

WILL BE EXPENDED WISELY

Statement Showing How the Proceeds of Sale of Red Cross Seals Are to Be Spent.

For the benefit of the numerous organizations who helped to sell nearly forty-five million Red Cross seals last year and for the general public, the American Red Cross and the National Association for the Study and Prevention of Tuberculosis have framed a definition of anti-tuberculosis work showing how the proceeds from these holiday stickers are to be used. The definition limits the expenditure of money only for the year ending April 30, 1915.

The definition was framed at a recent meeting of the National Association for the Study and Prevention of Tuberculosis and states that the term "anti-tuberculosis work" as it relates to the expenditure of Red Cross seal money shall include the following activities:

- 1. The construction of hospitals or sanatoriums for the care of the tuberculous.
2. The maintenance of the tuberculous.
3. The provisions of day or night camps for the tuberculous; the provision and maintenance of dispensaries, visiting nurses, open air schools, fresh air classes, or preventoria for the care or treatment of tuberculous cases or for the prevention of the spread of tuberculosis.
4. The maintenance of educational or legislative activities which have for their object the prevention of infection with tuberculosis.

Inventor of the Airbrake.

Who really invented the airbrake? Certainly the automatic airbrake, the one that has proved practical and of permanent value in modern railroad engineering, was the product of the late George Westinghouse's ingenuity. His patent for the automatic brake was taken out in 1872, superseding the non-automatic or "straight" Westinghouse airbrake patented in 1869, and later the Westinghouse vacuum brake was invented. But, as in the case of most other inventions, there are several claimants for originality in this field. Thus Mme. M. Drounnet, daughter of M. Debruges of Paris, claims the distinction of priority for her father. The New York Times has a letter from State Senator William P. Fiero of White Plains containing a patent office declaration by his grandfather, Henry Miller, of a "new and useful improvement in the application of steam and compressed air to the purpose of operating railroad brakes," recorded January 2, 1855. Mr. Miller was doubtless a pioneer in the progress of airbrake invention.

Rays of Humor.

From underneath the war cloud little flashes of humor escape now and again.

Two Irish sergeants, brought wounded to Paris, are reported as saying that they did not know exactly where the battle was, but they had just been "fighting at Copenhagen." They probably meant Compeigne, but it made no difference in their willingness to fight.

The Paris Figaro pictures as a common sight on the streets two men reading their respective newspapers through to the end, and then exchanging a Figaro for a Matin, and absorbingly rereading in the second newspaper the identical official announcement which they had read in the first. Life retains its shades of fun even in the darkest shadow of trouble.

Too Ambiguous.

Thornton—When Willie Wimpus wanted a new motor car he thought he would throw out a broad hint to his father.

Rosemary—Did the scheme work? Thornton—Not exactly. He told the old man he would like something he could start and stop, and his father bought him a dollar watch.

Accounting for it.

"That girl has a swelled head." "That's only because she wears such big 'rats'."

SICK DOCTOR

Proper Food Put Him Right.

The food experience of a physician in his own case when worn and weak from sickness and when needing nourishment the worst way, is valuable:

"An attack of grip, so severe it came near making an end of me, left my stomach in such condition I could not retain any ordinary food. I knew of course that I must have food nourishment or I could never recover.

"I began to take four teaspoonfuls of Grape-Nuts and cream three times a day and for 2 weeks this was almost my only food. It tasted so delicious that I enjoyed it immensely and my stomach handled it perfectly from the first mouthful. It was so nourishing I was quickly built back to normal health and strength.

"Grape-Nuts is of great value as food to sustain life during serious attacks in which the stomach is so deranged it cannot digest and assimilate other foods.

"I am convinced that were Grape-Nuts more widely used by physicians, it would save many lives that are otherwise lost from lack of nourishment." Name given by Postum Co., Battle Creek, Mich.

The most perfect food in the world. Trial of Grape-Nuts and cream 10 days proves, "There's a Reason."

