

SODA AND ICED TEA.

Dr. Wiley, Chemist of Department of Agriculture, Declares That Use Simple Sulfate.

Dr. Wiley, chemist for the department of agriculture, who has just concluded the first of the tests relative to food preservatives and their effect on the human system, said the other day: "The devil lurks in the soda water fountain, and iced tea is simply suicide. If persons would only use precaution there is no reason why one should suffer more with sickness in summer than winter. One of the most frequent causes of sickness in summer is entirely overlooked by law. I have on several occasions called attention to the danger of eating vegetables grown on or under ground which has been exposed to



DR. W. WILEY, Chemist, U. S. Department of Agriculture.

communication by sewerage city waste or sewage. "As a man is unhealthy in hot weather, he said: "Meat is much more easily digested than starch, vegetables, and is both nutritious and condimental. Vegetables are starchy and furnish little nutriment, their qualities being condimental and mechanical. Meat, food bread, potatoes, and milk free from germs is the diet to be relied upon at all times for good health. Good bread should be the foundation of every meal, and too much care cannot be given to its preparation. Bread should be at least a day old before it is eaten, if not older.

"If poor persons, especially the very poor, would take more cereal food and less meat they would be better off physically and financially. For instance, wheat costs three cents a pound as against 15 cents for beef. The pound of wheat contains only 10 per cent moisture, while the pound of beef is more than half moisture. You get more than twice the nourishment from three cents' worth of wheat than you do from the pound of beef. Eat more bread and wheat and less meat is a good rule for hot weather. Man can live by bread alone, while upon meat alone he would soon die.

"How about summer drinks?" said Dr. Wiley, disdainfully. "They are sure of the devil. The custom of constantly dosing the stomach with iced drinks in summer is simply suicidal. The extreme cold contracts the pores through which the perspiration is excreted and tends to render the cords of the stomach. When eating is not well digested, it is a source of trouble. Iced water and iced fruit juice are not good for you, and you will find the water at the temperature of the throat much better than iced water."

BOURNE COCHRAN.

Famous New York Lawyer May Become British Subject and Member of Parliament.

Bourne Cochran, who it is said may become a British subject, join the Irish party, and take a seat in parliament, is



Bourne Cochran, famous New York lawyer who may become a British subject.

A native of Ireland, and lived in that country until he was 17. He came to New York in 1848, settled in New York city, and for a time was at length became a lawyer. Mr. Cochran has been prominent in the republican party as one of the ablest speakers in the New York legislature, and has been the recipient of many honors. He has recently been elected to parliament.

Dr. Wiley's mother says that the above story of a bright mother who had a brilliant child, her child died of a terrible death. Dr. Wiley's mother, Mrs. Frank Gray, living a few miles east of New York, with her family of four children, was engaged in picking berries near her home when a large black bear got in his appearance, having journeyed into the open field from his hiding in the woods. Fearing the animal, the three other children ran from the field into the house and left the baby seated under a tree. The bear had picked up the child and had started off with it when the frightened mother rushed to the house, seized a rifle and taking aim shot the animal dead. The child escaped with slight injuries, having only been dragged by the bear.

ROSE BY GALLANTRY.

Proud Career of Col. Elliott of the U. S. Marine Corps.

Officer Who Will Succeed Gen. Heywood, Next October, Fought Well in Cuba and in the Philippines.

Col. George F. Elliott, who will succeed Maj. Gen. Charles Heywood, as commandant of the marine corps, with the rank of brigadier general, is one of the most popular and efficient officers in the service. His promotion was based entirely on merit and mainly in recognition of his meritorious services during the Spanish war and the insurrection in the Philippines.

