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GENUINE 'BULL' DURHAM SMOKING TOBACCO

'Roll your own' with 'Bull' Durham and you'll find a far greater satisfaction in smoking your cigarette than you ever did before.

Made of the richest, middle leaf grown, 'Bull' Durham has a delightful mellow-sweet flavor found in no other tobacco.

Men who never smoked cigarettes before are now 'rolling their own' with 'Bull' Durham.

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THE AMERICAN TOBACCO CO.



THE SCILLY ISLANDS.

Washed by a Gliston Sea Gorged With Human Victims.

No more sinister locality could be found for the sinking of a vessel in a submarine cruise than the neighborhood of the Scilly islands, where a number have met their fate.

In earlier days the islands were infested with pirates and smugglers, while many of the inhabitants picked up a living as wreckers.

As for the strategic importance of Scilly, Borlase wrote over a century and a half ago: 'In time of war it is of the utmost importance to England to have Scilly in its possession.'

POLITENESS IN PORTUGAL.

Ceremony With Which a Visitor Is Greeted and Dismissed.

That Portuguese politeness is most ceremonial and may proceed to an extraordinary extent is indicated in the case, say, of a visit to a high dignitary.

When the visit is concluded the caller bows and prepares to depart. When he reaches the door he must, according to the invariable custom of the country, make another salutation.

At the bathhouse the caller makes a low and as he expresses a final salutation. But no; when he has reached the first landing place the host is at the top of the stairs; when the caller stands on the second landing place his host has descended to the first, and upon each of these occasions their heads wag with increasing humility.

Half Tipping Means. Fourteen thousand six hundred per cent is a pretty high rate of rent! But it's just what you pay when you hand the cloakroom porter a jitney for watching your hat for an hour.

Road Warnings. 'Half This Road Is Yours, the Other Half Mine.'

Americans' Physical Development. While this country may excel in a competition of trained athletes or in certain kinds of mental ingenuity or shrewdness, it is certain that the average man is far from a model of perfect physical development.

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AT A CHINESE INN.

The Scene in the Interior of the One Roomed Mud Hut.

The building was a long, one storied mud hut, with thatched roof. We entered. Behold what the frontiersman had created! The long room was the scene of homely industry. From the center rafter hung a big oil lamp, shedding its rays over a patriarchal family as busy as a hive of bees.

Men were hurrying here and there with firewood, cooking for the travelers. One end of the room was reserved for these wayfarers, but the kang at the other end was divided into sections. From each rafter over each section swung quaint little cradles.

ALGERIA A NEW FRANCE.

Result of a Century of Work Against African Savagery.

After a vast expenditure in lives and treasure France is beginning to reap its reward from the conquest of Algeria. A hundred years ago the northern African country was the abode of barbarism, and piracy was the principal occupation of its people.

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Pirates and Steamships. It was the advent of the steamship that finally gave the pirates their deathblow in Malaya. Every schoolboy ought to know the story of the first steamer off Borneo.

A Nautical Explanation. A New York woman, recounting her impressions of a trip abroad, said: 'One thing at least I learned. That was the meaning of "windward" and "leeward".'

How to Carry Water. If you want to carry a full pail of water any distance without spilling or to carry water from one room to another in a flat dish or tray you should always have something floating on it.

Safe. Miss Fortynodd awoke in the middle of the night to find a burglar ransacking her effects. Miss Fortynodd did not scream, for she prided herself, among other things, upon her courage.

Relief. 'What's your opinion about votes for women?' 'It's a great proposition,' replied Mr. Meekton. 'It has smashed all the arguments Henrietta used to give me about the precious hours I spent talking politics.'—Washington Star.

Appearances. 'Is he henpecked?' 'I think he must be. His wife is a very sweet, delicate, unoffensive, tactful woman, who never says "Boo!" to an outsider.'—Life.

The Kind. 'The gardener and the housekeeper have the same but contrary cry.' 'What is that?' 'My flower is out.'—Baltimore American.

COOKING POTATOES.

Waste That Comes With Paring and Soaking Before Boiling.

Paring and cooking is the most wasteful method, and added to this some cooks soak the potatoes in water after they are pared. Starting to cook them in cold water also adds to the amount of waste.

