

The Satisfaction of Saving.

Among all material pleasures there is none so great as that which springs from a store laid by for future wants, especially for the needs of those for whose well being you have become responsible.

Strictly speaking, all mere luxury is waste. But there may be and often is wanton wastefulness in luxury when a reasonable indulgence in it might be justifiable.

Poisons in the Stomach.

A most curious fact is that all food contains the elements of poison, and in our body poisons are manufactured from these. For instance, meat, fish, cheese and milk are composed of hydrogen, carbon, nitrogen and oxygen.

To Waterproof Tents.

Here is the way to waterproof cloth: Dissolve ten pounds of rosin in four gallons of hot linseed oil. Pour into a tub to which a wringer is attached.

For waterproofing a tent Nesmuk in his "Woodcraft" gives this recipe, which he says is excellent: To ten quarts of water add ten ounces of lime and four ounces of alum.

Sleep and Dreams.

The brain is more active while engaged in dreaming than when not so engaged. The only perfect sleep is that which is dreamless.

Look Ahead.

"Be a speedway," said Brother Dickey, "but understand how to slow up. Reason so many folks get pitched over the fence into de brifer patch er life is kaze dey dunno dat de fence is dar ontill dey hit it."

Household Calliethenics.

The Terre Haute woman rounds out her arms by dusting chairs, moving rugs and brushing down the stairs and sweeping the floors.

Inconsistent.

"And you won't buy that antique chair I got from you ten years ago?" "No; it would be of little use to me in its present condition."

The Sign.

"I'm afraid Maud's second marriage is a failure." "Did she say so?" "No, but she's beginning to speak well of her first husband."

PRACTICAL HEALTH HINT.

Rules For Long Life.

There is no panacea that will bring long life to every user. "What is one man's meat is another man's poison."

A Shrub and a Tree.

Southern California boasts one native species of acacia, the cat's claw (a. greggii), which is but a shrub in that state, but becomes a tree in Arizona.

Early Paper.

When paper was first made in England, in 1588, it was only of a brown color, and it was not until about 1690 that white paper was produced.

Settled Him.

He-But you say yourself that your father is anxious to get you off his hands. She-Yes; that's why I don't think he'll listen to you.—Boston Transcript.

A man's task is always light if his heart is light.—Wallace.

Uncle Sam's Belt.

The total area of the canal zone, which includes all the land and water within five miles on either side of the center line of the canal, but does not include the area within the three mile limit on the Atlantic and Pacific ends of the canal, is 44 1/2 square miles.

By Post.

Maurice Maeterlinck, they say, one day found the little daughter of a friend very busily and conscientiously blackening a nice sheet of white paper.

"To Prince Charming," said the child. Naturally the reply delighted the author of "The Blue Bird." When the little girl had finished her letter she put the sheet of paper in an envelope.

Why Japan Cannot Be Starved.

Two of the most interesting sights in Tokyo are the fish market at Nihombashi and the Mitsukoshi department store, very near the Billingsgate of Tokyo.

Others Have Had the Same Desire. Two high school girls came into the criminal courtroom a few days ago just after a case had been tried and the jury had been locked up in the jury room for deliberation.

All Pleased. A candidate for parliamentary honors called upon a Scottish miner and met with a hearty reception and assurance of his vote.

Pathetic. Tramp (to woman)—Can you give me something to eat, madam? Woman—No; there ain't a thing in the house.

Two Definitions of Thrift. Thrift is the handmaiden of independence. It is not related to greed or parsimony and will gladly be your servant.

May Be Something to It. "How do you account for his great popularity?" "Well, I imagine it is because he doesn't want to do all the talking."—Detroit Free Press.

A Sable Philosopher.

If you can't light a fire on de hills, mebbe you kin stir a blaze in de low grounds, an' no matter how little it is de world'll see de flicker.—Atlanta Constitution.

Good Likeness.

"Did Miss Sourgriff have her photographs taken yesterday?" "Yes." "Good likeness?" "Yes; must have been, for she refused to have them and demanded another sitting."—Exchange.

Poison Upon Their Cheeks.

Professor M. P. Philbrick of the University of Washington told the Washington State Philological society that women of the seventeenth century powdered their cheeks with corrosive sublimate (bichloride of mercury) and with white lead.

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Army Rifles of Europe.

The German Mauser can fire faster than any other rifle used by the armies of Europe. The magazine holds five cartridges, packed in chargers.