A native of Alabama, Col. Elliott was appointed a second lieutenant in the marine corps from New York, October 22, 1870, and his first duty was performed at the marine barracks in Washington. After service at the marine barracks, Portsmouth, N. H., and Brooklyn, N. Y., he was in September, 1882, ordered to the U. S. S. Frolic and remained on that vessel about a year, when he was transferred to the U. S. S. Monongahela and was next assigned to the command of the marine guard on the U. S. S. Ossipee. He remained on that duty for three years and was then assigned to duty at the marine barracks, Norfolk. During that assignment he served with the army during the railroad riots, near Baltimore, in the summer of 1877. In December of that year he was attached to the U. S. S. Franklin, and in 1880 was transferred to the U. S. S. Alliance, on which vessel he served two years and then served two years at the Norfolk navy yard.

Col. Elliott, while a first lieutenant, served with the battalion of engineers which rendered such efficient service under command of Gen. (then Col.) Heywood on the isthmus of Panama in the spring of 1885, when the Ameri-



COL. GEORGE F. ELLIOTT, Prospective Commandant of United States Marine Corps.

can naval forces commanded by Rear Admiral Jouett were landed there for the protection of American interests. Subsequently he served at the Newport station and at the Norfolk navy yard, and then successively on the U. S. S. Vandalia, Mohican, Lancaster and Baltimore, returning home from a foreign cruise in the last named vessel in July, 1895.

After three years' service at the marine barracks, Brooklyn, N. Y., he was, at the outbreak of the Spanish war in April, 1898, assigned to duty with the marine battalion of the North Atlantic squadron and served with special distinction in the engagements at Guantanamo, Cuba, as a result of which he was advanced three numbers on the list of captains.

Lieut. Col. Huntington, who had command of the marines at Guantanamo, refers to Col. Elliott's conduct in leading an expedition against a superior force of Spaniards guarding a well at Cuzco, about six miles from the camp which was the only water supply of the enemy within 15 miles, as follows:

"Capt. Elliott's cool advance up a rocky steep mountain path, under fire for 20 minutes without being able to return it, and the gallantry and skill displayed by him throughout this affair, were essential to the great success attained by the expedition, and are worthy of, and I earnestly recommend that he be advanced in rank one grade."

Returning from Cuba, Capt. Elliott was placed in command of the marine barracks in Washington. In the meantime having been promoted to the grade of major, in August, 1899, he was sent to the Philippines in command of the second battalion of marines and behaved with conspicuous gallantry in the engagement at Novales in October of the same year. Maj. Gen. Otis, commanding the United States troops in the Philippines at that time, wrote to the rear admiral, commanding the naval forces, regarding Lieut. Col. Elliott in a highly commendatory manner.

Col. Elliott was broken down by his service in the Philippines and was sent to the naval hospital at Mare Island, California, in March, 1900. In the following September, his health having been restored, he was placed in command of the marines at the Norfolk station and remained there until February of this year, when he was placed in command of the marine barracks in Washington, where he is now on duty. He received the grade of colonel in March last and his appointment as brigadier general and commandant of marines will take effect on the statutory retirement of Gen. Heywood, October 3 next.

Blowings Cause Disaster. During a prolonged attack of blowings, Thomas McDonald, of Plymouth, Pa., was the victim of a peculiar injury. The paroxysms became so violent that two of his ribs snapped and were seriously displaced.

Voice Culture.

"I like the looks of this bird. What is it worth?" "Only \$5, ma'am, and it's cheap for that parrot. He learned to talk by the new method." "What's that?" "By making him listen to a phonograph." "Does he talk like a phonograph?" "Exactly, ma'am." "I am glad you told me. Show me some other bird."—Chicago Tribune.

Twins Ever Thus. Mabel wears fine stiletto shoes. Purchased with her papa's rucksack. But the old man always goes around in ten-cent cotton socks. —Cincinnati Enquirer.

SMART LITTLE BOY.



Visitor—Well, Jack, and what are you going to be when you grow up? Jack—A bachelor.—Chicago Chronicle.

