

**BOILING WATER AS A DISINFECTANT**

Dr. Dixon's Talks on Health and Hygiene.

Measles, scarlet fever, diphtheria and various other communicable diseases are perhaps most readily transmitted by the discharges from the nose and mouth of the patient. When the patient is cared for in the home and some member of the family must act as nurse, it is necessary for the protection of whoever acts in this capacity and for those who come in contact with the patient that the utmost care should be exercised in handling them.

Instead of the handkerchiefs commonly used for this purpose the patient should be supplied with cheese cloth or paper napkins and in sufficient quantity so that they can be handled with comfort. Those which have been used and discarded should be handled by the nurse only. After handling such materials the hands should be thoroughly disinfected in a bichloride of mercury or other good antiseptic solution.

The dishes and eating utensils which are used for the sufferer should in no instance be washed with those used in the household but should be placed in a receptacle kept for this purpose just outside the sick room door containing a disinfecting solution of cresols or formaldehyde and the placed in boiling water and allowed to boil for ten or fifteen minutes.

The sheets and bedclothes which will invariably be covered with fine particles of sputum when the patient coughs or sneezes, should be placed in a tub containing one of the three disinfecting solutions and allowed to soak for three hours after which they should be boiled for one hour.

When there is a sufferer from tuberculosis in a household they should not use the dishes and eating utensils which the other members of the family do, but should be supplied with individual utensils. These should always be first boiled and then washed separately.

These are fundamental precautions in the handling of communicable disease which can only be disregarded at the peril of the nurse and the entire household. Unquestionably the transmission of disease from one member of a family to another in many cases is due to the failure to follow out this method of procedure consistently.

**GLENCOE.**

Chas. Webber, of Somerset, spent Wednesday at home—from here he went to Chicago for the week-end.

Annie Smith is acting "first aid" to her aunt, Mrs. J. K. Kessler. The latter is suffering from the effects of a fall.

G. G. Delosier went to Salisbury Saturday to attend the funeral of Mr. John Engle.

Misses Mary and Nettie Poorbaugh spent Thursday to Saturday in Cumberland. Miss Nettie had a minor operation on the ear while there.

Mrs. Chas. Raupach, Sr., of Philson, visited her relatives here, Sunday.

Nelson Bittner and wife left town Saturday; the former going to Akron, Ohio, for employment and his wife to her mother at Johnstown.

The climbers of our vicinity undertook the journey to The Mountain School on Saturday. They report a fine entertainment.

**HEED THE WARNING.**

Many Meyersdale People Have Done So

When the kidneys are weak they give unmistakable warnings cannot be ignored. By examination of the urine and the treatment of the kidneys, upon the first sign of the disorder many days of suffering can be saved. Weak kidneys usually expel a dark, ill-smelling urine, full of "brick-dust" sediment and painful in passage. Sluggish kidneys often cause a dull pain in the small of the back, headaches, dizzy spells, tired languid feelings and frequent rheumatic twinges.

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**Song and Story.....**

We who have homes that are happy and love filled,  
We who have plenty to eat and to drink,  
We who have husbands and children and brothers,  
Safe at our side—of the other ones think!

Think of the homes that have fallen in ashes,  
Think of the voices no more raised in song,  
Think of the little ones helplessly starving,  
Praying for some one to help them along.

A "cub" reporter on a New York newspaper was sent to Paterson to write the story of the murder of a rich manufacturer by thieves. He spread himself on the details and naively concluded his account with this sentence:  
"Fortunately for the deceased, he had deposited all of his money in the bank the day before so he lost practically nothing but his life."

**Why He Couldn't Go In.**  
A small but very black negro was standing very erect at one side of the door of a house where a colored man had just died. The services were about to begin, when the negro clergyman appeared at the door and said to the little fellow:  
"The services are going to begin. Aren't you coming inside?"  
"I would if I could," said the small boy, "but you see Ise de crape."

The teacher was examining the class in physiology.  
"Mary, you may tell us," she asked, "What is the function of the stomach?"  
"The function of the stomach," the little girl answered, "is to hold up the petticoat!"—Buffalo Express.

An old farmer in Ayrshire had a habit of feigning deafness when he wanted to avoid answering an awkward question. One day a neighbor said to him:  
"I'd like to borrow your cart this morning; mine is having a spring mended."  
"You'll have to speak louder" the old farmer answered. "I don't hear very well—and I don't like to lend my cart anyhow."

**His Compensation.**  
Pat bought a pig last fall, paying \$7.50 for it; during the winter he bought \$10.50 worth of feed for it, and in the spring he sold the pig for \$17.50. A neighbor asked him how much he got for it and when Pat told him he said: "Well, you didn't make much on it, did you?"  
"No," said Pat, "but, you see, I had the use of the pig all winter."—Everybody's Magazine.

**Quite a Stretch.**  
Count Karolyi, on returning to his castle in Hungary, met one of his old servants who had just been sent back wounded from the war.  
"My good man, I hear you fought valiantly at the front," said the count. I should like to give you some reward. What shall it be?  
The old servant replied:  
"Well, if you insist upon it, just give me enough kronen to reach from one ear to the other."

"That seems to be a very small request," replied the count, smiling at the odd request.  
"It's enough for me, sir," answered the servant, modestly.

As the count was about to comply with the strange request, he noticed that the servant had only one ear and remarked upon the fact.  
"Yes, sir, I left the other ear on the battlefield at Shabatz!" answered the modest man.—Vossische Zeitung.

**\$100. REWARD. \$100.**  
The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all of its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.—Address F. J. Cheney & Co., Toledo, Ohio.—Sold by all Druggists.—Take Hall's Family Pills for constipation.

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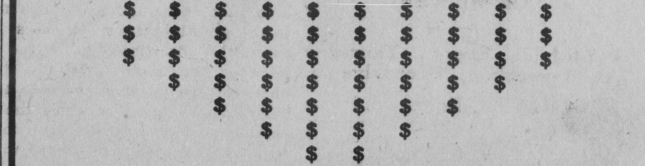
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