Look in pkgs. for the little book, "The Road to Wellville." Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

REPUBLICAN NEWSPAPER DECLARES PENROSEISM IS NOT REPUBLICANISM

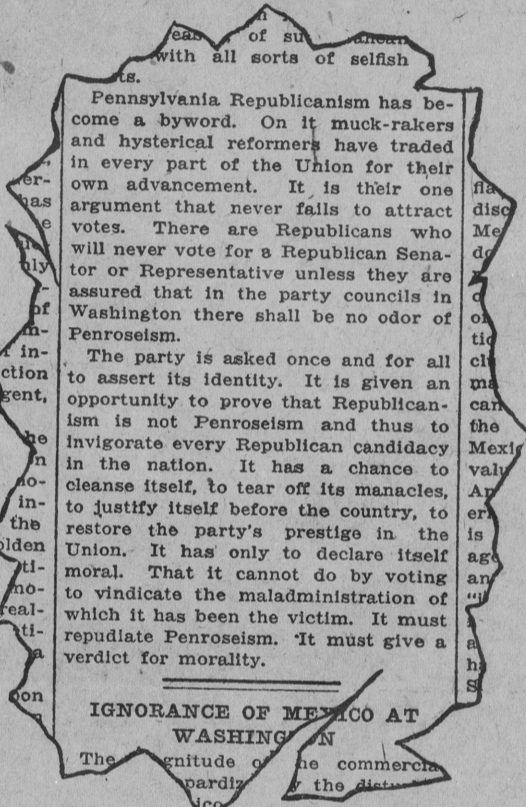
Party is Asked to Assert Itself and Give Verdict For Morality. Says Defeat of Standard Oil Boss Means Rehabilitation of G. O. P.

Just how much Republicans themselves want Penrose defeated is shown in an editorial from the Public Ledger, a Republican paper of Philadelphia, reproduced below.

Republicans who are for a clean state government and against the influence of liquor and other special interests in national affairs are against Penrose.

Republicans who want a protective tariff and don't want their party to be repudiated because of a reckless special interest-serving tariff, as was the Payne-Aldrich bill, are against Penrose.

Fortunately the opinion is pretty well grounded throughout the state that in voting for Gifford Pinchot, every Republican gets a protective tariff man and at the same time removes Penrose and thus helps to rehabilitate his party.



BEAT PENROSE: WIN THE NATION

Mr. Penrose could not be elected United States Senator from Illinois in California his candidacy would be ridiculed. In Maine not a corporal's guard would rally to his support. In Ohio he would be treated as his prototype, Foraker, was treated. In Missouri it would not take 20 minutes to count the votes he could get. In Maryland, another doubtful State, it would be Penrose last, with none of the other candidates in sight. A Socialist would poll more votes than he in Wisconsin and Iowa. In Washington there would be an avalanche of women's ballots polled against him. Where, East or West, in any doubtful State, could Penrose command a following?

Yet this is the man who, pleading for protection, refuses to step aside and permit some other man who could really do something for protection to go to Washington. It is mockery of reason to assume that the rest of the nation would follow Pennsylvania in devotion to such a leader. It is sheer madness to suppose that there can be any rehabilitation of the Republican party so long as he is one of its accredited leaders. It is proper for men whose business is threatened to dedicate their work and influence to the restoration of Republican policy in Washington, but every effort they make will be futile if they insist upon using as their representative a man whose name is identified with the most thoroughly discredited and hated system of politics in America.

The national Republican party has many enemies and Mr. Penrose is the greatest of them all. In his own State and in his own town he has alienated the independent Republican press. In no other Commonwealth is there any Republican newspaper with any pretensions whatever to independence that would even consider apologizing for or advocating Penroseism. They know it for what it is. They have no doubts about the cuckoo being in the robin's nest. Only in Pennsylvania is the party expected to be a Little Red Riding Hood. Elsewhere and here, too, the alluring front of the house of Penroseism does not deceive observers. They have also been looking at the back yard.—Philadelphia Public Ledger.

Dog Had Appetite for Chicken.

A chicken-stealing dog, in the Dumbarton (Scotland) district, recently occasioned some anxiety to a number of hen keepers. On a thorough search being made a number of fowls were recovered buried in a field. Some fowls were eaten, and those not required for immediate use were hidden. It was discovered that the cause of the trouble was a large black Labrador dog, which has been roaming the district at will for several weeks.

Explanation of Potlatch.

The word potlatch is a corruption of an Indian word common among the Pacific coast tribes, meaning festival of gifts. At a potlatch (potlatch) celebration the more personal property an Indian gives away, blankets, ornaments, etc., the higher he stands in the estimation of his neighbors, and the more he expects to receive in return at the next potlatch. The festival is also accompanied by music, dancing and feasting.

Modern Illustrations.

The clergymen who formerly declared to their congregations that "we are standing on the brink of eternity" had an occasional accident in the hay fields or at logging bees to remind listeners that they were telling them a fearful truth. The modern clergyman may add: "Read tomorrow's papers if you have any doubts."—Utica Observer.

High Prices for Guesome Relics.

Guesome relics were sold in a Paris auction room the other day. One was that of the petrified body of a Patagonian slain in battle several thousand years ago. The price was \$1,640. Head of Indian cut off in battle, \$265; two books, one bound in the skin of a white woman, the other in the skin of a negress, \$100.