Political Naute. A fellow in good old Terry Haute went out at election to vote. When his party was out he gave a great shout. And came home as full as a gourd. —Muncie (Ind.) Star.

Took Their Time. "So Edith is really engaged to young Gilbert? Wasn't it rather sudden?" "Yes. They have been much together, but neither one seemed to care much for the other until Edith left for home. Then they were engaged." "It must have been a case of love at first sight."—Chicago Record-Herald.

Sweet Young Things. Cecil (sentimentally)—Don't you feel gloomy when the sky is overcast with gray, when the rhythmic rain sounds a dirge upon the roof and the landscape's beauties are hid by the weeping mist? Hazel (sweetly)—Yes, it's dreadfully annoying. It does make our hair come out of curl so.—Tit-Bits.

He Was Surprised. "And I'll tell you another thing," shouted the exasperated wife; "you will never see me cooking as long as I live in this world!" "Gracious, dear," said the amiable husband; "do I understand that you expect to go where you will cook in the next world?"—Yonkers Statesman.

Maria Was Not Attractive. "At the club to-day Margaret read a paper on 'Why Are Men Averse to Marriage?' I felt so sorry for her." "Why so?" "Because you only had to look at her to get an answer to the question."—Cleveland Plain Dealer.

It All Depends. "I trust my friend," said the minister, "that your lines are cast in pleasant places." "Well," answered the long-haired poet, "that depends on whether you call waste baskets pleasant places or not."—Cincinnati Enquirer.

Great Composer. Ethel—Who was that man you just bowed to? Penelope—That was Doton, the great composer. Ethel—A composer, did you say? Penelope—He manufactures soothing syrup.—Tit-Bits.

Unexpected Reply. The chronic bachelor finally turned to the quiet man who had taken no part in the discussion. "Would you, sir," he said, "marry the best woman in the world?" "I did," was the reply.—Judge.

A Melancholy Summary. "Are you aware that you are being criticised for using money in politics?" "Yes," answered Senator Borghum. "If you use money they criticize you, and if you don't they forget all about you."—Washington Star.

Note the Distinction. "Are you a second-hand book dealer?" asked the inquisitive person. "No, sir," answered the other person, with some irritation of manner. "I am a dealer in second-hand books."—Chicago Tribune.

Delicate Thrust. Miss Oide—Harry said he'd like me to be married in a balloon. He's fond of freak marriages. Miss Rose—But why go to the trouble of going up in a balloon?—Chicago News.

Temptation. First Moll—It's no wonder you're troubled with indigestion after eating so much. Second Moll—I know, but it was such a fashionable overcoat!—Brooklyn Life.

Feminine Chastity. Boy—A wonder if Dolly Swift's really as bad as she is painted? Marge—I don't see how she can be. She certainly does paint dreadfully. —Chicago Daily News.

A Woman's Revenge. "Say, boss, into you got a quarter?" "No, I haven't." "Then look at this."—Brooklyn Life.

A Judge of a United States Circuit Court at Burlington, Vt., has just handed Legal Definition down a decision of Intoxication, which will be of

of Intoxication, great interest to bibulous boozers who have labored under the impression at times that they were in a state of intoxication. For the first time a federal court has passed upon the much mooted question as to what really constitutes intoxication. It isn't the first time that a court of law has knooked out the dictionary and the scientific men. Even the justice courts in Chicago, according to the Record-Herald, have done that. What the etymologists and lexicographers decide is one thing; what the courts decide may be quite a different thing. A man who is under undue or unnatural elation, exhilaration or excitement, as a result of drinking alcoholic stimulants is supposed to be "intoxicated." Etymologically speaking, he is intoxicated whether he is "dead drunk" or unnaturally excited or elated. But this is not the view of the United States district court of Vermont. The man who imagines that he has acquired a real "jag" on an investment of a few cents may not have reached the second degree. He is laboring under an erroneous impression if he thinks he is intoxicated. He is only on the borderland of a plain drunk, within the meaning of the law. The point arose in connection with an insurance case in which the company refused to pay the policy on the ground that the person insured, who had stated in his application that he never was intoxicated, had frequently been seen in that condition. In an elaborate opinion the court defined three degrees of intoxication: (1) Where the individual is uncommonly vivacious but retains the possession of his senses; (2) where the man still retains the use of his senses but has lost memory and judgment; (3) in this last stage the man not only loses possession of his senses but he is no longer conscious of his external relations. In other words, no man is fully intoxicated until he has taken the "third degree," and he has not taken the third degree until he is completely "laid out." A confused notion as to when a man is intoxicated has led to many disagreeable and embarrassing complications. It is well to have the matter clarified by the learned Vermont jurist.

