peas in a pod. As they mature and develop they may perhaps show some signs of individuality, but in all the main issues of life they continue to be more imitative than original.

Fashions, housekeeping and entertaining are all more or less conducted on the same lines, and the only true sign of friendship that is shown to the young married woman is to beg her to order her life and her home on her friend's principles. Any departure from those principles or any symptom of individual taste or strength of mind will sound the first challenge of unpopularity for the budding matron. Her mother and her mother's friends will alike desire imitation of their methods as the "sincerest form of flattery," and every decline from the original system will be pronounced wrong or injudiclous.-Rita in London Mail.

TRIAL MARRIAGES.

A Ageer old Custom That Existed For Ages In Scotland.

"Handfasting" was a custom that existed for ages in Scotland. The contracting parties met at the annual fairs in their several districts. There young men chose the maids who best pleased them. They joined hands and by that act became man and wife until der ye water for ye space of ½ minthe corresponding day of the following ute. year. If the love and fortunes of the pairs had prospered during the year, on the anniversary of their meeting they were legally married by the priest: if all had not been well, then they parted.

The practice is supposed to have arisen from the scarcity of clergy. If the pair decided to part at the end of the twelvemonth, the bride was at liberty to marry another man, her apprenticeship to matrimony not carrying with it any reproach to her. Such marriages were by custom made legal. Any issue resulting from the union would in the case of a second marriage be taken by the father and rank as heir after the children of the marriage which lasted for life.

Many weddings were unmade at the end of the year, but it was dangerous if the initiative were taken by the man who had wedded the kinswoman of a chief. When a Macdonald of Sleat availed himself of his right to send back the sister of a Macleod of Dungaven, the latter resented it as an "He had no bonfire to celebrate his wedding, but he shall have one to solemnize his divorce," Macleod swore. He kept his word, and a terrible vendetta between the clans re-

HE DIED FIGHTING.

How Prince Louis Napoleon Was Killed by the Zulus.

How Prince Louis Napoleon was killed by the Zulus June 1, 1879, is told graphically in the book by Sir Evelyn Wood, who took part in that war. The little party which the prince accompanied was surprised and attacked. Sir Evelyn writes: 'The Zulus in pursuit ran first after the two white soldiers who were on the flanks, three or four men, headed by Labanga, following the prince. His horse had jumped just as he was mounting, and his sword fel! but of its sembbard. He was very active and was vaulting on his horse in motion when the wallet on the front of the saddle broke away, and he fell to the ground, being at this time only sixty yards behind the (British) fugi-There were seven men who acfought the prince. When Lanele, pursuing the fugitives, first saw Labanga, he was running away threw an assagal at him. The first assagai stuck in the prince's thigh, and, kept his foes at bay for some minutes. In the native's words: 'He fought like out effect, and I threw an assagai at him, which struck him, as I said at the time, but I always allowed Labanga's claim to have killed him, for his assagal bit the prince in the left shoulder.

a mortal wound."

THE DUTY OF HAPPINESS.

Keep Your Face to the Sunlight and

Smile Through Your Tears. I know an old man who has had a great deal of trouble and many losses "As Cromwell rose in power and rank tract just as much real enjoyment from it as he went along as possible— don in 1649 to reconquer Ireland he not in dissipation, but in wholesome recreation and fun. He has always tried to see the humorous side of went forth in that state and equipage as the like hath hardly been seen, htmthings, the bright side and the duty of self in a coach with six gallant Flan-

happiness. of every situation and of always fac-ing the sun and turning his back to the shadows. This life habit of cheerful- kings had ever any such." ness and optimism has brought out a The protector was not much of a sweetness of character and a poise and whip, however. In 1654 the Count of serenity of mind which are the envy Oldenburg sent Cromwell a present of of all who know him. Although he has six horses, and the protector's anxiety lost his property and the most of his to make trial of their quality led to his family and relatives, yet he radiates sunshine and helpfulness wherever be On Friday, Sept. 29, he went with Sec

A man who can laugh outside when he is crying inside, who can smile the six horses to be harnessed to his when he feels badly, has a great ac- coach, put Thurloe inside of it and uncomplishment. We all love the one cannot see it.

A potted rose in a window will turn its face away from the darkness to those horses too much with the whip, ward the light. Turn it as often as they grew unruly, whereby his highyou will, it always turns away from the darkness and lifts its face upward toward the sun.

melancholy, inky natures and turn our at last he got his foot clear and so faces toward the bright, the cheerful and the sunshiny. There is more virtue in one sunbeam than in a whole atmosphere of cloud and gloom.

