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SOUPS EASY TO MAKE

PALATABLE AND ECONOMICAL ADDITIONS TO THE MENU.

Enable Housewife to Utilize Leftover Materials Which Could Not Be Otherwise Employed—Three of the Best Recipes.

Prices of foodstuffs are keeping wonderfully normal, but it behooves the housekeeper in these uncertain times to learn to make the very best use of the supplies which she obtains. use of the supplies which she obtains, so that she can supply nutritious meals at the lowest possible cost. Soups provide a great deal of nutrition, and in making them cooked bones, whether of meat or fish, make m really good basis for the stock, while the water in which vegetables have been cooked is also excellent for

Into the stock pot can go all meat

Into the stock pot can go all meat trimmings, bones, carcasses and giblets of poultry and game, all rinds and trimmings of tongue, ham and bacon, all liquids in which meat or vegetables have been cooked and all strippings of vegetables.

All these should be properly trimmed, rinsed and put into the stock pot. Simmer, but do not boil the soup. Ten minutes' rapid boiling will cloud a kettleful of soup. Do not add the vegetables until the last hour of cooking. The delicate flavoring of both meats and vegetables is easily

and cut up rather small three good-sized onions and cook them in two ounces of dripping in a covered pan for one hour until tender, then mois-ten with one and, a half pints of hot water in which a cauliflower or beans have been cooked or even plain was

the liquor associations are boosting for sensitive method and, a half pints of howater in which a cauliflower or beams have been cooked or even plain water. Add some slices of bread cut diagonally and season with pepper and salt. Cover the pan again and let the contents simmer for at least an hour. Crush the onions through a sleve and just before serving gradually add a tablespoonful of grated cheese, stirring rapidly into the soup to blend.

Beanpot Roast.

One and one-half pounds of clear stew meat, cut into two-inch bits. Put into beanpot and cover. Set in oven two hours and brake slowly. Do not add anything but one-half teaspoonful said and withing but one-half teaspoonful said and withing but one-half teaspoonful said with potatoes and hot slaw. Some times when nearly done take out of the oven and put jinto a good-sized shallow dish, put a thick layer of mashed potatoes on evenly all over. Set back in oven to brown slowly.

The liquor associations are boosting for whose defeat the over and put jinto a good-sized shallow dish, put a thick layer of mashed potatoes on evenly all over. Set back in oven to brown slowly.

The liquor associations are boosting and provided for whose defeat the gradual for the late of the hall tin his power to withdraw as a candidate from that ticket, but he did not do so.

Besides Dr. Brumbaugh, the "Personal didates Boles Penrose, the avowed and audidate of the liquor people; Frank McClain of Lancaster, also an avowed and audidate of the liquor people; John R. K. Scott of Philadelphia, also a liquor candidate, and other men known widely as liquor candidate.

With Dr. Brumbaugh and every sallow days ago Vance McCormick, Washington-Democratic candidate for the liquor people; John R. K. Scott of Philadelphia, also a liquor can

THIS IS THE WAY TO BEAT PENROSE!

The Washington Party offers the clean-cut avenue for the defeat of Penrose and Penroseism.

The Washington Party is the Progressive Party for which Roosevelt stands.

The Washington Party stands for a Permanent, Progressive Prosperity, and for a Protective Tariff, based on the findings of a non-partisan Tariff Commission.

Penrose stands in the way of Pennsylvania's progress. He is the man who repudiated his State in 1912 and throttled the people's will.

The people of Pennsylvania want a square deal in politics. They want neither a Democratic Senator nor a reactionary supporter of crooked special interests.



GIFFORD PINCHOT Washington Party Candidate for

VOTE THE STRAIGHT WASHINGTON PARTY TICKET

Remember what Roosevelt Says: "We are fighting for the same things now as we fought for in 1912."

Penrose cheated us in 1912, and the Democrats took advantage of Penroseism to pass a vicious tariff bill.

All together for Pinchot, McCormick, Prosperity and Pennsylvania.

VOTE THE STRAIGHT WASHINGTON PARTY TICKET

MT. CARMEL SPEAKER LIKENS PENROSE TO SAVIOR OF MANKIND

BRUMBAUGH'S VOTE CAME MOSTLY FROM CITY LIQUOR WARDS

All these should be properly trimmed, rinsed and put into the stock pot. Simmer, but do not boil the soup. Ten minutes' rapid boiling will cloud a kettleful of soup. Do not add the vegetables until the last hour of cooking, The delicate flavoring of both meats and vegetables is easily driven off in the steam if they are boiled rapidly or cooked too long.