Twice as much nutritive matter is lost if paring is done before boiling as there is if it is done after boiling, not figuring the waste in cutting away the potato. The juices of the potato contain 85 per cent of the protein and 8 per cent of the ash, and these substances are easily extracted when the protection of the skin has been removed.

A pared potato soaked from three to five hours loses about three times as much of its mineral matter and seven times as much of its protein as one that is pared and immediately cooked.

In the most wasteful method of cooking, paring, soaking and starting to cook in cold water the loss of protein is 51 per cent and 39 per cent of ash. When cooked with the skins on potatoes not soaked and dropped into boiling water lose only 1.6 per cent of protein and only 4.9 per cent of ash.

Baking and steaming are the most economical methods of cooking potatoes when fuel is considered. Potatoes cannot be baked well in a slow oven.—New York Sun.

WHAT A GARDEN DID.

How One Ambitious Girl Added to Her Bank Account.

Eight years ago a twelve-year-old girl in Cleveland started a little garden for vegetables and flowers. Flowers she sold that year brought her \$18.45. It was a great sum, and she could hardly wait until the next spring so she could get at that gold mine of hers again.

If I am able to buy all my school books, clothe myself, spend some for pleasure and still add to my bank account.

A fine young woman. At twenty we can imagine her. She has no complaint in the world. Her garden is a pleasant place, friendly to self-reliant young people, remunerative for labor and flowers, filled with the sweet odor of flowers. Sorrow may come to her some day, but never the sense of helplessness. The garden has taught her, as school and her parents' counsel could not have, that always there is a way by which the wolf can be kept from the doorstep and by which despair is made an unknown quantity.—Toledo Blade.

Battle of Dorking. The battle of Dorking was an imaginary battle. In 1871, at the close of the Franco-Prussian war, Englishmen were reminded by the quick work done by Germany over France of the possibilities of invasion, and Sir George T. Chesney wrote an interesting and instructive narrative called 'The Battle of Dorking, or the Reminiscence of a Volunteer,' in which he depicted the imaginary scene of a great battle on English soil, which was won by the Germans.

A New York woman, recounting her impressions of a trip abroad, said: 'One thing at least I learned. That was the meaning of "windward" and "leeward".' The captain of the liner I crossed on explained this difference to me in a way that, if a little vulgar, was yet unforgettable.

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EVILS OF ADENOIDS.

These Growths Are the Health of a Child.

Not every child that is backward at school, that breathes through his mouth, has dull eyes, a short upper lip, prominent upper teeth or has a drawn, dried expression about the face has adenoids, says a state board of health bulletin. But this condition should lead a parent to suspect adenoid growth, and it should not be dismissed till a thorough examination has proved that such is not the case.

Adenoids are a small, soft, reddish growth which comes in the back part of the throat where the nose and throat join. A child who has adenoids breathes with his mouth open, has frequent colds and may have earache often or become deaf. It is not infrequently that adenoids dull the expression of the eye, destroy the resonance of the voice and distort the facial expression so as to produce a blank, idiotic stare. They hinder mental development by interfering with proper physical development. For that reason "repeaters" at school are frequently said to be afflicted with adenoids.

The best time to remove adenoids is when they are first recognizable to a physician. If they remain longer they do harm. They cause a child to have "colds" often and make him more susceptible to diphtheria, scarlet fever, measles and whooping cough. Furthermore, if he gets any of these diseases they are likely to be severe with him and leave him even worse afflicted.

Cold, fresh air breathed through the nose is needed to prevent adenoid growth. It is needed also to prevent adenoids returning after an operation. Fresh air taken in through the nose prevents as well as cures adenoids.

MOST SENSITIVE PARTS.

The Two That Can Cause the Greatest Agony of Pain.

Which part of the human body is the most sensitive to pain?

A sharp definition must be drawn here between irritation and pain. Irritation is not pain, but only a frequent cause of it. Thus a crumb lodged in the larynx near the vocal cords produces violent irritation and prolonged coughing, which often results in actual pain. So, too, an insect or speck of dust in the eye sets up violent irritation and inflammation, followed by acute pain.