Your ability to carry your own sunshine with you, your own lubricant, forced to keep his chamber hitherto your own light, so that, no matter how heavy the load or dark the way, you will be equal to the emergency, will measure your ability to continue and to achieve.-Success.

OLD TIME PUNISHMENTS.

Cold Water Baths Helped to Cure Swearing and Scolding.

tween the correction and the fault is history does not say. one of the precepts of modern education. The judge of the eighteenth century was not worried by such psychological theories, but his decisions What could be better for the scold than a cooling plunge or for the wife beater than a few lashes on his own

A number of tender handed English gallants joined a pioneer expedition to Virginia. The weather was cold and the work hard. When these soft muscled young men were set at chopping trees their hands were sorely blistered by the ax helves. With the cries of pain many oaths were heard.

The president of the company soon put a stop to this swearing by ordering a can of cold water to be poured down the sleeve of the guilty one at every oath he uttered.

In colonial days hog stealing was considered one of the most serious of crimes. At the first offense the thief's ears were slit, at the second his ears were nailed to a pillory, and at the third he suffered death "without benefit of clergy."

Deceitful bakers and careless fish dealers had to "lose their ears," while he who spoke detracting words had his tongue bored by a bodkin. A Frenchman, traveling in America

scolding woman,

"Day before yesterday at 2 of ye

one Betsey Walker, who by ye violence of her tongue made her house and her neighborhood uncomfortable. They had a machine for ye purpose yt belongs to ye Parish. It has already been used three times this summer.

"Ye Woman was allowed to go un-Betsey had a stout stomache and would not yield until she had been under five times. Then she cried piteously. Then they drew back ye Machine, untied ye Ropes and let her walk home a hopefully penitent woman."-Youth's Companion.

A SOURCE OF DISEASE.

Seware the Man Who Blows Smoke Through His Nostrils.

A popular practice of many smokers consists in discharging the smoke inhaled, especially from cigarettes, through the nostrils. This is even considered by some to be essential to the full enjoyment of the flavor of the tobacco.

The London Lancet, while acknowledging that perhaps under ordinary circumstances no harm is done to the smoker save to his sense of smell, has sounded a note of warning against the habit as a possible disseminator of disease. Hay fever and other annoying complaints have been spread through unsuspecting households by the unthinking visitor who habitually blew smoke through his nose.

The surface traversed by the tobacco smoke before issuing from the nose, if is remarked by the Lancet, is moistened with the natural secretion of the mucous membrane lining it, and this secretion is mingled with the fluid discharged from the confunctival sac protecting the eyes. It therefore contains numerous micro organisms, which, floating in the air, have become attached to the moist and stick surface of it is the left side which is the weaker, the conjunctiva, as well as those which pass over the surface of the nasal membrane. As Tyndall long ago showed, germs are completely filtered off from the air inhaled by the extensive right-that is to say, the stronger-side and irregular surfaces presented by the turbinal bones. The carried into the air by the man who

blows smoke through his nostrils. course most frequent of A. Fea. A con some of those cases are found the polfrom the prince, who was rushing at | ished stones and arrowheads of the bim. Labanga, crouching in the grass, stone age. Trodo lyte vidages are frequent in the Te essa territory of Algeria, one of which at Djeurt, 250 feet ry In turns, sometimes imitating be withdrawing it from the wound, he above the garge of the Wach Hallail, is uncle Norfolk, who had conducted her reached by steps cut in the rock. The to the Tower, with his head shakings inhabitants of the Tunisian island of and his 'Tut, tut, tut,' sometimes call a lion. He fired two shots, but with- Galite are cave dwellers, their habita- ing for supper directly after dinner tions being grottoes which they have sometimes deep in her devotions. It is dug out of the limestone or ancient | the same Anne to the last-high spiritburial caveras that they have enlarged. ed, unreasonable, with highly strung The subterranean villages of Matmata and of Medenine, hewn out of the rock, the back of her tendency to be hys-

CROMWELL'S HORSES.

An Accident That Befell the Protector In Hyde Park.

and misfortunes, but he started out in his love of horses began to be more life with a firm determination to ex- conspicuous," says a writer in Blackwood's. "When he started from Londers mares, reddish gray." In 1655, The result is that, although this man when the Spanish ambassador took his has had more than his share of sorrow leave of the lord protector, Cromwell in his career, he has developed the in- sent him "his own coach of six white estimable faculty of making the best horses" to convey him to and from

well known adventure in Hyde park. retary Thurloe and some of his gentlemen to take air in the park, ordered dertook to drive himself. who believes the sun shines when he ness," said a letter from the Dutch ambassador, "drove pretty handsomely for some time, but at last, provoking ness was flung out of the coach box upon the ground. His foot getting hold in the tackling, he was carried So we instinctively shrink from cold, away a good while in that posture, but came to escape. He was presently brought home and let blood and after some rest taken is now well again. The secretary, being hurt on his ankle with leaping out of the coach, hath been and been unfit for any business."