An easily prepared and cheap soup is made as follows: Place some bones, cooked or unccoked. In a pot with an onion, two carrots and two sliced turnips, two stalks of parsley, a little pepper and salt, and pour in sufficient water to just cover them all. Bring this all just to a boil, then draw the pan to the side of the fire, and let the contents simmer for two to three hours. Now cook and blend on-shalf an ounce of dripping and three-fourths only this, stirring well. Then put all back on to the fire and labed on-shalf an ounce of clarified dripping for five minutes; and serve.

To make an inexpensive vegetables oup silce down half a carrot, half a turnip and one on clarified dripping for five minutes; then lift them out, make the fat hot again and fry them in one-half an ounce of clarified dripping for five minutes; then lift them out, make the fat hot again and fry them to mother fire, and the toping and three-fourths above sole down half a carrot, half a turnip and one or clarified dripping for five minutes; then lift them out, make the fat hot again and fry them to mother fire, and the tagain and fry them to mother fire, and the tagain and fry them to mother fire, and the tagain and fry them to mother fire, and the tagain and fry them to mother fire, and the tagain and fry them to mother fire, and the tagain and fry them to make an inexpensive vegetables out the state of the carry to the seem withing and one on one half an ounce of clarified dripping for five minutes; and serve.

To make an inexpensive vegetables and most provide the contents which the counters the point of the c

respectfully yours."

NOTE—And this is the man whom the liquor associations are boosting for senator, and for whose defeat the candidate for governor on that ticket.

GENERAL VICTOR DANKL



Gen. Victor Dankl is the Austrian commander whose zrmy has been unsuccessfully opposing the advance of the Russians in Galicia.

CARMAN JURY DISAGREES

She Will Be Released Under Ball and Probably Never Tried Again.
Mineola, L. I.—The Carman trial
struggled to an end when the jury,
looking haggard and considerably perturbed after 13 hours and 15 minutes of fruitless wrangling came into the Supreme Court room and reported a disagreement. They had been 10 for acquittal and two for conviction.

Mrs. Carman was admitted to \$20,000 bail and released to go home a free woman except for the psychological bondage which will come from the

knowledge of a murder indictment hanging over her head. The district attorney says he will never press the case to a retrial unless new evidence comes to light from the general mystery.

12 Reserve Banks to Be Opened.
Washington, D. C.—The 12 federal reserve banks of the new banking system will be opened for business on November 16. This was announced officially. Secretary McAdoo, authorized by the currency act to name the opening date, made the announce ment.

COTTON NOT CONTRABAND

England Will Not Interfere With Ship ments of American Product. Washington, D. C.—Sir Edward Grey, British Minister for Foreign Af fairs, has assured the United States through Ambassador Page at London that England will not interfere with American cotton shipments as "contra-band of war." This was announced band of war." This was announced at the State Department. Ambassador Page also reported that the British ship Camperdoom, laden with American cotton and products detained at Cornaway, Scotland, was not held be cause of his manifest, but on account of a disagreement between her owners and the charter party.

and the charter party.

This attitude of the British Government will permit the safe movement of American cotton to any point, including Germany, where a market may

Red Cross Ship Back Home. New York.—The American Hospital New YORK.—The American Hospital Ship Red Cross, which sailed from here last month with American sur geons and nurses for service in the war arrived off Sandy Hook and docked on the Brooklyn waterfront.

Relief for Belgians.
Washington, D. C.—Twenty thou sand dollars was forwarded to the Belgian Minister at Havre for the relief of Belgians driven from their

Prominent Educator Dead. Grande, aged 79, who held the chair of English literature and modern lan guages at Mount St. Mary's College Emmitsburg, died there Sunday.

Badly Wrecked By \$50,000 Fire Mercer, Pa.—Fire that is reported to have started from a lighted cigaret caused a loss of \$50,000 here. Six business buildings and two dwellings was threatened with destruction. Sharon firemen answered a call for assistance and a fire truck covered the 14-mile trip over bad country roads in 28 minutes.

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obtain it for less from the publishers.

The Woman's World, a fine home paper, is the second on our list, and Kimball's Dairy Farmer is the last of our combination offer which we have never seen equaled for real value.

Don't forget that you will each week get the finest farm paper published. Also a monthly woman's magazine and a dairy paper, besides the Commercialall for \$1.85.

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