



The Brisk Smoke—"Bull" Durham

When you see an alert-looking young man in a lively argument roll a "Bull" Durham cigarette—it's the natural thing.

GENUINE "BULL" DURHAM SMOKING TOBACCO

Made of "bright" Virginia-North Carolina leaf, "Bull" Durham is rich, fragrant, mellow-sweet—the mildest, most enjoyable of smokes.

"Roll your own" with "Bull" Durham and join the army of smokers who have found that so good a cigarette cannot be obtained in any other way.

FREE An Illustrated Booklet, showing correct way to "Roll Your Own" Cigarettes, and a package of cigarette papers, will both be mailed free to any address in U.S. on request.



Give the Auto Good Care.

Automobiles have become a part of farm necessity. And every farmer is a mechanic and must get the "auto habit"—know what to do in case of emergency.

The sick or ailing machine cries out for assistance. Usually a dash of oil, a bolt or nut tightened, an electric wire made secure so that the electric current can travel safely to its destination will correct a fault and save time and expense.

When the working parts of a car are clean, efficiency and durability are secured. Clogged cylinders and valves tell a story by the working sound. Don't delay action, but get at 'em! Wash the machinery as well as the body.

Care of the teeth should begin with the advent of the child's first ones. They should be kept clean by means that will insure no wounding of the gums.

SOME EVERYDAY CAUSES OF INDIGESTION

The teeth are the first factor in the process of digestion. They represent the millstones that cut and grind the food.

Good teeth are essential to normal digestion. Teeth which are diseased or artificial teeth held in place by settings which retain foodstuffs, are injurious to health because they provide places in which disease producing germs grow and multiply.

If you have diseased teeth or false teeth not easy to clean have them attended to. The germs they foster are producing poisonous substances that interfere with the normal functions of vital organs, such as the heart and kidneys.

If you put your teeth in order, provided the organs have not become chronically affected by long subjection of the poisons will permit Nature to re-assert itself and the organs whose functions have been effected will resume their normal course in sustaining the scheme of life.

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They are usually destroyed by acid, therefore mouth washes containing acids should be used. Consult your dentist before using mouth washes or preparations in the form of powders, creams, etc.

If you are interested in your digestion, you will avoid incongruous mixtures of foodstuffs made up solely to tickle the taste.

Poor cooking often makes proper food either difficult or impossible to digest. The hard earned money of the household goes to the purchase of good food which is often ruined by the housewife ignorant in the art of cooking.

Good cooking is not a matter of whim or flattery the palate. It is an absolute essential to health. Therefore the art should be taught in our public and parochial schools.

If you eat too fast when the body is overtired, heated, or chilled, you will often suffer distressing indigestion. Eating in impure or stale air will interfere with the digestion.

If you are compelled to take a meal under such circumstances, the quality of the food should be reduced to a minimum.

Outside of some of these things which have been mentioned, all of which can be controlled to a greater or less extent it will be found that certain foods do not in themselves agree with certain persons.

If you are eating sensible food in a sensible manner and you find that some particular thing does not agree with you, the only thing to do is to cut it off your list.

Our Wildcats. From the earliest settlement of America the bobcat, or bay lynx, has figured largely in the literature, and the popular imagination of his character is well attested by the frontier story of the superlative physical prowess of a man who can "whip his weight in wildcats."

Why Sash Windows? Our mode of life is based upon our theories. Our sash windows are probably the most irrational things in creation.

Hunting a Penny. More than a year ago the balance in the Bank of England showed the loss of a penny. The working force was told to find it and has been working since without success.

Poor Business. The milliner, as usual, is six weeks behind with his hat. "Serves you right," growled her husband, the eminent sage.

Advertisement for plumbing and heating services by Barb & Co. in Meyersdale, PA. Includes text about equipment and quality work.

Advertisement for Blanton Cream Butter. Features an illustration of a butter box and text about its quality and availability at Poorbaugh & Bowser.

Advertisement for Adjustable Mathematics. Includes text about solving problems and a list of various mathematical topics.

Charm of Prahova. No traveler who has visited Roumania returns without praising the wonders of Prahova. Here, after one has passed the heights of Predet, is a charming valley in the midst of forests.

A Mild Threat. The following story is told of the late Dr. Timothy Dwight. In his early days, when he was a tutor in charge of student discipline at Yale—a sort of proctor, apparently—he was called out of his room by some midnight escapee.

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Adjustable Mathematics. "Figures prove" began the statistical expert. "Wait a minute," interrupted Senator Sorghum.

Ambiguous. When Bilkins was away from home on a long business trip he got a letter from his wife that still puzzles him. It ended thus: "Baby is well and lots brighter than she used to be. Hoping that you are the same, I remain, your loving wife."

Large advertisement for 'The Boy Mechanic—Vol. II'. Includes a list of 1000 things for boys to do, 480 pages, 995 illustrations, and a price of \$2.00.

Advertisement for 'GERMAN RAIDER SINKS 26 SHIPS'. Details the sinking of the Yarrowdale and other vessels by a German raider.

Advertisement for 'DEWEY FUNERAL SIMPLE'. Reports on the funeral of Admiral Dewey in Manila Bay.

Advertisement for 'Three Bank Robbers Slain'. Reports on the execution of three bank robbers in Oklahoma.

Advertisement for 'After the Secrets'. A story about a woman who served on a jury and kept secrets.

Advertisement for 'Shoes That Do Not Wear Out'. Promotes Esparto shoes as being the toughest and strongest.

Advertisement for 'Hair is not to be mentioned in a bald man's house'. A humorous proverb.