The royalist Scroggs, afterward chief justice, writing of this incident, hoped that the next fall would be from a cart -hinting at the gallows. As to Cromwell's views on the burning question of horse racing it is difficult to arrive at a positive conclusion. His constant horses as he could afford Whether he To punish a child in such a way that entered his horses for races or had it will see the direct connection be- the satisfaction of owning a winner

HUNTING BEARS.

If You Meet a Wounded Grizzly Give Him a Wide Berth.

A wounded grizzly is a mean thing to fight, and if there is a tree handy it is a pretty good thing to climb if any thing gets wrong with your shooting irons. I do not think a grizzly will climb a tree, though brown and black bears will. Any bear is pretty sure to fight if crippled, but I know there is this difference between a black or brown bear and a grizzly: If you meet a black bear face to face unexpectedly give him five seconds and he will be out of sight, but meet a grizzly the same way and give him five seconds and you will be out of business.

About the most fascinating way to hunt bear, which is even better than night work, is to trail him right to his home and meet him in broad daylight on his own doorstep, as it were. It can be done, but everything must be just right. The ground might be covered with a light fall of snow, and the snow ought to be melting. Then the twigs won't break. One has to be very careful, and when bruin is found, which is generally at the foot of a large tree, one must never forget that instead of one there may be two, and, in that case, one must be able to shoot fast in 1700, describes the ducking stool as and straight, and implicit confidence in "pleasant mode" of punishing a the gun he carries is about the best In 1635 Thomas Hartley of Virginia About the surest place to shoot a bear stock in trade a man can possess. wrote of his witnessing the execution to stop him quickly, to my way of thinking, is directly in the brain. It is really not a hard shot, usually at short Clock, I saw this punishment given to range, and it puts him out mighty quick.-Field and Stream.

MAN'S WEAKER HALF.

One Side of His Body Always Stronger

Than the Other. The popular belief is that the left side is weaker than the right, and, as in all popular beliefs, there is much truth in this. In most cases, says the Grand Magazine, the right arm is decidedly stronger than the left, the bones are larger and the muscles more

When we come to consider the lower limbs, however, we find a precisely opposite state of affairs; the left leg is stronger than the right in the great majority of cases. This want of symmetry is noticeable all through the Nine times out of ten we see body. better with one eye than with the other and hear better with the left than

with the right ear, or vice versa. Not only so, an injury to the bodyburn or a cut, for instance-causes more pain on one side than it would were it inflicted on the other. Even diseases attack one side on their first onset in preference to the other. Eczema, varicose veins, sciatica and even tuberculosis begin invariably to manifest themselves on our weaker side. A blistering plaster, too, will provoke an eruption only if applied to the right side in certain individuals; in others, only if applied to the left side.

The simplest way, apparently, of discovering which is our weaker side is to observe which side we lie upon by preference when in bed, as it is cortain that we will instinctively adopt the attitude which is most agreeable or, rather, which causes the least in convenience. In other words, we will He upon the side the muscles of which, being more vigorous, are less sensible to the pressure upon them of the weight of the body

Statistics and observation go to prove that in about three cases out of four thus giving reason to the popular dic monia, it has been noticed, unlike mos diseases, usually attacks at first the of the body.

Erratic Anne Boleyn. Of the unfortunate Anne Boleyn

who was the second wife of King Henry VIII. of England and who was be headed in 1536, a writer says: "Even at this distance of time she rises be fore us as a living, breathing woman of flesh and blood. She was witty, pas sionate, vivacious and moody in turns she was essentially variable and jour naliere. After her elevation to the throne she became vindictive and cruel, but she had many charming qualities. While awaiting her doom a the Tower she was wretched and me nerves and a good deal of courage at terical."

GREAT MUSIC.

Our Sensibilities.

Great music is a physical storm, agiferent billions of prenatal memories. three or four broods each year. There are tones that call up all the Ordinarily the male paradise fish is gotten magnanimities. Well may the influence of music seem inexplicable to the man who idly dreams that his life began less than a hundred years ago! But the mystery lightens for whosoever learns that the substance of self is older than the sun. He finds that music is a necromancy; he feels that to every ripple of melody, to every billow of harmony, there answers within him out of the sea of death and birth some eddying immeasurable of ancient pleasure and pain.

