## THE FARMER＇S

## COLUMN

 Some Practical Suggestions WellWorth Knowing From the De Worth Knowing From the
artment of Agriculture． STARTING POULTRY RAISING Many requests from all sections o
the State reeach the Pennsylvanit De
partment of Agriculture for advice in partient of Asificulture for advanice in
atarting in raising poultry and from atarting in raising poultry and from
time to time the expert pouitry men
or the Department are called upon fo It the Department are called upon fo
of assistance．J．T．Campell，one
of theultrymen in speaking of starting in the poultry business says


 the gallon all the way through，＂
Besides toring through the
 Bannon，in spite of limited experiencs
at the wheel，had no trouble negoti－
ating the congested streets of Chicago and Detroit．
$\begin{aligned} & \text { fortnight give you as much actual } \\ & \text { houtrshment as the entire animal }\end{aligned}$ body．In course of a year she willimive
you sixteen to twenty times as much
nourishment as her entire body
would afford and she will continue would afford and she will continue
to thus produce for eight or ten years．
One pound of milk is equal in food val
宁 $\pm$
＂There is absolutely no expenana
tion to the contrarity of filks，＂says
L．W．Lighty，Farm Advirser of the L．W．Lighty，Farm Advirser of th
Pennsylvania Department of Agricu
ture．＂They groan and lament about ture．＂They
the high pri
 ＂But the farmers will not and the awmakers cannot，so the consume had better learn some of his diatetic aiphabet and know how to live cheap－
ly and wholesomely．Dairy products
will very largely take the place of
meat and reduce the cost of the food
 turnish a more digestibla food．
＂We eat food to furnish material
build body tissues and to keep us bulld body tissues and to keep us
and supply us with the needed ene gy．Some foods furnish heat and en
ergy largely while others furnish
building material largely．Meat fs
largely butiling material as the ani－
mal that furnished the meat trans－
formed vegetable growth in ${ }^{\circ} \mathrm{o}$ meat nd we reconvert it into human mus－
cle．The animal also converts the
same vegetable growth into milk of




## 36 KNOWNOEADIIN TEMNESSE FLOOD

Evary Houss Washed Away Along Graak for 6 Miles RESCUE PARTIES AT FORK


## AUTO ROPBERS GET <br> $\$ 37,000$ PAYROLL <br> Botd Daylight Haldup In Datroit Streat－－One Shot

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 ney Marshall，of New York，asked b
Representative Buchanan，has bee
been reported to the house by th
judiciary committee．The contemp W．
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came upon．thements during the the
ight and that Diofore they had time
0 flee their homes were fioating

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## WHIPPING PGBT ADVOCATED

$\qquad$ cheir defense of the pay cors by
idea that the holdup was a motion pi
ture scenario being staged and th ture scenario being staged and the
did not attempt to interfere untlil
was too late．
As the pay car was passing the sid


ILK AN EXCELLENT
＂This is a remedy everyone shonl know，＂says Farm and Fireside，＂first
because it