No better illustration of what happens to him who is master of one subject has recently been afforded than the extension of the term of Lord Curzon as viceroy of India. As a young man he became interested in India and the Asiatic question, and read all he could find on the subject, then studied it at first hand in India, Persia and Afghanistan. He was thoroughly equipped for the office of viceroy, and he has consequently been successful. Although there are occasional exceptions to the rule, it usually happens in the long run that the man who knows how to do a given piece of work will get that work to do.

The greatest nations of Europe strain every effort to make science the handmaid of war. Let it be the glory of the great American people to make science the handmaid of agriculture.—Jerry Rusk, ex-secretary of agriculture.

The fact that there are more than two thousand American mining engineers in the gold and diamond regions of South Africa is one among many indications that this is already becoming one of the migratory nations.

That time which Andrew Carnegie foresees when England and America will be united will come when all the English dukers are enrolled as American grandsons, and their incomes about to be cut off unless they become naturalized.

Berlin driving away mosquitoes and flies it is found that the castor bean plant keeps off the boll weevil. The castor plant is doing everything it can to overcome popular prejudice against it.

Floggings in his empire have horrified the ear. Everything horrifies the ear except the absence of public schools which would educate the Russians out of their brutality.

Everybody likes to see the honest farmer get a good price for his wheat, but one cannot help wishing it could be arranged without increasing the price of flour.

There are 15,000 newspapers in the United States. About 15,000 paragraphs on the Langley air ship and 60,000 on the yacht races.

Those who are too much soon arrive at a point where they get nothing. Kansas live stock values reach the enormous total of \$150,000,000.

In western Iowa there is a proposal to put rubber heels on the school children. Why don't the teachers wear cow-hairs?

According to Coeple, all speech is object to is the sing-song.

Five things are more worrisome than for a sleep worn man to listen to sleep talk.

JURY'S APPROVAL OF LYNCHING

Rendered Strange Verdict Upon the Death of a Negro. New Orleans, La., Nov. 9.—The coroner's jury of Pass Christian handed in the following verdict in the lynching of Sam Adams, the negro who assaulted Mrs. E. Ogden Pell, formerly Mrs. S. Ogden Pell, of New York: "We, the jury of inquest, sitting on the body of Sam Adams, colored, find that he came to his death at the hands of the male citizens, both white and colored, of Pass Christian, who were organized and determined to finish said Adams for the crime that meets death wherever perpetrated."

Over 10,000 Miners Strike. Denver, Nov. 10.—More than 10,000 coal miners in Colorado went on strike for an eight-hour day, increased wages and other concessions. The strike was ordered by the national executive officers of the United Mine Workers of America, after the coal companies refused to confer with union representatives concerning the demands of the men. Of the little mine 6000 are in the southern coal fields, 2000 in the northern coal fields and 1800 in the mountain county. One hundred mines have been closed down.

Shamed Their Children Shot. Shamokin, Pa., Nov. 10.—When Mr. and Mrs. Clement Caspernek returned after a temporary absence from their home in Nantalle they found their children, Anna and Stella, 3 and 9 years respectively on the floor of the kitchen covered with blood from wounds. Anna had been shot through the lung, while her sister's neck and head contained an amount of bird shot. Neither of the victims have as yet been able to state who shot them. Anna is not expected to recover. The parents say unknown enemies shot the children.