Pleasure and pain! They commingle always in great music, and therefore it is that music can move us more profoundly than the voice of ocean or than any other voice can do. But in music's larger utterance it is ever the sorrow that makes the undertone, the surf mutter of the sea of soul. Strange to think how vast the sum of joy and woe that must have been experienced before the sense of music could evolve in the brain of man!-Lafcadio Hearn.

The Stone Forests of Arizona. The regions of the Little Colorado river in Arizona abound in wonderful vegetable petrifactions, whole forests ing in an upright position. The major- speed. ity of them, however, are piled helter

A POINTER FOR TOURISTS.

acre of ground.

Put Your Prayer Book on Top of the

Things In Your Trunk. "If you ever go to Bermuda I can tell you how to make time at the custom morning. I made up my luggage rather hastily before leaving the ship. "Just as I was ready to close my

prayer book on the lounge. I pitched It in rather unceremoniously, strapped down the case and hurried ashore. "You don't have to wait to declare as you do when coming into the port of New York. As I stepped into the office of the Johnny Bull official I unstrapped my case and opened it up. The official talked at me as if I had been a tele-

"'Hello" he said the first thing. 'What's this?' he asked, picking up my prayer book, 'Prayer book, eh? All right. Shut up your case.' 'Want to look at anything else?' I

asked. "'No. You're all right, my friend.

declaration.' That's where I made my mistake. case? asked the official

Washington Post

A BIRD OF GUIANA.

It Can Speak Every Language That It Once Hears.

There is a bird of Guiana which deserves to be widely known. This is the "tion-tion" (pronounced tee-yawn tee-yawn) on account of its cry. This bird is valued by the natives for its brilliant plumage, especially the tall feathers, which they wear in their headdress and make clothing of, but the most interesting characteristic of this strange bird is its imitative fac-

A naturalist became acquainted with the bird's powers in a curious manner. He was awakened from his sleep one night by hearing cries of distress in French. Some one was being murdered not far away, so much was absolutely certain. There were cries for mercy and help, uttered in excellent French, shrieks of agony and groans. Jumping to his feet he awoke his Indian guides, saying that they must all go to the assistance of the victim. At of ironical laughter, followed by "tiontion," and the guides turned over, with a grunt of vexation. The learned naturalist had a great deal to learn, they

remarked sarcastically. The tion-tion is the worst of chatterboxes. It can, and does, imitate every sound it hears, with the utmost fidelity. It can speak all languages, giving the proper accent and intonation. This is a strong statement, but it is correct. It will shout for assistance in the best English or German, and you will really believe that some fellow countryman is in dire distress until the bird interrupts its own pleadings with a derisive laugh. Then you fee! like one who has been the victim of a 1st of April joke. If the bird could be caught and so far domesticated as to be happy in confinement the parrot would go out of fashion as a home pet.

Racine at His Work.

Racine, the French writer, composed his work while walking rapidly about, shouting out the lines in a loud voice. One day while he was thus composing part of his play of "Mithridates" in the Tuileries gardens in Paris he was surrounded by a group of workmen who took him to be a maniac. On his return home from these walks he would write down scene after scene in prose, and when they were finished he would exclaim, "My tragedy is done!" considering the transposition of the lines into verse only a trivial thing.

A Remarkable Church.

A small watering place in Austria named Eichwald can boast of possessing a remarkable church. It was first built by an Italian architect at Venice at the expense of Prince Carlos Clary-Aldringen, who is a great admirer of Italian architecture. When it was finished the charch was taken to pieces and packed in thousands of numbered cases for transportation to Eichwald. At that place it was eventually rebuilt and then made over to 43 inhalktants as a gift from the prince.

PARADISE FISHES.

The Mystical Influence It Wields Over These Creatures Live In Odd Nests

Composed of Air Bubbles. Paradise fishes come from Japan, tating to unimaginable depth the mys- and their nests are very odd indeed, tery of the past within us-or we for they are composed of air bubbles. might say it is a prodigious incanta. Unlike goldfish, they will breed and tion, every different instrument and raise their young in an aquarium or voice making separate appeal to dif- even in a glass globe, and they raise

ghosts of youth and joy and tenden. of a dull silvery color, but when he cies; there are tones that evoke all goes a-courting he puts on a brilliant phantom pain of perished passion; coat, striped with streaks of red. blue there are tones that resurrect all dead and green. When the female fish is sensations of majesty and might and ready to lay eggs, she builds her nest glory, all expired exultations, all for. by swallowing air and making bubbles, which are held together by a sticky secretion that comes from her mouth. The eggs rise in the water and find a

resting place among the air bubbles, to which they cling. The female fish tries to swallow the eggs, but her husband drives her away and keeps guard until the eggs are hatched. If the air bubbles burst, the male fish blows some more, so that the nest is always floating on the surface of the water.