Of the surface of the body the finger tips and the end of the tongue are most sensitive. For instance, a burn on the fingers is much more painful than one on the back would be, while one on the tongue would be more painful still.

Deep wounds are not painful, as a rule, save as regards the surface injury.

Of pains not caused by external injuries neuralgia of the fifth nerve, the one which supplies the skin of the head and face, is the most intense. It has frequently driven people mad for the time being, and sufferers have been known to cut and even burn the flesh in desperate attempts to relieve it.

The rupture of the branches of the dental nerve in tooth drawing also causes agony so intense that it has been stated that no human being could endure it for more than two seconds at a time.—Pearson's Weekly.

Rumanian Superstitions.

It is considered lucky to arrive in Roumania accompanied by rain. It means abundance, fertility, and a fine harvest—wealth. Sometimes the peasant women put large wooden buckets of water before their threshold; a full vessel is a sign of good luck. They will even sprinkle water before one's feet, because water means abundance. 'I have seen,' says the queen of Roumania in an article about the people of her country, 'tall, handsome girls step out to meet me with overflowing water jars on their heads; on my approach they stood quite still, the drops splashing over their faces so as to prove that their pitchers were full. It is lucky to meet a cart full of corn or straw coming toward one, but an empty cart is a sure sign of bad luck.'

What Makes Business Succeed.

'There is always a premium in business on the man who does his work painstakingly,' says J. O. Armour in the American Magazine. 'With completeness and finality. He is the man who will be trusted with more and more responsibility, up to the limit of his capacity. The man who knows himself adequately about his firm, its methods, its policies and its products, who does his work so well that no one needs follow him up to patch the ragged edges, is on the safest, surest and shortest road to achievement.'

The Usual Remedy.

Bobbie had been studying his grandfather's face, which was very much wrinkled. 'Well, Bob,' said the old gentleman, 'do you like my face?' 'Yes, grandpa,' said Bobbie. 'It's an awfully nice face. But why don't you have it ironed?'—New York Times.

Her Idea.

'What, buying cigars for your husband? I shouldn't think you'd encourage him in the filthy habit.' 'I'm not. I'm buying them to discourage him.'—Detroit Free Press.

Logic.

Abandoned Alfred—They say that steady dripping of water 'll wear away a stone. Dreamy Pete—Yes, think, then, you'd happen to a man's stomach by pouring glassfuls inter it.'

We are made for co-operation, like feet, like hands, like eyelids, like the rows of the upper and lower teeth.—Marcus Aurelius.

STRUCTURE OF THE EYE.

Why We See Better in a Moderate Than in a Glaring Light.

An observant chauffeur, passing an automobile with glaring headlights, noted that objects at the side of the road which had been distinctly visible dropped out of sight when the bright lights were thrown upon them. Since one can see better in a little light than in no light, he wondered, why can one not see better in bright light than in moderate light?

The answer is, paradoxically, that the less light there is the better one sees, for the brighter the object the less efficient is the eyesight. If, after we have been in darkness, we suddenly turn on a bright light and look at our eyes in a mirror we can see the pupil of the eye rapidly growing smaller.

Mr. Lewis told me there were no onions in it; it was an Italian dish, and what appeared like onions was made of flour and butter with a particularly strong liquor mixed with them. Ice cream, very good; crust wholly dried, crumbled into thin flakes, a dish somewhat like pudding, inside white as milk or curd, very porous and light, covered with cream sauce; very fine.

Many other jimmicks, a great variety of fruit, plenty of wines and good President social. We drank tea.—Columbus Dispatch.

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A WHITE HOUSE DINNER.

Dishes President Jefferson Served to His Guests in 1802.

Manasseh Cutler, the founder of the Ohio colony and father of the ordinance of 1787, kept a diary all through his public life, and it is now in the possession of Charles G. Dawes. It contains an account of a dinner at the White House given by President Jefferson Feb. 6, 1802, to which Mr. Cutler and six members of the house were invited.

Mr. Cutler wrote that there was "rice soup, round of beef, turkey, mutton, ham, loin of veal, cutlets of mutton or veal, fried eggs, fried beef, a pie called macaroni, which appears to be a rich crust filled with strillions of onions or shallots, which I took it to be; tasted very strong and not agreeable."

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