"PROTECTIVE TARIFF AND CLEAN STATE ARE OUR NEEDS" —PINCHOT

Washington Party Candidate Urges Voters of All Parties to Rally Against Penrose and Redeem Pennsylvania

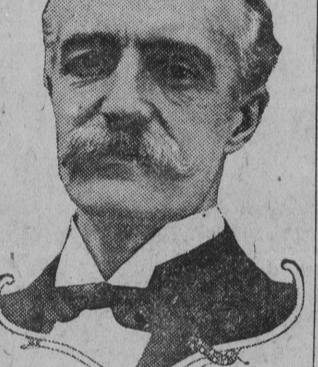
Philadelphia, Sept. 22.—During the past ten days Gifford Pinchot has made a remarkable appeal to the voters of all parties in his campaign tour of the counties.

In a series of remarkable addresses he has dissected the record of Boies Penrose and has shown that the senior senator has not played fair with the people of the state. He pilloried the Penrose machine and proved that it mismanaged the roads. He showed that its failure to keep promises to the workmen of the state has been at the direct instigation of special interests who demanded in return for campaign help that there should be no workmen's compensation act or child labor law.

Pinchot showed by the Congressional Record that Penrose instead of being a protective tariff advocate actually voted for free trade on farm products while he voted to keep the duty up on all products manufactured by the trusts.

"But the voters of Pennsylvania have not been responsible for Penrose," Pinchot said. "He was forced on them by Quay. The people had no voice in his selection."

People Now Repudiate Him. "Fortunately all Penrose's efforts to defeat the direct election of United



States senators failed, and he must account to the people for his record. "This time no boss can force Penrose on the people. The free voters of Pennsylvania have him in the open and can destroy him."

Pinchot drew a parallel between Penrose in the United States senate refusing to vote for the workmen's compensation act and Penrose as the state boss ordering the defeat of the workmen's compensation act in the state legislature.

He showed how Penrose at Washington refused to vote for the children's bureau bill aimed to help children who work, and how Penrose as the state boss ordered the defeat of the child labor bill in the legislature of 1911 and 1913.

He told his audiences how Penrose so mismanaged the Payne-Aldrich tariff bill that the cause of protection was put back and the people repudiated the administration that was responsible for it.

Penrose an Enemy of Protection. "What shall we say of a protective tariff advocate who disgusts the country by his excesses?" asked Pinchot.

The crowds that heard Pinchot were impressed by his sincerity and earnestness. In every county there were large numbers of voters who turned out to hear him. Every one of his shafts at Penrose was the signal for applause. In many places the people were loath to have him go and there was an evident satisfaction in the conclusive and able manner he presented his claims for their votes.

Pinchot toured Somerset, Blair, Cambria, Centre, Clearfield, Elk, McKean and Potter during the past ten days, and during the coming week will visit counties in the western part of the state.

CAMPAIGN STRAWS

Pinchot holds biggest out-door mass meeting ever held in Altoona.

Supporters of J. Benjamin Dimmick in Republican primaries organize league to work for Pinchot against Penrose.

September 10 and 11. Pinchot tours Blair and Cambria counties and gets biggest receptions in villages and towns ever tendered candidate.

September 15 and 16. Pinchot's declarations that he stands for protective tariff and against Penrose cheered by Republicans at mass meetings in Centre and Clearfield counties.

September 14. Republicans start Brumbaugh to follow out Pinchot plan of campaign.

Stick to Your Own Opinion.

Isn't it a fact that the man who agrees with everybody is almost as unpopular as the one who agrees with nobody? We must have minds of our own and the good sense to keep them to ourselves at the proper time.

Condensed Report of the Condition of the SECOND NATIONAL BANK OF MEYERSDALE, PENN'A.

Table showing Resources and Liabilities of the Second National Bank of Meyersdale, Penn'a. at the close of business, September 12, 1914. Resources include Loans and Investments, U. S. Bonds and Premiums, Real Estate, Furniture and Fixtures, etc. Liabilities include Capital Stock paid in, Surplus Fund and Profits, Circulation, Dividends Unpaid, Deposits, etc.

Table showing Growth as Shown in Following Statements made to Comptroller of Currency. Assets for July 15, 1908, June 23, 1909, March 7, 1911, April 18, 1912, April 4, 1913, and September 12, 1914.

Advertise in the Commercial

PLAN TO DIVIDE WORK

HOUSECLEANING NEED NOT BE TIME OF TERROR. Unnecessary to Scour Entire House at One Time—Arrange a Schedule and Adhere to it With Utmost Strictness.