At the end of five days the young are hatched out. They cannot swim, but cling like tadpoles to the air bubbles. If one falls, the father fish catches it in his mouth and blows it up among the bubbles again. He does not leave his little ones until they are able to swim, and then they take care of them-

LAPP WOLF HUNTERS.

Swift Runners on Snowshoes Make Short Work of the Brutes.

The Swedish Lapps live entirely with, by and upon their reindeer. A Lapp who owns a thousand deer is a very rich man; but, as taxes are assessed upon the number of deer, he is inclined to underestimate his herd being found in some places which are The most dangerous enemy to the herd hard as flint, but which look as if but is the wolf, who, if so disposed, can recently stripped of their foliage. Some kill thirty deer in a night. A band of of these stone trees are standing just wolves can make a rich Lapp poor. as natural as life, while others are When the snow is deep and soft and piled across each other just like the it is announced that wolf tracks have fallen monarch of a real wood forest. been seen in the neighborhood of the Geologists say that these stone trees deer the swiftest runners on snowwere once covered to the depth of a shoes prepare for an exciting chase. thousand feet with marl, which trans. The wolf may have a start of a mile formed them from wood to solid rock. or two, but the track it leaves in the This mari after the lapse of ages wash deep, soft snow is so prominent that ed out, leaving some of the trees stand the hunters can follow it at their best

skelter in all directions, thousands of has but slight chance of escaping the cords being sometimes piled up on an short men who on snowshoes rush genia." when Achilles came to the line through the wood, dart down steep hills and jump from ledges several yards in height. Each hunter does his sovereign and sang two additional imfirst blow. As soon as the leading so delighted the audience that "all was hunter is close enough to the wolf he shouting and clapping of hands, andhouse," said a returning Washingtoni- gives it a heavy blow across the loins an. "I reached Bermuda early in the with his strong spiked snowshoe staff, fore-the chorus was encored, and If there are other wolves to be pursued, he kills it outright; if not, he disables it and waits till all the hunt- her majesty was so affected that she suit case I noticed that I had left my ers arrive before giving the death shed tears." stroke.

A MYSTERIOUS CARD.

Mark Twain's Odd Request and How Mrs. Cleveland Received It.

Washington upon one occasion my wife said: "I have written a small hoarse, angry cries of "No mistress! warning and put it in a pocket of your No master! Liberty!" and "No master! Gives Relief at Once. dress vest. When you are dressing to No queen!" and it was some minutes It cleanses, soothes go to the authors' reception at the before the tunuit quieted down and it heals and protects White House you will naturally put was possible to proceed with the play the diseased membrane. It cures Cayour fingers in your vest pocket, according to your custom, and you will

It seems that the sea was made sall tarrh and drives cording to your custom, and you will find that little note there. Read it design of the Creator to provide for the away a cold in the carefully and do as it tells you. I delegate the system of evolution which has been stores the Senses of the System of a cold in the sys on top of his traps isn't likely to beat the government. I'll take that for your I should give you the warning by the followed word of mouth now it would pass from and their remains have largely contrib-"I threw him half a dozen cigars. your head and be forgotten in a few uted to the growth of continents. The

minutes." "'Got any more like these in that It was President Cleveland's first the system of currents in the ocean term. I had never seen his wife, the by which it becomes the great heat dis "I said I hadn't, but do you know he young, the beautiful, the good hearted, wouldn't believe me, and I had to open the sympathetic, the fascinating. up the case again, and he went through Sure enough, just as I had finished The last mentioned becomes an imit as if he thought I was a smuggler." | dressing to go to the White House, I | portant factor through the immediate found that little note, which I had and essential differences of specific long ago forgotten. It was a grave gravity and consequent differences of little note, a serious little note, like its writer, but it made me laugh. Livy's gentle gravities often produced that effect upon me where the expert humorist's best joke would have fail-

ed, for I do not laugh easily. When we reached the White House and I was shaking hands with the president he started to say something, but I interrupted him and said:

"If your excellency will excuse me I will come back in a moment, but now I have a very important matter to attend to, and it must be attended to at I turned to Mrs. Cleveland, the

young, the beautiful, the fascinating. and gave her my card, on the back of which I had written "He didn't," and I asked her to sign her name below those words. She said: "He didn't? He didn't

"Oh," I said, "never mind! We cannot stop to discuss that now. This that moment the voice uttered a short is urgent. Won't you please sign your name?" I handed her a fountain pen. "Why," she said, "I cannot commit myself in that way. Who is it that didn't? And what is it that he didn't?" "Oh," I said, "time is flying, flying, flying! Won't you take me out of my distress and sign your name to it? It's all right. I give you my word it's

all right." She looked nonplused, but hesitatingly and mechanically she took the pen and said:

"I will sign it. I will take the risk. But you must tell me all about it right afterward, so that you can be arrested before you get out of the house in case there should be anything criminal about this."

Then she signed, and I handed her Mrs. Clemens' note, which was very brief, very simple and to the point. It said, "Don't wear your arctics in the White House." It made her shout, and at my request she summoned a messenger, and we sent that card at once to the mail on its way to Mrs. Clemens raphy in North American Review.

Chewing and Dyspepsla. The lean dyspeptic, taking a mouthful of chop, chewed it interminably. "Forty chews," he paused to say, "for every bite." And his jaws began to grind again.

"You make me laugh," his companion, a physiologist, returned. "Meat requires little, if any, chewing. You must have wasted a lot of chews in vour time."

"It's true. Vegetables require chewing, for they are digested largely by the alkaline mouth juices, but meat is digested by the acid stomach juices, and to chew it more than enough to make it go down easily does harm in- John W. Hollenback stead of good. The mouth alkalis, admixing with it, hinder the stomach Thomas E. Jones, acids' work.

O. S. Johnson,

"Chew vegetables indefatigably, my friend, but let your meat slip down un

OCEAN ROPES.

& Marine Plant That Grows a Stem Three Hundred Fort Long. The largest marine pant and probabiy one of the highest plants known on

parts of the Pacific ocean along the rific sword combats. American and Asiatic shores. This seaweed grows in a very curious manner. Large quantities of it are found at a little distance from shore and at depths not exceeding 300 feet. On loamy bottoms large thickets of this plant take root, and a stem of the ward. At its top there is a pear shaped balloon, which grows with the stem,

thickness of ordinary cord grows upand when it reaches the surface of the water it often measures six feet and more in length, with a diameter of four feet six inches. This balloon has, of course, an upward tendency and keeps the stem growing until it floats on the surface of the water. From the top of this balloon a large tuft of strong, thick, spadelike leaves grow out, which originally are not more than two feet long and which grow and split until from the balloon a roselike growth of from fifty to sixty-five feet in diameter covers the water. This gigantic weed grows in such quantities that near the shore large meadowlike islands are formed, which impede navigation. The natives of the Aleutian slands make manifold usage of this ant. From their strong dried stems they make ropes 250 feet and more long, while balloons of this weed furnish them with large vessels after they are dried, the smaller ones being used in their boats to ball out water. The n their boats to bail out water. The

Two Bramstie and Contrasting Epi sodes in Her Life.

Thistelton-Dyer, in his "Royalty In All Ages." describes two dramatic and traceally contrasted episodes in the life of Marie Antoinette, the lovely and ill fated queen of France. Once, The wolf, though he may run fast, in the days of her greatest popularity, when she went to the opera of "Iphi-"Let us sing and celebrate the queen," he turned toward the radiant young best to outrun the others, for the wolf promptu lines of charming compliment. belongs to the Lapp who strikes the Tala general and unexpected homage what never happened at the opera bethere were cries of 'Long live the queen!" at which expression of feeling

On the next occasion, when Marie Antoinette's sun of popular favor had set and she was nearing the tragic close of her life, one of the actresses in "Unforeseen Events" bowed to her as she sang the words "Ah, how I love When I was leaving Hartford for my mistress!" In a moment all was in uproar, and the theater was full of Ely's Cream Balm

> three great factors in accounting for Sour tributer of the globe are changes of temperature, the winds and salinity level that it produces in different parts of the eccan through the action of evaporation and rainfall.

Two very great swells, one a voung duke and the other a young viscount, brushed against each other one night

at the theater. The duke, anxious to snub the viccount, pretended to take him for an usher and said, holding out his hand, "Have you a programme" But the viscount, too quick for the duke, smiled and replied: "Yes, thank you, my man. I got one from the other fellow.