Took Her Choice. "Bobby," said the mother of a precocious five-year-old, "I see your little sister has the small apple. Did you let her have her choice, as I told you to?" "Yes'm," replied Bobby. "I told her she could have the small one or none, and she took the small one."—Cincinnati Enquirer.

The Mean Thing. Flossie—Jack is a man after my own heart. Marie (sweetly)—You're sure it's not your money that he's after?—Judge.

Plenty of Sleeve. Husband—My dear, don't you think that dress is—tride immodest? Wife—Immodest! Goodness me! Just look at the sleeves.—N. Y. Weekly.

Discouraging. She—I am afraid we shall have trouble with servants after we are married. He—I won't mind that, dear, as long as I have you.—Brooklyn Life.

Nails Had Turned Blue—Limbs Bloating. Lay in a Stupor From Heart Disease. Dr. Miles' Heart Cure Cured Me.

The nails turning blue is a sign of defective circulation as is the bluing of the arms and legs. Other common symptoms of heart disease are shortness of breath from slight exertion, pain in or near heart, smothering spells, palpitation or fluttering, weak, tired and hungry spells, dreaming and nightmare, sudden starting in sleep. In severe cases the brain, stomach, lungs, etc., may become so disordered as to mislead the physician as to the nature of the disease. If you suffer from any or all of these symptoms your heart is diseased and treatment should not be postponed a single day. Dr. Miles' Heart Cure is guaranteed to help you as it has helped thousands of others.

I owe my life to Dr. Miles' Heart Cure. After four doctors met in consultation on my case, their verdict was that I had suffered from heart disease so long that they could do nothing for me and I would surely die. My brother said, "While there is life there is hope, we will try Dr. Miles' Heart Cure." When I began taking it my nails had turned blue and my arms and legs were bloated twice their natural size, and I lay in a stupor most of the time. After the first few doses the dizziness went away and after three bottles I was able to go around the house and do my work. Both my family and my nurse think I would have been in my grave had it not been for Dr. Miles' Heart Cure.—Mrs. Robert Morris, Sackets Harbor, N. Y.

All druggists sell and guarantee first bottle Dr. Miles' Heart Cure. Send for free book on Nervous and Heart Diseases. Address Dr. Miles Medical Co., Elkhart, Ind.

TO CURE A COLD IN ONE DAY. Take Laxative Bromo-Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature on each box. 25c. "I" is the New and Better Breakfast Food, so different from all others that it pleases everybody. Get a package to day at your grocers. The Kansas Food Co., La. Mo., N. Y. WINDOR HOUSE. W. B. BUTLER, Proprietor. 418 Market St., Harrisburg Pa. (Opposite P. H. Dept. Entrance) Rooms, 25 and 50c. Good Meals, 25c. Good accommodations.

"When the butter come put a penny in churn," is an old time proverb. It often seem work though no one has told why.

When mothers are because the children do gain strength and flesh say give them Scott's Emulsion.

It is like the penny milk because it works astonishing about it.

Scott's Emulsion is a milk of pure cod liver with some hypophosphates especially prepared for delicate stomachs.

Children take it because they like the and the remedy takes naturally to the children cause it is so perfectly to their wants.

For all weak and pale thin children Scott's Emulsion is the most satisfactory ment.

SCOTT & BOWEN Chemists, 409 Pearl St., N. Y. We will sell the penny sample free. Be sure that this is the form of a bottle wrapper of Scott's Emulsion you buy.

C. RUTTER, M. D. Physician and Surgeon. Port Trevorton, Pa. Offers his Professional Services to the Public. All Calls Promptly attended.