Friday is too often a day of terror, because Friday's cleaning is made such a difficult matter. To be sure, Friday cleaning is a difficult matter, especially if the whole house must be cleaned on that day. It can be much lessened, however, by going about it systematically. To begin with, no house should be cleaned from top to toe on any single day of the week. The bedrooms can be cleaned Thursday morning, the bathrooms Saturday and Wednesday, the kitchen Saturday and the living room and dining-rooms on Friday. On Monday the whole house can be put to rights, to make up for the extra use it gets on Sunday. On Tuesday no cleaning, except the daily work with duster and carpet sweeper, need be done.

If Friday is put aside for the cleaning of the living rooms and dining-rooms it is not a bad day at all. Of course, these rooms are the most difficult in the house to clean, and the downstairs halls must be cleaned at the same time, and, of course, when the downstairs hall are cleaned the stairs and the upstairs halls must be included. Still, this is easy work for Friday.

Here is a suggestive schedule for the work of a Friday of this sort: The rugs should be cleaned first. If there is a vacuum cleaner they should be cleaned in the house and folded and covered with a big cotton duster. If there is no vacuum cleaner, they should be cleaned out of doors, if possible, and left piled up on a safe porch. Then the furniture should be dusted and all the chairs and other easily moved articles should be put into one room. Then the walls and ceilings should be brushed down and all woodwork should be wiped with a cloth wrung out of clear water or else moistened with a little oil.

Then the floors should be cleaned. The dust should be removed with a soft brush, and then, while the dust is settling, the various small articles that need cleaning in the kitchen may be attended to. Silver desk ornaments and objects from the sideboard should be polished, or nickel ones washed in hot water, and andirons and candlesticks and lamps and mirrors and all other small, movable accessories should be put in order.

Then the floors should be gone over again, either with wax or oil or with a broom in a cotton flannel bag, to remove the last traces of dust. The furniture should then be wiped off with a cloth on which there is little oil. The rugs should be laid and the furniture put in position.

When the windows need washing they can either be done while the dust is settling or else after everything else is done.

If the rugs must be cleaned indoors with a broom, the furniture must first be moved to another room or else carefully covered. One room can be given up to sweeping the rugs to save moving furniture.

Tomato Fig. Slice seven pounds of tomatoes, sprinkle with half a cup of salt and let stand over night; in the morning drain off the water and cook the tomatoes for an hour and a half with one pint of vinegar, three and one-half pounds of sugar, one teaspoonful each of cloves and cinnamon and one-half teaspoonful of ginger.

Canned Blueberries. The berries should first be thoroughly picked over and washed, then placed in a kettle with one-half cupful of sugar and one-half cupful of water to each quart of the berries. Cook until each berry is done, then turn into hot jars and seal at once.

Fig and Nut Jelly. Wash a cupful of pulled figs in cold water. Put over a slow fire with two cupfuls of cold water and stew figs until tender. Skim out figs and to the juice add one-half cupful of sugar and boil until it is like thin sirup (there should be one cupful of liquid). Chop figs and one-quarter cupful of shelled pecans not very fine. Soak one-half box of gelatine in one cupful of cold water for half an hour. To the gelatine add one-half teaspoonful of lemon juice, and to the fig sirup add one-half cupful of boiling water. Strain through fine sieve or piece of cheesecloth. When nearly set, add nuts and figs. Turn into molds and set in cool place for three hours. Serve with whipped cream.

To Clean Paints and Varnishes. Here is a good way to clean painted and varnished surfaces: To half a bucketful of warm water add a tablespoonful of salts of tartar; wash the paints with a rag dipped in this, and it will remove every speck of dirt. Rinse in clear warm water and dry with a chamol.

Various Uses for Herbs. All That Are Grown in the Garden Have Their Peculiar Qualities That Should Be Understood. Save: Mint, for meat sauces. Angelica, for flavoring cakes. Lavender, for oil and distilled water. Sage, for sausage and meat dressings. Sweet fennel, leaves used in fish sauces. Dill, the seeds are used to flavor pickles. Borage, leaves boiled as dandelion or spinach. Thyme, in gravies and dressings of stuffed meats. Chives, leaves used for flavoring soups and salads. Borage, balm and catnip are useful where one has bees. Tarragon, leaves useful in giving flavor to vinegar and pickles. Coriander, fennel and caraway seeds are used for flavoring fruit sirups and cakes. Among those having medicinal value are arnica, hops, catnip, bene, pennyroyal, belladonna, sage, rue, horehound, marshmallow, wormwood, hyssop and peppermint.

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