Swords and Beards

At one time in England all "gentlewore swords as well as beards, and their habit of drawing these weapons to settle the most trivial dispute this globe is a gigantic seaweed, the nereocystis, the stem of which has this sword wearing period all "bluffbeen found to grow as much as 300 ers" wore their beards cut and hacked takes the eggs in his mouth and keeps feet long. It was first discovered not in most outlandish shapes, trying to far from the Alaskan coast, but has convey the impression that they were they are regularly hatched and remain since been found floating in various bad men, who had been in many ter until able to shift for themselves. By

> A lawyer was pleading a case before a jury the other day. The party on the other side had a reputation for stingi-"Why, gentlemen of the jury," said Sutton in his speech, "if an ant would carry a grain of sand off that the supreme court and back."

It Would Come.

"I'd like to go away for the rest of the week, sir," said the tired book-"There is no need for you to do

that," replied the employer. "Stay

here, and the rest of the week will

come to you." Words of Praise

For the several ingredients of which Dr. Pierce's medicines are composed, as given by leaders in all the several schools of medicine, should have far more weight than any amount of non-professional tes-timonials. Dr. Pierce's Favorite Prescription has the BADGE of Honesty on every bottle-wrapper, in a full list of all its ingredients printed in plain English.

If you are an invalid woman and suffer

or pelyle, perhaps dark spots or specks dancing before the eyes, faint spells and kindled symptoms caused by female weakness, or ether derangement of the feminine organs, by can not do better than take Dr. Pierres Favorite Prescription.

The hashtal, surgeon's knife and operating tatle may be avoided by the timely use of Favorite Prescription in such cases. Thereby the obnovious examination of the specific prescription in the specific prescription in the specific prescription in such cases.

use of Favorite Prescription" in such cases. Thereby the obnoxious examinations and local treatments of the family physician can be avoided and a thorough course of successful treatment carried out in the privacy of the home. "Favorite Prescription" is composed of the very best native medicinal roots known to medical science for the cure of woman's peculiar ailments, contains no alcohol and no harmful or habit-forming drugs.

Do not expect too much from "Favorite Prescription;" it will not perform miracles; it will not disolve or cure tumors. No medicine will. It will do as much to establish vigorous health in most weaknesses and ailments peculiarly incident to women as any medicine can. It must be given a fair chance by perseverance in its given a fair chance by perseverance in its use for a reasonable length of time. You can't afford to accept a secret nos-

trum as a substitute for this remedy of known composition. Sick women are invited to consult Dr. Sick women are invited to consult Dr. Pierce, by letter, free. All correspondence is guarded as sacredly secret and womanly confidences are protected by professional privacy. Address Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets the best laxative and regulator of the bowels. They invigorate stomach, liver and bowels. One a laxative; two or three a cathartic. Easy to take as candy.

A Positive CATARRH CURE

Stomach

No appetite, loss of strength, nervous ness, headache, constipation, bad breath general debility, sour risings, and catarra of the stomach are all due to indigestion. Kodol relieves indigestion. This new discov-ery represents the natural juices of diges-tion as they exist in a healthy stomach. tion as they exist in a healthy stomach, combined with the greatest known tonic and reconstructive properties. Kodol for dyspepsia does not only relieve indigestion and dyspepsia, but this famous remedy helps all stomach troubles by cleansing, purifying, sweetening and strengthening the mucous membranes lining the stomach.

Mr. S. Bell of Rayangwood, W. Va., says: Mr. S. S. Ball, of Ravenswood, W. Va., says:

'I was troubled with sour stomach for twenty years,
Kodol cured me and we are now using it in mile
for baby."

Kodol Digests What You Eat. Bottles only. Relieves indigestion, sour stomach belching of gas, etc.

Prepared by E. O. DeWITT & OO., OHIOAGO For Sale by Paples & O

BEGAN BUSINESS JANUARY 1st, 1906. Capital, \$200,000. Surplus, \$50,000.

Is the only exclusive Trust Company, in Pa., East of Corner of Mill and Centre Streets in the Alleghenys, and that its unique position in this regard is acknowledged and appreciated is evidenced by the large East by an alley. on the South by number of appointments it has received to act in the cap-

516 Spruce Street, Scranton, Penn'a.

EXECUTOR, GUARDIAN, TRUSTEE, REGISTRAR, Etc., Etc.

It Does no Banking. It Accepts no Deposits

The personal of its officers and directors, together with its ample capital and surplus, is its guarantee of efficient, safe and conservative management.

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A. Mitchell Palmer

ground."-New Orleans Times-Demo- We have some leaflets for free distribution. Ask or write for them

CURIOUS FISH.