WANTED—SEVERAL INDUSTRIOUS men in each state to travel for houses of eleven years and with a large capital upon merchants and agents for several profitable lines. Permanent engagements by cash salary of \$15 and all traveling and hotel bills advanced in cash each week. Experience not essential. Men and women of all ages and professions. NATIONAL 334 Dearborn St., Chicago.

WANTED—SEVERAL PERSONS of character and good reputation in each county required to represent and sell old established wealthy business and solid financial standing. Salary \$2500 with expenses additional. All parties direct every Wednesday from 10 to 12. Horse and carriage furnished where needed. References. Enclose \$5 if address Colonial, 252 Dearborn St., Chicago.

MANAGER WANTED. Trustworthy lady or gentleman to manage business in this County and adjacent counties for well and favorably known house of financial standing. \$2000 straight cash and expenses, paid each Monday by check from headquarters. Easy to be advanced; position permanent. Address Manager, 610 Nonan Bldg., Chicago 9-8121.

Jury List. List of Grand Jurors drawn for the Oyer and Terminer and Gen. Ass. every and Court of Quarter Session of the County of Snyder County held as October Term commencing Monday, Dec. 14, 1908.

GRAND JURORS. Name, Occupation, Residence. Amig Milton, Teacher, Franklin. Aurand William, lumberman, Monroe. Bowen J. C., farmer, Centre. Bingham J. H., agent, Spring. Dinius Henry, farmer, Middleport. Dresse Jacob, gentleman, Spring. Gemberling William, farmer, Penn. Hartman John I., farmer, Centre. Hummel Irwin, laborer, W. Beaver. Huestinger Perry, farmer, West Beaver. Hoshing Abraham, gent., West Beaver. Kline John M., farmer, Adams. Leary Jefferson, laborer, Union. Miller Charles Jr., farmer, Penn. Moyer George K., farmer, Washington. Butler John, farmer, Jackson. Stroub S. H., gent. Centre. Seibold Coleman, trucker, Union. Shambath Andrew, farmer, Franklin. Shub, A. A., merchant, Spring. Walter Jacob, farmer, Centre. Wittemeyer, W. W., gent., Middleport.

Amig Jerome, laborer, West Perry. Brown George A., farmer, Jackson. Bout Isaac E., farmer, Monroe. Buchman Frank, farmer, Franklin. Bowers Charles, lumberman, Franklin. Bigger Edna, farmer, Franklin. Bowen James, farmer, Centre. Crooke Jacob E., laborer, Middleport. Dichi George, farmer, Franklin. Dober Henry, fuel dealer, Spring. Dudley James, laborer, Middleport. Fisher Arthur C., landholder, Middleport. Porry Calvin, farmer, Penn. Smith Jonathan A., farmer, Washington. Goss J. O., lumberman, Adams. Howell Amos J. P., West Beaver. Hummel Frank, farmer, Middleport. Hurst John, farmer, Centre. Haas Daniel, farmer, West Perry. Kratzer Simon, farmer, Middleport. Kreymer Daniel, carpenter, Middleport. Leary John I., farmer, Centre. Manbeck I. I., gent., Spring. Middleworth Nor M., farmer, Adams. Martin, John H., gent., Franklin. Mearns James, farmer, Penn. Menzies D. G., farmer, Penn. Moyer D. W., farmer Penn. Moyer John M., butcher, Washington. Boyer Benton, farmer, Franklin. Phillips H. J., tailor, Spring. Rehrick John, farmer, Beaver. How Percival, farmer, Penn. Ross William, miller, Middleport. Ross John, farmer, Monroe. Hunkle John W., merchant, Middleport. Jino John S., merchant, Chapman. Ross John S., carpenter, Middleport. Shambach Nathan, blacksmith, Union. Stroub Elias, blacksmith, Washington. Tobias Otto, laborer, Middleport. Wagner John, farmer, Centre. Updegrave Irvin, mail carrier, Centre. Worn Robert, farmer, Penn. Young Edward, farmer, Centre.