The Italian Mannlicher-Carcano is rather slow, discharging but fifteen rounds of shot a minute.

The Russian rifle is seven inches longer than the British. It is capable of firing twenty-four bullets to the minute.

The Austrian rifle is the lightest of all, yet its bullet, 244 grain, is the heaviest used by any of the powers.

The Belgian Manner of 1889 holds five cartridges carried in clips. It cannot be used as a single loader.

From the Cellar of Life.

Do not be afraid, do not cry out, for life is good. I came from low down, from the cellar of life, where darkness and terror reign, where man is half beast and life is only a tight for bread.

Horse Sense.

If you work for a man, in heaven's name work for him. If he pays wages that satisfy you, your bread and butter, work for him, speak well of him, think well of him, stand by him and stand by the institution he represents.

Colony of Cousins. In Catlin bay, close to the great rock of Gibraltar, there is a colony so unique that it stands out almost as a tribe distinct in itself.

Legs of a Snake. The people of Uruguay have some queer ideas and superstitions. One of them is that if one throws a live snake into a fire it will stick out its legs, which it keeps concealed under its scales.

Settled.

Old Gentleman (at his daughter's wedding)—My dear, I don't see how I am to get along without you. Bride—Oh, that's all right, pa. Since the ceremony was performed my husband has confessed that he hasn't enjoyed to start housekeeping, so you won't lose me after all.

More Satisfactory.

A poetic contributor recently submitted to a magazine an effusion, entitled "The Lay of the Lark." It was returned with this editorial note:

Busy Listening.

"I bought my wife a parrot last week." "Can he talk?" "I don't know. He hasn't had a chance yet."—New York World.

Gastronomy.

"How's your appetite?" asked the physician. "It's all right till I go to buy food; then I get nervous and lose it."—Washington Star.

Godness is the only investment that never fails.—Thoreau.

The Flag on the Schoolhouse.

Every public schoolhouse in this country wears as a crowning jewel the United States flag. This is so according to the law. But long before legislative bodies passed this law the flag had a permanent place over the Fifth Street Grammar school in New Bedford.

That flag was unfurled May 11, 1861, and that flag and nine others served the school until May 11, 1901, the fortieth anniversary of the raising of flags, when a small one for use within the building and a larger one for use on the building were unfurled.

This school was organized Sept. 11, 1860, and just eight months from that day it hung to the breeze the first flag. That flag was in use during the entire period of the war.

The flag was completely whipped out and unfit for further use. It was then discarded, but not till its successor had been purchased. What became of it nobody knows.—Boston Globe.

Presidential Dignity.

Dignity is the most terrible punishment inflicted by the people upon their president. The president must always be on his dignity; he can never relax. He cannot sit in the orchestra or in the gallery, away from everybody's staring glances.

The king of England is not the only king in the British Isles. There is also the king of the Isle of Bardsey, an island of Wales in the Irish sea, in the County of Carnarvon.

Telephone We Use. A recent calculation as to the average number of people to every telephone places Chicago and Albany in the lead, with 6.1 people to a telephone.

Abuse of the pension system is illustrated by the Bostonian who discovered in a New England town a former townsmen and policeman in a new uniform walking a beat.

Undoubtedly. Miss Wilcox had been giving the class an elementary talk upon architecture.

His Arguments Are Unanswerable. We put it to him this way: "Why don't you get married?"

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Fencing a Continent.

The state of South Australia has since 1891 erected 29,148 miles of "vermin fences," enough to encircle the globe and with the remnant build a double line fence along the southern border of the United States.

Soap an Antiseptic. Some medical authorities, explaining the abatement of epidemic diseases in recent years, are sufficiently free from professional ties to attribute this betterment of conditions not to medical science, but to the increased use of soap and water.

The Rubber Situation. We as a people are almost absolutely dependent on Great Britain for our supply of crude rubber.

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Desperate Warriors.

It has long been a moot point whether single or married men make the best soldiers. Some maintain that the lack of wife and family tends to make a man more reckless of his life, therefore a good soldier.

Walk For Health. A state board of health advises: "Take time to walk—or make time to walk. The pernicious habit of hopping on a trolley car to go a block or two robs many of the necessary health preserving exercise they should have."

Pot and Kettle. There is a proverb much heard nowadays that we never could see the sense of, "The pot can't call the kettle black."

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