They Keep Their Eggs In Natural Pockets In Their Mouths.

In the sea of Galilee, or Lake Tibe rias, as it is also called there is a strange fish named the Chromis simo nis, which is more careful of its young than fish generally are. The male them in his natural side pockets, where this ingenious arrangement the brood is comparatively guarded against its natural enemies. It is easily fed, too, but it is a puzzle how the little ones escape being eaten alive. Awhile ago, says a traveler writing to a religious contemporary, I found in my net a number of these fish without eyes.

Others of the species, when I lifted fellow's arm he would law him clear to them up, dropped a number of little fishes out of their mouths, which swam away hastily. The natives explained the phenomenon. The blind chromis is the victim of sea hawks. When these birds have eaten their fill they begin to look out for tidbits. After catching a fish they hit its forehead with their sharp beak, knocking out the middle part, in which their eyes are set. The bony structure is dropped into the water, but the eyes are eaten by the birds with great relish Strangely enough, the fish generally survive this rough treatment. The wound heals up quickly in water, and they continue to ply the lake for food nothing had happened .- London Standard.

FOND OF FINERY.

Elephants Delight In Dress and Gorgeeus Trappings.

Elephants are passionately fond of finery and delight to see themselves decked out with gorgeous trappings The native princes of India are very particular in choosing their state elephants and will give fabulous sums for an animal that exactly meets the somewhat fanciful standards they have

For these they have made cloths of silk so heavily embroidered with gold that two men are hardly able to lift

them. An amusing instance of elephanting pride is narrated: The elephant which usually led the state procession of a rajah being ill, the magnificent trappings were placed on one which had up to that time occupied only a subor dinate place.

The animal, delighted with its finery, showed its glee by so many little squeaks and kicks of pleasure that general attention was attracted to it. Not long after another state procession was formed, and the previous

wearer of the gold cloths, being re stored to health, took his accustomed place and trappings, when the now degraded beast, imagining, perhaps, that he was being defrauded of his promotion, was with great difficulty restrained from attacking the leader of the parade.

Auditor's Notice.

IN THE ORPHAN'S COURT OF MONTOUR COUNTY. IN RE ESTATE OF CATHARINE HAHN, LATE OF THE BOR-OUGH OF DANVILLE, IN THE COUNTY OF MONTOUR AND STATE OF PENNSYLVANIA. DECEASED. IN PARTITION

The undersigned appointed by the aforesaid Court, to make distribution the fund paid into and remaining in the said Court after payment of the amount of costs and fees taxed and approved by the Court, to and among the parties legally entitled thereto, will meet all parties interested for the purpose of his appointment at his Law Offices No. 106 Mill Street, Danville, Montour County, Pennsylvania, on FRIDAY, APRIL 5th, A. D., 1907, at eleven o'clock in the forenoon of the said day, where and when all persons having claims on the said fund are required to make and prove the same or be forever debarred from thereafter

oming in upon the said fund. EDWARD SAYRE GEARHART,

Danville, Pa. Mar. 2. 1907. Executrix Notice.

Estate of Michael H. Wallize, late of the Borough of Danville, Montour county, deceased.

All persons indebted to said estate

are requested to make immediate payment and those having legal claims against the same, will present them without delay in proper order for set-

MRS. MARY JANE PERSING,

Executrix. Danville, Pa., Nov. 1st, 1906.

NOTICE. APPLICATION FOR TRANSFER OF

Petition of James Ryan of the 3rd Ward of the Borough of Danville, Penna. for the transfer of his hotel license from its present location No. 526 Mill Street to the two story brick building, situate on the North East the said Borough, bounded on the North by lot of James Grimes, on the

LIQUOR LICENSE.

Borough as No. 500 Mill Street. Will be presented to the Court of Quarter Sessions of Montour County, April 3 A. D. 1907, at 10 o'clock A.

Centre St., and on the West by Mill

St., and known in the plot of said

THOS. G. VINCENT, Clerk Q. S Danville, Pa., March 13th, 1907.

Winsder Between 12th and 13th Sts. on Filbert St

Philadelphia, Pa. Three minutes walk from the Read ing Terminal. Five minutes walk from the Penna. R. R. Depot.

EUROPEAN PLAN \$1.00 per day and upwards.

AMERICAN PLAN \$2.00 per day.

R-I.P.A-N-S Tabules Doctors find

A good prescription For Mankind.

The 5-cent packet is enough for usua

Everett Warren,* Charles F. Wright C. S. Woolworth. occassions. The family bottle (60 cents contains a supply for a year. All drug